

• Happy •  
*New Year*



ADVENT CHRISTIAN VILLAGE  
AT DOWLING PARK



# Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064

“Where People Enjoy Living”

<b>24/7/365 Assistance/Operator</b>	<b>658-3333</b>	Housekeeping	658-5374
Cashier's Office	658-5343	Environmental Svcs.	658-5155
Copeland Medical	658-5300	Post Office	658-5270
Finance Department	658-5450	Security/Emergency	658-3333
Home Care	658-5460	Shuttle Bus	208-2584

## JANUARY 3, 2025

Friday	1/3	<b>9:00 a.m.–2:00 p.m.</b> <i>10:00 a.m.</i> 2:00 p.m.	<b>Veterans' Services—MS</b> <i>Bible Study—VC Room 5</i> Sit 'N Stitch—CH
Saturday	1/4	<b>5:00 p.m.</b>	<b>Supper Potluck—RDR</b>
Sunday	1/5	<i>9:40 a.m.</i> <i>11:00 a.m.</i> <b>4:00 p.m.</b> <i>6:00 p.m.</i>	<i>Morning Worship Service—VC</i> <i>Sunday School for All Ages</i> <b>WHFMS Council Meeting—VC Room 5</b> <i>Evening Service—BC</i>
Monday	1/6	<b>10:00 a.m.</b>  <b>1:30 p.m.</b> <i>1:30 p.m.</i>  2:00–4:00 p.m.	<b>VCBI: The Stranger on the Road to Emmaus—OPR</b> <b>Coping with Low Vision—OPR</b> <i>VCBI: Discipleship Lessons from John's Letters—VC Room 5</i> Ceramics—PCS
Tuesday	1/7	8:15 & 8:30 a.m. <i>8:30 a.m.</i> 10:00 a.m. <b>3:45 &amp; 4:00 p.m.</b>	Bus Trip: Winn-Dixie, Save A Lot & Publix—CH & DH <i>Men's Bible Study—VC Room 5</i> Model Train Club—CB <b>Bus Trip: Dine-Out to Cedar River—DH &amp; LAP</b>
Wednesday	1/8	8:15 & 8:30 a.m. 9:00–11:00 a.m. <b>1:00 p.m.</b>  1:00 p.m. 1:15 & 1:30 p.m. <i>6:00 p.m.</i> <i>6:30 p.m.</i>	Bus Trip: Winn-Dixie, Save A Lot & Publix—CH & DH Ceramics—PCS <b>VCBI: Jesus in Every Book of the Bible...—VC Room 5</b> Bridge Club—OPR Bus Trip: Walmart—CH & DH <i>Prayer Meeting—BC</i> <i>Chancel Choir Rehearsal—VC</i>
Thursday	1/9	9:30 a.m.–12:30 p.m. <b>12:30 p.m.</b>  <b>3:00 p.m.</b>	Village Artists Guild—KC <b>Spiritual Life Discussion Group—Stephen Ministry Office</b> <b>Member Birthday Party—SMR/DR</b>
Friday	1/10	<b>9:00 a.m.–2:00 p.m.</b> <i>10:00 a.m.</i> <b>11:30 a.m.</b>  2:00 p.m.	<b>Veterans' Services—MS</b> <i>Bible Study—VC Room 5</i> <b>Lunch &amp; Learn: Madison County Memorial Hospital—SMR/DR</b> Sit 'N Stitch—CH

**BOLD: ONE-TIME AND MONTHLY EVENTS — ITALIC: PROGRAMS FOR SPIRITUAL GROWTH**

ACV	Advent Christian Village	CT/MT	Cardinal/Magnolia Terrace	IC	Information Center	POP	Park of the Pines
BA	Butterfield Acres	DH	Dowling House	JKPL	Jo Kennon Public Library	RDR	Rumph Dining Room
BC	Bixler Chapel	DM	Dacier Manor	KC	Keepers Cottage	RV	Smith Riverview Apartments
CB	Chriss Building	DMA	Dowling Manor	LAP	Lake Aquilla Parking Lot	RW	Riverwoods
CH	Carter House	DR	Depot Room	MS	Member Services	SMR	Sawmill Room
CCC	Copeland Community Center	ET	Edgewood Terrace	OPR	Old Pavilion Room	VC	Village Church
CMC	Copeland Medical Center	GSC	Good Samaritan Center	PCS	Polk Ceramics Shop	VS	Village Square

## IN LOVING MEMORY

Marilyn Ludington, who was a resident of ET, died on Dec. 25. Her memorial information will be provided when available.

## MOVE OUTS

Christine Pakosta-Bottelman has moved from CH. Her new mailing address is 405 Lake Lida Lane #310, Rochelle, IL 61068.

Mark Brennan has moved from RW. He has moved to Georgia.

## TRANSFERS

Joe and Helen Brooks have transferred from CH 515 to CH 302. Their mailing address is the same.

## ACV EVENTS

### SUPPER POTLUCK

**Saturday, Jan. 4, 5:00 p.m. - RDR**

Happy New Year! Our next potluck will be Saturday, Jan. 4 (the first Saturday of the month), at 5:00 p.m. The theme will be "New". If you can, add something new to a dish or bring something new to you or never brought to a potluck before. Any questions, contact Debbie at (719) 464-3639.

### COPING WITH LOW VISION SUPPORT AND RESOURCES GROUP

**Monday, Jan. 6, 1:30 p.m. - OPR**

Our monthly support group brings people with vision loss together to share challenges and celebrate successes. The individuals who attend are in all stages of vision loss. Some still have most of their sight, while others have lost their sight completely. Together, they foster a warm, inviting place to help one another overcome barriers to living independent, vibrant lives. Join Wayne Warner from the nonprofit agency, Lighthouse of the Big Bend, for this monthly support group and meeting.



### BUS TRIP: DINE-OUT TO CEDAR RIVER

**Tuesday, Jan. 7**

**3:45 p.m. - DH & 4:00 p.m. - LAP**

**Bus: \$5.00 members & \$9.00 non-members**

The bus will take diners to Cedar River in Lake City, Florida, on Tuesday, Jan. 7. Cedar River offers primarily seafood, but also some "land lubber" dishes ranging from \$6.00 to \$52.99 for the Original Cedar River Platter for Two. Sign up and pay the bus fee at the IC.

### MEMBER BIRTHDAY PARTY

**Thursday, Jan. 9, 3:00 p.m. - SMR/DR**

Join us for the January member birthday party. Twice Nice Furniture & More will present a fashion show. Bring a few dollars, You can buy the clothes right off their backs. Everyone is invited, and ACV members with January birthdays will receive special recognition. See you there!



### LUNCH & LEARN: MADISON COUNTY MEMORIAL HOSPITAL

**Friday, Jan. 10, 11:30 a.m. - SMR/DR**

Come, have lunch, and learn! Did you know that while Live Oak no longer has a hospital (only an ER), Madison still does? Come hear about all the services available just over the river in Madison County at the next Lunch & Learn. There is no need to sign up. Go through the line and buy a lunch, or bring a lunch from home and join us in SMR/DR.

### LADIES' BREAKFAST

**Saturday, Jan. 11, 8:30 a.m. - SMR/DR**

The next ladies' breakfast will be held on Saturday, Jan. 11, at 8:30 a.m. in SMR/DR. The guest speaker will be Karen Hall.

A special invitation is extended to new residents: we want to meet you! Come join us for a wonderful time of table fellowship.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher.



### MEN'S FELLOWSHIP BREAKFAST

**Saturday, Jan. 11, 8:30 a.m. - RDR**

The next Men's Fellowship breakfast will be held on Saturday, Jan. 11, at 8:30 a.m. in RDR.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher. Come join us for fellowship, prayer, inspiration, and breaking bread together!

### BUS TRIP: DINE-OUT TO T&T BBQ

**Thursday, Jan. 16**

**4:15 p.m. - DH & 4:30 p.m. - LAP**

**\$3.00 for members; \$6.00 for non-members**  
T&T BBQ and Southern Home Cooking located in nearby Crossroads is a family-run hometown restaurant. They pride themselves on good Southern cooking and hospitality. They serve sandwiches, burgers, BBQ and fish plates, salads, and more. Prices range from \$8.50 to \$17.99. The bus will leave DH at 4:15 p.m. and LAP at 4:30 p.m. The bus fee for this trip is \$3.00 for ACV members and \$6.00 for non-members. Sign up at the IC.



### BUS TRIP: COMMUNITY CONCERTS OF LAKE CITY: JUKEBOX JOES

**Friday, Jan. 17, 7:30 p.m.**

**Florida Gateway College**

**Alfonso Levy Performing Arts Center**

**149 SE College Place, Lake City**

**5:45 p.m. - DH & 6:00 p.m. - LAP**

**Bus: \$5.00 members, \$9.00 non-members**

Take a trip back in time with the Jukebox Joes! This pop quartet puts a modern twist on timeless hits from the '50s through the '80s. This event is included in your ACV season pass, or you may purchase individual tickets by calling (386) 365-8488 or visiting [communityconcerts.info](http://communityconcerts.info). Individual ticket prices are \$29 for adults. The ACV bus fee is \$5.00 for ACV members and \$9.00 for non-members. Sign up at the IC.

## EVENTS HERE AND THERE

Events in this section are not sponsored by ACV, even if they take place at ACV.

### VETERANS GATHERING

**Friday, Jan. 3, 12:00 noon - RDR**

All service members are invited to gather for lunch to eat together on Friday, Jan. 3, at 12:00 noon in RDR. Buy or bring your own lunch. Bring a military memento.

Service members can be ACV residents, employees, or area residents. Invite other veterans.

### EPISCOPAL EUCHARIST SERVICE

**Tuesday, Jan. 7, 11:30 a.m. - BC**

You are invited to the monthly Episcopal Eucharist Service at ACV held on the first Tuesday of each month. The next service is scheduled for Tuesday, Jan. 7, at 11:30 a.m. in BC. Rev. Ken Johnstone of St. Luke's Episcopal Church in Live Oak will officiate. All are welcome.

### GIVE BLOOD

**Monday, Jan. 13, 10:00 a.m.–5:00 p.m. - VS**

The LifeSouth Bloodmobile will be parked at the VS Monday, Jan. 13, from 10:00 a.m. to 5:00 p.m. Donating blood is a selfless act by one person to help save the lives of others. Blood cannot be manufactured, and local hospitals rely on LifeSouth blood donors to make sure blood is on the shelf. LifeSouth provides 100% of the blood needed for patients at HCA Florida Lake City Hospital, all UF Health hospitals, North Florida Regional Medical Center, the Malcom Randall VA Medical Center, South Georgia Medical Center, the Lake Butler Hospital, Starke ER, and Suwannee ER.

### LADIES BIBLE STUDY

**Tuesdays, Jan. 14 and 28  
CCC Conference Room**

Come and join us for a ladies Bible study on Tuesdays, Jan. 14 and 28, from 10:00 to 11:00 a.m. We will meet in the CCC conference room.



### JO KENNON PUBLIC LIBRARY

**386-658-2670**

**Website: srrlib.org**

**Email: dpark@neflin.org**

**Mon., Wed.–Fri. 9:00 a.m.–5:30 p.m.**

**Tuesday 9:00 a.m.–7:00 p.m.**

**Saturday 9:00 a.m.–1:00 p.m.**

**Closed Sunday**

#### Weekly JKPL Meetings:

Starbooks Café	Tuesdays	9:30 a.m.
Hot Topics	2nd & 4th Thurs.	10:00 a.m.
Crochet Creations	Thursdays	3:00 p.m.
Kids Corner	Saturdays	11:00 a.m.

#### History of Suwannee County

Just a reminder that Eric Musgrove will be here this Thursday at 10:00 a.m. with the next chapter in Suwannee County history!

#### As The Page Turns Book Club

Come this Thursday at 2:00 p.m. to discuss books by Lisa Wingate.

#### Yarn Painting

Join us on Tuesday, Jan. 21, at 2:30 p.m. or 5:30 p.m. for some colorful, sticky, textured, artistic fun! Yarn painting originated in western Mexico by the Huichol by attaching yarn designs to wood with beeswax. Although we do not have beeswax, we do have the yarn and glue, so bring in a simple image that you like and a smaller canvas or piece of wood to adhere it to. We will also have tracing paper and examples available to help you make your masterpiece. Spaces are limited, so call, come by, or register online.

#### CareerSource

CareerSource of Florida is dedicated to helping Floridians find jobs. Are you or someone you know looking for work? Come talk to a CareerSource of North Florida representative on Thursday, Jan. 16, from 10:00 a.m.–1:00 p.m. No appointment is needed. CareerSource can help with job search, career and training services, and more.

#### Intro to Cyber Security

On Friday, Jan. 17 at 2:00 p.m., Jeff Richard will lead you through the do's and don'ts of surfing the web. Whether you are on a computer, tablet, or smartphone, there are cyber predators that are skilled at getting the

information needed to slip access your personal and financial information. Come and invest an hour of your time learning some defensive skills to avoid being a victim!

#### Chair Yoga

Start 2025 with a new attitude and a low-impact exercise plan to strengthen your joints and improve your balance and posture. JKPL offers chair yoga every Monday at 9:00 a.m. and 10:00 a.m. and Fridays at 10:00 a.m. For beginners, we recommend our Monday classes, and, as you progress, the Friday class offers more of a challenge (and less sitting). Get out, come in, and join us in reclaiming your flexibility!

#### Girls (and Guys) Who Code

We are looking for young minds in grades 3rd-6th who are interested in learning about computer science through games and projects aimed at exploring coding. The group meets each second and fourth Tuesday of the month at 4:30 p.m. Curious? Go to girlswho-code.com and check out all that they have to offer in this advancing field.

#### American Sign Language Class

Listen with your eyes, talk with your hands! Beginning Tuesday, Jan. 7, at 6:00 p.m. learn conversational American Sign Language with facilitator Jenny Dickerson-Holloman. No supplies are needed, just bring your hands! Call the library for more information. Registration is suggested, walk-ins are welcome.

#### Starbooks Café

If you enjoy chatting about life over a cup of coffee, then join Wayne and the Starbooks crew every Tuesday at 9:30 a.m. This group focuses on discussing lighter and uncontroversial subjects and is a great way to relax and get to know others!

#### Just a Small Collection of Words

"For last year's words belong to last year's language  
And next year's words await another voice.  
And to make an end is to make a beginning."— T.S. Eliot



### BUS TRIPS

If you wish to ride the ACV bus on these trips, you must contact the IC in person or by phone at 658-3333 to sign up. Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

#### WEEKLY LIVE OAK SHOPPING TRIPS

There is no charge for Village members to participate in the regular weekly Live Oak shopping trips. If you have questions, call MS at 658-5400.

Please remember to bring your own bags on the weekly shopping trips to assist in keeping everyone's purchases separate.

Those who sign up for a weekly shopping trip will be put on the waiting list if they sign up for the same trip the following week. If seats remain available, those on the waiting list will be moved to the regular list.

- **Jan. 8 morning — Winn-Dixie, Save A Lot & Publix** — Leave CH at 8:15 a.m. and DH at 8:30 a.m. Drop off at Winn-Dixie and Save A Lot, park at Publix. Leave Publix at approximately 11:15 a.m. and return to the Village at noon.
- **Jan. 8 afternoon — Walmart** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 3:45 p.m. and return to the Village at 4:30 p.m.
- **Jan. 15 morning — Walmart** — Leave CH at 8:15 a.m. and DH at 8:30 a.m. . Leave Walmart at approximately 11:15 a.m. and return to the Village at noon.
- **Jan. 15 afternoon — Winn-Dixie, Save A Lot & Publix** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Drop off at Winn-Dixie and Save A Lot, park at

Publix. Leave from Walmart at approximately 3:45 p.m. and return to the Village at 4:30 p.m.

- **Jan. 22 afternoon — Walmart** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 3:45 p.m. and return to the Village at 4:30 p.m.

### UPCOMING BUS TRIP

Jan. 7 — Dine-Out to Cedar River  
Jan. 16 — Dine-Out to T&T BBQ  
Jan. 17 — Community Concerts of Lake City: Jukebox Joes

## DEPARTMENT NEWS

### THE VILLAGE CHURCH

**Rev. Sam Worley, Senior Minister**  
**Church Office - 658-5344 - P.O. Box 4314**

**SERMON:** "When Your World is Shaken..."

**TEXT:** Philippians 2:5-11 NAS; Psalm 46:1-11 NIV 84

**SPEAKER:** Rev. Sam Worley

The following VC events are happening this week:

#### Friday, Jan. 3

10:00 a.m. — Bible Study, Tom Spannagle (Room 5)

#### Sunday, Jan. 5

9:40 a.m. — Morning Worship (VC)  
11:00 a.m. — Sunday School Classes for All Ages  
4:00 p.m. — WHFMS Council Meeting (Room 5)  
5:00 p.m. — Youth Meeting (Lighthouse)  
6:00 p.m. — Evening Service (BC)  
Speaker: Rev. Gene Peters

#### Monday, Jan. 6

10:00 a.m. — VCBI: The Stranger on the Road to Emmaus, Ken Randolph (OPR)  
1:30 p.m. — VCBI: Discipleship Lessons from John's Letters, Donald Wrigley (Room 5)

#### Tuesday, Jan. 7

8:30 a.m. — Men's Bible Study (Room 5)

#### Wednesday, Jan. 8

1:00 p.m. — VCBI: Jesus in Every Book of the Bible..., Michael Saunders (Room 5)  
6:00 p.m. — Prayer Meeting  
6:30 p.m. — Choir Practice

#### Friday, Jan. 10

10:00 a.m. — Bible Study, Mike Cuddy (Room 5)

#### Saturday, Jan. 11

8:30 a.m. — Men's Fellowship Breakfast (RDR)  
Speaker, George Brisbin

### CONFERENCE AND RETREAT

**Doug Mabey-386-658-5200**

Please welcome Steve & Joyce Parlette, the Leaders for this year's group from RVICS. They are here early to help with some projects and will stay after the other group members leave at the end of February.

## ACV ACTIVITY NEWS

### BRIDGE CLUB

**Betsey Ruehl, Reporter**

The Bridge Club meets on Wednesdays at 1:00 p.m. in the OPR. If you would like to play, please call Betsey Ruehl at 658-1766 or Dottie Stone at 352-316-5161 by noon on Monday.

### CONNECTING THREADS MINISTRY

**Esther Bruckel, Reporter**

The sewing center at Keepers Cottage will be open on Monday, Jan. 6, from 1:00-3:00 p.m. Connecting Threads Ministry is open to anyone with an interest in needle crafts, embroidery, crocheting, quilting, etc. Perhaps there is something you would like to learn, or a skill you would be willing to teach. Come and work on a

group project or bring your own and enjoy the fellowship.

### VILLAGE LIBRARY

**Monday-Friday**

**10:00 a.m.-12:00 noon & 1:00-3:00 p.m.**

**Brenda Reas, Reporter**

Three books have recently been donated and are now ready for check out: *Christmas Bells* by Jennifer Chia-verini about the writing of the poem/song *I Heard the Bells on Christmas Day*; *The Sick Man's Rage* by Amir Tsarfati, our fourth by him; and *Grand Canyon* by Tom Vail, which tells how the Grand Canyon shows evidence of Biblical creation. We also have six more additions to the children's section on the lowest shelf next to the double doors.

We have an audiobook section, paperback rack, and many movies and TV series on DVD for check-out. Magazines can be borrowed without being checked out; just return them when you finish looking at them.

Please have your ACV ID badge available when you come to check out books and DVDs. We are located in the Schoolhouse Room between the OPR and IC. Our drop box is located around the corner across from the restrooms (beneath the bulletin board), and you may return books and DVDs there at any time.

### PEN PAL PROGRAM

**A Committee of the Membership Association**  
**Monica Serlick, Reporter**

**NOTE:** The next letter pickup and delivery date is Friday, Jan. 10. Make sure you write to your pen pal and get your letters to the IC well before noon. The youth have gone home for the holidays and will not return to school until Jan. 6th. Envelopes are available at the IC so pick up 3 or 4 and have them handy when you write.

The FSYR Open House will be Friday, Feb. 21, till Sunday the 23rd, Usually an invitation to ACV is issued and we typically go on Saturday, Feb. 22 to watch the Opening Parade and Rodeo. The bus gets in for free but anyone in a car following the bus or going on their own, the entrance fee is generally \$10 per car. A tour of the ranch is available to anyone who wants one and those who arrive on the trip bus are also provided a ticket for a free lunch. Everyone else needs to purchase a lunch ticket. More details and cost for this trip will be posted in a future FNN.

Should you want to become a pen pal, please contact Monica Serlick at 386-330-4865 and leave a message. I will call you back. If you haven't done this before, it can be very rewarding to know you have an impact in a child's future

"Every child deserves a champion — an adult who understands the power of connection and insists that they become the best they can possibly be" (Rita Pierson).



**Chili Con Carne Thurs.-Sat.**

**Friday, Jan. 3**

Two Grilled Chicken Breast topped with a Basil Cream Sauce, Tomatoes, Mozzarella with Confetti Rice, Vegetable \$17.95

**Saturday, Jan. 4**

Jumbo Stuffed Pepper Parmesan, Fresh Baked Rolls \$16.95

 **Remember to Wave** 



**STEPHEN MINISTRIES**  
**Michael Saunders, Reporter**

**Love One Another As I Have Loved You**

Please continue to pray for our Stephen Ministers as they learn key skills in order to become better caregivers.

Session Eleven—Using Mental Health Professionals and Other Community Resources. What happens when a care receiver needs a different kind of care or a higher level of care than a Stephen Minister is qualified to provide? The Stephen Minister works with our Stephen Leaders to connect the person with a professional caregiver who is able to meet the person's needs. In this week's session, our Stephen Ministers take a look at what other types of caregiving are available and at the limits to their caregiving. This will prepare our Stephen Ministers to refer care receivers to the appropriate caregiver should the need arise.

**FOR YOUR INFORMATION**

**RON OBERG'S 80TH BIRTHDAY**

**Saturday, Jan. 11, from 2:00–4:00 p.m.-DR**

Help us celebrate Ron's 80th birthday on Saturday, Jan. 11, from 2:00-4:00 p.m., in the DR. Come party with us at an open house to honor another decade with Ron. Please, no gifts! Your presence is gift enough. See you there, Cathy Oberg & Donna Plant.

**HAIR CROPPERS**

Hair Croppers will be open as usual on Thursday, Jan. 2 & Friday, Jan. 3. January: hand & foot treatments only \$50. (This is not a manicure or pedicure service, this service is for skin exfoliation, circulation and hydration) Allow 40 minutes for this service. Call or text (386) 205-3791 to book a hair or nails appointment.

**LEGAL SERVICES**

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the VS professional offices: Jan. 3 and 17, Feb. 7 and 21, and March 7 and 21. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 117.

**SQUARE CUTS AND MORE SALON**

**Open Monday, Tuesday, Thursday  
and most Fridays**

**12:00 noon to 7:00 p.m.**

Square Cuts and More Salon specializes in all your hair care needs. Call (386) 647-6240 for appointments. Kindly give 12–24 hours notice for cancellations or extra charges will apply. Walk-ins are welcome, but all great hair happens by appointment. I appreciate your business. Thank you, Amy Hancock.

**FINANCIAL ADVISOR**

Wendy B. Meyer, CFP®, BFA®, financial advisor with Pivotal Wealth Planning is at the Village on the third Wednesday of every other month (February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the VS professional offices. Call (850) 973-8888 for more information or to schedule an appointment.

**RIDE-ABOUT**

If you're interested in utilizing the Ride-About (ACV's red, 10-passenger golf cart) for a tour of some kind, call MS at 658-5400.

**THANK YOU**

As we prepare to end the old year, I wanted to say THANK YOU, to our many Angels. You literally carried us through this Christmas season. Your kindness and generosity, your time and your caring, have made this a very special Christmas. May God bless each and every one of you. I am praying for good health and a very Happy New Year for all!

Kathleen, the staff and the residents of GSC

∞ *At the Village Square* ∞

**Riverside Gifts**

**50% off sale on Christmas items through Jan. 11!** Stock up for next year!

We have items that make life easier, no matter where you are. Folding scissors, crosses that can be used like a paperclip, sets of apron/oven mitt/potholder, clean/dirty magnetic sign for the dishwasher, and nonskid anklet socks. Looking for a cute addition to your garden or windowsill? Check out the good-sized gnomes in bright green or brown dots. There are still tissue holders and tissues for your walker or car cup holder.

Birthday cards for specific ages are always available in our stationary department. There are also beautiful flower notecards, ACV notecards, and cards for all occasions.

The majestic grandfather clock and other smaller clocks are for sale, waiting to go to their new home.

Watch or clock repair and new battery installation at very reasonable prices.

658-5771. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

**Rustic Shop**

There is a wonderful selection of colorful new dish towels that are made to hang on a knob. Check out the quilted potholders, crocheted dishcloths, and scrubbies. Place your soup bowl in a lovely, quilted cozy to keep your soup or stew warm. These are all made by Connecting Threads Ministry.

A unique set of wooden kaleidoscope eggs crafted by Faberge in 1990 are on sale. These are great for visitors, including your grandchildren, to enjoy. There is a duck hunter's wall hanging that includes beautifully hand worked hunting dogs, cat 'o nine tails, and ducks. **There are still Christmas items on sale for 25¢ each.** Stock up for next year.

A reminder that the large stock of cards for all occasions are \$1 each. Stock up now for those future events!

Clothing repairs and alterations can be dropped off here. Bag your items and attach your name and phone number.

Watch or clock repair and new battery installation at very reasonable prices.

658-5273. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

**Twice Nice Shop**

**Fantastic ladies clothing sale of \$2 each: blouses and tops, slacks, and jeans.**

**Men's pants are 1/2 price.** Check out the jeans, too. A very good selection of baseball caps (one has a light under the visor) are in stock.

Scrubs (tops and pants) are \$3.00 each. Choose from plain colors or bright patterns!

The Book Nook shelves are being cleaned and reorganized for the new year. Come in and browse. Once our cleaning and reshelving is complete, look for sales and specials coming soon! CDs are 25¢ each and there are many jigsaw puzzles.

658-5271. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

∞ *On CR 250* ∞

**Twice Nice Furniture & More**

**23353 CR 250 • 658-5871**

Mondays and Thursdays, 8:30 a.m.–1:00 p.m.

Saturday Jan. 3, 9:00 a.m.–2:00 p.m.



## MISCELLANEOUS

**PLEASE NOTE:** All submissions to the FNN must have a name attached. If you prefer to not have your name included with the listing in the FNN, indicate that on the submission. Ads may be dropped into the box near the IC, or emailed to [fnn@acvillage.net](mailto:fnn@acvillage.net). Only ACV members and staff may advertise here. Ads run for two weeks.

**IN SEARCH OF:** Someone that can be a companion, variable hours, prefer with experience of nursing aide. Contact Mary Helen at 386-678-3677.\*\*

**FOR SALE:** Beautifully made wooden dining room table (without leaves 64", with one leaf 84", two leaves

104"), Sixty inch long credenza, seven drawers and one cabinet space. Eight high back padded chairs. Call Lew at 334-200-6331.\*

**FOR SALE:** Cat tree for sleep, play or hide. Like new \$35. Call Charlotte at 423-802-0279.\*

**FOR SALE:** 16in. flat screen PC monitor for sale, \$15. Call Pam at 386-344-4566.\*

**FOR SALE:** 2013 Toyota Tundra pick-up truck, silver. Low mileage, 63,665 miles, asking \$19,999. Contact Kathy at 386-249-1535.\*





## WATER ACTIVITIES

**AQUATONE:** Aquatone is a water therapy class for people suffering from the pain of arthritis. This class uses a protocol from the Arthritis Foundation. If you experience pain associated with arthritis, or you are new to aquatic exercise, this is a great class to join.

**JACUZZI:** Water temperature ranges from 100–110 degrees. Please limit time to 15 minutes per session. No children 5 and under. Please observe posted rules.

**LAP SWIMMING:** Lap swimming is excellent exercise for toning and strengthening the entire body. It is also great for the most important muscle in your body...your heart! Lap swimmers have priority during designated times. Please check the reverse side for lap swim times. **88 pool lengths = 1 mile**

**WATER AEROBICS:** This class is designed to increase your heart rate in order to strengthen your cardiovascular system. This class also includes stretching and muscle strengthening exercises. Water volleyball is played from 8:45–9:30 a.m. between the morning classes.

**WATER VOLLEYBALL:** This group plays every Tuesday and Thursday at 3:00 p.m.

**Copeland membership required.** You do not need to join a team; just come! **If you are 18 or older**, come join us! We need all the help we can get!

## WEIGHT ROOM

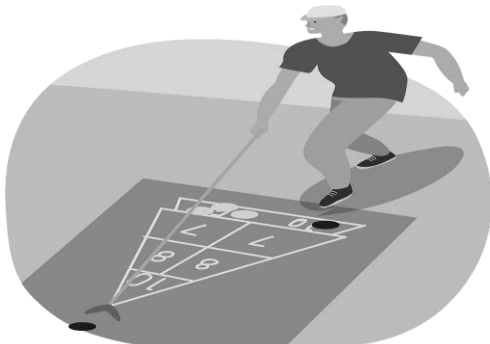
**FITNESS BASICS:** Copeland Center staff is available to assist members with the machines in the exercise room. If you are interested, please call the CCC at 658-5555.

## WALKING

**1¼ LOOP:** Start at Copeland – end at Copeland. This great beginner's trail is well marked for you.

## Shuffleboard

Shuffleboard is a game played by pushing disk with a long handled que over a marked court. The Copeland Community Center has a great shuffleboard court available for you to use any time we are open! Come on in to the front desk and ask us about it!



## **Monday & Friday**

**8:00–11:00 a.m.** played at the Court located by the Wood Working Shop. Inclement weather (cold, windy, or rainy) this team plays indoor at the Camp Suwannee Pavilion. **Wednesday**

**8:00–11:00 a.m.**

The members of the pickleball team travel into Live Oak and play at the coliseum. With any questions please contact Cindy Hett 658-2683 or the Copeland Community Center.

**Pickleball** is a racquet sport for all age groups and levels. It combines elements of badminton, tennis, and table tennis. Come out and watch or join in the fun!

## EXERCISE

### **EXERCISE on TV2:**

Exercises are done seated or standing by a chair for support on TV2. If you are just beginning an exercise program, this is a great class to try!

### **TABLE TENNIS at MPR/CCC:**

Table Tennis helps you build strength, coordination, and sharpens your brain without risking serious injury. It is a fun and easy way to burn calories and enjoy social time.

Come join in the fun every Tuesday at the MPR in the CCC.

# Stretching

*with Joyce Berra  
on DVD*



Tuesdays & Thursdays 8:30–9:30 a.m.  
in the CCC Multi-purpose room

**Stretch and strengthen your body;  
release tension; ease your mind!**

*This is a gentle class that focuses on posture,  
Breathing and Relaxation.*

## Ping Pong

Did you know that the CCC has a ping pong table that is available to use. It is located in our multipurpose room! Bring a friend and come on over and play!





**Copeland Community Center (386) 658-5555**  
**Monday-Friday 6:00 a.m.-5:00 p.m. & Saturday 9:00 a.m.-noon**

**ACV Health & Fitness Activities**

Days	Activity	Location	Time	Group Leader
M-F	Lap Swimming	Copeland Pool	6:00-8:00 a.m.	
MWF	Walking and Step Class with Donna	MPR/CCC	8:30-9:15 a.m.	VIDEO
MWF	Water Aerobics	Copeland Pool	9:30-10:00 a.m.	Donna Robinson
MWF	Aquatone for Arthritis	Copeland Pool	10:05-10:55 a.m.	Donna Robinson
MF	Pickle Ball	Court on Aquila Circle	9:00-11:00 a.m.	See back for more information!
T TH	Stretching with Joyce Berra	MPR/CCC	8:30-9:30 a.m.	VIDEO
MWF	Open Swim	Copeland Pool	11:00 a.m.-5:00 p.m.	
T TH	Water Volleyball	Copeland Pool	3:00-5:00 p.m.	
T TH	Open Swim	Copeland Pool	8:00 a.m.-2:30 p.m.	
M-F	CCC Shuffleboard!!	Copeland Courts	Inquire at CCC front desk for equipment.	
M-F	CCC Tennis Courts	Call 658-5555 to schedule a game.		
M-F	Bocce Ball Court	Call 658-5555 with questions on how to use!		
SAT	OPEN FACILITIES	POOL, COURTS, WEIGHT ROOM 9:00 a.m.-12:00 noon		

**HAPPY**  
*New Year*



**January 3–10, 2024**

**FRIDAY, 1/3**

- \$2.53 Soup:** Shrimp Corn Chowder  
**\$6.44 Entrées:** GF Baked Fish, GF Boiled Shrimp, Chicken Alfredo, Fried Catfish  
**\$1.21 Sides:** Mixed Greens, Beets, Baked Beans, Cold Salads, Fruit, Rice, Cheesy Grits  
**\$2.76 Desserts:** Assorted Regular and NSA Desserts

**SATURDAY, 1/4**

- \$2.53 Soup:** Vegetable Beef Soup  
**\$7.59 Whistle Stop Special:** Italian Sub Sandwich (Ham, Turkey, Salami, Provolone), Homestyle Potato Salad, Fruit, Dessert, Fountain Drink

♪ Piano music provided by Joan Wittman. ♪

**SUNDAY, 1/5**

**Lunch Buffet**

**Members \$12.63 | Non-Members \$17.81 | Beverage Included**

- Entrées:** Spinach, Mushroom, Peppers Quiche; Roast Beef; Fried Chicken  
**Sides:** Broccoli, Honey Glazed Carrots, Side Salad, Fruit, Macaroni and Cheese, Mashed Potatoes with Gravy  
**Desserts:** Assorted Regular and NSA Desserts

**MONDAY, 1/6**

- \$2.53 Soup:** Garden Vegetable  
**\$6.44 Entrées:** Liver and Onions, Grilled Ham and Cheese Sandwich  
**\$1.21 Sides:** Okra and Tomatoes, Glazed Carrots, Cold Salads, Fruit, Rice  
**\$2.76 Desserts:** Assorted Regular and NSA Desserts

**TUESDAY, 1/7**

- \$7.70 Special:** Salad Bar  
**\$6.44 Entrées:** Lasagna, Country Fried Steak with White Gravy  
**\$1.21 Sides:** Prince Edwards Vegetable Blend, Beets, Cold Salads, Fruit, Scalloped Potatoes  
**\$2.76 Desserts:** Assorted Regular and NSA Desserts

**NOTE:** Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$1.30.

GF=Gluten-Free      NSA=No Sugar Added

# Rumph Dining Room Midday Dining Menu

January 3–10, 2024

## WEDNESDAY, 1/8

**\$2.53 Soup:** Lasagna Soup

**\$6.44 Entrées:** Pork Roast, Fried Chicken

**\$1.21 Sides:** Cabbage, Cheesy Cauliflower, Cold Salads, Fruit, Mashed Potatoes with Gravy

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

## THURSDAY, 1/9

**\$6.44 Entrées:** BBQ Pork Loin Ribs, BBQ Chicken

**\$1.21 Sides:** Green Beans, Corn, Cold Salads, Fruit, Baked Potato, Macaroni and Cheese

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

## FRIDAY, 1/10

**\$2.53 Soup:** Clam Chowder

**\$6.44 Entrées:** GF Baked Fish, GF Boiled Shrimp, Meatloaf, Fried Catfish

**\$1.21 Sides:** Mixed Greens, Beets, Baked Beans, Cold Salads, Fruit, Cheesy Grits, Rice

**\$2.76 Desserts:** Assorted Regular and NSA Desserts



### RUMPH DINING RM. \$8.85 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread,  
and a fountain drink.  
For premium entrée, add \$2.30.



### RIVER LANDING BISTRO LUNCH & DINNER SPECIALS

**Chili Con Carne Thur.-Sat.**

**Friday, Jan. 3**

Two Gilled Chicken Breast topped with a Basil Cream  
Sauce, Tomatoes, Mozzarella with Confetti Rice,  
Vegetable \$17.95

**Saturday, Jan. 4**

Jumbo Stuffed Pepper Parmesan with Baked Rolls  
\$16.95

Ann & Quinton  
*Rumph*  
DINING ROOM

**658-5259**

**Mon–Fri:** 11 am–1 pm

**Sat. & Sun:** 11 am–1:30 pm

**THE LOPIN' GOPHER**  
D E L I

**658-5259**

**Sun:** 7:30–10 am | 3:30–7 pm

**Mon–Fri:** 7:30–10 am | 2:30–7 pm

**Sat:** 7:30–10:00 am | 3–7 pm



**658-5777**

**Wed–Thurs:** 11 am–2 pm

**Fri–Sat:** 8–10:30 am | 11 am–8 pm

Prices Effective 1/3-1/9



# THE VILLAGE GROCER

Monday-Saturday • 9:00 am-6:00 pm • We deliver at 2:00 pm every day! \*658-3130

## GROCERY

Hunts Manwich Sauce	15 oz.	\$ 2.19
Margaret Holmes Fried Apples	14.5 oz.	\$ 2.79
Snow New England Clam Chowder	15 oz.	\$ 3.59
Simply Jif Creamy Peanut Butter	15.5 oz.	\$ 3.39
Jiffy Corn Muffin Mix	8.5 oz.	\$ .89
IGA Hot Cocoa Mix	10 oz.	\$ 2.59
Mott's Clamato Juice	32 oz.	\$ 3.59
Soft Scrub with Bleach	24 oz.	\$ 4.59

## DAIRY

Simply Orange Juice	52 oz.	\$ 5.49
Blue Bonnet Margarine Quarters	16 oz.	\$ 2.29

## PRODUCE

Iceberg Lettuce	Each	\$ 2.29
Fresh Button Mushrooms	per lb.	\$ 3.99

## FROZEN

Mayfield Ice Cream, all varieties	48 oz.	\$ 6.09
Banquet Pot Pies, all varieties	7 oz.	\$ 1.69

## MEAT

Boneless Chicken Breast	per lb.	\$ 4.29
Boneless Beef Shoulder Roast	per lb.	\$ 5.49
Cubed Pork Chops	per lb.	\$ 5.89
Sugardale Applewood Bacon	12 oz.	\$ 2.99
Seabest Tilapia Fillets	16 oz.	\$ 4.99
Dutch Farm Breakfast Bowls, all varieties	7 oz.	\$ 2.59

## CHEESE OF THE WEEK

Pepper Jack Cheese—\$6.39 per lb.

**DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN**

Full chicken \$9.99, Half chicken \$5.99

\*\* Call 658-3130. Order by 11:00 a.m. for 2:00 p.m. pick-up! \*\*

### This Week's Verse:

Trust in your God and return to him. Be loyal and just,  
and wait patiently for your God to act.

Hosea 12:6





**Suwannee County Sheriff's Office**

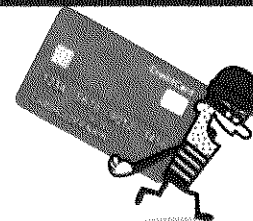
**Sheriff Sam St. John**

200 S. Ohio Avenue Live Oak, FL 32064

386.362.2222



## **DON'T BE A VICTIM**



## **FRAUD PREVENTION TIPS**

- x Are you sending money, gift cards, checks or any money orders to anyone you met online or over the phone?
- x Have you been informed that you are the Winner of a Lottery, or Publisher's Clearing House or any other prizes?
- x Have you been instructed to wire, send or ship money as soon as possible to pay for a Debt, Arrest Warrant, Bail a family member out of jail or to take care of an IRS Tax debt?
- x Did you respond to an unknown email, text message or phone call asking to verify any of your personal banking or credit account information or provide your personal information such as, name, date of birth, etc...

- 
- The IRS, FBI or any form of Government will not call you, message you or request you pay them over the phone or through Gift Cards, or by mailing cash.
  - If you receive a call stating a loved one or friend is injured, arrested or in an accident do not provide any information and obtain detailed information and call the appropriate authorities to determine if the contact is real or fraudulent.
  - Never provide your personal or any banking information to anyone online, over the phone or to anyone you do not personally know and can trust with said information.

**Sheriff St. John and the Deputies of the Suwannee County Sheriff's Office want you to stay informed on the many ways Criminals work to scam their Victims. Should you have any concerns or questions please contact the Suwannee County Sheriff's Office at, 386.362.2222 and ask to speak with a Deputy.**



# **208-8477 (TIPS)**