



ADVENT CHRISTIAN VILLAGE  
AT DOWLING PARK

# Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064

“Where People Enjoy Living”

<b>24/7/365 Assistance/Operator</b>	<b>658-3333</b>	Housekeeping	658-5374
Cashier's Office	658-5343	Maintenance	658-5155
Copeland Medical	658-5300	Post Office	658-5270
Finance Department	658-5450	Security/Emergency	658-3333
Home Care	658-5460	Shuttle Bus	208-2584

## JANUARY 26, 2024

Friday	1/26	9:00 a.m.–12:00 noon <i>10:00 a.m.</i> 1:00 p.m. 2:00 p.m.	Veterans' Service—MS <i>Bible Study—VC Room 5</i> VCBI: The Roman Road—CCC Sit 'N Stitch—CH
Sunday	1/28	<i>9:40 a.m.</i> <i>11:00 a.m.</i> 2:00 p.m. <b>3:00 p.m.</b> <i>6:00 p.m.</i> <b>7:00 p.m.</b>	<i>Worship Service—VC</i> <i>Sunday School for All Ages</i> Coloring Book Time of Fellowship—DH Lobby <b>VC Discovery Class</b> <i>Evening Worship Service—BC</i> <b>Pal Night—RDR</b>
Monday	1/29	1:30 p.m. 2:00–4:00 p.m. <b>4:15 &amp; 4:30 p.m.</b>	VCBI: Studies in First Peter—VC Room 5 Ceramics—PCS <b>Bus Trip: Dine-Out to Big Nick's BBQ—DH &amp; LAP</b>
Tuesday	1/30	<i>8:30 a.m.</i> <i>1:30 p.m.</i> 2:00 p.m.	<i>Men's Bible Study—VC Room 5</i> <i>Voice of the Martyrs—OPR</i> GriefShare—VC Room 5
Wednesday	1/31	<b>8:45 &amp; 9:00 a.m.</b>  9:00–11:00 a.m. 10:00 a.m.  1:00 p.m. <i>6:00 p.m.</i> 6:30 p.m.	<b>Bus Trip: 5th Wednesday Live Oak Shopping—DH &amp; LAP</b>  Ceramics—PCS VCBI: Our Father Abraham: The Jewish Roots of Christianity—VC Room 5 Bridge Club—OPR <i>Prayer Meeting—BC</i> Chancel Choir Rehearsal—VC
Thursday	2/1	<b>9:00 a.m.–3:00 p.m.</b> 9:30 a.m.–12:30 p.m. 10:00 a.m.	<b>Suwannee County Tax Collector—VS</b> Village Artists Guild—KC VCBI: What's the Reason and Purpose for Missions in Our Church?—VC Room 5
Friday	2/2	9:00 a.m.–12:00 noon <i>10:00 a.m.</i> 1:00 p.m. 2:00 p.m.	Veterans' Service—MS <i>Bible Study—VC Room 5</i> VCBI: The Roman Road—CCC Sit 'N Stitch—CH

 **Remember to Wave** 

ACV	Advent Christian Village	CT/MT	Cardinal/Magnolia Terrace	IC	Information Center	POP	Park of the Pines
BA	Butterfield Acres	DH	Dowling House	JKPL	Jo Kennon Public Library	RDR	Rumph Dining Room
BC	Bixler Chapel	DM	Dacier Manor	KC	Keepers Cottage	RV	Smith Riverview Apartments
CB	Chriss Building	DMA	Dowling Manor	LAP	Lake Aquilla Parking Lot	RW	Riverwoods
CH	Carter House	DR	Depot Room	MS	Member Services	SMR	Sawmill Room
CCC	Copeland Community Center	ET	Edgewood Terrace	OPR	Old Pavilion Room	VC	Village Church
CMC	Copeland Medical Center	GSC	Good Samaritan Center	PCS	Polk Ceramics Shop	VS	Village Square

**BOLD: ONE-TIME AND MONTHLY EVENTS** — *ITALIC: PROGRAMS FOR SPIRITUAL GROWTH*

### IN LOVING MEMORY

Rosa Strumbeck, who was a resident of RW, DM and GSC, died Jan. 21. Her memorial information will be provided when available.

### NEW MEMBERS

Harold and Christine Hansen of Kasilof, Alaska, have moved to RV. Their mailing address is P.O. Box 4612.

### NEW CENTENARIAN

Happy 100th birthday on the 31st to Dot Morey of GSC. Dot's mailing address is P.O. Box 4325.

## ACV EVENTS

### BUS TRIP:

#### DINE-OUT TO BIG NICK'S BBQ

Monday, Jan. 29

4:15 p.m. - DH & 4:30 p.m. - LAP

Bus: \$6.00 members, \$11 non-members

Monday, Jan. 29, the trip bus will be going to Big Nick's BBQ, Soul Food and Wings in Valdosta, Georgia. Big Nick's offers a variety of dishes of wings, BBQ, seafood, salads and southern dishes ranging from \$6.00 to \$30. Bus cost is \$6.00 for members and \$11 for non-members. Please sign up at the IC.



### BUS TRIP:

#### 5TH WEDNESDAY LIVE OAK SHOPPING

Wednesday, Jan. 31

8:45 a.m. - DH & 9:00 a.m. - LAP

Bus: members free, \$9.00 non-members

On Jan. 31, the fifth Wednesday of January, we will start the day at the Old General Store in Branford, and then will visit various stores around Live Oak such as Dollar Store, Sheriffs Ranches Thrift Store, Melody Thrift Store and New Life Bible Book Store, lunch at Live Oak Sub Shop for a salad or sandwich, South Oaks Square (Big Lots, Bealls Outlet, Farmers Furniture, and more), and the Save A Lot shopping center (Roses Express, Harbor Freight, and more). The bus will leave from DH at 8:45 a.m. and from Lake Aquilla at 9:00 a.m. Bus fee is free for ACV members and \$9.00 for non-members. Please sign up at the IC.

#### SUWANNEE COUNTY TAX COLLECTOR

Thursday, Feb. 1, 9:00 a.m.-3:00 p.m. - VS

Closed 12:00-1:00 for lunch

Staff from the Suwannee County Tax Collector's office including Suwannee County Tax Collector Sharon Jordan are in the VS professional offices on the first Thursday of each month from 9:00 a.m. to 3:00 p.m. (closed from 12:00 to 1:00 for lunch). This service will enable you to purchase automobile tags and pay your property taxes. For more information, please contact the Tax Collector's office at 362-2816, or you may visit their website at [suwtax.com](http://suwtax.com).



### BUS TRIP: ALL ABOARD FESTIVAL

Saturday, Feb. 3

9:45 a.m. - DH & 10:00 a.m. - LAP

Bus: \$5.00 members, \$9.00 non-members

All aboard! Suwannee Festivals presents the All Aboard Festival on Feb. 3 featuring music, food, vendors, and more at Heritage Square and the Suwannee County Museum. Dick Grillo is also scheduled to perform. Please sign up at the IC.

### COPING WITH LOW VISION SUPPORT AND RESOURCES GROUP

Monday, Feb. 5, 1:30 p.m. - OPR

Our monthly support group brings people with vision loss together to share challenges and celebrate successes. The individuals who attend are in all stages of vision loss. Some still have most of their sight, while others have lost their sight completely. Together, they foster a warm, inviting place to help one another overcome barriers to living independent, vibrant lives. Join Wayne Warner from the nonprofit agency, Lighthouse of the Big Bend, for this monthly support group and meeting.



The group usually meets on the first Monday of the month, but will meet on Feb. 5 because of the New Year's holiday.

### DINE-OUT TO RED GINGER

Tuesday, Feb. 6

3:45 p.m. - DH & 4:00 - LAP

Bus: \$5.00 members & \$9.00 non-members

Whether you like Japanese, Chinese or Thai cuisine, you will find something you'll love at Red Ginger in Lake City. And their sushi menu is quite large. Prices range from under \$10 to \$50+. Sign up and pay the bus fee at the IC.

### WATKINS HOBBY SHOP MEETING

Thursday, Feb. 8, 9:00 a.m. - SMR/DR

On Thursday, Feb. 8, a meeting of the Watkins Hobby Shop will take place at 9:00 a.m. in SMR/DR. If you haven't submitted your 2024 dues, this would be a good opportunity to do so. Any questions? You can reach Jack Dixon at 658-2113. We look forward to a full house in attendance.

### MEMBER BIRTHDAY PARTY

Thursday, Feb. 8, 3:00 p.m. - SMR/DR

Join us for the February member birthday party. The entertainment will be music by Candy Hall. Everyone is invited, and ACV members with February birthdays will receive special recognition. Come and bring a friend. See you there!

### LADIES' BREAKFAST

Saturday, Feb. 10, 8:30 a.m. - SMR/DR

The next ladies' breakfast will be held on Saturday, Feb. 10, at 8:30 a.m. in SMR/DR. Our speaker will be Ethel Randolph, who, with her husband, Ken, has been a resident only a few months. They have expressed interest in serving and are already involved in several volunteer ministries. A special invitation is extended to new residents; we want to meet you! Come join us for a wonderful time of table fellowship.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher.



### MEN'S FELLOWSHIP BREAKFAST

Saturday, Feb. 10, 8:30 a.m. - RDR

The next Men's Fellowship breakfast will be held on Saturday, Feb. 10, at 8:30 a.m. in RDR. The guest speaker will be Rev. Robin Buchanan.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher. Come join us for fellowship, prayer, inspiration, and breaking bread together!

## **EVENTS HERE AND THERE**

**Events in this section are not sponsored by ACV, even if they take place at ACV.**

### **CINEMA CLASSICS: SERENADE**

**Saturday, Jan. 27, 2:00 p.m. - OPR**

*Serenade* is a 1956 movie based on the James M. Cain novel of a farmhand who won fame as a rising opera star. It was filmed almost entirely in Mexico. It stars Joan Fontaine, Sarita Montiel, Mario Lanza and Vincent Price.

Come join us on this coming Saturday, Jan. 27, at 2:00 p.m. in the OPR, and enjoy this cinema classic. Everyone is welcome.

### **EPISCOPAL EUCHARIST SERVICE**

**Tuesday, Feb. 2, 11:30 a.m. - BC**

You are invited to the monthly Episcopal Eucharist service at ACV held on the first Tuesday of each month. The next service is scheduled for Tuesday, Feb. 2, at 11:30 a.m. in BC. Rev. Ken Johnstone of St. Luke's Episcopal Church in Live Oak will officiate. All are welcome.

### **HARBINGER BIBLE CONFERENCE**

**Thursday, Feb. 8–Saturday, Feb. 10**

The next Harbinger Bible Conference will be held Feb. 8–10 in BC. The theme is "Being Renewed in the Blessed Assurance". The speaker will be Dr. Sam Warren, the Bible teacher will be Rev. Bob Copeland, and workshops will be led by Dr. Michael Saunders. Friday afternoon, a book signing by authors of ACV and Harbinger will take place. Saturday afternoon, there will be a concert by guest artist Charlie Stevens.



### **JO KENNON PUBLIC LIBRARY**

**386-658-2670**

**Website: [srllib.org](http://srllib.org)**

**Email: [dpark@neflin.org](mailto:dpark@neflin.org)**

**Monday, Wednesday–Friday 9:00 a.m.–5:30 p.m.**

**Tuesday 9:00 a.m.–7:00 p.m.**

**Saturday 9:00 a.m.–1:00 p.m.**

**Closed Sunday**

#### **Hot Topics Discussion Group**

The next Hot Topics discussion will center around socialized medicine. Are you an advocate or critic? What are the benefits versus disadvantages? Join the discussion group on Thursday, Feb. 8, from 10:00 to 11:00 a.m. for another friendly, in-depth talk about a relevant issue facing our great nation!

#### **As the Page Turns**

The ATPT Book Club has an additional Terry Blackstock book available to discuss at its February meeting! *If I Run* is the first installment of a three-book series that centers around a murder, the young woman (Casey Cox) that finds herself on the run, as well as the veteran (Dylan Roberts) who is hired to track her down. This highly rated novel has already motivated several in the book club to begin the next in the series, so come in, pick up your copy, and get prepared to talk! The next meeting will be held on Thursday, Feb. 1, at 2:00 p.m.

#### **History of Suwannee County**

Thursday, Feb. 1, join Eric Musgrove from 10:00 to 11:00 a.m. for his expert presentation on the history of Suwannee County. Every month, Eric details the events and people that impacted this area by using images from various time periods, and his extensive knowledge of local history. Get to know our neck of the woods a little better!

### **Department of Health Education Classes**

The Department of Health will continue their effort to educate and empower, with advice given about the lifestyle changes needed to improve cholesterol levels.

Evidence strongly indicates that high cholesterol can increase the risk of:

- Narrowing of the arteries (atherosclerosis)
- Heart attack
- Stroke

Join the representatives from the Department of Health on Tuesday, Feb. 27, from 1:00 to 2:00 p.m. to learn how to improve your eating habits and activity levels. Boost your health and reduce your risk with a little help from the experts!

#### **Starbooks Café Topic for Jan. 16**

What's one act of kindness you experienced recently?

#### **Weekly JKPL Meetings:**

Starbooks Café	Tuesdays	9:30 a.m.
Crochet Creations	Thursdays	3:00 p.m.
Hot Topics	2nd & 4th Thurs.	10:00 a.m.
Kids Corner	Saturdays	11:00 a.m.



## **BUS TRIPS**

If you wish to ride the ACV bus on these trips, you must contact the IC in person or by phone at 658-3333 to sign up. Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

#### **WEEKLY LIVE OAK SHOPPING TRIPS**

There is no charge for Village members to participate in the regular weekly Live Oak shopping trips. If you have questions, call Member Services at 658-5400.

Please remember to bring your own bags on the Wednesday shopping trips to assist in keeping everyone's purchases separate.

- **Jan. 31, Wednesday** — Fifth Wednesday Shopping in Live Oak.
- **Feb. 7, Wednesday a.m.** — Walmart — Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Walmart at approximately 11:30 a.m. and return to the Village at noon.
- **Feb. 7, Wednesday p.m.** — No shopping trip.
- **Feb. 14, Wednesday a.m.** — Publix — Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Publix at approximately 11:30 a.m. and return to the Village at noon.
- **Feb. 14, Wednesday p.m.** — Walmart — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 4:00 p.m. and return to the Village at 4:30 p.m.

#### **UPCOMING BUS TRIPS**

- Jan. 29 — Dine-Out to Big Nick's BBQ
- Jan. 31 — Fifth Wednesday Shopping in Live Oak



## **LUNCH & DINNER SPECIALS**

**Friday, Jan. 26**

BBQ Pulled Pork, Macaroni and Cheese, Cole Slaw, and Cornbread

**Saturday, Jan. 27**

Chicken Pot Pie Over Rice with Puff Pastry



Feb. 3 — All Aboard Festival in Live Oak  
 Feb. 6 — Dine-Out to Red Ginger Asian Bistro  
 Feb. 10 — Community Concerts of Lake City: The Humdingers  
 Feb. 16 — Gainesville Shopping

**COMMUNITY CONCERTS OF LAKE CITY:  
 THE HUMDINGERS**

**Saturday, Feb. 10, 7:30 p.m.**

**Florida Gateway College**

**Alfonso Levy Performing Arts Center**

**149 SE College Place, Lake City**

**5:45 p.m. - DH & 6:00 p.m. - LAP**

**Bus: \$5.00 members, \$9.00 non-members**

The Humdingers barbershop quartet entertains with tight four-part harmony, soft shoe tap dancing, comedic bits, and antique musical chimes. They've been singing turn-of-the-century barbershop tunes in "Mouseland" for over 30 years.

This event is included in your ACV season pass, or you may purchase individual tickets by calling (386) 365-8488 or visiting [communityconcerts.info](http://communityconcerts.info). Individual ticket prices are \$20 for adults and \$10 for students. The ACV bus fee is \$5.00 for ACV members and \$9.00 for non-members. Sign up at the IC.

**GAINESVILLE SHOPPING**

**Friday, Feb. 16**

**8:45 a.m. - DH & 9:00 a.m. - Lake Aquilla**

**Bus: \$9.00 members, \$16 non-members**

A bus trip to Gainesville to shop, eat lunch, and shop some more is scheduled for Friday, Feb. 16. The bus will leave from DH at 8:45 a.m., and then from Lake Aquilla at 9:00 a.m. Lunch will be Dutch treat at a Gainesville restaurant. Bus cost is \$9.00 for members and \$16 for non-members. Please sign up at the IC.

**DEPARTMENT NEWS**

**THE VILLAGE CHURCH**

**Rev. Sam Worley, Senior Minister**

**Church Office - 658-5344 - P.O. Box 4314**

**SERMON:** "Thanks for the Change"

**TEXT:** Colossians 1:9-14 ESV

**SPEAKER:** Rev. Sam Worley

The next **Men's Fellowship breakfast** will be held Saturday, Feb. 10, at 8:30 a.m. in the RDR. The guest speaker will be Rev. Robin Buchanan. The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher. Come join us for fellowship, prayer, inspiration, and breaking bread together!

The following VC events are happening this week:

**Friday, Jan. 26**

10:00 a.m. — Bible Study, Donald Wrigley (VC Room 5)

1:00 p.m. — VCBI, Michael Saunders (CCC)

**Sunday, Jan. 28**

9:40 a.m. — Morning Worship

11:00 a.m. — Sunday School

3:00 p.m. — Discovery Class

6:00 p.m. — Evening Worship (BC)

7:00 p.m. — Pal Night Event (RDR)

**Monday, Jan. 29**

1:30 p.m. — VCBI, Donald Wrigley (VC Room 5)

6:00 p.m. — Youth Handbells Practice

7:00 p.m. — Adult Handbells Practice

**Tuesday, Jan. 30**

8:30 a.m. — Men's Bible Study (VC Room 5)

2:00 p.m. — GriefShare Class (VC Room 5)

**Wednesday, Jan. 31**

10:00 a.m. — VCBI Class, Michael Saunders (VC Room 5)

6:00 p.m. — Prayer Meeting (BC)

6:30 p.m. — Choir Practice

**Thursday, Feb. 1**

10:00 a.m. — VCBI Class, Paul Cochrane (VC Room 5)

**Friday, Feb. 2**

10:00 a.m. — Bible Study, Tom Spannagle (VC Room 5)

1:00 p.m. — VCBI, Michael Saunders (CCC)

**DINING SERVICES**

**Arlene Yow—386-658-5260**

A couple of operation times have changed in the dining room and Lopin' Gopher. Please note that Saturday and Sunday, the dining room will be open from 11:00 a.m. to 1:30 p.m. Also note that Monday through Friday, the Lopin' Gopher will reopen for service at 2:30 after lunch. The following are the current operation hours:

**Rumph Dining Room**

Monday–Friday: 11:00 a.m.–1:00 p.m.

Saturday & Sunday: 11:00 a.m.–1:30 p.m.

**Lopin' Gopher**

Sunday: 7:30–10:00 a.m. & 3:30–7:00 p.m.

Monday–Friday: 7:30–10:00 a.m. & 2:30–7:00 p.m.

Saturday: 7:30–10:00 a.m. & 3:00–7:00 p.m.

**MEMBER SERVICES**

**James Sutter—386-658-5400**

A member reported to me this week that while repairing her golf cart (which she did not authorize), someone actually broke what wasn't broken. Please do not take it upon yourself to "fix" someone else's golf cart without first asking permission. If you don't know whose it is, but you would like to offer your services, leave a note with your contact information.

There are a lot of germs being passed around. Colds, the flu, nor COVID make good gifts; no one wants you to share with them. Please take precautions when you have any symptoms — cough, achiness, fever, drainage, etc. Wash your hands often, keep your distance when conversing, wear a mask if you might have something contagious, and get tested when applicable. Though to many, these diseases aren't life threatening, they are to some, and we don't want to place those individuals in danger. If you are sick, the best option is to stay home and isolate until your symptoms go away.

**Member Services Tip of the Week**

Please remember to wear your photo nametag. By wearing your nametag you help others learn your name and in turn, you learn theirs. It would also be helpful in case of an emergency.

**Scam Tip of the Week: Phishing Scams**

"Phishing" is a term that describes when online scammers copy the format and look of a legitimate company's website or emails in an attempt to trick unsuspecting individuals to share their usernames, passwords, account numbers, credit card numbers, or other sensitive personal information. They often do this by saying the individual must "confirm" or "update" their account information. If you receive an email asking for personal information, do not click any links or reply. Instead, contact that business using a phone number or web address you know to be genuine, and confirm whether the email originated from them.

If you believe you are the victim of a scam, file a complaint with the Attorney General's Office online at [www.myfloridalegal.com](http://www.myfloridalegal.com) or by phone at 1-866-9-NO-SCAM. You may also file a complaint with the Florida Department of Agriculture and Consumer Services, which acts as the State's consumer complaint clearinghouse, at [www.floridaconsumerhelp.com](http://www.floridaconsumerhelp.com). (Source: The Florida Attorney General's Office).

The Village Post Office



**Monday–Friday**  
 11:00 a.m.–12:30 p.m.  
 1:00–3:00 p.m.

**Saturday**  
 11:00 a.m.–1:00 p.m.

**658-5270**



# **ACV ACTIVITY NEWS**

## **BRIDGE CLUB**

**Betsey Ruehl, Reporter**

The Bridge Club meets on Wednesdays at 1:00 p.m. in the OPR. If you would like to play, please call Betsey Ruehl by noon on Monday at (386) 658-1766. If you cannot reach Betsey, call Betty Driggers at 658-1043.

Congratulations to our Jan. 17 winners: 1st high, Lew Gessler and 2nd high, Lee Dembinski.

Lessons are scheduled for Friday afternoons at 1:00 in the OPR. If you would like to learn how to play bridge or would like a refresher, call Betsey.

## **POLK CERAMICS SHOP**

**Susann Riedel, Reporter**

It's a new year, and things are busy at the Polk Ceramics Shop. Visitors are always welcome. We are located next to the Watkins Hobby Shop on Aquilla Circle (beside Lake Aquilla), and we're open Mondays, 2:00–4:00 p.m., and Wednesdays, 9:00–11:00 a.m.

We're going to be open Saturday, Feb. 3, from 9:00 to 11:00 a.m. This is a new, additional date, so mark your calendars. Come on down and spend some time with friends, Chris, Laura, Lynn and me. We are always happy to see you all.

## **VILLAGE LIBRARY**

**Monday–Friday**

**10:00 a.m.–12:00 noon & 1:00–3:00 p.m.**

**Brenda Reas, Reporter**

New-to-us movies on DVD have been added to our collection lately with more to come. From time to time, you can check the list in the blue folder on top of the DVD carousel for the new additions that have been written in.

If you would like to learn more about square-foot gardening, another book on that subject has joined the group of Hidden Garden reference books to the left of the card catalog.

Please have your ACV ID badge available when you come to check out books and DVDs. We are located in the Schoolhouse Room between the OPR and IC. Our drop box is located around the corner across from the restrooms (beneath the bulletin board), and you may return books and DVDs there at any time.

## **PEN PAL PROGRAM**

**A Committee of the Membership Association**  
**Monica Serlick, Reporter**

We have set the date for hosting the youth here at ACV for a luncheon, bingo party, and walk around Lake Aquilla on March 11 in the SMR/DR from 11:00 a.m. till 2:00 p.m.

I am still waiting for two people (you know who you are) that did not attend the meeting to mail or give me your contribution towards the award we will be presenting in May.

The 66th annual FSyr Open House and Rodeo will be held Feb. 23–25. The Village is invited and is going for the day on Saturday, Feb. 24. Only the people on the bus will have complimentary admission and lunch. If you go by car you will have to pay the entry fee of \$10 per car, and you will have to buy your lunch ticket. Please pay your bus fee of \$5.00 at the IC to reserve your seat (note the price increase). If you go by car, PLEASE do not tell the gate people that you are with the bus from the Village and would like your free entry and lunch tickets. They won't have any available as this is pre-arranged.

If you would like to be a pen pal please contact me at (386) 330-4865 and leave a message. I will call you back.

"Every child deserves a champion — an adult who understands the power of connection and insists that they become the best they can possibly be" (Rita Pierson).

## **STEPHEN MINISTRY**

**Rev. Robin Copeland, Reporter**

According to the authors, Ruth N. Koch and Kenneth C. Hauck, of the book *Speaking the Truth in Love: How to*

*be an Assertive Christian*, these attitudes and behaviors characterize Christians who live assertively:

- Assertive Christians believe they have options.
- Assertive Christians are proactive.
- Assertive Christians believe God values each person.
- Assertive Christians are motivated by love.
- Assertive Christians stand up for themselves without excessive anxiety.
- Assertive Christians are people of integrity.
- Assertive Christians accept their own limitations and the limitations of others.
- Assertive Christians practice self-revelation within appropriate personal boundaries.
- Assertive Christians can choose to behave assertively, aggressively or passively.
- Assertive Christians believe that every person has certain basic human rights.

Stephen Ministers will be reading and discussing this book in greater depth during the 50 hours of initial training. I would highly recommend it to those who wish to improve relating with others. For more information about this book, you can check out Stephen Ministries St. Louis (headquarters) website at [stephenministries.org](http://stephenministries.org).

"Speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ" (Ephesians 4:15).

## **VILLAGE VOICES**

**Nancy Seale, reporter**

TICK-TOCK! TICK-TOCK! The clock is ticking, and the envelope is empty. Drop in your submission as soon as you finish. We are in the "fourth quarter" of the *Village Voices* activity. Please don't be left out. My email address is [basketcasenan51@gmail.com](mailto:basketcasenan51@gmail.com). The envelope awaiting your submission in MS.

# **NEIGHBORHOOD NEWS**

## **BUTTERFIELD ACRES**

**Jack "CrackerJack" Dixon, Reporter**

BURRR ... We have really had frost on the pumpkins this past week. I am all for the colder weather. The snow, hail and sleet can stay north of here as our cold is predicted to be gone shortly and another cold front will move in. Our biggest problem with the 32-and-below temps are our plants. We try to protect them as much as we can, but are not always successful with that.

Please keep Pat and Stan Hall in your prayers. Pat is under hospice care at present. Also, Allan Smith (Arlene Williams's son-in-law), Beth Smith's husband needs our prayers for healing and salvation. They have determined the mass removed from his brain a couple of weeks ago is cancer, and they will be treating it accordingly. Arlene is now in GSC and very upset over Allan's condition, so please pray for the Smith, Williams and Hall families.

Wednesday, the 31st of this month, is Dorothy Morey's 100th birthday, and a big party is being planned at GSC for that day at 2:30 p.m. in the Magnolia community room. If you can, please make it a point to be there. It would mean a lot to Dorothy to see old friends and faces. No gifts, please, but a card would be nice. We have one more birthday left in the month, and that would be Wayne Casey on Jan. 28. Happy birthday to Wayne, and may you have a blessed life trying to make it to 100!

I saw a bumper sticker the other day that said, "You are not fat; you're just easier to see!" My brother-in-law told me that he thought the gal next door was stalking him. He said, "She keeps googling me. I saw it through my telescope last night!" I find that relationships are a lot like algebra. Have you ever looked at your X and wondered Y?

From the veranda overlooking the ever-so-smooth and dust-free 102nd Trail in beautiful BA: "God is our refuge and strength, always ready to help in times of trouble" (Psalm 46:1). Be kind to all you meet,

## ☞ At the Village Square ☜

### Riverside Gifts

The stock continues to increase with unique items to help in everyday life: stylish eyeglass chains, pill containers in a variety of sizes and styles, large battery-powered wall clocks, and desktop battery-powered clocks. There are big and bright stuffed pillows to decorate your sofa or chair. Tall glasses with nonslip sides, a glass straw, straw cleaner, and a cover.

New very reasonably priced cloth bags have arrived. Some are plain and have handles for ease of carrying. The smaller bags have beautiful sayings and are designed to tuck into your suitcase, purse or walker. All styles vary for men and women.

Sometimes a unique gift is just the right thing when you want to spread a little joy to a friend. We have beautiful packs of springtime flower cards, larger magnets with inspiring or silly sayings, and aromatic hand creams.

We are all enjoying listening to the grandfather clock tick away and gently bong on the quarter hour. Ask the volunteer working in the shop about purchasing it and how to get it delivered to your home.

Reminder: Watch batteries can be replaced for a reasonable price. Ask for details.

658-5771. Open Monday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

### Rustic Shop

We are already planning on how to surprise family and friends on Valentine's Day! Stop by to talk with our volunteers who can create a personalized gift basket of any size for you.

The jewelry collection continues to expand with vintage and rare necklaces, earrings, rings, and bracelets. There are also cufflinks and tie clasps for men.

Two new China dinnerware sets are on display with 12 place settings and additional service pieces. Choose cloth napkins to coordinate with the dishes, and ask how you can make the setting even more festive.

Beautiful afghans are available at reduced prices to help us curl up in this cold weather.

658-5273. Open Monday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

### Twice Nice Shop

Winter destinations are on everyone's mind. Travel to The Top Shop for **huge sales for women. Women's jeans are on sale for \$2.00.** Search the men's world to discover excellent prices on shirts, pants, and jackets. There are also hats ready for you!

Trying new recipes or indulging in your favorite desserts is possible when you choose a **cookbook now on sale** in The Book Nook. Check out the fantastic low prices on books, especially mysteries, right now. You'll also find books about destinations all over the world.

A large box of Bibles has just arrived, and as you know, all Bibles and hymnals are always free.

658-5271. Open Wednesday–Saturday, 10:00 a.m.–2:00 p.m.

## ☞ On CR 250 ☜

### Twice Nice Furniture & More

23353 CR 250 • 658-5871

Mondays and Thursdays, 8:30 a.m.–1:00 p.m.

Saturday, Feb. 3, 8:00 a.m.–12:00 noon

We want to take this time to thank you for all of your donations. Most probably know that our shop supports the ACV Benevolent Fund. This week we have been blessed to also help the homeless and needy with warm jackets and blankets. Your donations made this possible. Thank you.

and never forget who is in charge. Isaiah 40:28–31. God bless!

### CARTER HOUSE

Monica Serlick, Reporter

We have no anniversaries and one birthday coming up for the beginning of February. We extend a heartfelt birthday wish to Beth Faerber on Feb. 3. May God continue to bless you with health, happiness, joy and peace throughout your birthday season. "Wishing you lots of joy, laughter, and unforgettable moments as you celebrate another birthday! May this year be the best one yet" (parade.com).

Please keep Lynn Harris who is in recovery in your prayers. Please continue to keep all those who are ill, recovering or struggling in your thoughts and prayers. If you know they may need a helping hand, be the first to show your kindness to them.

If you have any news you would like to share with others, please call and give me details.

Time to remind everyone, once again, that things placed on the share table in the TV room should only be items that have been gently used and are clean. Items of clothing that are stained or torn, undergarments, and broken or non-working items must be thrown in the trash. Larger unwanted items may not be placed in hallways; it is the tenant's responsibility to call Twice Nice to pick up the items or to throw them away.

On Wednesday, Jan. 31, at 6:00 p.m. there will be a class held for those wishing to learn how to play the dice game Farkle. Each person is required to have six dice in order to play. This class will be taught by some of the members of the advanced group.

As I travel my spiritual journey, I often pray and ask the Lord, what is my purpose, what do you want me to do? He answers in the most interesting ways. I spoke with my neighbor, Helen Brooks, and she showed me a poem she wrote. It touched my heart and answered my question, so I thought I would share Helen's poem with everyone.

*Just a Thought*

By Helen Brooks

The little Christ Child, in Mary's arms,

Knew and felt her love ...

The Baby was sent ... a Sacrifice

From the Father up Above ...

But now the shepherds have returned

To flocks on distant hills ...

And visitors have gone away to live their lives at will.

But what shall I do now I've met the King,

I must prepare my heart!

How else will He come in to me if I

Won't do my part?

On bended knee, I'll seek my Lord

And listen for His Voice ...

And spread the Gospel far and wide

That others may rejoice!

I'll be the eyes and hands of Christ ...

His works each day pursue,

And someday I will hear Him call ...

"I've been waiting just for you ...

Amen."

Peace to everyone, and remember kindness starts with you.

Remember to be respectful of other residents and visitors. Please do not confront anyone if you think they are violating any of ACV's rules or policies. If you see anything that you believe is out of the ordinary or inappropriate, please contact the IC at 658-3333 and report it. They will ensure someone is sent to check things out. This is your home, IF YOU SEE SOMETHING, SAY SOMETHING!

### DOWLING HOUSE

Patricia-Adele Lyons, Reporter

Remember to wish a happy birthday to Patsy Odenbrett on the 30th, and Angie Cruciata on the 31st. Pray you both have a blessed day in Christ.

Jeanne Dow moved from DH to Jacksonville on Monday, the 22nd, to be near family.

Stephen McGill is healing nicely after his eye surgery. Please continue to pray for continued healing.

As I sit in the laundry room doing my favorite chore (ha!), I can hear conversation and laughter

coming from the solarium where a card game is taking place. In these days and times, it is nice hear fellow Christians enjoying peace in the presence of our Lord, Jesus Christ.

"For in Him, we live and move and have our being" (Acts 17:28).

### **EDGEWOOD TERRACE**

**Sandra Kelly, Reporter**

I am so grateful to be saying ... Hello again, ET! Happy birthday to Stephanie Dale on Jan. 25, Steve Reach on the 26th, Russell Wadsworth on the 27th, and Sarah Sisk on the 31st. May you know joy that is shared with others, the hope that gives you peace, and a life filled with daily adventure and fun-filled hours with those you love.

I was talking to another ET resident who walks around the neighborhood frequently. During the conversation, she stated that as she passed individual homes she prayed for the occupants. What a wonderful idea. Now why didn't I think of that? We may not be able to participate in conversation with everybody, but nothing keeps us from saying a prayer for their well-being. We aren't always aware of the pain, loneliness, or desperation that others feel. A prayer can help more than we may ever know. Individually we all become so wrapped up in our own daily challenges that we forget that others have issues of their own. Many of my own neighbors are facing back pain, surgery, acute illnesses, or other physical, medical, or emotional needs, and I'll bet your neighbors are also.

Recuperation is a long, fun-filled process, depending on your definition of fun, of course. One of my adventures in recovery was to go into Lake City for a bone density test. Medical people seem to assume that if you are somewhat elderly and have a fall or a broken bone it is due to osteoporosis. This might be noted as something I learned on the way to the emergency room. At a normal level, bone replacement is equal to bone loss. We can fail to keep this normal level when we become careless of nutrition, exercise, and medication. There are of course some diseases that cause osteoporosis, over which we have little or no control, but for most of us, sometimes we kind of slide into poor health practices that eventually cause us problems.

If you drink a lot of milk, great, but that isn't the only way to obtain calcium in your diet. Soy beans, collards, kale, spinach, turnip greens, and broccoli all provide added calcium. Exercise is important because pressure assists the bone fibers in binding together to make a more compact connection. Consistent exercise helps keep our joints moving and supple. Posture is important because as we age, we tend to slump. I don't know about you, but more and more I tend to conform my body to the contours of my La-Z-Boy, and that is not really a good thing!

Osteoporosis is a real medical issue, and we should all discuss any questions with our medical providers. There are medications to assist with bone building, but those should be prescribed after full knowledge of where we stand medically. And like me, maybe a bone density test is in your future. We need to know our health status so that we can enhance our chances of staying comfortable in our old age and keeping out of the emergency room!

Stay healthy, people! It is so much more fun than recovery.

### **GOOD SAMARITAN CENTER AND DACIER MANOR**

**Bruce Arnold, Reporter**

On Jan. 5, Alaska Airlines Flight 1282 took off from Portland, Oregon. At 16,000 feet a door plug suddenly fell off the 737 Max 9. Two cell phones (thankfully no humans) were sucked out of the plane fell to the earth. One of the phones was found intact, with no damage, still fully functional! Remember the Timex watch slogan years ago? "It takes a licking and keeps on ticking!"

A company called Spigen makes the Cryo Armor Case, which retails for \$65. This was the case the phone was in! I have a Spigen case for my phone, but not the Cryo Armor Case. Maybe I should upgrade! I

would think the Spigen company can have a very good advertising campaign considering this recent event!

In Jude 24, we read this benediction, which tells us that Jesus can keep us from falling and present us before God's glorious presence without fault and with great joy! Now, I'm not going to jump out of any airplanes just because of that! (Maybe, with a parachute, though!) But when we trust in the Lord Jesus as our savior, we can be sure that no matter what comes our way, He will never allow us to be overcome. He will always make a way for us to get through!

1 Corinthians 10:13 tells us that God will always make a way of escape in the midst of temptations. Be thankful today that we have a God who cares so much for us, and is able to do what we can't do ourselves, to keep us secure in Him!

On Tuesday, Jan. 23, Michael Saunders brought a guest with him to visit our residents at DM. Rev. Stephen Atkinson came to share with us about his involvement in ministry to Jewish people in the USA. He read from Psalm 67, as a prayer of God's people, and encouraged us to pray that Jewish people would find their salvation in Jesus. Thanks, Michael and Stephen, for coming to challenge us this way.

GSC has been celebrating our activities personnel all week. On Tuesday we tasted many different and delicious treats from many of the staff who contributed them. On Friday, Dick Grillo is coming by to sing and share with us as we dress up for a tea party. We've also seen thrilling movies and even had a baby shower for Amber Anderson!

We're thankful for these who keep us busy with activities at GSC!

### **SMITH RIVERVIEW**

M. Jean Templeton went to be with the Lord Jan. 22. She was a longtime resident in RW and RV. A memorial service will be live streamed on March 2 from Macedonia Baptist Church in Jackson, Georgia. It would have been her 95th birthday.

### **RIVERWOODS**

**Betsey Ruehl, Reporter**

The RW Social Committee is in the planning stages for your next event. If you have an idea or suggestion, contact someone on the committee: Barbara Bertolino, Ann Thompson, Steve and Sharon McLeskey, Phyllis Rand or myself. We are looking for new committee members. Nancy Hallberg and Pete and Jean Ard are considering this.

While compiling the hours on the blue Volunteer sheets, occasionally there is someone who records their hours but doesn't state the purpose. That is how I learned about the new bocce court being built at the CCC. Thanks to Crosby Hatch for undertaking this project. As the weather warms up, it will be great to play outdoors again in an activity that is fun but not overly strenuous. More on that later.

I recently learned of someone who needed to find a home for a cat. Thankfully, I knew someone who needed a new furry friend and will meet her new buddy soon. It seems there are two others needing placement. Call me at 658-1766 or Ellie Foerste at (407) 908-4379 to get more information. It was my pleasure to help a friend by checking in on her cat a few weeks ago. Loving is almost guaranteed with just a little bit of attention.

With all the airborne illnesses going around, I was trying to find out if there were distinguishing characteristics. According to the CDC, flu, COVID, RSV and colds share symptoms of fever, chills, cough, and runny or stuffy nose. Additionally, headaches, fatigue, vomiting or diarrhea, plus muscle or body aches are common with the Flu and COVID. If you experience a new loss of taste or smell, it may be COVID. If you are wheezing or experiencing a decrease in appetite, it might be RSV. Throw in watery eyes and mucus dripping down your throat and it may probably be a cold. When in doubt, see your doctor.

Recently, in conversation, the topic of dreams and aspirations came up. It made me curious about how others decided on their careers. Chat with me, and it may be a new idea for a future column.



## **MEMBER BENEFITS**

ACV offers a variety of programs and services to its members under the membership program. Members pay a monthly fee to provide supplemental support for this array of services and programs, meeting many of the varied needs of its members, as well as providing the opportunity to live his or her life to its fullest potential and highest level of independence. Some services you may not need today, you may well find important or essential in the future, and your financial participation makes it possible for your neighbor to have access to the services they need now.

### **This week's member benefit of note:**

Members are given priority placement on the waiting list for DM, provided the member's needs match the services offered. Priority placement specifically means that when a room becomes available in the assisted living facility, ACV makes the room available to a member if approved. Admission is based on the level and severity of need as determined by ACV.

## **FOR YOUR INFORMATION**

### **ATTENTION ACV BOOK AUTHORS**

Feb. 9, 12:00 noon–1:00 p.m. all three of the Harbinger Bible Conference speakers will be selling and autographing their books in RDR. If you are part of the Village and have written a book, you are invited to join us with your books. Tables will be set up in RDR so folks can look at the books at lunch. For additional information please call Dr. Michael Saunders and leave a message. We hope you will join us!

### **HUMAN TRAFFICKING EVENT RESCHEDULED**

Human trafficking awareness and internet safety is a very important topic for all of us, but it is especially vital for our children and grandchildren. When we think

about how to deal with this topic, we can easily become overwhelmed! Pastor Randy Lamb will be providing training for us who are interested in how the internet is used in human trafficking and what we can do to protect our grandchildren. He will be using some of the training materials provided by the Tim Tebow Foundation as well as other information. You may bring your laptop or cellphone to the training, but that is not required. This free session, sponsored by the WHFMS, will be offered Feb. 12, at 3:00 p.m., in Room 5 at the VC. The sessions will be limited to 15 people so you MUST preregister. Additional sessions will be scheduled as needed. For questions, or to preregister, call Karen Hall at 658-3210. Feel free to leave a message.

### **PHOTO DISPLAY IN PHILLIPS CENTER Gary Kueppers, Reporter**

New photos have been posted in the photo gallery next to the Lopin' Gopher. The theme is "Windows" or one's interpretation of it. These will stay for awhile. The next themes are "Sunrises/Sunsets" and "Fowl & Foul". If you have any photos you have taken that fit these themes, please let me know. You can email a copy to me at gkuep1945@windstream.net or phone me at (386) 249-9992. I can also scan a printed photo if needed.

### **FROM BAGS TO BEDS**

This is just a friendly reminder that the gathering on working on the plarn mat process will be taking place Thursday, Jan. 25, from 2:00-4:00 p.m. The location has changed to 11082 Millsite Lane. There will not be a meeting at Verna's place on Friday, Jan. 26. As I mentioned last week, Verna has resigned from this position after many years of great service. She has mentioned she may pop in once in a while. Hope to see you there.

Linda Warner (Douglas)

### **BOB COPELAND'S NEWEST BOOK *Personal Revival***

Bob Copeland's newest book is now available on Amazon in Kindle format only. It is titled *Personal Revival* and subtitled "Experiencing a Spiritual Awakening Within."

His book can be summed up with these words: "Every large-scale revival, without exception, begins with a personal revival."

### **VOLUNTEER INCOME TAX ASSISTANCE**

The Volunteer Income Tax Assistance (VITA) program is returning to First Baptist Church of Dowling Park. Volunteers will be at First Baptist Church of Dowling Park on Saturdays during income tax season to assist people who make less than \$75,000 per year. They need volunteer greeters, preparers and reviewers to help those who have simple returns to get their taxes done for free. Free training will be provided.

VITA volunteers make tax returns simple. Any help you can give would be appreciated for this calling. For information, contact Jim Broten at (386) 209-6831 or JMB013@live.com.

### **LEGAL SERVICES**

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the VS professional offices: Jan. 19, Feb. 2 and Feb. 16. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 117.

### **FINANCIAL ADVISOR**

Wendy B. Meyer, CFP®, CRPC®, CDFIA®, financial advisor with Ameriprise Financial Services, LLC is at the Village on the third Wednesday of every other month (February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the VS professional offices. Call (850) 973-8888 for more information or to schedule an appointment.

### **HAIR CROPPERS**

We appreciate your patience, prayers and get well wishes. Kutana is home recovering from an adverse

**VIEW OUR  
PHOTO  
DIRECTORY  
ON YOUR MOBILE  
DEVICE!**

FREE App for iPhone,  
iPad & Android



Our photo directory is a great resource tool that allows you to get to know our ACV and Village Church households better!

Simply go to the App Store, search for *Instant Church Directory*  and download the FREE app to begin.

You will use your email address listed in the directory to CREATE A LOGIN the first time you use the directory app.

If you're not listed in the directory, OR if you have trouble logging into the app, please call 658-5400.

 



reaction to a medication that created some health challenges. She is on the mend! In the meantime, we have Brenda Baker filling in for her.

If you would like to support Kutana on her journey to wellness, or send her blessings for a speedy recovery, please send cards via mail to Kutana Baker, c/o Hair Croppers or feel free to swing by the shop on Fridays.

Schedule your appointment today by calling or texting (386) 205-3791.

**SQUARE CUTS AND MORE**  
**Monday, Tuesday and Thursday**  
**12:00 noon to 7:00 p.m.**

Call (386) 647-6240 for an appointment.

Kindly give 12–24-hour notice for cancellations or extra charges will apply.

**SUWANNEE BELLE PONTOON BOAT**

The dock used to board the Suwannee Belle is damaged and needs to be repaired before we can offer pontoon boat rides again. We're sorry for any inconvenience.

**RIDE-ABOUT**

If you're interested in utilizing the Ride-About (ACV's red, 10-passenger golf cart) for a tour of some kind, call MS at 658-5400.

**ACV QUESTIONS AND ANSWERS**

Do you have a question about the Village you think others would also like to ask? Did you see something curious or hear something you'd like confirmed? Submit your question to Member Services, and we will do our best to find out the answer for you and publish it here. You must include your name with the question because follow-up information may be necessary.

Q: When is the next scheduled Market Day?

A: ACV will hold four Market Days in 2024. The following are the dates: March 16, April 20, Sept. 21, and Oct. 19. Oct. 19 will be Autumn Fest. If you'd like to have a booth at one of the regular Market Days or at Autumn Fest, contact the Village Lodge at 658-5200.

**THANK YOU**

Thanks to the person who found my walking cane and kindly placed it in my golf cart. I don't know who you are, but I certainly appreciate it and will try to pass along your kindness.

Gretchen Tanner

To our first responders, SCSO, and EMTs, thank you so much for all you do, 24/7, to keep us well and safe! In silly, small things, like locking the door with my keys inside, the first time in 20 years, to the "big" events (for me in November 2019). You all have been there for me and all of us here. We should be very GRATEFUL! You are appreciated, you are wonderful, and I pray for you daily. Thank you, all! In gratitude,

Jeanne Florence

**MISCELLANEOUS**

**PLEASE NOTE:** All submissions to the FNN must have a name attached. If you prefer to not have your name included with the listing in the FNN, indicate that on the submission. Only ACV members and staff may advertise here. Ads run for two weeks.

**FOR SALE:** Remember paper road maps? I have a large collection of new and nearly-new maps, mostly from the '80s and '90s. Most are U.S. and Canada; some foreign. Seeking collector or eBay seller who sees them for future appreciation or individual resale. \$100 firm. Call 658-1586.\*\*

**FOR SALE:** 1991 mobile home in POP. Two bedrooms and two full baths. Has large screened-in porch on front, with cement floor and added storage under step platform. Rear has small deck with steps, wheelchair ramp, and carport. Heat pump and air only three years old. Home heats and air cools very cheaply (electric bill approx. \$64 month). Asking \$43,000, offers welcomed. Contact Steve Shuman at 386-688-2233.\*\*

**FOR SALE:** 2 second row van seats, reclining captain chairs from a 1999 Plymouth Grand Voyager van. Gray cloth, very nice. \$350 each or \$600 for the pair. I can send photos. Call 386-688-6610.\*\*

**FOR SALE:** 1996 E-Z-GO electric golf cart, 4-seater. I have receipts for all upgrades and additions put onto the cart. \$4100 OBO. Call Monica at 386-330-4865.\*\*

**FOR SALE:** Queen size lift bed, \$400 OBO. Chest of drawers with 3 drawers, best offer. Kitchen table with 4 chairs, best offer. Two end tables, best offer. Contact Bruce at 850-209-6746.\*\*

**IN SEARCH OF:** Looking for a used vehicle — a car or small pickup truck. Please call 386-688-0582 or email bbearns@gmail.com.\*\*

**FOUND:** Large black Samsung phone and a small TCL phone. Contact IC at 658-3333 to identify.\*\*

**FOR SALE:** Valentine's specials: Valentine heart guest soaps, one free with purchase of bar soap (5 guest size for \$5.)—cold process bar soap. Handcrafted with shea butter, cocoa butter. 2½–3 oz. half bar, \$2.50/ea., 5–6 oz. full bar, \$5.00 each. Real pressed flower Valentine cards \$5/each (quantity limited for special holiday occasions). African violet starter plants, mini, semi-mini and standard, \$4–\$5 each. Call 352-249-4748.\*

**FOR SALE:** Hi-Tech Oxygen Concentrator \$500. Brand Inogen G4, model 10-400. New AC adapter plug, internal concentrator columns. Good for 3000 hours of operation. Small compact, portable with two batteries, and new breath tubes. Original price around \$3000. Contact Joel at 658-1313.\*

# February 2024

PLEASE KEEP THIS PAGE FOR THE MONTH OF FEBRUARY;  
IT WILL APPEAR THIS WEEK ONLY.

**NELDA HATCHER, REALTOR®**  
**POOLE REALTY, INC.**  
neldamhatcher@hotmail.com • 688-8067

**Lot 11 W. Wildwood Cir.:** \$20,000; .214 acres;  
85' (frontage) by 110', wooded. MLS 120450.

**23318 Live Oak Ln.:** \$350,000; 1,691 sq. ft.; built in 1998; 3 br. 2 bath, Florida room, 2-car garage, granite countertops, new roof; many updated features. MLS 121508.

**10411 Wildwood Cir.:** \$279,000; 1529 sq. ft.; built in 2004; 3 br., 2 bath, 2-car garage, screened porches on front and back, new roof. MLS 121826.

## Birthdays

- 1.** Jay Dresser, Cathy Mellinger, Lloyd Weeks\*; **2.** Lorraine Casey, Bob Story, Tommie Tuten; **3.** Carl Daniels, Beth Faerber, Carole Rainsberger;  
**4.** Nelda Hodek, Joyce Zoellner; **5.** Phillip Platania\*; **7.** Ken Wood, Patricia Hartmann, Sharon Germaine; **8.** Earl Clement, Jackie Christenson, Michelle Martel, Penny Wrigley; **9.** Petey Briggs, David Bryant, Jerry Hotmire, Dan Jones, Pat Schramek, Judy Young; **11.** Beth Bauer, Norma Jean Combass;  
**12.** Erma Blackburn, Ginny Ballard, Mark Klemesrud\*; **13.** Alisa Staats, Inez Wilkerson, Roland Greenwood\*; **14.** Frank Hreha, Charlene Reas, Marilyn Iverson, Patricia Moseley; **15.** Glynn Dasher, Connie Hanson, Evelyn Grier\*, Merlinda Jackson\*, Joyce Royal, Sherwood Sawyer;  
**16.** Dick Grillo, Mary Ann Reach, Lillian Shuman, Carolyn Wadsworth;  
**17.** Barry Willette, Angela Wilson; **18.** Lynda Thurston;  
**20.** Carmen Doncel-Whitney, Teresa Zimpfer\*; **21.** Ann McCollum, Sandra Hooter, Linda Varnell, Virgil Foxx\*; **22.** Annabel Christiansen;  
**24.** Ronnie Beckham; **26.** Diana Evans\*, Eleanore Catarious, James Frassetto, Joan Zachow\*; **27.** Bonnie Russell\*; **28.** Scarlett Petroff.

## Anniversaries

- 12.** Fred & Dot DeVane; **16.** Cathy & John Nicely, Teresa & Brian Pahl;  
**18.** Carole & Gary Kueppers.

**\*Denotes GSC resident. Send cards to P.O. Box 4325.**

**FNN purpose:** The *Friendly Neighbor News* (FNN) is published and distributed weekly by the Member Services office with the aid of volunteers. As an official publication of the membership of Advent Christian Village at Dowling Park, Florida (ACV, www.acvillage.net), its purpose is to inform the ACV community (members, staff and friends) of events, news, and services. The FNN, funded by membership fees, is delivered (without charge) to on-campus residences and facilities and to residences in the satellite communities of Dowling Manor, Dowling Park North, and Butterfield Acres. Additional copies are distributed to several Village Square locations and to the Information Center for visitors. **FNN ad policy:** ACV members and employees (only) may advertise in the FNN. For ad information, call Member Services at (386) 658-5400. All member and staff ads will be strictly limited to a maximum of eight lines and will be run for two weeks. The ad submission must include the person listing the ad (but does not need to be published). Deadline for submissions is Tuesday by noon of the week for publication unless otherwise publicized and may be sent by email to fnn@acvillage.net, dropped off in the FNN box near the IC, or delivered to Member Services. **Volunteer editorial staff:** Paul Cook, Verna Piper, and Liz Reynolds. **Electronic distribution:** If you would like to receive the FNN electronically through email, contact Member Services at (386) 658-5400 or fnn@acvillage.net.

Join us at the River Landing Bistro for

# Valentine Dinner

Wednesday, February 14

It's our one-year anniversary and we're celebrating with a romantic dinner for Valentine's Day! Enjoy your choice of three menu selections, all come with house salad, dessert and beverage, \$24.95 per person.

We offer three seating times for your convenience: 4:00, 5:00 and 6:00 pm.

## *Menu Choices:*

### **Prime Rib (8 oz)**

*with Baked Potato & Vegetable*

### **Bourbon-Glazed Salmon**

*with Confetti Rice and Vegetable*

### **Chicken Piccata**

*over Linguini with Garlic Toast*



This is a special event by **reservation only**. Please purchase your tickets with menu selection at the Bistro by February 7th.



Prices Effective 1/26– 2/2



# THE VILLAGE GROCER

Monday–Saturday • 9:00 am–6:00 pm • We deliver at 2:00 pm every day! \* 658-3130

## GROCERY

Mott's Clamato Juice	32 oz.	\$ 2.99
Snow's New England Clam Chowder	15 oz.	\$ 2.99
Star Kist Solid White Tuna in Water	5 oz.	\$ 1.89
Gary's Sugar Free Syrup	12 oz.	\$ 2.69
Armour Vienna Sausage	4.6 oz.	\$ 1.19
Welch's Grape Jelly, Squeeze Bottle	20 oz.	\$ 3.29
Hunt's Ketchup	14 oz.	\$ 1.79
Ben's Long Grain Wild Rice	8.8 oz.	\$ 2.99

## DAIRY

Move Over Margarine	10 oz.	\$ 1.99
Activia Variety 4 Pack Yogurt	4 oz.	\$ 4.29

## PRODUCE

Yellow Cooking Onions	3 lbs.	\$ 2.29
California Navel Oranges	2 for	\$ 1.39
Hungry Man Dinners, all varieties	16 oz.	\$ 3.99

## MEAT

Boneless Bottom Round Beef Roast	per lb.	\$ 5.99
Boneless New York Strip Steak	per lb.	\$ 9.99
Bone-in Pork Chops	per lb.	\$ 5.29
Sugardale Applewood Bacon	12 oz.	\$ 3.99
Swaggerty's Breakfast Sandwiches	12 ct.	\$ 5.99
Seabest 3 1/4 ct. Cooked Shrimp	12 oz.	\$ 5.99
Bar-S Corn Dogs	1.34 lbs.	\$ 4.69

## CHEESE OF THE WEEK

Pepper Jack Cheese — \$6.39 per lb.

**DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN**

Full chicken \$9.99, Half chicken \$5.99

\*\* Call 658-3130. Order by 11:00 a.m. for 2:00 p.m. pick-up! \*\*

### This Week's Verse:

Here I am! I stand at the door and knock.  
If anyone hears my voice and opens the door,  
I will come in and eat with him, and he with me.

Rev. 3:20

\*Delivery available to on-campus ACV members only

## Midday Dining Menu

Monday–Saturday 11:00 a.m.–1:00 p.m.  
Sunday 10:45 a.m.–1:00 p.m.

**Jan. 26–Feb. 2, 2024**

### FRIDAY, 1/26

**\$2.53 Soup:** Clam Chowder

**\$6.44 Entrées:** GF Baked Catfish, GF Boiled Shrimp, Chicken Cordon Bleu, Fried Catfish

**\$1.21 Sides:** Mixed Greens, Beets, Salad, Fruit, Baked Beans, Cheese Grits, Mashed Potatoes with Gravy

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

### SATURDAY, 1/27

**\$2.53 Soup of the Day**

**\$7.59 Whistle Stop Special:** Breaded Chicken Sandwich, Fruit or Potato Salad, Fried Pickles, Assorted Desserts, Fountain Drink

### SUNDAY, 1/28

♪ Piano music provided by Joan Wittman. ♪

#### Lunch Buffet

**Members \$12.63 | Non-Members \$17.81 | Beverage Included**

**Entrées:** Broccoli Quiche, Pork Loin Ribs, Fried Chicken

**Sides:** Bermuda Vegetable Mix, Fruit, Salad, Baked Beans, Chuck Wagon Corn, Macaroni and Cheese, Mashed Potatoes with Gravy

**Desserts:** Assorted Regular and NSA Desserts

### MONDAY, 1/29

**\$2.53 Soup:** Soup of the Day

**\$6.44 Entrées:** Chicken Livers, Chicken Alfredo

**\$1.21 Sides:** Five-Way Vegetables, Three Bean Salad, Side Salad, Cold Salads, Cheesy Grits, Rice

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

### TUESDAY, 1/30

**\$7.70 Special:** Salad Bar

**\$6.44 Entrées:** Creamy Garlic Shrimp, Country Fried Steak with Gravy

**\$1.21 Sides:** Prince Edward Vegetable Mix, Beets, Fruit, Cold Salads, Pasta, French Fries

**\$2.76 Desserts:** Assorted Regular and NSA Desserts

**NOTE:** Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$1.30.

GF=Gluten-Free      NSA=No Sugar Added

# Rumph Dining Room Midday Dining Menu

Jan. 26–Feb. 2, 2024

## WEDNESDAY, 1/31

- \$2.53 Soup:** Soup of the Day  
**\$6.44 Entrées:** Ham and Broccoli Rice Casserole, Fried Chicken  
**\$1.21 Sides:** Cabbage, Cauliflower, Fruit, Cold Salads, Mashed Potatoes with Gravy  
**\$2.76 Desserts:** Assorted Regular and NSA Desserts

## THURSDAY, 2/1

- \$2.53 Soup:** Soup of the Day  
**\$6.44 Entrées:** Chili, Chicken Pot Pie Filling with Biscuit  
**\$1.21 Sides:** Beets, Carrots, Cold Salads, Baked Potato  
**\$2.76 Desserts:** Assorted Regular and NSA Desserts

## FRIDAY, 2/2

- \$2.53 Soup:** Lobster Bisque  
**\$6.44 Entrées:** GF Baked Catfish, GF Boiled Shrimp, Ham, Fried Catfish  
**\$1.21 Sides:** Mixed Greens, California Vegetable Medley, Baked Beans, Cold Salads, Cheese Grits, Mashed Potatoes with Gravy  
**\$2.76 Desserts:** Assorted Regular and NSA Desserts



### RUMPH DINING RM. \$8.85 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread,  
and a fountain drink.  
For premium entrée, add \$2.30.



### RIVER LANDING BISTRO LUNCH & DINNER SPECIALS

**Friday, Jan. 26**

BBQ Pulled Pork, Macaroni and Cheese,  
Cole Slaw, and Cornbread

**Saturday, Jan. 27**

Chicken Pot Pie Over Rice with Puff Pastry



**658-5259**

**Mon–Fri:** 11 am–1 pm

**Sat & Sun:** 11 am–1:30 pm



**658-5259**

**Sun:** 7:30–10 am | 3:30–7 pm

**Mon–Fri:** 7:30–10 am | 2:30–7 pm

**Sat:** 7:30–10:00 am | 3–7 pm



**658-5777**

**Wed–Thurs:** 11 am–2 pm

**Fri–Sat:** 8–10:30 am | 11 am–8 pm



## WATER ACTIVITIES

**AQUATONE:** Aquatone is a water therapy class for people suffering from the pain of arthritis. This class uses a protocol from the Arthritis Foundation. If you experience pain associated with arthritis, or you are new to aquatic exercise, this is a great class to join.

**JACUZZI:** Water temperature ranges from 100–110 degrees. Please limit time to 15 minutes per session. No children 5 and under. Please observe posted rules.

**LAP SWIMMING:** Lap swimming is excellent exercise for toning and strengthening the entire body. It is also great for the most important muscle in your body...your heart! Lap swimmers have priority during designated times. Please check the reverse side for lap swim times. **88 pool lengths = 1 mile**

**WATER AEROBICS:** This class is designed to increase your heart rate in order to strengthen your cardiovascular system. This class also includes stretching and muscle strengthening exercises. Water volleyball is played from 8:45-9:30 a.m. between the morning classes.

**WATER VOLLEYBALL:** This group plays every Tuesday and Thursday at 3:00 p.m. **Copeland membership required.** You do not need to join a team; just come! **If you are 18 or older**, come join us! We need all the help we can get!

## WEIGHT ROOM

**FITNESS BASICS:** Copeland Center staff is available to assist members with the machines in the exercise room. If you are interested, please call the CCC at 658-5555.

## WALKING

**1¼ LOOP:** Start at Copeland—end at Copeland. This great beginner's trail is well marked for you.

## Shuffleboard

Shuffleboard is a game played by pushing disk with a long handled que over a marked court. The Copeland Community Center has a great shuffleboard court available for you to use any time we are open! Come on in to the front desk and ask us about it!



## **Monday & Friday**

**9:00–11:00 a.m.** played at the Court located by the Wood Working Shop. Inclimate weather (cold, windy, or rainy) this team plays indoor at the Camp Suwannee Pavilion. **Wednesday 8:00–11:00 a.m.**

The members of the pickleball team travel into Live Oak and play at the coliseum. With any questions please contact Cindy Hett 658-2685 or the Copeland Community Center.

**Pickleball** is a racquet sport for all age groups and levels. It combines elements of badminton, tennis, and table tennis. Come out and watch or join in the fun!

## EXERCISE

### **EXERCISE on TV2:**

Exercises are done seated or standing by a chair for support on TV2. If you are just beginning an exercise program, this is a great class to try!

### **TABLE TENNIS at MPR/CCC:**

Table Tennis helps you build strength, coordination, and sharpens your brain without risking serious injury. It is a fun and easy way to burn calories and enjoy social time. Come join in the fun every Tuesday at the MPR in the CCC.

# Stretching

*with Joyce Berra  
on DVD*



Tuesdays & Thursdays 8:30–9:30 a.m.  
in the CCC Multi-purpose room

**Stretch and strengthen your body;  
release tension; ease your mind!**

*This is a gentle class that focuses on posture,  
Breathing and Relaxation.*

## Ping Pong

Did you know that the CCC has a ping pong table that is available to use. It is located in our multipurpose room! Bring a friend and come on over and play!





**Copeland Community Center (386) 658-5555**  
**Monday-Friday 6:00 a.m.-5:00 p.m. & Saturday 9:00 a.m.-NOON**

**ACV Health & Fitness Activities**

Days	Activity	Location	Time	Group Leader
M-F	Lap Swimming	Copeland Pool	6:00-8:00 a.m.	
MWF	Walking and Step Class with Donna	MPR/CCC	8:30-9:15 a.m.	VIDEO
MWF	Water Aerobics	Copeland Pool	9:30-10:00 a.m.	Emma Harmon
MWF	Aqua tone for Arthritis	Copeland Pool	10:05-10:55 a.m.	Emma Harmon
MF	Pickle Ball	Court on Aquila Circle	9:00-11:00 a.m.	See back for more information!
T TH	Stretching with Joyce Berra	MPR/CCC	8:30-9:30 a.m.	VIDEO
MWF	Open Swim	Copeland Pool	11:00 a.m.-5:00 p.m.	
T TH	Water Volleyball	Copeland Pool	3:00-5:00 p.m.	
T TH	Open Swim	Copeland Pool	8:00 a.m.-2:30 p.m.	
M-F	CCC Shuffleboard!!	Copeland Courts	Inquire at CCC front desk for equipment.	
M-F	CCC Tennis Courts	Call 658-5555 to schedule a game.		
SAT	OPEN FACILITIES	POOL, COURTS, WEIGHT ROOM 9:00 a.m.-12:00 NOON		

**POOL UPDATE!**

The indoor pool is open! Water aerobic classes, volleyball, and open swim have resumed according to the schedule above. If you have any questions about our facilities or how to get started on a new workout routine, please call during our scheduled business hours!

