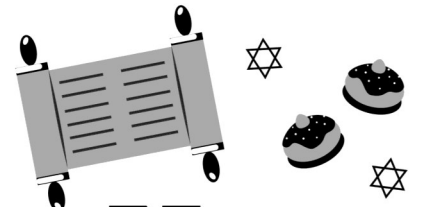




ADVENT CHRISTIAN VILLAGE
AT DOWLING PARK



Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064

"Where People Enjoy Living"

"The mission of Advent Christian Village, Inc. is to express Christ's love by providing compassionate care and quality comprehensive services for senior adults, families with special needs, and children, in a secure, supportive residential setting and in the surrounding communities."

DECEMBER 1, 2023

Need help over the weekend? Call the Information Center at 658-3333.

Friday	12/1	9:00 a.m.–12:00 noon 10:00 a.m. <i>10:00 a.m.</i> 2:00 p.m.	Veterans' Service—MS Bus Trips Meeting—OPR <i>Bible Study—VC Room 5</i> Sit 'N Stitch—CH
Saturday	12/2	11:00 a.m. 4:15 & 4:30 p.m. 7:00 p.m.	WHFMS Program, Luncheon, and Annual Meeting—SMR/DR Bus Trip: Live Oak Christmas Parade Postponed to the 16th Live! at Dowling Park: Suncoast Bronze Ringers—VC
Sunday	12/3	<i>9:40 a.m.</i> <i>11:00 a.m.</i> 2:00 p.m. 6:30 p.m.	<i>Worship Service—VC</i> <i>Sunday School for All Ages</i> Coloring Book Time of Fellowship—DH Lobby Annual Tree Lighting Event—VC
Monday	12/4	11:00 a.m. 1:30 p.m. 1:30 p.m. 2:00–4:00 p.m.	VCBI: Removing the Shadows from the Book of Hebrews—VC Room 6 Coping with Low Vision Support Group—OPR VCBI: Lessons from the Fisherman—VC Room 5 Ceramics—PCS
Tuesday	12/5	<i>8:30 a.m.</i> <i>1:30 p.m.</i> 3:15 & 3:30 p.m.	<i>Men's Bible Study—VC Room 5</i> <i>Voice of the Martyrs—OPR</i> Bus Trip: Dine-Out to Conestogas Restaurant—DH & LAP
Wednesday	12/6	8:45 & 9:00 a.m. 9:00–11:00 a.m. 10:00 a.m. 1:00 p.m. <i>6:00 p.m.</i> 6:30 p.m.	Bus Trip: Walmart—CH & DH Ceramics Shop Elves—PCS VCBI: Defining Good Works and How To Do Them—VC Room 5 Bridge Club—OPR <i>Prayer Meeting—BC</i> Christmas Cantata Choir Practice—VC
Thursday	12/7	9:00 a.m.–3:00 p.m. 9:30 a.m.–12:30 p.m.	Suwannee County Tax Collector—VS Village Artist Guild—KC
Friday	12/8	8:45 & 9:00 a.m. 9:00 a.m.–12:00 noon <i>10:00 a.m.</i> 2:00 p.m.	Bus Trip: Valdosta Shopping—DH & LAP Veterans' Service—Member Services <i>Bible Study—VC Room 5</i> Sit 'N Stitch—CH

ACV	Advent Christian Village	CT/MT	Cardinal/Magnolia Terrace	IC	Information Center	POP	Park of the Pines
BA	Butterfield Acres	DH	Dowling House	JKPL	Jo Kennon Public Library	RDR	Rumph Dining Room
BC	Bixler Chapel	DM	Dacier Manor	KC	Keepers Cottage	SRV	Smith Riverview Apartments
CB	Chriss Building	DMA	Dowling Manor	LAP	Lake Aquilla Parking Lot	RW	Riverwoods
CH	Carter House	DR	Depot Room	MS	Member Services	SMR	Sawmill Room
CCC	Copeland Community Center	ET	Edgewood Terrace	OPR	Old Pavilion Room	VC	Village Church
CMC	Copeland Medical Center	GSC	Good Samaritan Center	PCS	Polk Ceramics Shop	VS	Village Square

BOLD: ONE-TIME AND MONTHLY EVENTS — *ITALIC: PROGRAMS FOR SPIRITUAL GROWTH*

IN LOVING MEMORY

Shirley Scott, who was a resident of CH, died Nov. 28. Her memorial information will be provided when available.
Violet Haberer, who was a resident of DH and GSC, died Nov. 1. She will be remembered at the GSC memorial service on Wednesday, Dec. 13, at 10:00 a.m.
James Butler, who was a resident of GSC, died Oct. 24. He will be remembered at the GSC memorial service on Wednesday, Dec. 13, at 10:00 a.m.
Patty Severe, who was a resident of GSC, died Oct. 24. She will be remembered at the GSC memorial service on Wednesday, Dec. 13, at 10:00 a.m.
Vela Wilson, who was a resident of GSC, died Oct. 13. She will be remembered at the GSC memorial service on Wednesday, Dec. 13, at 10:00 a.m.
Michael Chester, who was a resident of GSC, died Oct. 4. He will be remembered at the GSC memorial service on Wednesday, Dec. 13, at 10:00 a.m.
Robert Cannon, who was a resident of GSC, died Oct. 4. He will be remembered at the GSC memorial service on Wednesday, Dec. 13, at 10:00 a.m.

NEW MEMBERS

Kenneth Randolph and Ethel Stenzel of Navarre, Florida, have moved to DH. Their mailing address is P.O. Box 4271.

TRANSFERS

Dot Morey has transferred from BA to DM. Her new mailing address is P.O. Box 4505.
Joanne Mott has transferred from DMA to GSC. Her new mailing address is P.O. Box 4325.
Bob and Ruthann Stross have transferred from RW to DM. Their new mailing address is P.O. Box 4571.
Gary Quigley has transferred from DH 322 to DH 426. His mailing address remains the same.
Michelle Martel has transferred from ET to POP. Her mailing address remains the same.

MISSING BIRTHDAY

If you are one who keeps the birthdays and anniversaries sheet, please make one addition. Evelyn Gillette was mistakenly omitted from the December birthdays list. Her birthday is Dec. 9.

ANNOUNCEMENT

NEW SHUTTLE SCHEDULE TO BEGIN MONDAY, DEC. 4

Prior to the pandemic, ACV's shuttle bus drove a circuit around the Village with scheduled stops every five minutes. This schedule served ACV well for many years. When shuttle service was restarted after the height of the pandemic, the shuttle was on-call in order to load and unload passengers as quickly as possible to limit possible exposure. Even as we have exited the pandemic and adjusted to our "new normal", we have continued to keep the shuttle available by phone call to provide flexibility. Lately, however, the amount of use and the unpredictability of the on-call system have resulted in some frustration felt by both members and ACV administration.

In order to provide you with better campus transportation service by adding some predictability to the daily weekday shuttle schedule, a hybrid shuttle bus schedule will be followed beginning Monday, Dec. 4. Every 30 minutes, the new schedule includes both regularly scheduled stops and periods of time where the shuttle may fit in unscheduled stops. The scheduled stops will take precedence over unscheduled stops, but, hopefully, the limited on-call availability will accommodate everyone better.

The following is what to expect when the new weekday bus schedule begins:

- The shuttle schedule will begin at 8:05 and end at 4:35.
- Beginning at 8:05 a.m., the shuttle will arrive at CH every 30 minutes (8:05, 8:35, 9:05, etc.)
- Beginning at 8:10 a.m., the shuttle will arrive at DH every 30 minutes (8:10, 8:40, 9:10, etc.)
- Beginning at 8:25 a.m., the shuttle will arrive at the VS every 30 minutes (8:25, 8:55, 9:25, etc.)
- Beginning at 8:30 a.m., the shuttle will arrive at CMC every 30 minutes (8:30, 9:00, 9:30, etc.)
- The shuttle bus driver will take lunch from 12:35 to 1:35. (The first CMC drop-off after lunch will be at 2:00.)
- Every 30 minutes, there is a 10-minute period of time when the shuttle can fit in unscheduled stops.
- There are no regular stops at CCC, GSC or RV; those will need to be fit in during the unscheduled, on-call times.
- Dollar General trips will still take place Monday, Wednesday and Friday mornings and Tuesday and

Thursday afternoons. A Family Dollar trip will still take place Friday afternoon. Be on the shuttle by 8:15 for the morning trips and 2:15 for the afternoon trips.

The Saturday shuttle schedule will remain the same: completely on-call from 10:30 a.m. to 12:00 noon.

Shuttle bus schedules are available at the IC for anyone who would like one.

Mark Edquid, VP for Ind. Living Operations

ACV EVENTS

BUS TRIPS MEETING

Friday, Dec. 1, 10:00 a.m. - OPR

Whether you have participated in the past or not, if you are interested in helping to plan ACV's bus trips, please join us for the next bus trips meeting on Friday, Dec. 1, at 10:00 a.m. in the OPR. Even if you only want to know more about what is possible, come to this meeting to learn (no commitment necessary). Have ideas for trips — local and not-so-local? We'd love for you to join us and share! The bus committee helps to keep the whole membership moving, so the more varied the group, the better.



BUS TRIP: LIVE OAK CHRISTMAS PARADE

— Postponed to the 16th —

4:15 p.m. - DH, 4:30 p.m. - LAP

Bus: \$3.00 members, \$6.00 non-members

The Live Oak Christmas on the Square Lighted Parade has been postponed due to anticipated rain. The parade, originally scheduled for Dec. 2, will now be held on Saturday, Dec. 16. The ACV bus will take those interested in watching the parade; it is scheduled to begin at 6:00 p.m. Sign up and pay at the IC.

LIVE! AT DOWLING PARK: SUNCOAST BRONZE RINGERS Saturday, Dec. 2, 7:00 p.m. - VC

Moving handbells beyond the church setting, Suncoast Bronze Ringers of Tampa, Florida, excites their

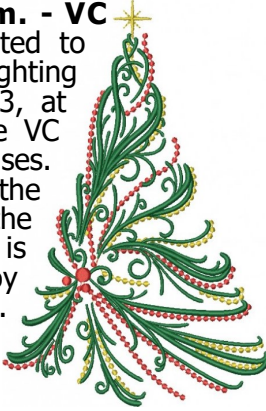


audiences with the sights and sounds of handbells, playing music ranging from jazz to pop and classical to original composition. Their concerts weave all these styles together in an experience that is sure to appeal to every type of music lover.

Individual tickets can be purchased from the ACV cashier's office and at the event for \$18 (ACV member) and \$26 (non-member), or season passes can be purchased at the cashier's office for \$120 (ACV member) and \$180 (non-member). Those with season passes may also attend the Community Concerts of Lake City free of charge. Call 658-5400 for more information.

**TREE LIGHTING CEREMONY
Sunday, Dec. 3, 6:30 p.m. - VC**

The Dowling Park community is invited to participate in the annual Tree Lighting ceremony on Sunday evening, Dec. 3, at 6:30. The family event begins in the VC with Christmas music and a few surprises. Following that, it's outside to the courtyard to "magically" light the Village's lights. Finally, everyone is invited to the dining room to enjoy some snacks and to sit on Santa's lap. It's a fun way to begin the Christmas season. Please plan to come. Bring a friend!



**COPING WITH LOW VISION
SUPPORT AND RESOURCES GROUP
Monday, Dec. 4, 1:30 p.m. - OPR**

Our monthly support group brings people with vision loss together to share challenges and celebrate successes. The individuals who attend are in all stages of vision loss. Some still have most of their sight, while others have lost their sight completely. Together, they foster a warm, inviting place to help one another overcome barriers to living independent, vibrant lives. Join Wayne Warner from the nonprofit agency, Lighthouse of the Big Bend, for this monthly support group and meeting.




**BUS TRIP: DINE-OUT TO
CONESTOGAS RESTAURANT
Tuesday, Dec. 5**

**3:15 p.m. - DH & 3:30 p.m. - LAP
Bus: \$9.00 members, \$15 non-members**
Alachua, Florida, becomes a winter wonderland during the month of December, and Conestogas Restaurant is located in the heart of the fun. The bus will arrive at approximately 5:00 p.m. for supper. Conestogas offers salads, burgers and sandwiches, chicken, fresh seafood, and hand-cut steaks from \$13.99 to \$25.99 (senior citizens menu range: \$13.99-\$17.99). Following dinner, time will be allotted to allow everyone to walk around and enjoy Alachua for a while before heading back home. Sign up at the IC.

**SUWANNEE COUNTY TAX COLLECTOR
Thursday, Dec. 7, 9:00 a.m.-3:00 p.m. - VS
Closed 12:00-1:00 for lunch**

Staff from the Suwannee County Tax Collector's office including Suwannee County Tax Collector Sharon Jordan are in the VS professional offices on the first Thursday of each month from 9:00 a.m. to 3:00 p.m. (closed from 12:00 to 1:00 for lunch). This service will enable you to purchase automobile tags and pay your

Have you taken some activity photos at ACV you'd like to share? Send them to jsutter@acvillage.net with a little description. They may be featured on ACV's Facebook page.



property taxes. For more information, please contact the Tax Collector's office at 362-2816, or you may visit their website at suwtax.com.

**BUS TRIP: VALDOSTA SHOPPING
Friday, Dec. 8**

**8:45 a.m. - DH & 9:00 a.m. - LAP
Bus: \$8.00 members, \$14 non-members**
It's Christmas shopping time. The trip bus will be going to Valdosta to visit the mall and surrounding shopping centers on Friday, Dec. 8. The bus will leave from DH at 8:45 a.m. and from LAP at 9:00 a.m. Lunch will be Dutch treat at a Valdosta restaurant. Bus fee: \$8.00 for ACV members and \$14 for non-members. Sign up at the IC.

LADIES' BREAKFAST

Saturday, Dec. 9, 8:30 a.m. - SMR/DR

The next ladies' breakfast will be held on Saturday, Dec. 9, at 8:30 a.m. in SMR/DR. There will be no guest speaker; we will use the time to fellowship and get to know everyone. A special invitation is extended to new residents; we want to meet you! Come join us for a wonderful time of table fellowship.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher.



**MEN'S FELLOWSHIP BREAKFAST
Saturday, Dec. 9, 8:30 a.m. - RDR**

The next Men's Fellowship breakfast will be held on Saturday, Dec. 9, at 8:30 a.m. in RDR.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher. Come join us for fellowship, prayer, inspiration and breaking bread together!



**"LET HEAVEN AND NATURE SING"
CHRISTMAS CANTATA**

**Saturday, Dec. 9, 6:30 p.m. - VC
Sunday, Dec. 10, 3:00 p.m. - VC**

One of the highlights of the season is the Christmas cantata. This year, there will be two free presentations of "Let Heaven and Nature Sing" at the VC: Saturday, Dec. 9, at 6:30 p.m. and Sunday, Dec. 10, at 3:00 p.m. You may attend one or both! The ACV cantata choir, Te Deum handbell ensemble, and a guest string quartet will present a musical time of remembrance and worship using both new and familiar music. No tickets are required; simply show up and take a seat.

MEMBER BIRTHDAY PARTY

Thursday, Dec. 14, 3:00 p.m. - SMR/DR

Join us for the December member birthday party. We'll be celebrating "A Carol to Remember", led by Dick Grillo. Everyone is invited, and ACV members with December birthdays will receive special recognition. See you there!



**ANNUAL PARADE ON WHEELS
GOLF CART PARADE**

Friday, Dec. 15, 2:30 p.m.

Bring out your golf carts, bikes, scooters, antique cars ... anything with wheels ... decorated for the Christmas

season! This year's theme is "A Florida Christmas", so deck your wheels using our theme or yours.

The parade will travel around the ACV campus for all to enjoy. Following the parade, join us at CCC for refreshments and the announcement of winners.

Entries need to line up in the LAP by 2:00 p.m. for judging. The parade will start at 2:30 p.m.

BUS TRIP: CHRISTMAS LIGHTS AT SPIRIT OF THE SUWANNEE MUSIC PARK **Friday, Dec. 15**

5:15 p.m. - DH & 5:30 p.m. - LAP

Bus: \$9.00 members, \$13 non-members

Bus transportation will be provided to visit Spirit of the Suwannee Music Park to drive through and enjoy the Suwannee Lights display on Friday, Dec. 15. ~~Afterward, the bus will travel to McAlpin to visit Lisa's Lights.~~ The bus will leave DH at 5:15 p.m. and LAP at 5:30 p.m. The cost for this trip is \$9.00 for ACV members and \$13 for non-members. This price includes the entry fee for Spirit of the Suwannee. Sign up at the IC. There are two more Christmas lights trips scheduled this season if this date doesn't work for you.

BUS TRIP: COMMUNITY CONCERTS OF LAKE CITY: GAINESVILLE POPS **Saturday, Dec. 16, 7:30 p.m.**

Florida Gateway College

Alfonso Levy Performing Arts Center

149 SE College Place, Lake City

5:45 p.m. - DH & 6:00 p.m. - LAP

Bus: \$5.00 members, \$9.00 non-members

Thirty-five top musicians present a feast of favorite Christmas music and more. Modeled after Boston Pops, Gainesville Pops employs traditional concert band instrumentation to provide a pleasing blend of woodwinds, brass and percussion.

This event is included in your ACV season pass, or you may purchase individual tickets by calling (386) 365-8488 or visiting communityconcerts.info. Individual ticket prices are \$20 for adults and \$10 for students. The ACV bus fee is \$5.00 for ACV members and \$9.00 for non-members. Sign up at the IC.

EVENTS HERE AND THERE

Events in this section are not sponsored by ACV, even if they take place at ACV.

VETERANS GATHERING

Friday, Dec. 1, 12:00 noon - RDR

All service members are invited to gather for lunch to eat together on Friday, Dec. 1, at 12:00 noon in RDR. Buy or bring your own lunch. Bring a military MEMENTO. Service members can be ACV residents, employees, or area residents. Invite other veterans!

WHFMS PROGRAM, LUNCHEON, AND ANNUAL MEETING

Saturday, Dec. 2, 11:00 a.m. - SMR/DR

WHFMS (Women's Home and Foreign Mission Society) will have their annual meeting on Saturday, Dec. 2, at 11:00 a.m. in SMR/DR. Gaye Martin will be the speaker. After the program we will share a salad luncheon followed by a brief business meeting. Everyone (including men) is invited to this meeting.

We have two projects for December. We are making Christmas bags for the residents at GSC and DM, and you can help by bringing a bag of individually wrapped chocolates. We are also helping with Christmas presents for the women and children housed in the local residence for domestic violence victims. There will be a basket at the annual meeting if you would like to contribute towards gift certificates for this project. Chocolates can be brought to the annual meeting or to the circle meeting in VC Room 5 on Dec. 11.

Thank you so much for your support of missions this year.

 **Remember to Wave** 

HAPPY DAYS ARE HERE AGAIN

André Rieu Concert:

Live in Vienna

Saturday, Dec. 2, 2:00 p.m. - OPR

As the holiday season has begun, we are going to play André Rieu concerts recorded in Austria and in Holland for five weeks in a row. This week, join André Rieu and his elegant Johan Strauss Orchestra in front of the imperial Hofburg Palace in the heart of Vienna for one of the most exquisite evening concerts ever recorded. (2008, 135 mins.) See you this coming Saturday. Everyone is welcome!

EPISCOPAL EUCHARIST SERVICE

Tuesday, Dec. 5, 11:30 a.m. - BC

You are invited to the monthly Episcopal Eucharist service at ACV held on the first Tuesday of each month. The next service is scheduled for Tuesday, Dec. 5, at 11:30 a.m. in BC. Rev. Ken Johnstone of St. Luke's Episcopal Church in Live Oak will officiate. All are welcome.

ALTRUSA INTERNATIONAL OF LIVE OAK ANNUAL CHRISTMAS TOUR OF HOMES

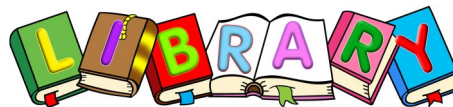
Saturday, Dec. 9, 12:00 noon

The 19th Altrusa Christmas Tour of Homes will be held on Saturday, Dec. 9, beginning at 12:00 noon. This event can be enjoyed by families and friends as a wonderful way to share our community at this special time of the year. Community members have graciously offered their seasonally decorated homes for this year's tour.

The Christmas Tour of Homes will begin at the Live Oak Garden Club on 11th Street at noon. Tickets can be purchased at the door for \$15 (children 12 and under are free). Tickets can also be purchased in advance for \$12 from Altrusa members. Booklets that contain a description of the homes written by the homeowner and a map with driving directions will be provided, along with light refreshments. The Christmas Tour of Homes ends at 5:00 p.m.

Altrusa International of Live Oak is a non-profit organization made up of professional business women in the community who are dedicated to the advancement of literacy, education, and community service. All profits from this event will go back into our community. Annual contributions go to each public school in Suwannee County to assist with literacy projects, for scholarships to a high school student, and scholarships at River Oak Technical College. Additionally funding goes to the Suwannee River Regional Library Literacy Program and Leadership Camp scholarships. In addition, Altrusa members volunteer time and their non-cash contributions to a number of community organizations.

For more information, you may check us out at www.facebook.com/AltrusaLiveOak or call Sharon Jordan at (386) 362-8616 or Ann Thompson at (386) 208-2764. Tickets are available by calling Ann Thompson.



JO KENNON PUBLIC LIBRARY

386-658-2670

Website: srllib.org

Email: dpark@neflin.org

Monday, Wednesday-Friday 9:00 a.m.-5:30 p.m.

Tuesday 9:00 a.m.-7:00 p.m.

Saturday 9:00 a.m.-1:00 p.m.

Closed Sunday

Closed Friday, Dec. 1

All branches of the Suwannee River Regional Library System, including the JKPL, will be closed on Friday, Dec. 1, for our annual Staff Development Day. Regular hours will resume on Saturday, Dec. 2. For your convenience, our online catalog, digital resources, and bookdrop are available.

Christmas Jars

On Tuesday, Dec. 5, we invite you to come to the JKPL and get "crafty". Take a break from the holiday rush

and create your own light-up Christmas keepsake by decorating a jar for the Christmas season. Just bring your own jar and the rest will be provided for you. Join Trish for a little painting and gluing, because why should children have all the fun? We are offering two classes: 2:00 p.m. or 5:30 p.m. Class sizes are limited, so register online, or give us a call at 658-2670.

Polar Express

All aboard on the Polar Express for a magical Christmas train ride! On Friday, Dec. 15, at 3:00 p.m., wear your favorite PJs and join us for some hot cocoa and a movie. We will be showing the highly acclaimed film *The Polar Express* with no stops until it reaches the North Pole. Based on the book by Chris Van Allsburg, this film has become a staple of Christmas viewing and is loved by children and adults alike.

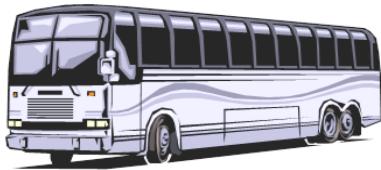
Christmas Card Swap

Bring your extra Christmas cards to the JKPL and get a ticket for every five new cards with envelopes that you donate. Bring the ticket in when Swap Shopping Days begin, and pick out some new-to-you cards! Drop off has already begun and will continue until Dec. 8. Swap Shopping Days will be during JKPL hours Dec. 4-8. We look forward to seeing you soon!

Starbooks Café Topic of the Week:

What is the best news you heard in the past week or month?

Weekly JKPL Meetings:		
Starbooks Café	Tuesdays	9:30 a.m.
Crochet Creations	Thursdays	3:00 p.m.
Kids Corner	Saturdays	11:00 a.m.



BUS TRIPS

If you wish to ride the ACV bus on these trips, you must contact the IC in person or by phone at 658-3333 to sign up. Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

WEEKLY LIVE OAK SHOPPING TRIPS

There is no charge for Village members to participate in the regular weekly Live Oak shopping trips. If you have questions, call Member Services at 658-5400.

Please remember to bring your own bags on the Wednesday shopping trips to assist in keeping everyone's purchases separate.

- **Dec. 6, Wednesday a.m.** — Walmart — Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Walmart at approximately 11:30 a.m. and return to the Village at noon.
- **Dec. 6, Wednesday p.m.** — No shopping trip.
- **Dec. 13, Wednesday a.m.** — Publix — Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Publix at approximately 11:30 a.m. and return to the Village at noon.
- **Dec. 13, Wednesday p.m.** — Walmart — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 4:00 p.m. and return to the Village at 4:30 p.m.
- **Dec. 20, Wednesday a.m.** — Walmart — Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Walmart at approximately 11:30 a.m. and return to the Village at noon.
- **Dec. 20, Wednesday p.m.** — No shopping trip.

UPCOMING BUS TRIPS

- Dec. 2 — Live Oak Christmas Parade
- Dec. 5 — Dine-Out to Conestoga's Restaurant
- Dec. 8 — Valdosta Shopping
- Dec. 15 — Christmas Lights at Spirit of the Suwannee Music Park

**ACV GARDEN CLUB
2023 NUT SALE**

Please fill out your information and select the quantity of bags you wish to order. Bags are 1 lb.

NAME: _____

PHONE #: _____

ADDRESS: _____

ITEM **PRICE** **QTY.**

05600 Large Pecan Pieces \$12.00 _____

05925 Praline Pecan Halves \$12.00 _____

05775 Whole Jumbo Cashews \$11.00 _____

05620 Peanuts Chocolate 2X Dipped \$10.00 _____

Total # of bags: _____ **TOTAL: \$** _____

Send completed order form to P.O. Box 4494. Make checks payable to ACV Community Garden Club.

**Weekday Shuttle Bus Schedule
Beginning Monday, Dec. 4**

8:05 AM	CH	11:55 AM	VS
8:10 AM	DH	12:00 PM	CMC
	on-call	12:05 PM	CH
8:25 AM	VS	12:10 PM	DH
8:30 AM	CMC		on-call
8:35 AM	CH	12:25 PM	VS
8:40 AM	DH	12:30 PM	CMC
	on-call		
8:55 AM	VS	12:35-1:35	driver lunch
9:00 AM	CMC		
9:05 AM	CH		on-call
9:10 AM	DH	2:00 PM	CMC
	on-call	2:05 PM	CH
9:25 AM	VS	2:10 PM	DH
9:30 AM	CMC		on-call
9:35 AM	CH	2:25 PM	VS
9:40 AM	DH	2:30 PM	CMC
	on-call	2:35 PM	CH
9:55 AM	VS	2:40 PM	DH
10:00 AM	CMC		on-call
10:05 AM	CH	2:55 PM	VS
10:10 AM	DH	3:00 PM	CMC
	on-call	3:05 PM	CH
10:25 AM	VS	3:10 PM	DH
10:30 AM	CMC		on-call
10:35 AM	CH	3:25 PM	VS
10:40 AM	DH	3:30 PM	CMC
	on-call	3:35 PM	CH
10:55 AM	VS	3:40 PM	DH
11:00 AM	CMC		on-call
11:05 AM	CH	3:55 PM	VS
11:10 AM	DH	4:00 PM	CMC
	on-call	4:05 PM	CH
11:25 AM	VS	4:10 PM	DH
11:30 AM	CMC		on-call
11:35 AM	CH	4:25 PM	VS
11:40 AM	DH	4:30 PM	CMC
	on-call		

☞ At the Village Square ☞

Riverside Gifts

Christmas décor items to add joy to your home this season: A nativity triptych (three-panel picture); a melodious nativity set in a ceramic tree; sweet, tiny, blown-glass nativities; five-foot-long banners that proclaim "Joy to the World" with a nativity and three wise men; lighted bearded gnomes; and small and tall battery-operated candles.

More watches, including those that light up, are on the shelves for men, women, and children. There are also smaller desktop clocks that light up.

Folks have been asking about the phone holster. Each is designed to hook on a belt and can hold a phone as well as other items, making it very useful.

Reminder: Watch batteries can be replaced at a reasonable price. Stop in for details.

658-5771. Open Monday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

Rustic Shop

'Tis the season to start mailing Christmas cards! Check out both lovely single cards and boxed Christmas cards. There are also ornaments in a variety of styles, and beautiful Christmas bags.

The new handcrafted pillow covers, hot pads, aprons, kitchen towels, and children's jumpers are available in a variety of sizes, themes and colors. Choose the ones that fit your home décor or to give as gifts. Visit the quilt room to find quilts in a choice of sizes and designs.

There are two beautifully displayed holiday table settings that include plates, saucers, and other essential dishes.

Reminder: Thursday is the day to drop off clothing to be repaired or altered. Bag your item, attach a note with your name and contact information, and what alterations need to be done.

658-5273. Open Monday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

Twice Nice Shop

Dec. 1–14 clothing sale: All ladies' skirt suits, and men's suits, pants, and sport coats are on sale for half price. There is also a large selection of scrubs, sweatshirts, and pajamas in a variety of styles. Christmas/holiday-themed tops and T-shirts are all on the racks. A large selection of sweaters has also come to the store.

The Book Nook is having a big sale on magazines: 25¢ each. Check them out on the rack in the back. **Books on the three nonfiction shelves are 50¢ each** (see the sign).

Look for new additions of mystery and romance books, large print books, and Reader's Digest condensed books. There is also a large collection of Guideposts fictional series on the top shelf.

A lot of birding books, rock hounding, and animals/wildlife books have come in and are priced as marked. Get out there and explore!

Remember, Bibles and hymnals are always free in the Book Nook!

658-5271. Open Wednesday, Thursday and Friday, 11:00 a.m.–3:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

☞ On CR 250 ☞

Twice Nice Furniture & More

23353 CR 250 • 658-5871

Mondays & Thursdays, 8:30 a.m.–1:00 p.m.

Saturday, Dec. 2, 8:00 a.m.–12:00 noon

Another big sale this Saturday! **Half price on all furniture and clothing.** We also have lots of Christmas stuff, priced to sell.

Dec. 16 — Community Concerts of Lake City: Gainesville Pops

Dec. 18 — Thomasville

Dec. 19 — Christmas Lights at Spirit of the Suwannee Music Park

Dec. 23 — Stephen Foster Festival of Lights

DIVE-OUT TO THE PLAZA RESTAURANT

Monday, Dec. 18

2:15 a.m. - DH & 2:30 a.m. - LAP

Bus: \$7.00 members, \$12 non-members

Sign up at the IC to join this bus trip to Thomasville, Georgia. Supper will be at The Plaza. Thomasville does a great job of decorating for Christmas every year, so following supper, a little time will be spent enjoying downtown Thomasville. Sign up at the IC.

CHRISTMAS LIGHTS AT SPIRIT OF THE SUWANNEE MUSIC PARK

Friday, Dec. 19

5:15 p.m. - DH & 5:30 p.m. - LAP

Bus: \$9.00 members, \$13 non-members

Bus transportation will be provided to visit Spirit of the Suwannee Music Park to drive through and enjoy the Suwannee Lights display on Tuesday, Dec. 19. The bus will leave DH at 5:15 p.m. and LAP at 5:30 p.m. The cost for this trip is \$9.00 for ACV members and \$13 for non-members. This price includes the entry fee for Spirit of the Suwannee. Sign up at the IC. There is one more Christmas lights trip scheduled this season if this date doesn't work for you.

STEPHEN FOSTER FESTIVAL OF LIGHTS

Saturday, Dec. 23

4:30 p.m. - DH & 4:45 p.m. - LAP

Bus: \$10 members, \$15 non-members

Bus transportation will be provided Saturday, Dec. 23, to visit Stephen Foster Folk Culture Center in White Springs, Florida, to not only drive through the lights display, but also to get out and enjoy complimentary popcorn, hot cocoa, marshmallows by the bonfire, Santa, food and craft vendors, and more. Dress for outdoor comfort. On the way, the bus will stop at McDonald's in White Springs for a quick supper. The bus will leave DH at 4:30 p.m. and LAP at 4:45 p.m. The cost for this trip is \$10 for ACV members and \$15 for non-members. This price includes the entry fee for the Culture Center. Sign up at the IC.

DEPARTMENT NEWS

THE VILLAGE CHURCH

Rev. Sam Worley, Senior Minister

Church Office - 658-5344 - P.O. Box 4314

SERMON: "Who Needs Christmas?"

TEXT: Genesis 3:1–15 & Matthew 1:18–21 NIV '84

SPEAKER: Rev. Sam Worley

The Youth Fellowship will be delivering **Singing Christmas Cards** Dec. 13–22. To send a singing Christmas card to a loved one or friend in the Dowling Park area, please fill out the form on Page 11 of this FNN and return it to the church office. We ask those sending a Singing Christmas Card to make a donation to our youth ministry program. Please make your check payable to the Village Church noting "Singing Christmas Cards" in the memo. Each greeting comes with a personalized Christmas card accompanied by Christmas carols sung by the members of our Youth Fellowship. Please remember, **ALL ORDERS MUST BE RECEIVED NO LATER THAN SUNDAY, DEC. 11.** If you have any questions, please call Pastor Randy at the church office, 658-5344.

The following VC events are happening this week:

Friday, Dec. 1

10:00 a.m. — Bible Study, Donald Wrigley (VC Room 5)

Sunday, Dec. 3

9:40 a.m. — Morning Worship

11:00 a.m. — Sunday School for all ages

6:30 p.m. — Tree Lighting Ceremony (VC)

Monday, Dec. 4

10:00 a.m. — Decorating the church for Christmas
 11:00 a.m. — VCBI Class, Stan Storey/Mike Elder (VC Room 6)
 1:30 p.m. — VCBI Class, Donald Wrigley (VC Room 5)
 6:30 p.m. — Adult Handbell Practice

Tuesday, Dec. 5

8:30 a.m. — Men's Bible Study (VC Room 5)

Wednesday, Dec. 6

10:00 a.m. — VCBI Class, Michael Saunders (VC Room 5)
 6:00 p.m. — Prayer Meeting (BC)
 6:30 p.m. — Christmas Cantata Choir Practice

Friday, Dec. 8

10:00 a.m. — Bible Study, Tom Spannagle (VC Room 5)

Saturday, Dec. 9

8:30 a.m. — Men's Fellowship Breakfast (RDR)
 6:30 p.m. — Christmas Cantata: "Let Heaven and Nature Sing" (VC)

Upcoming Events:

Fridays and Saturdays, Dec. 1, 2, 8 and 9 — Bell ringers from the Men's Fellowship will be attending the Salvation Army Red Kettle from 9:00 a.m. to 3:00 p.m. at the VS. If you can help with this please contact Dick Grillo.

Saturday, Dec. 9, 6:30 p.m. and Sunday, Dec. 10, 3:00 p.m. — "Let Heaven and Nature Sing!" Christmas cantata by VC choir, Te Deum handbells, and a string quartet (VC)

Sunday, Dec. 17, 6:00 p.m. — "Cookies and Carols" cookie potluck (bring your favorite cookie to share) and Christmas carol singalong (RDR)

Sunday, Dec. 24, 6:00 p.m. — Christmas Eve communion service (VC)

THE VILLAGE GROCER

Tony Harmon—386-658-3130

The Grill Team will be at the VS on Saturday, Dec. 2, with Boston butts (\$30), pork ribs (\$25), sausage (\$10), Brunswick stew (\$10), and pulled pork (\$10). Stock up for Christmas!

MEMBER SERVICES

James Sutter—386-658-5400

Member Services Tip of the Week

When the outside temperature gets below 32°, your heat may not be able to maintain warm temperatures on its own. There are emergency heat strips that you will need to manually turn on by switching your thermostat to Emergency Heat. It should show on the thermostat as EMHEAT. This will allow the unit to produce more heat than with the regular "Heat" setting. We hope this helps and that everyone will stay warm and cozy. If you have any questions, please call Village Properties at 658-5155.

**Scam Tip of the Week:
Arrest Warrant Scam**

Similar to the jury duty scam, imposters pose as law enforcement officers and call or email a potential victim claiming that they have a warrant out for their arrest or are otherwise being pursued by law enforcement. The imposters will claim the victim must pay them immediately or they will be arrested. Know that a law enforcement or court official will never ask for you to wire money or ask for your confidential information over the phone or via email.

If you believe you are the victim of a scam, file a complaint with the Attorney General's Office online at www.myfloridalegal.com or by phone at 1-866-9-NO-SCAM. You may also file a complaint with the Florida Department of Agriculture and Consumer Services, which acts as the State's consumer complaint clearinghouse, at www.floridaconsumerhelp.com. (Source: The Florida Attorney General's Office)

**SALES, ADMISSIONS,
AND RESIDENCY SERVICES
Monica Crawford—386-658-5403**

Please join me in welcoming Jim Powell as the new building manager for CH, DH, and WG. Jim will be responsible for overseeing the day-to-day operations of

these building to ensure these areas are operating in an efficient manner while providing quality customer service to the residents. His first official day was Monday, Nov. 20. His office is located in the lobby of CH. Please stop by and introduce yourself, give him a warm welcome, and ask him what he used to do for a living.

VOLUNTEER SERVICES

Mike and Jan Cuddy—386-658-5251
volunteering@acvillage.net

Mike and I have absolutely loved helping with our monthly birthday parties to celebrate and honor the birth of each resident. What a precious team of volunteers are so dedicated to help each month. We look forward to also celebrating and honoring the birth of Jesus this month.

Riding in the car to go shopping this past week, I started a conversation about "Xmas". Did that actually start because someone wanted to take the name of Christ out of the word? Since Mike had studied Greek in Bible College, I figured he would have the answer for me. (I knew a little Greek also. His name was Michael Konstantinidis. He was in my preschool class in 1995.)

The word Xmas was first used in the mid-1500s. "X" is the Greek letter chi, which is the initial letter in the word Χριστός (Christos). And what does that mean? Jesus Christ! X has been an acceptable representation of the word Christ for hundreds of years. There are other abbreviations and reasons why, but I will leave that up to your research if so desired.

My math teacher driver shifted gears (literally on Route 136) to algebra. The letter X is the most powerful letter in the alphabet. This symbol has been used in so many fields. Not just algebra, but science, astronomy and spiritually. It represents the unknown. But it has other meanings. X can also mean the complete opposite and represent the known. X is sometimes used to label specific locations or destinations on maps and meeting places. My mind then shifted to Captain Jack Sparrow of *Pirates of the Caribbean*. Skydivers use it to mark where they are supposed to land. It is a universal signature for those who can't read or write. It keeps us from misusing poisonous products. I saw a lot of X's on my test papers.

We both decided we really do not like seeing Xmas signs. However, regardless of the intent of those who post them, they are still proclaiming Christ! As we all continue to volunteer this month, may we become the X factor around campus. What we do to serve others will be known for its true "value", a small baby who came into this world, not to condemn, but to save us all.

CLUB NEWS**VILLAGE ARCHIVES**

Millie Griswold, Reporter

The History Window theme for December is Christmas Traditions at ACV. This five-minute visual presentation describes Christmas traditions that developed during the 110 year history of Advent Christmas Village. For example:

- For 100 years, the Live Oak Rotary Club has brought dinner and Santa to the campus, first for the children, and today to DM.
- An 83-year tradition is residents receive a free Christmas dinner.
- For 49 years the Christmas Tree Lighting ceremony serves to light the whole campus, and a Chrismon Tree has adorned the church.
- For 23 years the Village president has provided an afternoon Christmas tea/reception.
- For 18 years CCC has sponsored a Parade on Wheels.
- For 18 years camels from the East have welcomed residents to the Phillips Center. These camels were constructed by Bud and Joyce Royal.

The History Window is located at the VS opposite the door into the Village Grocer. The History Window is a project of the Brooks Village Archive.

BRIDGE CLUB

Betsey Ruehl, Reporter

The Bridge Club meets on Wednesdays at 1:00 p.m. in the OPR. If you would like to play, please call Betsey Ruehl by noon on Monday at (386) 658-1766. If you cannot reach Betsey, call Betty Driggers at 658-1043.

Those who would like to learn how to play or would like a refresher should call Betsey.

GARDEN CLUB

Sandra Kelly, Reporter

Here we are again, beginning the run to the end of another year. Our annual Garden Club Christmas luncheon will be Friday, Dec. 15. We will gather at the Youth Lodge at 12:00 noon for a short meeting, then we will enjoy a wonderful lunch. Meat is provided. Everyone can bring scrumptious side dishes, drinks, and desserts. BUT, we need to know who's coming and what you are bringing. Please RSVP to me at gskelly.kelly@gmail.com, or to Betsey Ruehl at betseywr@yahoo.com. We will have a gift exchange, so please bring a \$10 gift. We will have a short business meeting before the meal.

The weather is cold, and covering up flowers and vegetables is advisable for those less hardy plants. I don't generally get too excited until I see the term, "hard freeze", but sometimes it catches me wrong footed, and I lose some plants. The cold is good for the cabbage, broccoli and cauliflower; it gives them incentive to form heads. I especially like that it discourages white flies and other hungry garden pests. Watch your weather station for the best information on upcoming freezes, and react accordingly.

VILLAGE LIBRARY

Monday–Friday

10:00 a.m.–12:00 noon & 1:00–3:00 p.m.

Brenda Reas, Reporter

In front of the windows in the Village library is the card catalog, and just to the right of that are new-to-us books ready for check-out. Among these are *Icecutter's Daughter* by Tracie Peterson, *River's Edge* by Terri Blackstock, which is in large print, as well as a few books by authors who live here at ACV. Beyond the windows is the Hidden Garden, which is accessible from the library and always beautiful to look at.

Please have your ACV ID badge available when you come to check out books and DVDs. We are located in the Schoolhouse Room between the OPR and IC. Our drop box is located around the corner across from the restrooms (beneath the bulletin board), and you may return books and DVDs there at any time.

While the library is only open certain hours, the computer lab is available 24/7. To use the computer lab when the library is closed, you must check out the key from the IC. A Village ID is required. Please do not take books or DVDs when a volunteer is not present to check them out for you.

PEN PAL PROGRAM

A Committee of the Membership Association Monica Serlick, Reporter

Letters will be going to the Ranch again this Friday as the kids are back from home visits. I have RSVP'd for the entire group for the Christmas Banquet at the Ranch on Monday, Dec. 11, at 6:00 p.m., and the bus should return by 9:00 p.m. If you have to cancel please let me know so I can explain your absence to your pen pal. They really look forward to seeing you and truly worry if you can't make it. We will be using our new trip bus! It will leave from CH promptly at 5:00 p.m. Those who were planning to travel by car may go to the IC to pay the \$3.00 fee and ride on the bus. It is large enough to accommodate the entire group. That way if you don't want to drive in the dark you and your spouse or guest can board the bus after you have checked in at the IC and paid your fee. If you choose, you are allowed to bring Christmas gifts to your pen pal.

NOTE: There will be a meeting of the pen pals on Friday, Jan. 5, at 2:00 in the OPR next to the Lopin' Gopher. Please plan to attend. We have several new pen pals, and we will review the past year. We will also look at the possibility of hosting the youth here at ACV. Additionally, a collection will be made for the purchase

of a gift card. We should attain our goal if folks can donate \$3.00 or more. The annual 66th Open House at the Ranch will be held Feb. 23–25. The Village is always invited and will be taking the bus on Saturday, Feb. 24. More details at the January meeting.

If you would like to be a pen pal please contact me at (386) 330-4865 and leave a message. I will call you back.

"Every child deserves a champion — an adult who understands the power of connection and insists that they become the best they can possibly be" (Rita Pierson).

POLK CERAMICS SHOP

Laura Putnam, Reporter

Say, did you know that this next week will be the last week before Christmas holidays that the ceramics shop will be open for business?! That's right, Dec. 11 until Jan. 8, the shop will be closed. Oh my, but we have just gotten in quite a bit of both Christmas (good start for next Christmas) and spring items. You will want to plan to come by the shop in January and lay out your plans for making some gifts, and enjoy the good social time that we do have in the shop.

We thank the Lord for a good year in 2023. Sometimes we have as many as 13 on any one day — and as you know we meet on Monday afternoons and Wednesday mornings. Would you like a different time? Come on in and talk it over with us: Sue, Laura, Chris, Lynn and others.

STEPHEN MINISTRY

Rev. Robin Copeland, Reporter

An Attitude of Gratitude

People often ask, "What exactly is a Stephen Minister?" One way to put it is that Stephen Ministers are the After People.

Stephen Ministers are there:

- After the phone call you hoped you'd never get
- After the divorce papers are served and the bottom falls out of your life
- After the funeral, when everyone has left, and the emotions you've held at bay come crashing in on you
- After the doctor says, "I'm sorry, but there's nothing more we can do."
- After the nursing home director shakes your hand and says, "Welcome to your new home."
- After the last child honks the horn, waves, and drives away — and the house suddenly seems empty
- After the gavel goes down, the handcuffs go on, and your loved one is led away
- After the baby arrives, demanding more of you than you ever dreamed possible
- After you find a pink slip with your final paycheck
- After your family and friends have heard your story one too many times, but you still need to talk it out

Stephen Ministers are the "after people". They are ready to come alongside you — or your friends, neighbors, coworkers or relatives — and provide comfort and support for as long after as needed.

If you want to know more, please contact Rev. Robin Copeland or Dr. Michael Saunders at 658-5378 or stephenministries@acvillage.net.

Source: Stephen Ministry.

NEIGHBORHOOD NEWS

BUTTERFIELD ACRES

Jack "CrackerJack" Dixon, Reporter

I am amazed that it is already December and that New Year's is just around the corner. I think the reason people are living longer and reaching 100 is because the time is going so fast — much faster than when we were kids.

The Village is looking so festive with all the decorations going up. Our maintenance crews and volunteers are doing such a great job bringing Christmas to the forefront and making our little part of

the world a brighter place to be. We are so blessed to have such dedicated crews, and they are so appreciated.

Barb and I were blessed this past Sunday at lunch in the dining room. We sat at a table with Terry Setzer and Pastor Don Wrigley. The ole saying, "don't say anything bad about anybody in the Village because the one you are talking to is probably related to them" certainly falls true with Mr. Don. We found out that he is related to so many even here in BA. We found out that he and his wife were once residents in BA, and he is related to the Shumans, the Coombses, and the Hitchcocks! It was very interesting listening to his stories. We also sat one table away from Joan Wittman as she blessed us with her beautiful piano playing during lunch. We were also blessed to meet a new resident, Joe First, who joined Joan on the piano and is soon to have his "baby grand" delivered. We look forward to having him share his talents with us as he uses them to the glory of our Lord. Thanks, Joe, and welcome to our little slice of heaven here at the Village.

Our birthday and anniversary list is quite full for the month of December. Evelyn Coombs will be a year older on the first day of the month, and to follow her we have Debbie Register on the 9th, along with Dot Shuman on the 10th. Natalie Smith celebrates on the 16th, Anthony DiBenetto on the 27th and Traci Nissley rounds out the month/year on the 30th. My prayer is that each of you will have a very happy birthday, and that our Lord will continue to bless you all with good fortune and good health throughout the coming year. If I have missed your "special day", it is because I don't have that information. Please call and leave a message at 658-2113, or email me at jackwdixonis@gmail.com. I am always glad to get new/more information from our BA family and will so note it in my records.

We will be having our Christmas potluck on Thursday, Jan. 11, at 5:00 p.m. at the Harmony Center. We will be having our ever-so-fun Chinese Auction, so along with your covered dish we will ask you to bring a wrapped gift worth \$10 or less. If you wish to opt out of the gift exchange that is OK. I ask that you let me know that night of the dinner so we can act accordingly. As always your assistance in the clean-up process afterwards would be greatly appreciated. I hope we will have a BIG turnout.

Did you know that the first color a baby can see is red? Snakes can see with their eyes closed! It is not possible to tickle yourself! (You just tried it didn't you?) The most popular item at Walmart is bananas. They sell more bananas than any another single item they have in stock!

From the veranda of our humble abode overlooking the ever-so-smooth and dust-free 102nd Trail in beautiful BA, trust in the Lord with all your heart and lean not on your own understanding, and never forget who is in charge. Isaiah 40:28-31. God bless!

CARTER HOUSE

Monica Serlick, Reporter

We have five birthdays coming up for this week as we head into December. Warmest best wishes go out to Jodi Kirk on Dec. 2, Joan Brookover on Dec. 4, Barbara Nichols and I (Monica) share a birthday on Dec. 5, and Joni Lynn on Dec. 6. Blessings for all to have a wonderful day and remember, life is a journey ... forget the past; look forward to the future, for the best things are yet to come. You have to get older, but you don't have to grow up (Proflowers.com). Love the life you live and have a fabulous happy birthday!

If you have any news you would like to share with others, please call and give me details. Please continue to keep those who are ill, recovering or struggling in your prayers.

A big shout out to the staff and volunteers in the dining room on Thanksgiving Day: THANK YOU for your commitment to all the residents at ACV. The food was fabulous, and the fellowship was heartwarming.

Diane Milnes had the opportunity to spend Thanksgiving Day with her son. They shared a wonderful lunch in the dining room here at the Village. I was again blessed to have several friends come to the Village, and we shared lunch in the dining room while catching up on our news over the past year. Many other

residents went to spend time with their family and friends off campus, and others had visitors coming here. Overall, there were a lot of coming and going with many smiles on everyone's faces.

Thanksgiving has come and gone as has Black Friday and Cyber Monday. Many have started their Christmas shopping on those two days as advertisers urge us to spend our money on the two most profitable days of the year for companies. As we head into the Christmas season it is important to always remember the reason for the season: our Savior Jesus Christ!

Reminder: Don't park two cars in one handicapped parking space, and do not park in the handicapped unloading zone. It is against ADA laws.

During this time of year we often see folks, children and animals we don't recognize. Many come to visit their family members, so remember to wave and welcome them to our village. If you have family members coming to visit and they bring their pets, it is up to you as a resident to let them know the rules regarding pets. Your visiting pets and their owners are welcome to use the dog park but must follow the posted rules.

Remember to be respectful of other residents and visitors. Please do not confront anyone if you think they are violating any of ACV's rules or policies. If you see anything that you believe is out of the ordinary or inappropriate, please contact the IC at 658-3333 and report it. They will ensure someone is sent to check things out. This is your home, IF YOU SEE SOMETHING, SAY SOMETHING!

DOWLING MANOR & DOWLING PARK NORTH Charlene Reas, Reporter

Anniversaries to celebrate this month are Greg and Becky Marion on Dec. 9, and Tom and Marjorie Easter on the Dec. 28. We would like to wish a very happy birthday to Carol Waterman on Dec. 27. Happy birthday to former residents Jerry Carter on Dec. 5 and Janet Stevens on Dec. 10.

By the time you read this we will have had our holiday gathering at Audrey Murray's home on Tuesday, Nov. 28. I will tell you about our white elephant gift giving next week.

Please email or call me with news to clreaswhfms@gmail.com, 658-3190 or (386) 209-8817.

EDGEWOOD TERRACE Sandra Kelly, Reporter

Hello again, ET! My eyes may not appear to be crossed, but sometimes they just don't see what's in front of them. I missed a couple of good wishes last week. A belated birthday to Dexter Miller and to Rhea Schmunk on Nov. 26. Happy birthday to Phyllis Hollister on Dec. 3 and to Karen Pluhar on Dec. 7. I hope you continue to love life and never stop dreaming. May you enjoy good friends, good health, and good life ahead.

We have just begun our holiday season, the time between Thanksgiving and New Year's Day. We love to celebrate, eat lots of good food, and meet with family and friends. But sometimes we must endure those post-holiday blues. Sadness and loneliness can set in. We miss those who have gone on; we miss family gatherings, and sometimes we find that all the



LUNCH & DINNER SPECIALS

Friday, Dec. 1

Beer Battered Cod, Homemade Chips, and
Coleslaw

Saturday, Dec. 2

Homemade Meatloaf, Mashed Potatoes with
Gravy, and Vegetable of the Day

celebrating just wears us out. The anticipation is exciting, but the fulfillment sometimes falls short of our expectations. Sometimes we just withdraw emotionally from all the hoopla. We feel sad, we avoid group activities, and we just feel exhausted. It is so important that we make an effort to eat sensibly, avoid overindulging in alcohol, get to bed on time, and plan our daily activities so that we have something to anticipate — give ourselves a little reward for making the effort. Try something new. Who knows, Mikey may like it! Most importantly, share your feelings with a close friend, a supportive relative, or even a counselor. This is NOT an “I can do it myself” situation. Shutting out the world is self-destructive. As neighbors, we should check on our friends, take time to send shut-ins a note, and most of all, pray for one another. You know what? Helping others is a perfect way to avoid holiday blues.

The ET Christmas potluck party is scheduled for Dec. 9, at 1:00 p.m. in the Youth Lodge. Drinks will be furnished. Take a unisex gift, no more than \$10, a covered dish, and your enthusiasm for fun to enjoy a good time with friends and neighbors. RSVP to Cathy Oberg at 658-3237.

Had enough football yet? Football facts:

- “Football-shaped” is not a shape? A football’s shape is actually called a prolate spheroid, essentially translating to “long sphere”. College footballs and professional footballs are slightly different.
- Huddles only became commonplace after its advent, thanks to Paul Hubbard, an 1890s quarterback. Hubbard was deaf and didn’t want the other teams to read his hand signals, creating the huddle precedent that’s followed us to this day.
- American football was invented in 1882, making it only 136 years old. While it’s still an impressive age, this is nothing compared to the age of soccer; it was invented in the 5th century B.C. in China. (gripboost.com)

Here’s hoping your team wins. Mine has, so far!

From Verna: as residents move in and out of Dacier, I have a few who need to be adopted for our Christmas shopping project. If you’re one of those who thought “I should have signed up for one,” now would be a perfect time to contact me and choose a wish list. Call me for more information or to make your selection at (386) 208-1967.

GOOD SAMARITAN CENTER AND DACIER MANOR Bruce Arnold, Reporter

GSC and DM celebrated Thanksgiving this past week. Many families and friends came by to join in on a delicious buffet of turkey with dressing and gravy, as well as maple-glazed roast pork, green beans, vegetable medley, rolls and cranberry sauce. Pumpkin pie and pecan pie was served for dessert. What a beautiful spread. We are thankful for those who prepared the meal and for all the volunteers who came to serve on Thanksgiving.

This month — December — the Employee of the Month is chosen by our administrator, Keri Hilliard. The employee of the month for December is Crystal Delcastillo, who is the manager of DM. As Keri put it when talking about Crystal, she is someone who is always here, always doing what she is expected to do, and also doing many things that she is not expected to do. I hear often from the residents of all the many ways Crystal helps and how she is appreciated by all who are at DM.

On Sunday, Dec. 3, DM and GSC will join in the Magnolia dining room at GSC, and we will light the first candle in the Advent wreath: the candle of hope. Advent is a time of preparation and expectation as we look toward the celebration of the birth of our savior, Jesus. Our scripture will be Mark 13:24–37, “Unexpected Hope”.

RIVERWOODS Betsey Ruehl, Reporter

RW had a lot of activity over the Thanksgiving holiday. Several neighbors had family or friends visit them for dinner. Others met at the dining room to share their

mealtime with friends both old and new. Lee Dembinski had her daughter and son come to visit. While here, they tested Lee’s new golf cart and challenged each other to see who could arrive at the house first. Needless to say, the new cart won. While walking through the neighborhood, you will notice some new lawn décor. Nativity scenes, reindeer, snowmen/women, and decorative lights are starting to re-appear. Take some time over the next few weeks to enjoy the “new look”.

I have been experiencing a drain on my computer battery so don’t look for many e-mails from me until I get the replacement. It is on order from a place called Star Tech in Lake City. The staff was very helpful. It should be another week or so. I was glad to hear that they sometimes only last three to four years. Why didn’t I know that when I replaced the last computer? Consequently, I am keeping this short to save juice.

“That’s the great secret of creativity. You treat ideas like cats: You make them follow you” (Ray Bradbur).

“Happiness never decreases by being shared” (Buddha).

From Jackie Campbell: Plan to catch the big black dog! If you are one of the folks who is feeding him, PLEASE take the food to the Fire Department on campus, give the food to them, and they will set it out for him. It is necessary to have him eat at only one place. That will make it easier to catch him.

I have found someone who would love to adopt the big black pit bull that has been hanging out at the fire department and RW among other places since the hurricane.

We have been calling him Pup, which he seems to acknowledge. He appears to be friendly but scared. If anyone can get close enough to catch him, do so, then PLEASE call Jackie Campbell at (210) 410-2113 so he can enjoy the “inside” of a new forever home before it gets too cold.

MEMBER BENEFITS

ACV offers a variety of programs and services to its members under the membership program. Members pay a monthly fee to provide supplemental support for this array of services and programs, meeting many of the varied needs of its members, as well as providing the opportunity to live his or her life to its fullest potential and highest level of independence. Some services you may not need today, you may well find important or essential in the future, and your financial participation makes it possible for your neighbor to have access to the services they need now.

This week’s member benefit of note:

As long as it is deemed medically necessary by ACV staff, lunch may be delivered daily from RDR to a member in need.

FOR YOUR INFORMATION

RINGING OF THE BELL

Members of the Men’s Fellowship will be ringing the Salvation Army bell from 9:00 a.m. to 3:00 p.m. on Fridays and Saturdays, Dec. 1, 2, 8 and 9. Look for the Red Kettle in the vicinity of the post office in the VS. We thank you in advance for participating in this worthwhile event for the Salvation Army. Your donations can be coins, cash or checks. We look forward to your generosity as has been experienced in past years. We hope to see you stuffing the Kettle with a portion of God’s abundant blessing to you for the many worthwhile programs of the Salvation Army.

BOB COPELAND’S NEWEST BOOK, ADVENT CHRISTIAN DISTINCTIVES

Bob Copeland’s newest book, *Advent Christian Distinctives*, is available on Amazon in Kindle format only. Bob says, “My convictions about our distinctives come from a deep study of the scriptures and a thorough examination of God’s character.”

NUTS! NUTS! AND MORE NUTS!

Sandra Kelley, Reporter

We still have pecan pralines, double dipped chocolate peanuts, pecan pieces, and cashews, but the supply is dwindling. If you are planning to use nuts for baking, gift-giving, or just as a self-indulgence, let us know and we will get them to you pronto.

There is an order form included in this FNN on Page 5.

The Garden Club wishes to express its thanks to all of you who have so strongly supported our annual fund raiser. We value your involvement in keeping our budget liquid so that we can build and refurbish raised beds. The garden is a boon to all of us who enjoy seeing things grow but no longer enjoy bending or stooping to care for a plot. You become a valuable part of the joy that growing plants gives, by supporting our sales. We appreciate you!

LEGAL SERVICES

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the VS professional offices: Dec. 1 and 15. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 117.

HAIR CROPPERS

Attention all customers, please read the following information carefully and completely:

If you would like to schedule an appointment feel free to contact us via text message or phone call at (386) 249-3515 or (386) 205-3791.

In an effort to serve all of our customers efficiently during this hectic season, ALL same day cancellations or no shows will be charged for 100% of their appointment.

FINANCIAL ADVISOR

Wendy B. Meyer, CFP®, CRPC®, CDFA®, financial advisor with Ameriprise Financial Services, LLC is at the Village on the third Wednesday of every other month (February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the VS professional offices. Call (850) 973-8888 for more information or to schedule an appointment.

SQUARE CUTS AND MORE

**Monday, Tuesday and Thursday
12:00 noon to 7:00 p.m.**

Call (386) 647-6240 for an appointment.

Kindly give 12-24-hour notice for cancellations or extra charges will apply.

ACV QUESTIONS AND ANSWERS

Do you have a question about the Village you think others would also like to ask? Did you see something curious or hear something you'd like confirmed? Submit your question to Member Services, and we will do our best to find out the answer for you and publish it here. You must include your name with the question because follow-up information may be necessary.

Q: Why is there an ox decorated for Christmas in the dining room?

A: That is Buck. He was one of the farm animals here in Dowling Park when ACV was the Home and Orphanage. A picture of the original Buck is included on Page 14 of the ACV Centennial Book (available at the IC and Member Services).

One of the songs in *Treasures of the Suwannee*, a musical written by Dick Grillo and Rosemary Humbles about how ACV got started, is "Old Buck". "Old Buck — he's a pickup truck, but he got no wheels and he got no lights; but old Buck, he got us to where we were goin'." The song goes on to say he served as a shuttle bus, he was good for sightseeing, and he picked up the cook in the morning and dropped her off in the evening.

In 2013, as part of ACV's celebration of its 100th birthday, *Treasures of the Suwannee* was presented. Thanks to Bud and Joyce Royal, Buck (the replica) was able to make an appearance as part of the musical. For most of the year, Buck is cooped up in a storage closet. But we've decided that, like the three camels, Christmas is a good time to bring out old Buck for everyone to enjoy.

THANK YOU

To all the dear hearts who have celebrated my birthday with me, thank you, all! The beautiful cards, gifts, meals, parties, and laughter have blessed me. God is so good! Thanks so much with love and prayers.

Jeanne Florence

MISCELLANEOUS

PLEASE NOTE: All submissions to the FNN must have a name attached. If you prefer to not have your name included with the listing in the FNN, indicate that on the submission. Only ACV members and staff may advertise here. Ads run for two weeks.

FOR SALE: Warrior 10" table saw, like new, very good condition, \$130. Kindle 2nd edition Paper White, good

The Youth Fellowship will be delivering **SINGING CHRISTMAS CARDS** Dec. 13-22. To send a Singing Christmas Card to a loved one or friend in the Dowling Park area, please fill out this form and return it to the Village Church office. We ask those sending a Singing Christmas Card to make a donation to our youth ministry program. Please make your check payable to the Village Church noting "Singing Christmas Cards" in the memo. Each greeting comes with a personalized Christmas card accompanied by Christmas carols sung by the members of our Youth Fellowship. Please remember, **ALL ORDERS MUST BE RECEIVED NO LATER THAN SUNDAY, DEC. 11, 2023.** If you have any questions, please call Pastor Randy at the church office at 658-5344.



Your Name

Phone Number

Person receiving the greeting

Address of person receiving the greeting

Special directions or instructions

condition with case, \$50. Contact Petey at 630-730-0489.**

MOVING SALE: Point Royal solid walnut bedroom pieces: dresser with mirror, chest of drawers, two matching nightstands. Solid walnut L-shaped 66" desk with 42" return & office chair. Metal bakers rack,

storage shelves for garage or shed. Please call Linda at 386-658-1946 or 352-250-6112 for pricing. Shown by appointment.**

FOR SALE: 26" Trailmate trike. Excellent condition. Asking \$400. Call Sharon at 658-1889. Leave a message, and I will call you back.*

Annual Parade On Wheels

~~Antique Cars, Golf Carts, Scooters & Bicycles~~

Friday, December 15, 2023

Parade begins at 2:30

All entries need to be at
Lake Aquilla parking lot at 2:00.



Refreshments will be served at
Copeland Community Center immediately
following the parade.

Judging will take place.



December 2023

Dear Village Members,

The Christmas Season is a wonderful time of the year as we celebrate the birth of our Savior. Here at Advent Christian Village many activities and events are planned to commemorate this wonderful gift God has given to each of us.

Sunday, December 3, 6:30 pm, The Christmas Season officially kicks off at ACV with the traditional **Tree Lighting Service** and everyone is invited to the Village Church to begin this activity. Following a brief carol sing, we will make our way outside to the plaza where Board Member Emeritus Bill Nickerson will lead in “magically” lighting the Village Christmas tree. Those who are able are then invited to enjoy a walk around the Village Centre to view the lights. Afterwards, everyone is invited to the Phillips Center for refreshments. Santa will be there to visit the children.

Saturday, December 9, 6:30 pm, and **Sunday, December 10, at 3:00 pm**, The Village Church presents its 2023 **Christmas Cantata** entitled “Let Heaven and Nature Sing!” There is no charge for the Cantata performances, and tickets are not required.

Friday, December 15, 2:00 pm, The **Annual Parade on Wheels** will begin at Lake Aquilla and proceed behind Dowling House, Carter House, and Smith Riverview to Good Samaritan Center and then to the Copeland Community Center where refreshments will be served immediately following the parade. Join in the parade by decorating your own golf cart or line up on the route to view the creative entries of others.

Monday, December 18, 12:30 pm, You are invited to help ACV celebrate its 110 years of ministry at **Founder’s Day** to be held in the Rumph Dining Room. At this buffet luncheon, we will explore part of ACV’s rich history and announce some plans for the future. Program begins at 12:30.

Tuesday, December 19, 10:00 am, **Christmas Storytime** is in the Old Pavilion Room. If some of your favorite things this time of year are reading or listening to a favorite Christmas story, book, or poem; hearing, playing, or singing special Christmas favorites; and enjoying some Christmas snacks, please plan to join us. Look for more details in the FNN.

Thursday, December 21, 2:30 pm – 4:00 pm, Vicky and I are pleased to invite the membership to the **President’s Christmas Reception** at the Rumph Dining Room. You are encouraged to attend this special time of fellowship filled with festive music and holiday treats.

Friday, December 22, 6:30 pm, **Lukas and Rachel Miller Christmas Concert** at the Village Church – The brother and sister team are no strangers to ACV. Come and enjoy beautiful Christmas music as the holiday draws near.

Sunday, December 24, 6:00 pm, we can all reflect on the pure reason for the Christmas Season by worshipping at the **Christmas Eve Service** in the Village Church.

Monday, Christmas Day, you are invited to the **Christmas Day Banquet** in the Phillips Center. The banquet is available at no cost to all members. Ticket information will be provided in the Friendly Neighbor News.

Sunday, December 31, 6:30 pm, **New Year Eve’s Program** in Rumph Dining Room. Come and enjoy an evening of music, reflection, fun, and refreshments. This will be a time to celebrate and welcome in 2024 with your friends and neighbors.

During this great time of year, there may be other planned activities not presently on the calendar. The Friendly Neighbor News will give information regarding each activity.

Merry Christmas!

Craig Carter
President

Prices Effective 12/1-12/7



THE VILLAGE GROCER

Monday-Saturday • 9:00 am-6:00 pm • We deliver at 2:00 pm every day!* 658-3130

GROCERY

Martha White Blueberry Muffin Mix	7 oz.	\$ 1.39
Lil Dutch Maid Snack Crackers	16 oz.	\$ 2.19
IGA Raisin Bran Cereal	18.7 oz.	\$ 2.99
Life Good Paper Plates	24 ct.	\$ 2.99
IGA Mayonnaise	30 oz.	\$ 4.99
Daisy's Glazed Donuts	19 oz.	\$ 5.49
Folgers Coffee	9.6 oz. can	\$ 5.99

DAIRY

Dutch Farms Shredded Cheese, all varieties	8 oz.	\$ 2.69
Coffeemate Coffee Creamer, all varieties	32 oz.	\$ 5.99

PRODUCE

Fresh Green Peppers	per lb.	\$ 1.69
Whole Mushrooms	8 oz.	\$ 2.19

FROZEN

Banquet Pot Pies, all varieties	7 oz.	\$ 1.69
Mary Hill Frozen Dumplings	12 oz.	\$ 2.99

MEAT

Eckrich Meat Franks	12 oz.	\$ 1.29
Boneless Chicken Breast	per lb.	\$ 4.19
Lean Boneless Pork Chops	per lb.	\$ 4.99
Seabest Breaded Butterfly Shrimp	10 oz.	\$ 4.99
Boneless Beef Chuck Roast	per lb.	\$ 5.99
Oscar Mayer Hickory Smoked Bacon	16 oz.	\$ 5.99
Dutch Farms Breaded Chicken Patties	48 oz.	\$ 6.99

CHEESE OF THE WEEK

Colby Cheese — \$6.29 per lb.

DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN

Full chicken \$9.99, Half chicken \$5.99

** Call 658-3130. Order by 11:00 a.m. for 2:00 p.m. pick-up! **

This Week's Verse:

In this new life one's nationality or race or education or social position is unimportant, whether a person has Christ is what matters, and he is equally available to all. Colossians 3:11

*Delivery available to on-campus ACV members only

December 1–8, 2023

FRIDAY, 12/01

- \$2.53 Soup:** Lobster Bisque
\$6.44 Entrées: GF Baked Catfish, GF Boiled Shrimp, Fried Catfish, Lasagna
\$1.21 Sides: Mixed Greens, Beets, Baked Beans, Cold Salads, Cheese Grits, Mashed Potatoes with Gravy
\$2.76 Desserts: Assorted Regular and NSA Desserts

SATURDAY, 12/02

- \$2.53 Soup of the Day**
\$7.59 "Whistle Stop" Special: Sloppy Joes, Side Salad, Coleslaw, Assorted Desserts, Fountain Drink

SUNDAY, 12/03

Lunch Buffet

Members \$12.63 | Non-Members \$17.81 | Beverage Included

- Entrées:** GF Roast Beef, GF Fried Turkey, Fried Chicken
Sides: Italian Green Beans, Salad, Fruit, Mushrooms, Corn, Mashed Potatoes with Gravy, Macaroni and Cheese
Desserts: Assorted Regular and NSA Desserts

MONDAY, 12/04

- \$2.53 Soup:** Soup of the Day
\$6.44 Entrées: GF Mojo Pork, Liver and Onions
\$1.21 Sides: Mixed Greens, Beets, Cheesy Broccoli, Cold Salads, Fruit, French Fries
\$2.76 Desserts: Assorted Regular and NSA Desserts

TUESDAY, 12/05

- \$7.70 Special:** Salad Bar
\$6.44 Entrées: GF Bunless Beef Burger, Cheeseburger, Country Fried Steak
\$1.21 Sides: Zucchini, Squash and Tomato Medley; Five-Way Vegetables; Cold Salads; Fruit; Mashed Potatoes with Gravy
\$2.76 Desserts: Assorted Regular and NSA Desserts

NOTE: Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$1.30.

GF=Gluten-Free NSA=No Sugar Added

Rumph Dining Room Midday Dining Menu

December 1–8, 2023

WEDNESDAY, 12/06

- \$2.53 Soup:** Soup of the Day
- \$6.44 Entrées:** GF Crustless Ham Quiche, Fried Chicken
- \$1.21 Sides:** Cabbage, Cheesy Cauliflower, Fruit, Mashed Potatoes with Gravy, Cold Salads
- \$2.76 Desserts:** Assorted Regular and NSA Desserts

THURSDAY, 12/07

- \$6.44 Entrées:** GF Beef Pot Roast, GF Ham
- \$1.21 Sides:** Bermuda Mixed Vegetables, Honey Carrots, Baked Potato, Cold Salads, Rice
- \$2.76 Desserts:** Assorted Regular and NSA Desserts

FRIDAY, 12/08

- \$2.53 Soup:** Clam Chowder
- \$6.44 Entrées:** GF Baked Catfish, GF Boiled Shrimp, Fried Catfish, Stuffed Peppers
- \$1.21 Sides:** Mixed Greens, Beets, Baked Beans, Cheese Grits, Cold Salads, Mashed Potatoes with Gravy
- \$2.76 Desserts:** Assorted Regular and NSA Desserts



RUMPH DINING RM. \$8.85 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread,
and a fountain drink.
For premium entrée, add \$2.30.



RIVER LANDING BISTRO LUNCH & DINNER SPECIALS

Friday, Dec. 1

Beer Battered Cod, Homemade Chips, and Coleslaw

Saturday, Dec. 2

Homemade Meatloaf, Mashed Potatoes with Gravy,
and Vegetable of the Day



658-5259

Sun: 10:45 am–1:30 pm
Mon–Sat: 11 am–1 pm



658-5259

Sun: 7:30–10 am | 3:30–7 pm
Mon–Fri: 7:30–10 am | 2:05–7 pm
Sat: 7:30–10:00 am | 3–7 pm



658-5777

Wed–Thurs: 11 am–2 pm
Fri–Sat: 8–10:30 am | 11 am–8 pm

WATER ACTIVITIES

AQUATONE: Aqua tone is a water therapy class for people suffering from the pain of arthritis. This class uses a protocol from the Arthritis Foundation. If you experience pain associated with arthritis, or you are new to aquatic exercise, this is a great class to join.

JACUZZI: Water temperature ranges from 100 – 110 degrees. Please limit time to 15 minutes per session. No children 5 and under. Please observe posted rules.

LAP SWIMMING: Lap swimming is excellent exercise for toning and strengthening the entire body. It is also great for the most important muscle in your body...your heart! Lap swimmers have priority during designated times. Please check the reverse side for lap swim times. **88 pool lengths = 1 mile**

WATER AEROBICS: This class is designed to increase your heart rate in order to strengthen your cardiovascular system. This class also includes stretching and muscle strengthening exercises. Water volleyball is played from 8:45-9:30 between the morning classes.

WATER VOLLEYBALL: This group plays every Tuesday and Thursday at 3:00 PM.

Copeland membership required. You do not need to join a team; just come! **If you are 18 or older**, come join us! We need all the help we can get!

WEIGHT ROOM

FITNESS BASICS: Copeland Center staff is available to assist members with the machines in the exercise room. If you are interested, please call the CCC at 658-5555.

WALKING

1¼ LOOP: Start at Copeland – end at Copeland. This great beginner's trail is well marked for you.

Shuffleboard

Shuffleboard is a game played by pushing disk with a long handled que over a marked court. The Copeland Community Center has a great shuffleboard court available for you to use any time we are open! Come on in to the front desk and ask us about it!



Monday & Friday

9:00 AM – 11:00 AM played at the Court located by the Wood Working Shop. Inclimate weather (cold, windy, or rainy) this team plays indoor at the Camp Suwannee Pavilion.

Wednesday

8:00 AM -11:00 AM

The members of the pickleball team travel into Live Oak and play at the coliseum. With any questions please contact Cindy Hett 658-2685 or the Copeland Community Center.

Pickleball is a racquet sport for all age groups and levels. It combines elements of badminton, tennis, and table tennis. Come out and watch or join in the fun!

EXERCISE

EXERCISE on TV2:

Exercises are done seated or standing by a chair for support on TV2. If you are just beginning an exercise program, this is a great class to try!

TABLE TENNIS at MPR/CCC:

Table Tennis helps you build strength, coordination, and sharpens your brain without risking serious injury. It is a fun and easy way to burn calories and enjoy social time.

Come join in the fun every Tuesday at the MPR in the CCC.

Stretching

*with Joyce Berra
on DVD*



Tuesdays & Thursdays 8:30 – 9:30 AM
in the CCC Multi-purpose room

**Stretch and strengthen your body;
release tension; ease your mind!**

*This is a gentle class that focuses on posture,
Breathing and Relaxation.*

Ping Pong

Did you know that the CCC has a ping pong table that is available to use. It is located in our multipurpose room! Bring a friend and come on over and play!





Copeland Community Center (386) 658 - 5555

Monday-Friday 6:00 AM – 5:00 PM & Saturday 9:00AM - NOON

ACV Health & Fitness Activities

Days	Activity	Location	Time	Group Leader
M-F	Lap Swimming	Copeland Pool	6:00-8:00 AM	
MWF	Walking and Step Class with Donna	MPR/CCC	8:30-9:15 AM	VIDEO
MWF	Water Aerobics	Copeland Pool	9:30-10:00 AM	Emma Harmon
MWF	Aqua tone for Arthritis	Copeland Pool	10:05-10:55 AM	Emma Harmon
MF	Pickle Ball	Court on Aquila Circle	9:00-11:00	See back for more information!
T TH	Stretching with Joyce Berra	MPR/CCC	8:30-9:30 AM	VIDEO
MWF	Open Swim	Copeland Pool	11:00 AM – 5:00 PM	
T TH	Water Volleyball	Copeland Pool	3:00 – 5:00 PM	
T TH	Open Swim	Copeland Pool	8:00 – 2:30 AM – PM	
M-F	CCC Shuffleboard!!	Copeland Courts	Inquire at CCC front desk for equipment.	
M-F	CCC Tennis Courts	Call 658-5555 to schedule a game.		
SAT	OPEN FACILITIES	POOL, COURTS, WEIGHT ROOM 9:00 AM- 12:00 NOON		

CCC update

We still remain with no pool access as we wait for work to be done.

We are so sorry for the inconvenience.



Our Annual Christmas Parade on Wheels will take place on Dec. 15 at 2:30 p.m.

Those participating should arrive at the Lake Aquilla parking lot at 2:00 p.m.

Following the parade, refreshments and judges' results will take place at CCC.

Keep an eye out for more information on the Christmas parade posted in the FNN.