

The Ultimate Gift Guide for Seniors

GIFTS FOR INDEPENDENT SENIORS



Practical and Wellness-focused Gifts

- Supportive shoes or slippers
- Fitness trackers or smart watches
- Lightweight exercise equipment



Tech Tools for Connection and Convenience

- Tablets or e-readers
- Voice assistants
- Digital photo frames



Hobbies and Home Enhancements

- Gardening supplies
- Cooking gadgets
- Subscriptions

GIFTS FOR SENIORS IN ASSISTED LIVING



Comfort and Personal Touches

- Personalized blankets or pillows
- Cozy robes, slippers or throw
- Room décor



Memory and Connection Gifts

- Photo albums or scrapbooks
- Customized puzzles
- Story-sharing/prompted journals



Practical Everyday Items

- Lap desks or over-the-bed tables
- Large-print books or puzzle books
- Comfortable adaptive clothing

GIFTS FOR SENIORS IN NURSING CARE



Comfort and Accessibility

- Soft blankets and lap quilts
- Adaptive clothing
- Supportive pillows/cushions



Sensory-friendly and Therapeutic Gifts

- Fidget or sensory items
- Aromatherapy diffusers
- Soothing music playlists or devices



Personal and Emotional Touches

- Framed keepsakes
- Handwritten letters/cards
- Visits and shared time



ADVENT CHRISTIAN VILLAGE
AT DOWLING PARK

