"The mission of Advent Christian Village, Inc. is to express Christ’s love by providing compassionate care and quality comprehensive services for senior adults, families with special needs, and children, in a secure, supportive residential setting and in the surrounding communities."

SEPTEMBER 27, 2019
ADMINISTRATOR ON CALL: DOUG MABEY, 386-658-3333

Friday 9/27
8:00-11:00 a.m. THE STUDIO—CB
9:30 a.m. EXERCISE—OPR
9:30 a.m. BIBLE STUDY: LIFE OF CHRIST—VC ROOM 5
2:00-4:00 p.m. SIT ‘N STITCH—CH

Saturday 9/28
2:00 p.m. MOVIE MATINEE—OPR
7:00 p.m. LIVE! AT DOWLING PARK: THREE ON A STRING—VC

Sunday 9/29
9:40 a.m. WORSHIP SERVICE—VC
11:00 a.m. CE CLASSES FOR ALL AGES—OPR
2:00 p.m. COLORING BOOK TIME OF FELLOWSHIP—DH
6:00 p.m. EVENING SERVICE—BC

Monday 9/30
8:15 & 8:30 a.m. BUS TRIP: VALDOSTA SHOPPING (RESCHEULDED)—DH & LAKE AQUILLA
9:30 a.m. EXERCISE—OPR
2:00-5:00 p.m. CERAMICS—PCS

Tuesday 10/01
8:30 a.m. MEN’S BIBLE STUDY—VC ROOM 5
10:00 a.m. PASTOR RICK’S BIBLE STUDY—OPR
10:00 a.m. T.O.P.S.—DH
10:00 a.m.—2:00 p.m. FLU SHOT CLINIC—DR
1:00 p.m. VOICE OF THE MARTYRS—DM
2:00 p.m. MEDICAL TALK: DON’T LET THE FLU STOP YOU—SMR

Wednesday 10/02
8:00-11:00 a.m. THE STUDIO—CB
8:45 & 9:00 a.m. BUS TRIP—PUBLIX—CH & DH
9:00-11:00 a.m. CERAMICS SHOP ELVES—PCS
9:30 a.m. EXERCISE—OPR
10:00 a.m. VCBI: ESSENTIALS OF SOUND DOCTRINE—VC ROOM 5
1:00 p.m. BRIDGE CLUB—OPR
1:15 & 1:30 p.m. BUS TRIP—WALMART—CH & DH
6:00 p.m. PRAYER MEETING—OPR
6:30 p.m. CHANCEL CHOIR REHEARSAL—VC

Thursday 10/03
9:00 a.m.—2:00 p.m. FL LICENSING ON WHEELS (FLOW) MOBILE—VS
9:00 a.m.—4:30 p.m. SUWANNEE COUNTY TAX COLLECTOR—VS
9:30 a.m.—12:30 p.m. VILLAGE ARTISTS GUILD—CB
2:00-4:00 p.m. MEDICARE OPEN ENROLLMENT Q&A WITH SHINE VOLUNTEERS—SMR/DR
7:00 p.m. PRAYER SERVICE—BC

Friday 10/04
8:00-11:00 a.m. THE STUDIO—CB
9:30 a.m. EXERCISE—OPR
9:30 a.m. BIBLE STUDY: LIFE WITH CHRIST—VC ROOM 5
11:30 a.m. EPISCOPAL EUCHARIST SERVICE—BC
2:00 p.m. BLESSING OF THE ANIMALS—PHILLIPS CANOPY
2:00-4:00 p.m. SIT ‘N STITCH—CH

BOLD: ONE-TIME AND MONTHLY EVENTS — ITALIC: PROGRAMS FOR SPIRITUAL GROWTH

BA Butterfield Acres
BC Bixler Chapel
CB Chris Building
CH Carter House
CCC Copeland Community Center
OMC Copeland Medical Center
DH Dowling House
DM Dacier Manor
DMM Dowling Manor
DR Depot Room
DPC Polk Ceramics Shop
ET Edgewood Terrace
GF Good Samaritan Center
IC Information Center
JKPL Jo Kennon Public Library
MS Member Services
OPR Old Pavilion Room
POP Park of the Pines
RDR Rumph Dining Room
RV Smith Riverview Apartments
RW River Woods
SNR Sawmill Room
VC The Village Church
VS Village Square
IN LOVING MEMORY
Avis Fulford, who was a resident of River Woods and GSC, died on September 19. Her memorial information will be posted when it becomes available.

NEW MEMBERS
Jerry and Karen Owen of Perry, Florida, have moved to RW. Their mailing address is P.O. Box 4807. Meg Burden of McAlpin, Florida, has moved to CH. Her mailing address is P.O. Box 4129.

TRANSFERS WITHIN ACV
Tresca Norris has transferred from DH to GSC. Her new mailing address is P.O. Box 4325. Dorothy Simpson has transferred from ET to DM. Her new mailing address is P.O. Box 4556.

MOVED FROM ACV
Ted Ryan of DH has moved to 3908 Great No. Rd., Valdosta, GA 31606. Olis and Patsy Ponds of RW moved to DMA. Their mailing address is P.O. Box 4376.

ACV EVENTS

MOVIE MATINEE
Saturday, September 28, 7:00 p.m. - VC
Jerry Ryan, Bobby Horton, Brad Ryan, and Andy Meginniss perform their great audience-enthralling form of music combined with a huge dose of comedy. Between performances with symphony orchestras; opening for Red Skelton, Barbara Mandrel, Jeff Foxworthy and many more top stars; and concerts for chambers of commerce, art councils, and city celebrations, these entertainers maintain a busy schedule!

LIVE! AT DOWLING PARK ARTIST SERIES
THREE ON A STRING
Saturday, September 28, 7:00 p.m. - VC
Jerry Ryan, Bobby Horton, Brad Ryan, and Andy Meginniss perform their great audience-enthralling form of music combined with a huge dose of comedy. Between performances with symphony orchestras; opening for Red Skelton, Barbara Mandrel, Jeff Foxworthy and many more top stars; and concerts for chambers of commerce, art councils, and city celebrations, these entertainers maintain a busy schedule!

DOWLING HOUSE COLORING GROUP
Sundays, 2:00 p.m. - DH Lobby
Did you know that men and women gather on Sunday afternoons at 2:00 p.m. in the lobby of DH to develop their creativity with colored pencils? In addition to calming music, refreshments are provided. Reservations are not required — all are invited just to come and sit a spell. No fee!

RESCHEDULED:
BUS TRIP: VALDOSTA SHOPPING
Monday, September 30
8:15 a.m. - DH & 8:30 a.m. - Lake Aquilla
The trip bus will be going to Valdosta, Georgia, to visit the mall and surrounding shopping centers on Tuesday, September 24. The bus will leave from DH at 8:15 a.m. and from Lake Aquilla at 8:30 a.m. Lunch will be Dutch treat. Bus fee is $7.00 for ACV members and $10.00 for non-members. Please sign up at the IC.

TAKE OFF POUNDS SENSIBLY
Tuesdays, 10:00 a.m. - DH First Floor Solarium
TOPS meetings take place every Tuesday. Weigh-ins are at 10:00 a.m., and meetings begin at 10:30 a.m. TOPS is a sensible way to take off pounds. Cost to join is $32 per year and includes a bi-monthly magazine, TOPS News, the My Day One publication; a record book; pledges; and other information in your own folder. Please come join us. The first meeting is free. Please call Charlene Reas at 658-3190 or Roberta Burns at 658-1402 for more information.

FLU SHOT CLINIC
Tuesday, October 1, 10:00 a.m.-2:00 p.m. - Depot Room
ACV staff and residents are strongly encouraged to get their flu vaccine. To make it easier for everyone, staff will be available in the SMR to administer flu shots with no appointment necessary, and no need to travel to the Clinic. These shots are FREE for ACV staff, and most insurances will cover the flu vaccine at no cost to ACV residents. Please come see us in the DR on Tuesday, October 1, or Tuesday, October 15, between 10:00 a.m. and 2:00 p.m. Protect yourself and others; get the flu vaccine!

MEDICAL TALK:
DON'T LET THE FLU STOP YOU
Tuesday, October 1, 10:00 p.m. - SMR
Plan to join us Tuesday, October 1, for a presentation by Lillian Kramer, RN, BSN. Lillian is the Infection Control Coordinator at Lake City Medical Center. She will talk about what the flu is, how it is spread, symptoms, diagnosis, prevention, and treatment. "Flu season" is right around the corner, and you don't want to be caught unprepared. This presentation was rescheduled in September due to Hurricane Dorian.

BRIDGE CLUB
Wednesdays, 1:00 p.m. - OPN
If you would like to play, please call Betty Driggers by Monday at noon at 658-1043. If she is not available, call Patty Giansakis at 658-2024. Congratulations to our September 25, winners: 1st High, Gail Morse, and 2nd High, Fred Mickle.

STATE OF FLORIDA:
FLORIDA LICENSING ON WHEELS
Thursday, October 3, 9:00 a.m.-2:00 p.m. - Village Square
The Florida Department of Motor Vehicles FLOW vehicle is coming to Dowling Park. FLOW stands for Florida Licensing on Wheels. You can stop by Member Services to get a copy of information that will describe the services that can be performed at the FLOW vehicle, and learn about the information you will need to bring to get your license or photo ID. For more information you can go to their website, gathergogot.com. FLOW brings the following services directly to the customer:
- First-time licenses ($48)
- Convert out-of-state licenses ($48)
- Renewals ($48 for Class E; fees vary for CDL)
- Replacements for lost or stolen license ($25)
- Address/name changes ($25)
- Reinstatements (fees vary)
- Emergency Contact Information Registration (free)
For your convenience, the FLOW mobile accepts the following payment methods: cash, check, and credit cards. When applying for a license, stop by Member Services to receive a letter confirming your physical address prior to going to the FLOW mobile.
SUWANNEE COUNTY TAX COLLECTOR
Thursday, October 3, 9:00 a.m.-4:30 p.m.

Staff from the Suwannee County Tax Collector’s office will be here on the first Thursday of each month from 9:00 a.m. to 4:30 p.m. This service will enable you to purchase automobile tags and pay your property taxes. For more information, you may visit their website at suwanneecountytax.com, or you may contact the Suwannee County Tax Collector, Sharon Jordan, or her office at 362-2816.

MEDICARE OPEN ENROLLMENT Q&A
Thursday, October 3, 2:00-4:00 p.m. - SMR/DR
The Fall Medicare Open Enrollment Period, when you can sign up for a Medicare Advantage plan, switch from one Medicare Advantage plan to another, or drop your plan and return to Original Medicare (Part A and Part B), begins October 15 and ends December 7. Join us October 3 to learn about Medicare, Medicare Advantage, Supplemental, and Part D insurance choices. SHINE (Serving Health Insurance Needs of Elders) volunteers with Elder Options will be on hand to answer all of your Medicare-related questions.

BLESSING OF THE ANIMALS
Friday, October 4, 2:00 p.m.
Phillips Center Canopy

The blessing of animals is an ancient tradition. It is an act of good stewardship whereby we thank God for the love and companionship of our pets. Rev. George Hinchliffe of St. Luke’s, Live Oak, will be with us to officiate at the blessing of the animals Friday, October 4, at 2:00 p.m.

The Blessing of the Animals has been held at ACV for a number of years. It is a special time to gather to see all God’s creatures enjoying their special bond.

If you do not feel comfortable bringing your pet companion, join us with a picture. All are welcome. You don’t have to have a pet to take part.

2ND ANNUAL ALZHEIMER’S AWARENESS 5K AND 1-MILE FUN WALK
Saturday, October 5 - GSC

Registration: 8:00-8:45 a.m.
Run and Walk Begin at 9:00 a.m.

ACV is sponsoring a 5K Run and 1-Mile Fun Walk to benefit programming for the memory care unit at GSC. There will be two paths: a designated 5K path and a shorter course. The registration fee for the 5K Run/Walk is $25 and the 1-Mile Fun Walk is $15 if you register before October 5. Add $10 to each if you register October 5.

Registration begins at 8:00 a.m. and includes a T-shirt. Both the run and walk begin at 9:00 a.m. There will be post-race refreshments.

Run and walk start location: Good Samaritan Center, 10676 Marvin Jones Blvd., Dowling Park, FL 32060. Register at Good Samaritan Center or online at https://tinyurl.com/yju38qux.

MOVIE MATINEE
Saturday, October 5, 2:00 p.m. - OPR

Meg Murry is a typical middle school student struggling with issues of self-worth who is desperate to fit in. When Meg’s father disappears, she and her brother, Charles, set off on a formidable quest to find their father with the help of three celestial guides: Mrs. Which, Mrs. Whatsit, and Mrs. Who. 2018 adventure. 109 mins. Rated PG. The Village Church is able to show this movie because it is covered by their CVFL license, which also prohibits the advertisement of the movie’s title and actors’ names.

OCTOBER BIRTHDAY PARTY
Tuesday, October 8, 3:00 p.m. - SMR/DR
Join us Tuesday, October 8, to celebrate all of the ACV members with October birthdays. The theme is fall harvest, and ACV’s Jé Mordon will be our entertainment.

LIVE! AT DOWLING PARK ARTIST SERIES
GREG BUCHANAN, GOSPEL HARPIST
Thursday, October 10, 7:00 p.m. - VC
Greg is a world-class harpist whose aggressive style of playing usually redefines the listener’s concept of performance on the harp. His superb musicianship combined with an enthusiastic attitude toward the Christian life has made him one of the most sought-after Christian performers in America for the past 25 years.

Individual tickets can be purchased from the ACV cashier’s office and at the event, as space allows, for $15 (ACV member), $17 (non-member), or $7 (students); or all four tickets can be purchased at the cashier’s office for $103 (ACV member) and $117 (non-member) before September 29, and $96 and $109 up to October 10. Those with season tickets may also attend the North Florida College Artist Series in Madison and the Community Concerts of Lake City free of charge. Call 658-5343 for more information.

BUS TRIPS
If you wish to ride the ACV bus on these trips, contact the IC to sign up — in person, or by phone at 658-3333. There is no charge for Village members to go on the bus for Wednesday shopping trips. If you have questions, call Member Services at 658-5400.

Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

WEEKLY LIVE OAK SHOPPING TRIPS
October 2, Wednesday, Publix (South Oaks Square) leave from CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Publix at approximately 11:30 a.m.; return to the Village at noon.

October 2, Wednesday, Walmart, leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approx. 4:00 p.m.; return to the Village at 4:30 p.m.

October 9, Wednesday, Walmart, leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Walmart at approximately 11:30 a.m.; return to the Village at noon.

October 9, Wednesday, Publix (South Oaks Square) only, leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Publix at approximately 4:00 p.m.; return to the Village at noon.

October 16, Wednesday, Publix (South Oaks Square) leave from CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Publix at approximately 11:30 a.m.; return to the Village at noon.

October 16, Wednesday, Walmart, leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approx. 4:00 p.m.; return to the Village at 4:30 p.m.

UPCOMING BUS TRIPS
October 5, Saturday — Hooked on Heroes — See article below.
October 10, Thursday — NFC Artist Series: December 63 — See article below.
October 13, Sunday — Community Concerts of Lake City: The Heralds of Harmony — See article below.
October 14, Monday — Tour of Boys Ranch — See article below.

HOOKED ON HEROES
Saturday, October 5, 7:00 a.m. - Lake Aquilla
Once again, there will be a fishing trip for veterans sponsored by the Village on Heroes. If you are a veteran, you are eligible to go on this trip as long as there is space. There is no charge to the veteran. ACV will provide transportation for our veterans. The fishing trip will go out of Sea Hag Marina in Steinhatchee, Florida. If you would like more information or would like to sign up, contact Member Services at 658-5400. Hooked on
Heroes needs to know by September 23rd who is interested in reading or presenting a program to three and four-year-olds, please contact the library.

MAIL DELIVERY OF BOOKS FROM THE JKPL
The staff at the library are very proud of their library and want to encourage all of you to use it. Because it is difficult for some of you to get to the library, we will be starting a pilot program of home delivery. Audio or written books will be delivered to your mailbox. Each person wanting home delivery needs to have a library card and will fill out a home delivery application. Only one book at a time will be sent. Individuals can call the library to request a book, or one help. No experience is necessary.

The library is looking for guest readers. Our story time is every Wednesday at 10:00 a.m. If you are interested in reading or presenting a program to three and four-year-olds, please contact the library.

If there are any questions, please do not hesitate to call the library at 658-2670.

DEPARTMENT, SHOP AND CLUB NEWS

VILLAGE CHURCH NEWS
REV. FRANK HALL—658-5344

MESSAGE: “From Darkness to Light”
SERMON TEXT: Psalm 30:4–12
SPEAKER: Rev. Ted Jones

EVENING MESSAGE: Women’s Sunday Program: “Caution! Interruptions Ahead!”
PRESENTED BY: Our WH&FMS Women

The Maranatha devotional booklets for October through

EVENTS HERE AND THERE

UPCOMING FRIENDS OF MUSIC CONCERTS
• Ritz Chamber Players, Friday, November 15
• Wesleyan Piano Duo, Friday, March 20

JOIN KENNON LIBRARY EVENTS:
386-658-2670

Monday, Wednesday – Friday 9:00–6:00
Tuesday 9:00–7:30 Saturday 9:00–4:00

LIFE AFTER
Wednesdays, 1:00–2:30 p.m. – JKPL
Monica Serlick will be using the meeting room for a discussion group about life changes. Monica has been part of the Live Oak community since 1998. She has a Master’s degree in mental health counseling, is a Florida Human Services Board Certified Practitioner, and is a certified family life education therapist.

BOOK CLUB
Friday, September 27, 10:00 a.m. – JKPL
This month’s book is Hillbilly Elegy by J.D. Vance – From a small town in Kentucky to Yale Law School graduate, a powerful account of growing up in a poor Rust Belt town that offers a broader, probing look at the struggles of America’s white working class.

MORE FROM THE JKPL

Display Case: The JKPL has a locking display case. There are five shelves, approximately 12” x 12”.

Book Bouquets: You might receive a book bouquet from the library, We will randomly deliver to your door a suitable book decorated by the staff. The staff at the library just want to spread some good cheer.

Volunteers: The library needs plarn (plastic yarn) makers. Literally thousands of bags have been donated and now they need to be turned into plarn. Stop by the library for a quick lesson and supplies to make plarn. No experience is necessary.

The library is looking for guest readers. Our story time is every Wednesday at 10:00 a.m. If you are interested in reading or presenting a program to three and four-year-olds, please contact the library.

MAIL DELIVERY OF BOOKS FROM THE JKPL
The staff at the library are very proud of their library and want to encourage all of you to use it. Because it is difficult for some of you to get to the library, we will be starting a pilot program of home delivery.

Audio or written books will be delivered to your mailbox. Each person wanting home delivery needs to have a library card and will fill out a home delivery application. Only one book at a time will be sent. Individuals can call the library to request a book, or one help. No experience is necessary.

The library is looking for guest readers. Our story time is every Wednesday at 10:00 a.m. If you are interested in reading or presenting a program to three and four-year-olds, please contact the library.

If there are any questions, please do not hesitate to call the library at 658-2670.

COMMUNITY CONCERTS OF LAKE CITY

THE HERALDS OF HARMONY
Sunday, October 13, 4:00 p.m.
Levy Performing Arts Center, Lake City, FL
Bus: 2:15 p.m. - DH & 2:30 p.m. - Lake Aquilla

The Tampa Bay Herald of Harmony Chorus has been entertaining audiences for over 70 years. It consists of more than 60 men who share in the enjoyment of singing. They try to preserve the long-standing tradition of barbershopping while including today’s exciting melodies. The unique, unaccompanied, four-part Barbershop sound is enjoyed by young and old.

This event is included in your ACV season pass, or you may purchase individual tickets by calling (386) 466-2013 or visiting communityconcerts.info. Individual ticket prices are $20 for adults and $10 for students. ACV bus fee is $7.00 for ACV members and $10.00 for non-members. Please sign up at the IC.

TOUR OF BOYS RANCH
Monday, October 14
9:00 a.m. is DH & 9:15 a.m. - Lake Aquilla

We have been invited to once again tour the Boys Ranch located in Live Oak. ACV has enjoyed a long and beneficial relationship with the Boys Ranch through the years. The mission of the Florida Sheriffs Youth Ranches is to prevent delinquency and develop lawfully, resilient, and productive citizens. The Boys Ranches have provided full-time residential education and camping programs to thousands of Florida's needy and neglected youth and their families since 1957. The trip will consist of tours of the campus, a cottage, the school, and the farm area. The Boys Ranches have a complimentary lunch with the children in the cafeteria. The only cost associated with this trip is the bus fee, which is $7.00 for ACV members and $10.00 for non-members. Sign up at the IC.

The Jerse Boys
DECEMBER '63
Along with the most popular singles from the Broadway classics that have been thrilling audiences for decades, including the Jersey Boys. This re-creation of a Frankie Valli and The Four Seasons concert will have you reaching for the high notes as our cast and band take you on musical journey with stops at every phase of the careers of Frankie and the boys!

Tour of Burke Olympic Center
Thursday, October 17
DH & 9:15 a.m.
Lake Aquilla

The Olympic Center is a 2,140 seat world-class venue and home to one of the most exciting athletic events in the world. This event is provided full-resilient, and productive citizens. The Ranches have a mission to prevent delinquency and develop lawful, The Ranches has a mission to prevent delinquency and develop lawful, productive citizens.

This event is included in your ACV season pass, or you may purchase individual tickets by calling (386) 466-2013 or visiting communityconcerts.info. Individual ticket prices are $20 for adults and $10 for students. ACV bus fee is $7.00 for ACV members and $10.00 for non-members. Please sign up at the IC.

Saturday, September 28, 1:00 p.m. – JKPL
This film follows the events that befell a young Oklahoma farm boy as he, with the help of his two beloved hounds, struggles to help his family get by in the hard times of the 1930s.

MOVIE AT JKPL
Saturday, September 29, 7:30 p.m. – JKPL
This month's book is Hillbilly Elegy by J.D. Vance – From a small town in Kentucky to Yale Law School graduate, a powerful account of growing up in a poor Rust Belt town that offers a broader, probing look at the struggles of America’s white working class.
December are available on our information desks. Several of the devotions this quarter are written by Advent Christian missionaries. Our own Laura Putnam (Philippines) is included, along with Ruth Devairakkam (Malaysia), Jim Jensen (Philippines) and Jeff Vann, who has ministered on several mission fields.

Are you missing something that you brought to church with you? There is a lost and found box at the information desk in the main foyer of the church (piano side) with abandoned glasses, keys, Bibles, and other interesting items.

**COPELAND COMMUNITY CENTER**

David Burch—386-658-5555

Chances are you or someone you know is affected by arthritis. According to the Arthritis Foundation, regular exercise can help ease your arthritis symptoms as well as improve your overall health and fitness!

Let’s look at the benefits of exercising with arthritis:

- keeps joints moving
- strengthens muscles around joints
- keeps bones strong and healthy
- helps you complete daily activities more easily
- improves your overall health and fitness, including increasing your energy, improving your sleep, controlling your weight, strengthening your heart and improving your self-esteem and sense of well-being

Your exercise program should include range-of-motion (the normal amount your joints can be moved in a certain direction) exercises to keep your joints flexible. It also should include endurance exercise, such as water exercise, walking, or riding a stationary bicycle. Endurance exercises help keep your heart, lungs, bones and muscles strong. They help your body work more efficiently and give you more stamina so that you can work longer without tiring as quickly.

The CCC pool is an ideal environment for relieving arthritis pain and stiffness. Our aquatic classes offer gentle movements and exercise variations to build stamina ... in soothing warm water! If the pool just isn’t for you, then check out the Keiser machines in our weight room. These machines use pneumatic technology to ensure zero shock load to muscles, connective tissues, and joints while increasing range of motion and muscle strength.

We offer Aquatone for Arthritis classes every weekday: Mondays, Wednesdays and Fridays at 10:05 a.m. and Tuesdays and Thursdays at 2:00 p.m.

**MEMBER SERVICES**

James Sutter—386-658-5400

Welcome to fall, y’all! There are lots of activities going on next few months. In fact, plan on being busy until after Christmas, which is only 12 weeks away.

Have you started your Christmas shopping yet? Read through the first few pages of the FNN to make sure you don’t miss anything you’re interested in.

A couple things to note: We had to reschedule last Tuesday’s bus trip to Valdosta. The bus is now scheduled to go to Valdosta so that shopping may be done on Monday (September 30). Sign up at the IC.

Also, I announced at that Membership Association meeting that we would not be providing bus transportation to the October 10 artist series performance of December '63 in Madison, but that is incorrect. If you would like transportation to that performance, sign up at the IC. Finally, please note the Medicare Open Enrollment Q&A scheduled for Thursday, October 3, in SMR/DR. If you have any questions or would like help switching plans, please plan on being there. Also, volunteering will be on hand to help in any way they can.

Does your Florida license or ID have a star in the upper-right corner? On most, it is a white star on a gold circle. What that indicates is that your license or ID is “REAL ID compliant.” According to Terry Rhodes, Executive Director of the Florida Department of Highway Safety and Motor Vehicles, “after October 1, 2020, if you do not have the gold star, you will need more than just a driver license to prove your identity to board a commercial airline.” To become REAL ID compliant, visit the DMV or the FLOW Mobile, and bring original documents that validate your identity, Social Security Number, and residential address. (You cannot become REAL ID-compliant by renewing online.) Check to see which documents you need to provide at www.FLHSMV.gov. Want to get a new license that is REAL ID-compliant is $31.25.

**Next week’s Front Porch Conversations episode features an interview with William J. Storey.**

**MEMBER SERVICES TIP OF THE WEEK**

The “green sheet” is printed the last week of the month to highlight the professional services available at the Village, as well as real estate listings, member birthdays and anniversaries for the upcoming month, and information on some FNN policies. Please keep this sheet to refer to throughout the month. A bit of trivia: Why is it called the “green sheet”? Many of you probably remember it used to be printed on green paper, but equipment changes prevented the continuation of that practice, so it is printed on white paper. One of the most popular requests of the FNN. Similar to the phrases, “close, but no cigar”, “burning the midnight oil”, and “jumping on the bandwagon”, this is an outdated term we have continued to use.

**VOLUNTEER SERVICES**

Eleanor Catarius—386-658-5251

Calling all volunteers: It will soon be time to count your hours for September and record them on the blue Monthly Volunteer Hours Reports for tallying. Approximating a certain volunteer hour in your volunteer area is quite acceptable, thereby eliminating specifying your hours by the day or week, if preferred.

There are many places in which volunteers are needed at the moment such as CCC, the GSC desk, ACV’s library, Riverside Gifts shop, the Rustic Shop, the Sunshiners, we will be getting some great fabric to choose from, or we can take special requests. Now, if we can just get the love bugs to disappear, we will definitely be excited. Drag out the grills and let’s start cooking.

**THE RUSTIC SHOP**

Myra Webb, Reporter

Fall is definitely in the air, which means cookouts and holiday feasts ahead. We will have aprons in any shape or form. Aprons for men, women, and, yes, little ones. To someone who is not used to cooking, or who can take special requests. Now, if we can just get the love bugs to disappear, we will definitely be excited. Drag out the grills and let’s start cooking.
As our weather starts turning from heat to Fall, don’t forget our quilt throws as lower temperatures slowly begin to appear.

TWICE NICE FURNITURE & MORE
Verna Simpson, Reporter
BIG SALE: All clothing is on sale! For the whole month of September, all clothing will be sold for $1.00 per piece. We have a surplus of summer clothes to sell so that we will have room to put out fall and winter items. There are also lots of lamps; we will sell any lamp for only $5.00. So hurry over to our store, and check out these sales and much more. Did you know the bus will bring you over if you ask?

PICKLE BALL
Cindy Hett, Reporter
Pickleball has resumed play for the season. The group meets at the Harmony Center basketball courts Monday, Wednesday, and Friday mornings at 9:30. Come and see what the game that is sweeping the country is all about. Paddles are available for use. The group plays doubles, making this a great game for retirees. So if you are one of those who have boxed up your tennis racket, come try your hand at this exciting game. Even if you’ve never played tennis before, but enjoy paddle games, or simply want to learn a new activity, check out pickleball. We guarantee you will burn calories and exercise your heart, as well as share lots of laughs and make new friends. If you have any questions, call Cindy at 658-2683.

SUWANNEE RIVER STUDIO
Jé Mordon, Reporter
Don’t miss the Two Annie’s Show at the art gallery near the Lopin’ Gopher. Studio members Ann Coppens and Anne Donohoe have a two-woman show at the Gopher from now until November. They work in pastels, which surprises some people, who think pastels are weak and pale.

The Studio in cooperation with the Art Guild will have a joint show in the library starting Thursday, September 26. Cooperation is better for everyone than competition, I always say. Besides the fact that Art Guild members make lovely art, member Chuck Ecker makes a small show of his art, and since I can’t explain it, I said, “It’s magic.”

Today (Friday, September 27) at 1:30, we are having our monthly Movie Day. This month’s movie is the Art of Hitler and Churchill. The movie is free, but let me know if you’re coming so I can get enough chairs.

We are experimenting with making dendrites (branching tree forms) with a special acrylic paint mix, colored inks, silicone, and alcohol. It’s fun to watch the dendrites grow right before your eyes. A member asked me how this happens, and since I can’t explain it, I said, “It’s magic.”

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We are experimenting with making dendrites (branching tree forms) with a special acrylic paint mix, colored inks, silicone, and alcohol. It’s fun to watch the dendrites grow right before your eyes. A member asked me how this happens, and since I can’t explain it, I said, “It’s magic.”

I know Thanksgiving will soon be here, but I was thinking that now would be a very good time to thank those that do so much work around here. I may not know you but thank you, all who put up with all our questions and on and on. We should thank Marty who makes the coffee and so many sweet treats that we enjoy in the mornings. We have home. I may go again, but probably not for at least a year.

“Josh Coombs did a great job looking after my yard while I was gone, disposing of a large oak tree that blew over a month ago. I didn’t think the garden would grow eight-foot weeds, but it did, but that is actually great for my permaculture style property management. They can feed other plants next year. I enjoyed the poor countries of Thailand, Philippines, and Bali because of the friendliness of the people, the nice accommodations and meals a few dollars would buy, and my many friends. Australia is a nice place with so much coastline and deserts, and nice people.” Welcome back, Steve!
Ray Brown and his wife playing the organ and letting us hear our favorite hymns and singing along as he plays. We have nightly entertainment on Friday nights playing music and bringing snacks and people just visiting. On Thursday, there is bingo. Also, whoever does the decorating of the lobby does such a nice job, and then of course, the CNAs that come to help those who need their shower and bath. Those who vacuum and do laundry and just so much more. The workman who fixes our TVs and this and that. You may not realize it but we are so thankful to all of you. Yes, Nancy and Brenda, and Ann. I am sure many more that do a terrific job. Keep it up, this place going. Those who volunteer at the different places of business and those who run the shops. Even the grocery store — those people work hard for us and deserve our thanks. Yes, even the ones that wash the rugs and cut the grass and those who cook the food and sell the food and keep the cafe stocked and the Gopher and the Village Café. I don’t want to forget all the church people, either — all the preachers, of which there are so many, yet they help us by giving us the strength to get through the week, even the song leaders and, yes, special prayers for Traci to get well, and her son, Eli, too.

Many of us have so much to go through, but such is life — many ups and downs — but with God by our side, things are so much better is how I see it.

I saw this quote, and it fits me to a T: “We must be willing to keep our life in our hands. It is like a spoon or fork for your dish.” I never expected to be living in an apartment with an elevator, but here I am. It’s not near as bad as I expected because so many wonderful, helpful people are all working hard doing this and that. Thanks to ALL.

**DOWLING MANOR & DOWLING PARK NORTH**

Gayle Jones, Reporter

Our neighbor, Melanie Clark, lives in DPN on 98th Terrace with her husband, John. Melanie shared about her knowledge of and passion for ACV history at the September Member Association meeting last Thursday. Melanie’s mother, Thelma Skinner, came to live in the Village in 1949 when Agner were her house parents. You have seen Pa Agner’s red barn, a central part of the working farm he managed, across from the outdoor swimming pool. Melanie’s mother grew up and left the Village, to return in the late 1970s. Melanie shared about her and her son’s love for the Village and work many years in housekeeping. Melanie’s mother, Thelma Skinner, came to live in the Village and work many years in housekeeping.

Two birthdays were celebrated on Sunday, September 22: next door neighbors Dean Skinner and Thelma Skinner, to return in the late 1970s. Melanie shared about her and her son’s love for the Village and work many years in housekeeping. Melanie’s mother, Thelma Skinner, came to live in the Village and work many years in housekeeping.

**ELMWOOD TERRACE**

Ruthann Conway, Reporter

Be sure to wish happy birthday to James Hendon on Sunday, September 29. We’ll wish him many happy returns right now.

Saturday morning is ET’s breakfast at the Village Café. Come have breakfast, join us for your caffeine fix, or drop in and say hello. Bill Storey arrived at my house riding his new shiny, red scooter. Way to go, bro! He very kindly hand-delivered the following notice:

The last Saturday of September is near. So, all singles fans need to follow the Village Café. Saturday, 28 September, at 5:00 p.m. to sup and chat. Come out and enjoy the fellowship of your neighbors.

Round out Saturday night at 7:00 p.m. by attending Three on a String, our next concert in this season’s artist series at The Village Church. It’s a good one.

Our ET potluck luncheon is only two weeks away on Friday, October 11, at noon. Verna included a colorful insert in last week’s FNN to help remind us. Please don’t everyone bring liver and onions. Personally, I like liver and onions, but we don’t need too much of a good thing. Drinks; cups, plates, utensils, and napkins will be provided. Do, please bring a serving spoon or fork for your dish.

I asked Verna if there were any festivities on Halloween. She told me last year that some ET-ers gathered on the porch at Cleo’s house, which is well lit and not scary, for the children to be able to make a big haul in one stop. Shall we do this again this year? It can be fun for us, too.

That’s all for now. ’Til next week.

**GOOD SAMARITAN CENTER**

Katrina Fillyaw, Reporter

Please plan to join us for the second annual ACV Alzheimer’s Awareness 5K Run/Walk and 1-Mile Fun Walk on Saturday, October 5. Registration begins at 8:00 a.m., and both races begin at 9:00. Every registrant receives a free t-shirt and post-race refreshments. Registration is $25 for the 5K and $15 for the fun walk (an additional $10 will be added if you register the day of). The benefits will go toward programming, activities and events, and the Alzheimer’s Awareness 5K Run and Walk will start from GSC, 10676 Marvin Jones Blvd., Dowling Park, FL 32060. Register at GSC or online at https://tinyurl.com/yyu38hux.

Please join us for a retirement celebration in honor of Pastor Jack Jones after Jr year of service to ACV and its relocations on Friday, October 4, at 3:00 p.m. in the Magnolia Dining Room at GSC.

**PARK OF THE PINES**

Bob Reynolds, Reporter

It is not unusual that I hear someone speaking about ACV and that their parent was one of the orphans that grew up here a number of years ago. That must have been some topic of conversation through the years. What history we have around us! That encourages me to spend a little time in the Archives located in the public library here. Even in our yard, the POP area, we’ve found bits and pieces of the former lumber yard and spikes (nails) that held the railroad tracks in place; they just seem to show themselves after a heavy rain in our yard. We’ve picked up another one this past Monday in our driveway (and it hasn’t even rained).

Our future neighbors for the empty lots here seem to be on hold as far as preparing the properties for the homes. The mysteries we have around here are cause for rumors to grow, but that can be fun sometimes.

Did you hear the rumor about the three-level parking garage to be built? Let me know when you get more facts, okay? But remember, your name will be attached to it.

We have had daily visits from at least two hummingbirds at our feeder. They are fun to watch, but they don’t like company at the feeding table. They are very competitive with each other. Since they don’t have individual identification on them, they might be the same ones we’ve had in years past. They are very territorial over their flowers, so they’ve been deemed unsociable (by professionals, not me). Regardless, we enjoy watching them sip at the feeder while we eat at our table.

Who was that lady that rode by my house Monday when I was working with the pine needles? Not just riding by, mind you, but riding on a beautiful cream-colored scooter!? This place is full of surprises.

Did you get your flu shot yet? I always get mine sooner or later, but this year, my arm just riding by, mind you, but riding on a beautiful cream-colored scooter!? This place is full of surprises.

Did you get your flu shot yet? I always get mine sooner or later, but this year, my arm just riding by, mind you, but riding on a beautiful cream-colored scooter!? This place is full of surprises.
FOR YOUR INFORMATION

KIWANIS CLUB IN DOWLING PARK
I’m Dr. Joyce Taylor, new to the Village, and a longtime member of Kiwanis. Kiwanis is the largest community service organization worldwide.

The Kiwanis Club of Live Oak has started a satellite club here in Dowling Park. This means that there will be one meeting a month on the fourth Wednesday at the JKPL. The initiation fee will be paid by a member of the Live Oak Club. Please join us to see how you can help children, perhaps by reading to children in the Reading Pals program; it’s a small commitment of your time, but a big boost in a child’s future. The next scheduled meeting is October 30. Come join us.

ACV TELEPHONE DIRECTORY
The printing of the updated telephone directory has been pushed back a few weeks, so there is still time for you to submit your information to be printed. Please bring your information to Jeannette in the IC.

RIDE-ABOUT
Did you know that you can ride the Ride-About free of charge? Gather friends and neighbors (minimum of three people), pick a date, call or text Steve Reas, and he’ll see if he can get a driver for your excursion. If you have family or friends passing through from out of town, you can book your date; but you don’t need three people, as long as they are from “away”!

We have a few types of tours: general tour, which incorporates the 10-year plan and the Lopin’ Gopher trail; gazebo tour; and Heritage Trail tour. The “back 40” tour has been discontinued due to the condition of the trails being too wild for the Ride-About.

Remember, in inclement weather, the plastic window sides need to be down, so please refrain from wearing cologne, perfume, aftershave, or anything that might set off an asthma attack in someone else. Be kind to your neighbor!

Steve Reas, (386) 688-1096

SUWANNEE BELL PONTOON BOAT
We have suspended Suwannee Belle pontoon boat rides for the time being, due to the river’s low water level. Until further notice, no pontoon boat rides will take place. We’ll make an announcement when they can resume.

ALCOHOL/DRUG PROBLEM? (305) 407-0895 24 HRS

THANK YOU
A note of appreciation and gratitude to each of you who helped to make my special day so memorable this year. Blessings and thank you.

Norma Morton

A special thanks to JoAnna for the beautiful plant that she donated to the DH lobby. It is a beautiful addition to our visiting space and makes a beautiful, welcoming area. Also to Gray Orr for the beautiful planter. Together, they make a warm, pleasant setting for all of us to enjoy. God bless you both and thank you very much! Your generosity is greatly appreciated.

Michael Saunders

Dear ACV family,

Thanks so much for all who have prayed for us, for the hospital visit, rides, and hugs. God is faithful, and we’re seeing it daily.

Please keep on praying and caring! Also, special thanks to our Village Church, Pastor Randy, Pastor Frank, and each of you who are praying and caring. Your calls, cards, and love are huge blessings.

Jeanne and Peyton Florence

MISCELLANEOUS

FOR SALE: Electric golf cart with enclosure, great condition. Call 658-5403 for information. **

FOR SALE: 100 lamps, all types; hand tools, all types; 3 coffee tables, wreaths for all seasons; blankets, all sizes and colors; many coffee urns; dishes, individual and sets; pictures and frames, miniature figurines etc.; linens; clocks; pillows; hundreds of books; purses; bags, etc.; toys; dolls, and games. Call 658-3207 for more information. David Northrup. **

WANTED: TV2’s new program, Front Porch Conversations, is looking for a volunteer who will transcribe the interviews so a written document can be maintained as well at the Village Archives. This might be a great opportunity for someone who has been a court reporter or had another similar experience. If interested or to learn more, contact Ann Thompson at 208-2764. **

FOR SALE: A powered, space saver recliner, 36” D x 33”W. Can be placed 2’ from wall, light green, excellent condition, $125. Call Lew at 658-3695. *

FOR SALE: Road Bike, Lemond by Fuji, 18 speed STI shifters, new Gatorskin 700x25 tires; all accessories including frame pump, seat bag, tire kit; spare tubes, cyclometer, bike light, tail light; bottle holders; $250. Mountain bike, Cannondale F700, 27 speed, hard tail, rear rack, with bob trailer; single wheel with bag, flag, through-hub connector and spare; $200 for bike, $150 for trailer, $300 takes both. Call Rob 658-3341. *

FREE: I have a Suwannee High School Suwannean picture album. You may be in it. Call Anne at 249-9012. *

YARD SALE: Saturday, October 5, 9:00 a.m., 23157 104th St. in Dowling Manor, a variety of items from toys to books to miscellaneous items. *

LOST AND FOUND: An electrical testing kit found near 104th St., please call 658-1623 to claim. *

LOST AND FOUND: A little black box left at ACV Pharmacy, please call or come to Pharmacy to describe and claim. Call 658-5860. *

MOVING SALE: Dining room table, round feet, black w/4 padded rolling chairs, $50; 2 matching bars stools, $30; 2 couches, brown/black, all recline, $450; queen bed, sertapedic, pillow top mattress, box spring, frame, $450 for both; black desk, 4 pieces, $15 each piece; 3 rolling, deck chairs, $20 ea.; chair w/ottoman, beige, $20; small entertainment cntr., $20 and much more. Call Sue at 688-7341 or Kathy at 850-509-1391. *

FREE: New CPAP items—if these fit your CPAP; Philips Respironics Nuance Pro Gel Frame-Gel Pillows w/o Hgn, DOM; Res Med-Airfit P10 Frame Sys., medium size, catalog #62922. Call 658-2041 for more information. *

A FUNNY FOR YOU

Two elderly gentlemen had been friends for many decades. Over the years, they had shared all kinds of activities and adventures. Lately, their activities had been limited to playing cards. One day, they were playing cards when one looked at the other and said, “Now don’t get mad at me. I know we’ve been friends for a long time, but I just can’t think of your name! Please tell me what it is.” His friend stared at him for a long time — at least three minutes — before finally asking, “How soon do you need to know?”

Suwannee River is at 21.71, nearing the historic low of 21.32. Just thought you’d like to know.
TWICE NICE
FURNITURE
& MORE
Last day for $1.00 each on clothing
Monday Sept. 30
Need appliances or furniture? Come check us out
Monday & Thursday
12:00 NOON to 4:30 p.m.
Every Market Day
8:00 AM-12:00 NOON
Located at 23353 County Road 250
658-5871
Call Larry Wotton for pickup 386-688-6844

Twice Nice Shop
Advent Christian Village Square
658-5271
Open Monday to Saturday
10:00 a.m. – 4:00 p.m.

Ladies Pantsuits ½ off
Ladies Slacks $2.00
Ladies Skirts $2.00

Gift Certificates are available.
Credit Cards accepted on items of $10 or more.

Riverside Gifts
We have Bibles and Bible Covers for that special person
We accept major credit cards
386-658-5771
In our lovely Village Square
Mon.-Sat. 10 a.m. - 4 p.m.

The Rustic Shop
Est. 1972
We specialize in quality, hand-crafted items made at ACV.
If you need a greeting card, we have them for all occasions
We accept major credit cards
Monday to Saturday 10:00 a.m. – 4:00 p.m.
in the Village Square.
658-5273
**GROCERY**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mrs. Freshly Pecan Twirl</td>
<td>.99</td>
</tr>
<tr>
<td>Hy-Top Chili with Beans</td>
<td>1.49</td>
</tr>
<tr>
<td>Mt. Olive Mild Pickle Okra</td>
<td>2.49</td>
</tr>
<tr>
<td>Maxwell House ADC Coffee</td>
<td>3.99</td>
</tr>
<tr>
<td>Hy-Top Lasagna Noodles</td>
<td>1.49</td>
</tr>
<tr>
<td>Lucky Leaf 100% Apple Juice</td>
<td>2.59</td>
</tr>
<tr>
<td>Castleberry’s Onion or Original Hot Dog Chili</td>
<td>.89</td>
</tr>
<tr>
<td>Hy-Top Green Tea Bags</td>
<td>1.99</td>
</tr>
<tr>
<td>Coca-Cola 6 pack 7.5 oz. all varieties</td>
<td>2.99</td>
</tr>
<tr>
<td>Sparkle Paper Towels each</td>
<td>.99</td>
</tr>
</tbody>
</table>

**DAIRY**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coffee Mate Creamers</td>
<td>2.19</td>
</tr>
<tr>
<td>Daisy Sour Cream</td>
<td>1.29</td>
</tr>
<tr>
<td>Donld Duck Orange Juice</td>
<td>2.99</td>
</tr>
</tbody>
</table>

**Produce**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Green Peppers</td>
<td>1.29</td>
</tr>
<tr>
<td>Large Baking Potatoes each</td>
<td>2.89</td>
</tr>
<tr>
<td>Gala Apples</td>
<td>1.79</td>
</tr>
<tr>
<td>Order Your Rotisserie Chicken Today!!!</td>
<td></td>
</tr>
<tr>
<td>Large=$6.99</td>
<td></td>
</tr>
<tr>
<td>Half Chicken=$3.99</td>
<td></td>
</tr>
<tr>
<td>3:00pm last cook time of the day!</td>
<td></td>
</tr>
</tbody>
</table>

**FROZEN**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Farm Rich French Toast Sticks</td>
<td>1.99</td>
</tr>
<tr>
<td>Ore Ida Sweet Potatoes Fries</td>
<td>3.49</td>
</tr>
<tr>
<td>Lean Cuisine Spaghetti with Meat</td>
<td>2/5.00</td>
</tr>
</tbody>
</table>

**Meat**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sanderson Farms Chicken Wing’s</td>
<td>2.19</td>
</tr>
<tr>
<td>USDA Angus Boneless Beef Shoulder Roast</td>
<td>3.79</td>
</tr>
<tr>
<td>Boneless Ribeye Steaks</td>
<td>9.99</td>
</tr>
<tr>
<td>Lean Boston Butt Pork Roast</td>
<td>1.69</td>
</tr>
<tr>
<td>Land –O-Frost Italian Sub Kit</td>
<td>4.99</td>
</tr>
<tr>
<td>Bar-S Sliced Bacon</td>
<td>3.69</td>
</tr>
<tr>
<td>Oscar Mayer Beef Franks</td>
<td>4.59</td>
</tr>
<tr>
<td>Van Oriental Egg Rolls</td>
<td>2/5.00</td>
</tr>
<tr>
<td>Fisher Boy Fish Fillets</td>
<td>3.99</td>
</tr>
<tr>
<td>Cheese of the WEEK!</td>
<td></td>
</tr>
<tr>
<td>Provolone Cheese</td>
<td>5.59</td>
</tr>
</tbody>
</table>

**BIBLE VERSE:**

IF YOU TELL OTHERS WITH YOUR OWN MOUTH THAT JESUS CHRIST IS YOUR LORD, AND BELIEVE IN YOUR OWN HEART THAT GOD HAS RAISED HIM FROM THE DEAD, YOU WILL BE SAVED. ROMANS 10:3
<table>
<thead>
<tr>
<th>Day</th>
<th>Menu Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Friday 27th</strong></td>
<td>Seafood Chowder</td>
<td>$1.99</td>
</tr>
<tr>
<td>Value Plate: Includes choice of Entrée, 2 sides, and Fountain Beverage</td>
<td>$6.00</td>
<td></td>
</tr>
<tr>
<td>Entrees: Fried Fish of the Day with Hush Puppies, Grill Ham/Pineapple (HC) Baked Fish</td>
<td>$5.49</td>
<td></td>
</tr>
<tr>
<td>Vegetables: Broccoli, Fried Okra</td>
<td>$1.09</td>
<td></td>
</tr>
<tr>
<td>Side Offerings: Baked Sweet Potato, Creamy Macaroni &amp; Cheese, Cheese Grits, Coleslaw</td>
<td>$1.09</td>
<td></td>
</tr>
<tr>
<td>Todays Desserts: Peanut Butter Cookie, Apple Pie NSA, Apple pie, Fruit cup</td>
<td>$2.09</td>
<td></td>
</tr>
</tbody>
</table>

**BLUE PLATE SPECIAL SERVED AT THE LOPIN' GOPHER ON SATURDAY September 28**

<table>
<thead>
<tr>
<th><strong>Sunday Sept 29th</strong></th>
<th>Buffet Service: 10:45 a.m. - 1:30 p.m. Salad Bar and Beverage Included Members $9.99, Non Members $13.99, Children Under 12 - $5.00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Entrees:</td>
<td>Roasted Pork, Swedish Meatballs w/Noodles, Fried Chicken, Lemon Pepper Cod with Garlic (HC) Baked Chicken</td>
</tr>
<tr>
<td>Vegetables:</td>
<td>Steamed Green Beans, Broccoli and Cauliflower w/ Cheese Sauce, Fried Okra, Seasoned Greens</td>
</tr>
<tr>
<td>Side Offerings:</td>
<td>Mashed Potatoes/ Gravy, Sweet Potato Medallions/ Brown Sugar Glaze, Pasta Noodles, Dinner Roll</td>
</tr>
<tr>
<td>Todays Desserts:</td>
<td>Carrot Layer Cake, Key Lime Pie, NSA Apple Cobbler, Rice Pudding, NSA Apple Crisp</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Monday 30th</strong></th>
<th>Cream Of Broccoli Soup</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value Plate:</td>
<td>Includes Choice of Entrée, 2 sides, and Fountain Beverage</td>
</tr>
<tr>
<td>Entrees:</td>
<td>Assorted Baked Quiche with Cup Fruit, Honey Glazed Chicken, Baked Chicken (HC)</td>
</tr>
<tr>
<td>Vegetables:</td>
<td>Roasted Carrots, Sautéed Yellow and Zucchini Squash/ Onions, Rutabagas</td>
</tr>
<tr>
<td>Side Offerings:</td>
<td>Mashed Potatoes and Spaghetti Noodles, Dinner Roll</td>
</tr>
<tr>
<td>Todays Desserts:</td>
<td>Chocolate Chip Pie/Assorted Desserts including NSA</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Tuesday 1st</strong></th>
<th>Italian Wedding Soup</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value Plate:</td>
<td>Includes Choice of Entrée, 2 sides, and Fountain Beverage</td>
</tr>
<tr>
<td>Entrees:</td>
<td>Country Fried Steak/ Sawmill Gravy, Meatballs (HC)</td>
</tr>
<tr>
<td>Vegetables:</td>
<td>Normandy Vegetable Blend, Blackeye Peas, Green Beans</td>
</tr>
<tr>
<td>Side Offerings:</td>
<td>Mashed Potatoes and Spaghetti Noodles, Dinner Roll</td>
</tr>
<tr>
<td>Todays Desserts:</td>
<td>Cheese Cake, Pudding Parfait, Cherry Pie, Cherry Cake NSA</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Wednesday 2nd</strong></th>
<th>Chicken Noodle Soup</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value Plate:</td>
<td>Includes Choice of Entrée, 2 sides, and Fountain Beverage</td>
</tr>
<tr>
<td>Entrees:</td>
<td>Lasagna w/Meat, Fried Chicken, Season Baked Chicken</td>
</tr>
<tr>
<td>Vegetables:</td>
<td>Green Peas, Squash Casserole</td>
</tr>
<tr>
<td>Side Offerings:</td>
<td>Seasoned Rice or Bowtie noodles, Garlic Bread</td>
</tr>
<tr>
<td>Todays Desserts:</td>
<td>Yellow Cake with Chocolate Icing, Southern Banana Pudding Regular and NSA</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Thursday 3rd</strong></th>
<th>New England Clam Chowder</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value Plate:</td>
<td>Includes Choice of Entrée, 2 sides, and Fountain Beverage</td>
</tr>
<tr>
<td>Entrees:</td>
<td>Southern Meatloaf, Baked Cod Fish (HC)</td>
</tr>
<tr>
<td>Vegetables:</td>
<td>Vegetable Blend Key Biscayne, Broccoli</td>
</tr>
<tr>
<td>Side Offerings:</td>
<td>Jasmine Rice, Mashed Potatoes, Dinner Rolls</td>
</tr>
<tr>
<td>Todays Desserts:</td>
<td>Lemon Bars, Banana Cake, Watergate Salad, Banana cake (NSA)</td>
</tr>
</tbody>
</table>
### Friday 4th:

<table>
<thead>
<tr>
<th>Black Bean Soup</th>
<th>$1.99</th>
</tr>
</thead>
</table>

**Value Plate:** Includes Choice of Entrée, 2 sides, and Fountain Beverage

<table>
<thead>
<tr>
<th>1/2 Cuban Sandwich, Golden Fried Catfish, Baked Catfish (HC)</th>
<th>$5.49</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Seasoned Lima Beans, Roasted Brussel Sprouts, Green Beans</th>
<th>$1.09</th>
</tr>
</thead>
</table>

**Side Offerings:**
- Cheese Grits, Hushpuppies, Coleslaw, Baked Beans
- Garlic Cheddar Biscuit

**Today’s Desserts:**
- Boston Cream Pie, Brownie w/Icing /NSA Fruit Cobbler
  - Each $2.09

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**Rumph Dining Room Offers a Salad Bar every Monday, Wednesday & Friday**

$5.89

*NOTE: Pricing Does Not Reflect the Membership 10% Discount*

*NOTE: Menu is Subject to Change*

The Blue plate special includes: Entrée, 2 Sides, Roll, Dessert and a Beverage

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**Saturday September 4**

<table>
<thead>
<tr>
<th>Beefy Onion Soup</th>
<th>$1.99</th>
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</thead>
</table>

**Lopin’ Gopher Saturday Blue Plate Special**

The Blue plate special includes: Entrée, 2 Sides, Roll, Dessert and a Beverage

- Baked Ziti w/Italian Sausage, Broccoli, Dinner roll, Assorted Side Salads, Peach Cobbler or Double Chocolate Cookie

$4.99

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### Village Café Weekly Lunch Specials

<table>
<thead>
<tr>
<th>Tuesday</th>
<th>Soft Tacos with Tortillas Chips and Salsa</th>
<th>$5.99</th>
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</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>Pot Pie with a Side Salad</td>
<td>$5.99</td>
</tr>
<tr>
<td>Thursday</td>
<td>Chicken Quesadilla with Tortilla Chips and Salsa</td>
<td>$5.99</td>
</tr>
<tr>
<td>Friday</td>
<td>Catfish, Cheese Grits and Coleslaw</td>
<td>$7.99</td>
</tr>
<tr>
<td>Saturday</td>
<td>BBQ Pork Sandwich with Coleslaw or Hotdog and Baked Beans</td>
<td>$5.99</td>
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</tbody>
</table>

*Note: Lopin’ Gopher hours 7:30 a.m. to 1:30 p.m & 2:15 p.m. to 7:00 p.m. weekdays*

*Breakfast items available all day*
WATER ACTIVITIES

AQUATONE: Aquatone is a water therapy class for people suffering from the pain of arthritis. This class uses a protocol from the Arthritis Foundation. If you experience pain associated with arthritis, or you are new to aquatic exercise, this is a great class to join.

JACUZZI: Water temperature ranges from 100 – 110 degrees. Please limit time to 15 minutes per session. No children 5 and under. Please observe posted rules.

LAP SWIMMING: Lap swimming is excellent exercise for toning and strengthening the entire body. It is also great for the most important muscle in your body...your heart! Lap swimmers have priority during designated times. Please check the reverse side for lap swim times. 80 pool lengths = 1 mile

WATER AEROBICS: This class is designed to increase your heart rate in order to strengthen your cardiovascular system. This class also includes stretching and muscle strengthening exercises. Water volleyball is played from 8:45-9:30 between the morning classes.

WATER VOLLEYBALL: This group plays every Tuesday and Thursday at 6:00 PM. Copeland membership required. You do not need to join a team; just come! If you are 18 or older, come join us! We need all the help we can get!

WEIGHT ROOM

FITNESS BASICS: Copeland Center staff is available to assist members with the machines in the exercise room. If you are interested, please call the CCC at 658-5555.

WALKING

1¼ LOOP: Start at Copeland – end at Copeland. This great beginner’s trail is well marked for you.

EXERCISE

EXERCISE at OPR:
Exercises are done seated or standing by a chair for support in the OPR. If you are just beginning an exercise program, this is a great class to try!

FALL PREVENTION:
This class consists of gentle exercises that help improve balance and prevent falls. If you’re looking for a class to improve your safety and health, then join us on Tuesday & Thursday from 11:00 am – 12:00 pm.

TABLE TENNIS at MPR/CCC:
Table Tennis helps you build strength, coordination, and sharpens your brain without risking serious injury. It is a fun and easy way to burn calories and enjoy social time. Come join in the fun every Tuesday at the MPR in the CCC.

Stretching

with Joyce Berra

Tuesdays & Thursdays 8:30 – 9:30 AM in the CCC Multi-purpose room

Stretch and strengthen your body; release tension; ease your mind!

This is a gentle class that focuses on posture, breathing, and relaxation.

ZUMBA

Join us for this FUN filled exercise inspired by Latin dances such as Salsa, Merengue, Flamenco & Mambo.

Mondays - 5:15 PM at CCC

HAPPY HALLOWEEN
## Copeland Community Center (386) 658 - 5555

Monday-Tuesday-Thursday 6:00 AM – 8:00 PM  
Wednesday 6:00 AM - 6:00 PM  
Friday 6:00 AM - 5:00 PM  
Saturday 9:00 AM – 3:00 PM  
Sunday 2:00 PM – 5:00 PM  

<table>
<thead>
<tr>
<th>Days</th>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
<th>Group Leader</th>
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</thead>
<tbody>
<tr>
<td>M-F</td>
<td>Lap Swimming</td>
<td>Copeland Pool</td>
<td>6:00-8:00 AM</td>
<td></td>
</tr>
<tr>
<td>MWF</td>
<td>Water Aerobics</td>
<td>Copeland Pool</td>
<td>8:00-8:45 AM</td>
<td>Kathleen Johnson</td>
</tr>
<tr>
<td>MWF</td>
<td>Water Volleyball</td>
<td>Copeland Pool</td>
<td>8:45-9:30 AM</td>
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<tr>
<td>MWF</td>
<td>Water Aerobics</td>
<td>Copeland Pool</td>
<td>9:30 AM</td>
<td>Autumn Raulerson</td>
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<tr>
<td>MWF</td>
<td>Exercise Class</td>
<td>OPR</td>
<td>9:30 AM</td>
<td>Shirley Swinson</td>
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<tr>
<td>MWF</td>
<td>Aquatone for Arthritis</td>
<td>Copeland Pool</td>
<td>10:05 AM</td>
<td>Autumn Raulerson</td>
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<tr>
<td>T TH</td>
<td>Stretching with Joyce Barra</td>
<td>MPR/CCC</td>
<td>8:30 – 9:30 AM</td>
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<tr>
<td>T TH</td>
<td>Fall Prevention</td>
<td>MPR/CCC</td>
<td>11:00 AM – 12:00 PM</td>
<td>Linda Altman</td>
</tr>
<tr>
<td>MWF</td>
<td>Open Swim</td>
<td>Copeland Pool</td>
<td>11:00 – 5:00 PM</td>
<td></td>
</tr>
<tr>
<td>T TH</td>
<td>Aqua tone for Arthritis</td>
<td>Copeland Pool</td>
<td>2:00 PM</td>
<td>David Burch</td>
</tr>
<tr>
<td>M-F</td>
<td>Table Tennis</td>
<td>MPR/CCC</td>
<td>1:30 PM</td>
<td>Gina Race</td>
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<tr>
<td>M-F</td>
<td>Employee Exercise</td>
<td>MPR/CCC</td>
<td>12:00-1:30 PM</td>
<td></td>
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<tr>
<td>M W</td>
<td>Lap Swim Time</td>
<td>Copeland Pool</td>
<td>5:00 – 6:00 PM</td>
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<tr>
<td>T TH</td>
<td>Lap Swim Time</td>
<td>Copeland Pool</td>
<td>4:00 – 5:30 PM</td>
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<tr>
<td>M</td>
<td>Open Swim</td>
<td>Copeland Pool</td>
<td>6:00 – 8:00 PM</td>
<td></td>
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<tr>
<td>T TH</td>
<td>Water Volleyball</td>
<td>Copeland Pool</td>
<td>6:00 – 8:00 PM</td>
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<tr>
<td>T TH</td>
<td>Open Swim</td>
<td>Copeland Pool</td>
<td>8:00 – 1:30 AM</td>
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<tr>
<td>T TH</td>
<td>Open Swim</td>
<td>Copeland Pool</td>
<td>3:00 – 4:00 PM</td>
<td></td>
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<tr>
<td>Saturday</td>
<td>Open Swim</td>
<td>Copeland Pool</td>
<td>9:00 – 3:00 AM</td>
<td></td>
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<tr>
<td>Sunday</td>
<td>Open Swim</td>
<td>Copeland Pool</td>
<td>2:00 – 5:00 PM</td>
<td></td>
</tr>
<tr>
<td>M</td>
<td>Zumba Gold</td>
<td>MPR</td>
<td>5:15 – 6:15 PM</td>
<td>Kathleen Johnson</td>
</tr>
<tr>
<td>MW F</td>
<td>Pickleball</td>
<td>Harmony Center</td>
<td>9:30 – 11:30 AM</td>
<td>Crosby Hatch</td>
</tr>
<tr>
<td>Sun-Sat</td>
<td>CCC Shuffleboard</td>
<td>Copeland Courts</td>
<td></td>
<td>Inquire at CCC front desk for equipment.</td>
</tr>
<tr>
<td>Sun-Sat</td>
<td>CCC Tennis Courts</td>
<td></td>
<td></td>
<td>Call 658-5555 to schedule a game.</td>
</tr>
</tbody>
</table>

Breast Cancer Awareness Month

[Logo: Pink Ribbon]
ACV Alzheimer’s Awareness 5K & Fun Walk

Please join us for our 2nd annual Alzheimer’s Awareness 5k and Fun Walk to benefit programming for the Memory Care Unit at the Good Samaritan Center sponsored by Advent Christian Village.

There will be two paths: a designated 5K path and a shorter walking path.

5K Run/Walk: $25
1-Mile Fun Walk: $15

Registration increases $10 on day of race.
Registration includes a T-shirt and post-race refreshments.

Race Location: Good Samaritan Center
10676 Marvin Jones Blvd. Dowling Park, FL 32060

Race Date: Saturday, October 5, 2019 at 9:00 am
(Registration from 8:00-8:45 am)

Name: ___________________________________________ Sex: _______ Age: _______

Address: ____________________________________________

City, State Zip: ______________________________________ T-Shirt size: __________________

Phone: _______________________________ E-mail: _______________________________________

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event in which I may appear for any legitimate purpose, including advertising and promotion.

Signature: ______________________________________ Date: __________________

Parent/Guardian Signature (if under 18): __________________________________________

No refunds will be issued for any reason

Please contact Katrina Fillyaw at 386-658-5550 or kfillyaw@acvillage.net with any questions.
Get your flu vaccine!

ACV residents! ACV staff!

** FREE for staff
** Covered by most insurances at no cost for residents

When: October 1, October 15
Where: Depot Room Time: 10am – 2pm

Have questions first? Stop by and see us!
HARRISON CPAs LLC
Nancy Harrison, CPA will be holding office hours once a month at the VS. Nancy can be reached at either (850) 212-6799 or 249-2944 with any tax questions you might have.

PHILIP J. MOSES, JR., CPA/PFS
By appointment only, please call April Janson at (386) 755-2260, Ext. 3995 to schedule an appointment.

NORTH FLORIDA HEARING AND BALANCE CENTER
Proudly providing quality hearing health care at ACV on the first and third Friday of each month. Call 362-5452 to schedule your appointment with Mike Norton, H.A.S. Service, repairs, hearing aid supplies, batteries, and evaluations.

TAX COLLECTOR
Staff from the Suwannee County Tax Collector’s office will be at the VS on the first Thursday of each month from 9:00 a.m. to 4:30 p.m. This service will enable you to purchase automobile tags and pay your property taxes. For more information, please contact Suwannee County Tax Collector Sharon Jordan or her staff at 362-2816, or visit the office’s web site at suwanneeCountytax.com.

WENDY B. MEYER, CFP®, CRPC®
Wendy Branham Meyer, CFP®, CRPC®, financial advisor with Ameriprise Financial Services, Inc. will be in the VS offices on the third Wednesday of each month. For more information or to schedule an appointment, please stop by or call 1-800-477-8818.

THE VILLAGE PHARMACY
658-5860
Monday—Friday, 9:00 a.m.—5:00 p.m.
Closed 12:30—1:30 p.m. for lunch
Pharmacist John Nicely, PharmD, MBA
Pharmacy Technician Julie Garcia, CPhT, RPhT
Pharmacy Technician Cierra Lee, CPhT, RPhT

BARBER
The Village Barber Shop is open Monday through Wednesday, 9:00 a.m.—5:00 p.m. Call 658-3482.

GAINESVILLE HEARING AID CENTER
Special on digital, programmable hearing aids. Come by for a FREE hearing test. Gregory L. Robbins will be at the VS on the third Thursday of each month from 10:00 a.m. until 2:00 p.m. GHAC services all brands and makes of hearing aids. To contact them by telephone, please call (352) 376-0095.

JONATHAN’S MR. FIX IT, LLC
Golf cart, scooter and other repairs. Call 249-4975.
23366 Elmwood Ln.: $155,000; 1,337 sq. ft; built in 1998; 2 br, 1 and ½ bath, huge 2 car garage, wood laminate flooring. MLS #99011.

23390 Elmwood Ln.: $155,000; 1154 sq. ft.; built in 1998; 2 br, 1 and ½ bath, 1-car garage, wood laminate flooring. MLS 103279.

23367 Live Oak Ln.: $188,000; 1,431 sq. ft.; built in 2000; 2 br., 2 bath; 1-car garage. MLS 102663.

23328 Live Oak Ln.: $150,000; 1,479 sq. ft.; built in 1998; 3 br, 2 bath; huge 2 car garage; new roof, ac unit, water heater. MLS 102767.

10600 Wildwood Dr.: $185,000; 1,632 sq. ft.; built in 2001; 2 br, 2 bath; office, screened back porch, eat-in kitchen, 2 car garage, hardy plank exterior. MLS 104530

23324 Live Oak Ln.: $184,900; 1,632 sq. ft.; built in 1998; 3 br, 2 bath, screened in side porch, 2 car garage, stucco & vinyl siding exterior MLS 104878.

23355 Elmwood Ln.: $217,000; 1,158 sq. ft.; built in 1997; 2 br, 2 bath, 2 car garage; new roof, brick exterior; MLS 104211.

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**Birthdays**

**OCTOBER 1.** Tresca Norris; **2.** Mary Roop, Mary Frances Cone, Carol Johnson, Clinton Taber; **3.** Rolanda LeCrone; **4.** Karen Dunning, Barbara Hotmire, Sandra Kelly, Anne Lance, Dora Mitchell; **6.** James Clark, Lois Brisbin, Bill Carrick, Myra VanderWal; **7.** Dorothy Duckworth, George Brisbin; **8.** Chester Alderman, Hazel Jones, Janet King, Bill Storey; **9.** Marian Clendenin; **10.** Bud Royal, Mary Lou Stewart; **11.** Dottie Cook, Louise Grant; **12.** George Dinsmore; **13.** Carol McAllister, Johanna Nordman; **14.** Donald Noel, Carolyn Whitaker; **17.** Hazel Hurst; **18.** Frank Lynch, Sally Smith; **19.** Shirley Minster, Charles Moore, Ida Wells; **20.** Marjorie Pohuski; **21.** Suzanne Young; **22.** Jack McClain, Diane Milnes, Sherron Owen, Joyce Taylor; **23.** Michael Depew, Chris Christiansen, Dee Sanchez; **25.** Betty Davis; **27.** Wonda Myers, Carol Ann Hoyt, Gertie Lynch; **28.** Neil Johnson; **29.** Lamont Wesley.

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**Anniversaries**

**OCTOBER 1.** Bill and Marty Nickerson; **12.** Earl and Dee Jay Johnson; **19.** Frank and Myrl Sinclair; **20.** Tom and Barbara Richards; **24.** Richard and Barbara Gellasch; **26.** Steve and Mary Jackson; **29.** Jack and Barbara Dixon.

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**Abbreviations used within the FNN:**

<table>
<thead>
<tr>
<th>ACV</th>
<th>Advent Christian Village</th>
</tr>
</thead>
<tbody>
<tr>
<td>BC</td>
<td>Bixler Chapel</td>
</tr>
<tr>
<td>BA</td>
<td>Butterfield Acres</td>
</tr>
<tr>
<td>CT</td>
<td>Cardinal Terrace</td>
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<tr>
<td>CH</td>
<td>Carter House</td>
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<tr>
<td>CVH</td>
<td>Carter Village Hall</td>
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<tr>
<td>CB</td>
<td>Chriss Building</td>
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<tr>
<td>CMH</td>
<td>Cleo’s Meeting House</td>
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<tr>
<td>CCC</td>
<td>Copeland Community Ctr.</td>
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<tr>
<td>CMC</td>
<td>Copeland Medical Center</td>
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<tr>
<td>DM</td>
<td>Dacier Manor</td>
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<tr>
<td>DR</td>
<td>Depot Room</td>
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<tr>
<td>DH</td>
<td>Dowling House</td>
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<td>DMA</td>
<td>Dowling Manor Area</td>
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<td>DPN</td>
<td>Dowling Park North</td>
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<td>ET</td>
<td>Edgewood Terrace</td>
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<tr>
<td>GSC</td>
<td>Good Samaritan Center</td>
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<td>HC</td>
<td>Harmony Center</td>
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<td>IC</td>
<td>Information Center</td>
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<td>LH</td>
<td>Lawrence House</td>
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<td>MT</td>
<td>Magnolia Terrace</td>
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<td>OPR</td>
<td>Old Pavilion Room</td>
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<tr>
<td>POP</td>
<td>Park of the Pines</td>
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<td>PC</td>
<td>Phillips Center</td>
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<td>PCS</td>
<td>Polk Ceramics Shop</td>
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<td>RV</td>
<td>Riverview Apartments</td>
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<td>RW</td>
<td>Riverwoods</td>
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<tr>
<td>RDR</td>
<td>Rumph Dining Room</td>
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<td>SMR</td>
<td>Sawmill Room</td>
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<td>TC</td>
<td>Taylor Commons</td>
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<td>TP</td>
<td>Trese Park</td>
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<tr>
<td>TFM</td>
<td>Twice Nice Furniture &amp; More</td>
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<td>VC</td>
<td>Village Church</td>
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<tr>
<td>VS</td>
<td>Village Square</td>
</tr>
<tr>
<td>WG</td>
<td>Wilson Gardens</td>
</tr>
</tbody>
</table>

**Ad policy:** ACV members and employees may advertise. For ad information, call Member Services at 386-658-5400. The FNN is published weekly under the auspices of the Member Services Office with the aid of volunteers. As an official publication of the membership of the Advent Christian Village (ACV), Dowling Park, FL (www.acvillage.net), its purpose is to inform the ACV community (members and staff) of events, news, and services. The FNN, funded by membership fees, is delivered (without charge) by volunteers to on-campus members and to residents of the satellite communities of DM, DPN, and BA. Additional copies are distributed to the Village Square, Lodge, and Information Center for visitors. All member and staff ads for your own personal items will be strictly limited to a maximum of eight lines and will run for two weeks. The ad must include the person listing the ad (not necessarily published). Deadline for submissions is Tuesday by noon of the week for publication and may be sent by email to FNN@acvillage.net. Editorial staff: RuthAnn Conway, Paul Cook, Marjorie Easter, and Verna Piper Simpson.