



ADVENT *Christmas* VILLAGE
AT DOWLING PARK



Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064

“Where People Enjoy Living”

24/7/365 Assistance/Operator	658-3333	Home Care	658-5460
Cashier's Office	658-5343	Housekeeping	658-5374
Community Center	658-5555	Maintenance	658-5155
Copeland Medical	658-5300	Security/Emergency	658-3333
Finance Department	658-5450	Shuttle Bus	208-2584

JANUARY 5, 2024

Friday	1/5	9:00 a.m.–12:00 noon <i>10:00 a.m.</i> 2:00 p.m. 2:00 p.m.	Veterans' Service—MS <i>Bible Study—VC Room 5</i> Sit 'N Stitch—CH Pen Pals Meeting—OPR
Sunday	1/7	<i>9:40 a.m.</i> <i>11:00 a.m.</i> 2:00 p.m. 4:00 p.m. 6:00 p.m.	<i>Worship Service—VC</i> <i>Sunday School for All Ages</i> Coloring Book Time of Fellowship—DH Lobby WHFMS Council Meeting—VC Room 5 Evening Worship Service—BC
Monday	1/8	9:30 a.m. 10:00 a.m.–5:00 p.m. 1:30 p.m. 2:00–4:00 p.m.	Morning Mission Meeting (WHFMS)—VC Room 5 LifeSouth Blood Mobile—VS Coping with Low Vision Support Group—OPR Ceramics—PCS
Tuesday	1/9	<i>8:30 a.m.</i> 10:00 a.m. <i>1:30 p.m.</i> 3:45 & 4:00 p.m. 6:30 p.m.	<i>Men's Bible Study—VC Room 5</i> VCBI: Removing the Shadows From the Book of Hebrews Part 3—VC Room 6 <i>Voice of the Martyrs—OPR</i> Bus Trip: Dine-Out to Cedar River—DH & LAP Evening Mission Meeting (WHFMS)—OPR
Wednesday	1/10	10:00 a.m. 1:00 p.m. 1:15 & 1:30 p.m. <i>6:00 p.m.</i> 6:30 p.m.	VCBI: Our Father Abraham: The Jewish Roots of Christianity—VC Room 5 Bridge Club—OPR Bus Trip: Walmart—CH & DH <i>Prayer Meeting—BC</i> Chancel Choir Rehearsal—VC
Thursday	1/11	9:30 a.m.–12:30 p.m. 10:00 a.m. 3:00 p.m.	Village Artists Guild—KC VCBI: What's the Reason and Purpose for Missions in Our Church?—VC Room 5 Monthly Member Birthday Party—SMR/DR
Friday	1/12	9:00 a.m.–12:00 noon 9:15 & 9:30 a.m. 2:00 p.m.	Veterans' Service—MS Bus Trip: Santa Fe Planetarium—DH & LAP Sit 'N Stitch—CH
Saturday	1/13	1:00 p.m.	Senior Adults Gospel Festival—VC

ACV	Advent Christian Village	CT/MT	Cardinal/Magnolia Terrace	IC	Information Center	POP	Park of the Pines
BA	Butterfield Acres	DH	Dowling House	JKPL	Jo Kennon Public Library	RDR	Rumph Dining Room
BC	Bixler Chapel	DM	Dacier Manor	KC	Keepers Cottage	RV	Smith Riverview Apartments
CB	Chriss Building	DMA	Dowling Manor	LAP	Lake Aquilla Parking Lot	RW	Riverwoods
CH	Carter House	DR	Depot Room	MS	Member Services	SMR	Sawmill Room
CCC	Copeland Community Center	ET	Edgewood Terrace	OPR	Old Pavilion Room	VC	Village Church
CMC	Copeland Medical Center	GSC	Good Samaritan Center	PCS	Polk Ceramics Shop	VS	Village Square

BOLD: ONE-TIME AND MONTHLY EVENTS — *ITALIC: PROGRAMS FOR SPIRITUAL GROWTH*

IN LOVING MEMORY

Marilyn Smigill, who was a resident of GSC, died Dec. 25. Her memorial information will be provided when available.

JC Crews (husband of Linda), who was a resident of GSC, died Dec. 20. His memorial information will be provided when available.

TRANSFERS

Moe Krause has transferred from CH to GSC. Her new mailing address is P.O. Box 4325.

Winifred Luzzi has transferred from ET to GSC. Her new mailing address is P.O. Box 4325.

Jerry Phillips has transferred from DH to GSC. His new mailing address is P.O. Box 4325.

MOVE OUTS

Linda and Tom Altman have moved from RW to 1559 Saint Thomas Ave., Sebring, FL 33870.

Eduardo Cossio has moved from ET to 217 NW Gaelic Court, Lake City, FL 32055.

Joyce Finch has moved from DH to 1258 Markeeta Road, Leeds, AL 35094.

Margaret Sealey has moved from DH to 243 SE Natalie Terrace, Lake City, FL 32025.

Leta Turner has moved from DH to 1510 Ariana Street, Lot #129, Lakeland, FL 33803.

ACV EVENTS

COPING WITH LOW VISION SUPPORT AND RESOURCES GROUP

Monday, Jan. 8, 1:30 p.m. - OPR

Our monthly support group brings people with vision loss together to share challenges and celebrate successes. The individuals who attend are in all stages of vision loss. Some still have most of their sight, while others have lost their sight completely. Together, they foster a warm, inviting place to help one another overcome barriers to living independent, vibrant lives. Join Wayne Warner from the nonprofit agency,

Lighthouse of the Big Bend, for this monthly support group and meeting.

The group usually meets on the first Monday of the month, but will meet on Jan. 8 because of the New Year's holiday.

BUS TRIP: DINE-OUT TO CEDAR RIVER

Tuesday, Jan. 9

3:45 p.m. - DH & 4:00 p.m. - LAP

Bus: \$5.00 members & \$9.00 non-members

The bus will take diners to Cedar River in Lake City, Florida, on Tuesday, Jan. 9. Cedar River offers primarily seafood, but also some "land lubber" dishes ranging from \$6.00 to \$52.99 for the Original Cedar River Platter for Two. Sign up and pay the bus fee at the IC.

MEMBER BIRTHDAY PARTY

Thursday, Jan. 11, 3:00 p.m. - SMR/DR

Happy new year! Join us for the January member birthday party. Everyone is invited, and ACV members with January birthdays will receive special recognition. See you there!

BUS TRIP: SANTA FE PLANETARIUM

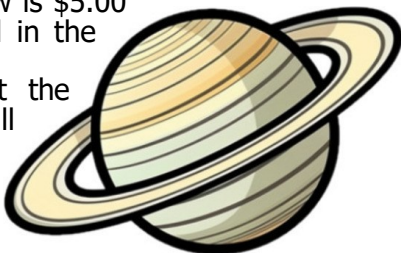
Friday, Jan. 12

9:15 a.m. - DH & 9:30 a.m. - LAP

Bus: \$14.00 members, \$21 non-members

A private showing at Santa Fe College's Kika Silva Pla Planetarium in Gainesville, Florida, has been arranged for Friday, Jan. 12. Our group will watch *Planets in the House 4.0*, a live presentation that explores the eight planets and five dwarf planets of our solar system. "Discover the unexpected places where life might possibly exist and find out what really happened to Pluto! *Planets in the House 4.0* is always up to date with the latest planetary discoveries being made by NASA spacecraft and Earth-based observatories." The cost for the 55-minute show is \$5.00 per person and is included in the bus fee.

Prior to arriving at the planetarium, the bus will stop at Pomodoro Café for lunch. Pomodoro Café offers a variety of Italian dishes featuring seafood,



chicken, steak, and veal, as well as an extensive pizza menu. Options range from \$6.00 to \$22.95. Since the planetarium price is collected with the bus fee, you only need to bring money for lunch. Sign up and pay the bus fee at the IC.

LADIES' BREAKFAST

Saturday, Jan. 13, 8:30 a.m. - SMR/DR

The next ladies' breakfast will be held on Saturday, Jan. 13, at 8:30 a.m. in SMR/DR. Our speaker will be Jan Cuddy. In 1984, while on staff at a graduate school in Tennessee, she was selected as an "Outstanding Young Woman of America" in recognition of outstanding ability, accomplishments, and service to the community. She continues that passion here at ACV. A special invitation is extended to new residents; we want to meet you! Come join us for a wonderful time of table fellowship.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher.



MEN'S FELLOWSHIP BREAKFAST

Saturday, Jan. 13, 8:30 a.m. - RDR

The next Men's Fellowship breakfast will be held on Saturday, Jan. 13, at 8:30 a.m. in RDR. The guest speaker will be VC senior pastor Rev. Sam Worley.

The cost of the full and delicious breakfast buffet is \$7.00. Tickets must be pre-purchased at the Lopin' Gopher. Come join us for fellowship, prayer, inspiration and breaking bread together!

BUS TRIP: LAKE CITY SHOPPING

Tuesday, Jan. 16,

8:45 a.m. - DH & 9:00 a.m. - LAP

Bus: \$7.00 members, \$12 non-members

Tuesday, Jan. 16, the trip bus will be going to the Lake City mall area. Some of the stores at the mall are Belk, JCPenny, T.J. Maxx, Cato Fashions and Bath & Body Works. Nearby are stores such as Big Lots, Ross Dress for Less, and Hobby Lobby. Dutch treat lunch will be at an area restaurant. The bus will leave DH at 8:45 and LAP at 9:00 a.m. The trip bus cost is \$7.00 for members and \$12 for non-members. Sign up at the IC.

MEMBERSHIP ASSOCIATION MEETING

Thursday, Jan. 18, 2:00 p.m.

If you are an ACV member, please plan to join us at the first Membership Association Meeting of 2024 on Thursday, Jan. 18, to hear more about ACV's Home Care Agency. The speaker will be Candace Lawson, RN, the director of nursing over the agency. She will review the different services that are offered, pricing, and which insurance companies they accept. Whether you need home care now or might need it in the future, plan to come learn more about this important service offered right here at ACV.

LIVE! AT DOWLING PARK: TIFFANY COBURN

Friday, Jan. 19, 7:00 p.m. - VC

Tiffany Coburn has been called a singer's singer! Her love of music is undeniable. Whether you hear her singing with Disney's Voices of Liberty, a capella sensation Voctave, or performing her own concerts, your heart will be moved by her voice. She has toured with Larnelle Harris and Sandi Patty, just to name a few. She has appeared at the Lincoln Center and Carnegie Hall. She represented the U.S. at the April Spring Friendship Festival in Pyongyang, North Korea, against 40 other countries and brought home First Place honors. And she recorded the theme song, "Share a Dream Come True" for Disney's 100 Years of Magic, EPCOT's "Tapestry of Dreams Parade" and Sea World's "Turtle Trek".

Individual tickets can be purchased from the ACV cashier's office and at the event for \$18 (ACV member) and \$26 (non-member), or season passes can be purchased at the cashier's office for \$120 (ACV member) and \$180 (non-member). Those with season passes may also attend the Community Concerts of Lake City free of charge. Call 658-5400 for more information.



EVENTS HERE AND THERE

Events in this section are not sponsored by ACV, even if they take place at ACV.

HAPPY DAYS ARE HERE AGAIN

André Rieu Concert
Live in Vienna

Saturday, Jan. 6, 2:00 p.m. - OPR

Come join us to enjoy beautiful and light classical music with André, his orchestra with singers, and dancers. This concert is a collection of all-time favorites, captured live in a 1¾-hour concert.

Come join us on this coming Saturday, Jan. 6, at 2:00 p.m. in the OPR for some beautiful and light music. Everyone is welcome.

LIFESOUTH BLOOD MOBILE

Monday, Jan. 8, 10:00 a.m. - 5:00 p.m.
Village Square

The LifeSouth Blood Mobile will be parked at the VS from 10:00 a.m. to 5:00 p.m. on Monday, Jan. 8. Make a New Year's resolution to save lives by donating blood! There is a critical need for type O blood donors. All donors get a \$20 eGift card.

SENIOR ADULTS GOSPEL FESTIVAL

Saturday, Jan. 13, 1:00 p.m. - VC

Gordon Jensen, Blackwood Brothers Quartet, and Ryan & Friends are coming to Dowling Park for a fun afternoon of Gospel music and clean comedy. Tickets are only \$20 per person for all three shows. Tickets can be purchased at the VC office with cash or check, or with credit card at <http://bit.ly/senioradultsgospel>. Call (863) 875-8191 for groups of 20 or more.



BUS TRIPS

If you wish to ride the ACV bus on these trips, you must contact the IC in person or by phone at 658-3333 to sign up. Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

 **Remember to Wave** 

WEEKLY LIVE OAK SHOPPING TRIPS

There is no charge for Village members to participate in the regular weekly Live Oak shopping trips. If you have questions, call Member Services at 658-5400.

Please remember to bring your own bags on the Wednesday shopping trips to assist in keeping everyone's purchases separate.

- **Jan. 10, Wednesday a.m.** — No shopping trip.
- **Jan. 10, Wednesday p.m. — Walmart** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 4:00 p.m. and return to the Village at 4:30 p.m.
- **Jan. 17, Wednesday a.m. — Walmart** — Leave CH at 8:45 a.m. and DH at 9:00 a.m. Leave from Walmart at approximately 11:30 a.m. and return to the Village at noon.
- **Jan. 17, Wednesday p.m. — Save A Lot and Winn Dixie** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Save A Lot at approximately 4:00 p.m. and return to the Village at 4:30 p.m. The bus will drop off Winn-Dixie on the way to Save A Lot, park at Save A Lot, and pick up at Winn-Dixie on the way home.
- **Jan. 24, Wednesday a.m.** — No shopping trip.
- **Jan. 24, Wednesday p.m. — Walmart** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from Walmart at approximately 4:00 p.m. and return to the Village at 4:30 p.m.

UPCOMING BUS TRIPS

Jan. 9 — Dine-Out to Cedar River

Jan. 12 — Santa Fe Planetarium

Jan. 16 — Lake City Shopping

DEPARTMENT NEWS

THE VILLAGE CHURCH

Rev. Sam Worley, Senior Minister
Church Office - 658-5344 - P.O. Box 4314

SERMON: "Bad Bargains and Bone-Headed Decisions"

TEXT: 2 Corinthians 4:13-18; Genesis 25:24-34

SPEAKER: Rev. Sam Worley

EVENING SERMON: "Waiting for the End"

TEXT: Matthew 13:24-43

SPEAKER: Rev. Frank Hall

Did you know there are two groups of **WHFMS** here in the Village? Did you know we get together to learn more about missions and how we can be of support to them? Did you know we also learn more about how God can use us? Did you know our theme this year is "Love Your Neighbor As yourself — Won't You Be My Neighbor?" Did you know we would love to have you join us? Did you know this month is the perfect time to start?

The Vesta Clothey Circle will meet Monday, Jan. 8, at 9:30 a.m., in VC Room 5. The Christina Baker Circle will meet Tuesday, Jan. 9, at 6:30 p.m., in the OPR. Kristie Skiff will present the program for both meetings, which will be the installation of officers. You are invited to either or both meetings.

The following VC events are happening this week:

Friday, Jan. 5

10:00 a.m. — Bible Study, Tom Spannagle (VC Room 5)

Sunday, Jan. 7

9:40 a.m. — Morning Worship

11:00 a.m. — Sunday School

4:00 p.m. — WHFMS Council Meeting (VC Room 5)

4:00 p.m. — Alive (VC), Younger Youth (Lighthouse)

5:00 p.m. — Musical Practice (VC)

6:00 p.m. — Older Youth (Lighthouse)

6:00 p.m. — Evening Worship (BC)

Monday, Jan. 8

9:30 a.m. — WHFMS Meeting (VC Room 5)

1:30 p.m. — VCBI class is postponed

Tuesday, Jan. 9

8:30 a.m. — Men's Bible Study (VC Room 5)

10:00 a.m. — VCBI, S. Storey & M. Elder (VC Room 6)

6:30 p.m. — WHFMS Meeting (OPR)

Wednesday, Jan. 10

10:00 a.m. — VCBI Class, Michael Saunders (VC Room 5)

6:00 p.m. — Prayer Meeting (BC)

6:30 p.m. — Choir Practice

Thursday, Jan. 11

10:00 a.m. — VCBI Class, Paul Cochrane (VC Room 5)

Friday, Jan. 12

10:00 a.m. — Bible study is canceled

Upcoming Events:

Saturday, Jan. 13, 8:30 a.m. — Men's Fellowship breakfast. Come and enjoy a time of good food and fellowship. Guest speaker will be Rev. Sam Worley.

Saturday, Jan. 13, 1:00 p.m., VC — Enjoy an afternoon of good music and great laughter with Gordon Jensen, Blackwood Brothers Quartet, and Ryan & Friends. Tickets of \$20 per person can be purchased from the church office.

VCBI Classes in January

- Jan. 3, 10:00 a.m. — "Our Father Abraham: The Jewish Roots of Christianity"; Michael Saunders (VC Room 5)
- Jan. 4, 10:00 a.m. — "What's the Reason and Purpose for Missions in our Church?"; Paul Cochrane (VC Room 5)
- Jan. 5, 1:00 p.m. — "The Roman Road Bible Study"; Michael Saunders (CCC)
- Jan. 6, 11:00 a.m. — "How Can I Accurately Interpret NT Books"; Tom Spannagle (OPR)
- Jan. 8, 10:00 a.m. — "Removing the Shadows from the Book of Hebrews Part 3"; Stan Storey and Mike Elder (VC Room 6)
- Jan. 8, 1:30 p.m. — Studies in First Peter; Donald Wrigley (VC Room 5)

CASHIER'S OFFICE

Lynn Mabey-658-5343

The Cashier's office will be closed Thursday, Jan. 18, and Friday, Jan. 19.

FOR YOUR INFORMATION

FROM BAGS TO BEDS

Verna Piper, Reporter

There are two more meetings scheduled for this month, Jan. 12 and 26. Come anytime between 2:00-4:00 p.m., at 11052 Dowling Park Drive.

HAIR CROPPERS

We are now featuring our winter basic pedicure. Our winter basic pedicure allows you to relax and get away from this hectic time of year while enjoying the beautiful view of the river. You'll soak your feet in a warm foot bath, then enjoy an aromatic foot scrub, detoxifying foot mask, and warm paraffin dip. Finish with a tension-relieving foot massage.

Our winter basic pedicure costs \$50 and is the perfect solution for anyone who doesn't want polish but loves to feel pampered.

Schedule your appointment today by calling or texting (386) 205-3791.

FINANCIAL ADVISOR

Wendy B. Meyer, CFP®, CRPC®, CDFIA®, financial advisor with Ameriprise Financial Services, LLC is at the Village on the third Wednesday of every other month

At the Village Square

Riverside Gifts

A huge sale is going on right now to celebrate the new year! And it is on for two weeks! The cold weather is a reminder that warm socks, mittens, hats, and scarves will be great to wear.

The birds need help finding food to help them through this cold spell, too. Stop in to check out the beautiful cardinal birdfeeders and seed bells that are ready to hang.

A variety of devotional books for adults and children are sure to encourage you in your walk with the Lord this year. There are also magnifier sheets and glasses to help with reading. We also have very reasonably priced glasses in a variety of frame colors.

Reminder: Watch batteries can be replaced for a reasonable price. Stop in for details.

658-5771. Open Monday-Friday, 10:00 a.m.-4:00 p.m., and Saturday, 10:00 a.m.-2:00 p.m.

Rustic Shop

Donna Plant is the winner of the beautiful handmade wooden box! Congratulations, Donna!

There are two stunning sets of dinnerware, napkins, silverware, and placemats on display. Stop in to get ideas for setting your table. If you are looking for specific items, talk with the very helpful staff.

Crafters have been busy and have supplied the shop with quilted sofa pillows and quilts in a variety of sizes and colors. There are also crib quilts with their gentle colors and sweet designs.

Now is the time to restock your kitchen with scrubbies! These very useful items can also be used in the bathroom and other areas that need non-scratching scrubbing.

658-5273. Open Monday-Friday, 10:00 a.m.-4:00 p.m., and Saturday, 10:00 a.m.-2:00 p.m.

Twice Nice Shop

The variety of clothing items for toddlers and children has grown substantially. Stop by to check out the low prices on quality clothing.

Shoes Rack: The variety of styles and colors of shoes for men and women has also increased. You'll find the racks in the back of the store, near the changing room.

The Book Nook continues the after-Christmas clearance! Items on the Christmas shelf are 50% off. Christian paperbacks and cookbooks are also 50% off. Romance and mystery books are also 50% off.

Remember, Bibles and hymnals are always free in the Book Nook!

658-5271. Open Wednesday, Thursday and Friday, 11:00 a.m.-3:00 p.m., and Saturday, 10:00 a.m.-2:00 p.m.

On CR 250

Twice Nice Furniture & More

23353 CR 250 • 658-5871

Mondays and Thursdays, 8:30 a.m.-1:00 p.m.

Saturday, Jan. 6, 8:00 a.m.-12:00 noon

Baby, it's cold outside! Check out our "Winter Things" shelves for snowman trinkets, sweaters, blankets, heating pads and more.



LUNCH & DINNER SPECIALS

Tom's Chili all Week!

Friday, Jan. 5

Slow Cooked Pot Roast with Potatoes, Carrots and Biscuit

Saturday, Jan. 6

Spaghetti Bolognese with Garlic Toast

(February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the VS professional offices. Call (850) 973-8888 for more information or to schedule an appointment.

SQUARE CUTS AND MORE
Monday, Tuesday and Thursday
12:00 noon to 7:00 p.m.

Call (386) 647-6240 for an appointment.
Kindly give 12–24-hour notice for cancellations or extra charges will apply.

LEGAL SERVICES

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the VS professional offices: Jan. 19, Feb. 2 and Feb. 16. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 117.

SUWANNEE BELLE PONTOON BOAT

The dock used to board the Suwannee Belle is damaged and needs to be repaired before we can offer pontoon boat rides again. We're sorry for any inconvenience.

THANK YOU

My birthday was Dec. 28, and I would like to thank Pastor Bruce Arnold. I would also like to give a special thanks to some people who don't even know me but made my day. Annabel and Chris Christiansen sent me a beautiful homemade card, Suzanne Young sent me an awesome card, and the Sunshine Committee sang to me and gave me a beautiful card. Thank you for going out of your way for someone you don't know.

Peggy DeLaura

Many thanks to everyone who has made ACV so lovely for Christmas: Dining Services for the fabulous meals and celebrations, the VC for the beautiful and powerful worship (love the carols), MS, our Maintenance Department ... all of you are wonderful. To the RW elves, what a sweet and loving gift. Bless you!

Thanks for helping make this Christmas joyful with so many cards and loving gifts. You folks blessed me. May our Lord be very near us in the new year!

Jeanne Florence

What you don't remember, I'll never forget! Wherever do I begin to reduce to mere words the overwhelming gratitude I have for this ACV family. You threw out the welcome mat at every door we walked through. Approaching and during my recent knee replacement, wave after wave of love and care came my way. I felt your prayers; I really did. More than one goodie and snack made it to the midnight hour. I love you, and I've learned from you. Thank you for loving me. I'm slow, so dust me when I go by. Forever in debt,

Gaye Martin

It is impossible to express our gratitude and thankfulness for all the loving care I have received since my unfortunate double indemnity. Not satisfied with the attention I received for a broken femur, I had to garner a little more by having a gallbladder attack and subsequent surgery. The outpouring of concern and care has been overwhelming. Food has arrived daily, and I don't think my husband and I have ever eaten so well. I won't go into names because I would be here writing all night! But we are so grateful for the cards, visits, flowers and especially for the prayers. Those prayers have helped us deal with all the stress and red tape adherent to emergency care. The Village has been outstanding in getting paperwork processed and home care set up. We are thankful and grateful to God and to all of you!

Sandra (and Herschel) Kelly

We feel so blessed to live here. Special thanks for so many happy birthday, happy anniversary, Merry Christmas, and Happy New Year greetings. We love our friends and neighbors. We appreciate all the work of

the Grounds crew, Dining Services, Maintenance staff, administrators, volunteers, and our neighbors who blessed us with beautiful lights, joyful music, colorful decorations, fabulous food and treats, and so many special activities to celebrate the reason for the season — the birth of our Lord Jesus.

Jay Dresser and Ellie Foerste

MISCELLANEOUS

PLEASE NOTE: All submissions to the FNN must have a name attached. If you prefer to not have your name included with the listing in the FNN, indicate that on the submission. Only ACV members and staff may advertise here. Ads run for two weeks.

FOR SALE: LP Stereo records, many to choose from. Upright freezer, approx. 20 cubic feet. Contact Dan at 386-208-2301.**

FREE: African violet leaves for propagation, with mini cup and growing instructions! Many varieties and colors — mini, semi-mini, trailers and standards. Share in the fun of growing African violets! Eirlys Rawcliffe, Millsite Lane, 352-949-4748.**

FOR SALE: So Lite SL mobility scooter, used only once in the Gainesville mall. Price reduced 33% below Amazon price to \$1353. Contact Lew at 334-200-6331.*

FOUND: Will the person who found my purse in the post office lobby please call me at 658-3271.*

LOST: If anyone has seen an antler laying in the street, the type you hook on your car windows. Please call Donna at 727-692-5687, and I will be happy to come pick it up.*

FOR SALE: Oster Roaster Oven (red); never been used. Call 386-249-5141.*

WANTED: Someone to take over ACV's Plarn Ministry (plastic yarn made from grocery bags and crocheted into mats for the homeless). Verna is ready to pass the torch. She will gladly teach what needs to be done to whomever is willing to take it over. If interested, contact MS at 658-5400.*

**THINGS I HAVE MASTERED
IN MY LIFETIME**

1. Not remembering your name 10 seconds after you just told me your name — again!
2. Buying "fresh" produce, tossing it out two weeks later, then replacing it with "fresher" produce.
3. Digging in the trash for the food box because I can't remember the simple two-step directions: Set oven to 400°, bake for 20 minutes.
4. Making plans, then deeply regretting those plans, then making more plans...
5. Leaving clothes in the dryer, turning the dryer on again to get the wrinkles out, then forgetting it — again!
6. Figuring out how much sleep I'll actually get if I fall asleep "right now". Or, "now" ...
7. Telling a great story, keeping everyone on the edge of their seats, then forgetting how the story ends!
8. Going grocery shopping for just three items, and coming home with only two items because I had failed to make a list.
9. Trying to change the channels on the TV with my cellphone instead of the remote, and wind up calling the "car warranty" scammers!
10. Forgetting why I thought it was a good idea to keep track of all the things that I have mastered in my lifetime!

Price Effective 1/5–1/11



THE VILLAGE GROCER

Monday–Saturday • 9:00 am–6:00 pm • We deliver at 2:00 pm every day! * 658-3130

GROCERY

European Grilling Bread	16 oz.	\$ 3.99
Joan of Arc Dark Kidney Beans	15.5 oz.	\$ 1.29
Musselmann's Apple Sauce	6/4 oz.	\$ 3.79
Armour Corned Beef Hash	14 oz.	\$ 2.79
Mueller's Bowtie Pasta	12 oz.	\$ 2.39
Campbell's Chicken Noodle Soup	10.75 oz.	\$ 1.79
Quaker Life Cereal	13 oz.	\$ 4.99
Kleenex Facial Tissue	160 ct.	\$ 3.39

DAIRY

Chobani Yogurt, all varieties	5.3 oz.	\$ 1.39
Blue Bonnet Margarine	16 oz.	\$ 1.79

PRODUCE

Bagged Gala Apples	3 lb. bag	\$ 4.99
Fresh Avocados	each	\$.99

FROZEN

Stouffer's Cream Chipped Beef	12 oz.	\$ 3.99
Hot Pocket Sandwich, all varieties	9 oz.	\$ 2.99

MEAT

Boneless Chicken Breast	per lb.	\$ 3.99
Boneless New York Strip Steak	per lb.	\$ 9.99
Lean Beef Cubed Steak	per lb.	\$ 5.59
Tender Baby Back Pork Ribs	per lb.	\$ 3.59
Lean Boneless Pork Tenderloins	per lb.	\$ 2.99
Gwaltney Thick Sliced Bologna	per lb.	\$ 1.49
Oscar Mayer Bun Length Franks	per lb.	\$ 3.99
Seabest Catfish Fillets	16 oz.	\$ 6.99

CHEESE OF THE WEEK

Swiss Cheese—\$7.39 per lb.

DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN

Full chicken \$9.99, Half chicken \$5.99

** Call 658-3130. Order by 11:00 a.m. for 2:00 p.m. pick-up! **

*** The Grill Team will be at the VS on Saturday, Jan. 6,
8:00 a.m.–1:00 p.m. or until sold out. Place your order now. ***

This Week's Verse:

But when the right time came, the time God decided on,
He sent His Son ... so that He could adopt us as His very own sons.

Galatians 4:4-5

*Delivery available to on-campus ACV members only

Midday Dining Menu

Monday–Saturday 11:00 a.m.–1:00 p.m.
Sunday 10:45 a.m.–1:00 p.m.

Jan. 5–12, 2024

FRIDAY, 1/5

- \$2.53 Soup:** Lobster Bisque
\$6.44 Entrées: GF Baked Catfish, GF Boiled Shrimp, Stuffed Cabbage, Fried Catfish
\$1.21 Sides: Mixed Greens, Red Beets, Baked Beans, Cold Salads, Fruit, Cheese Grits, Mashed Potatoes with Gravy
\$2.76 Desserts: Assorted Regular and NSA Desserts

SATURDAY, 1/6

- \$2.53 Soup of the Day**
\$7.59 Whistle Stop Special: Baked Potato, Chili, Corn Muffin, Fruit, Assorted Dessert, Fountain Drink

SUNDAY, 1/7

Lunch Buffet

Members \$12.63 | Non-Members \$17.81 | Beverage Included

- Entrées:** GF Roast Beef, Stuffed Cabbage, Fried Chicken
Sides: California Vegetable Medley, Okra and Tomatoes, Salad, Fruit, Macaroni and Cheese, Mashed Potatoes with Gravy
Desserts: Assorted Regular and NSA Desserts

MONDAY, 1/8

- \$2.53 Soup:** Soup of the Day
\$6.44 Entrées: Liver and Onions, Lasagna
\$1.21 Sides: Garlic Spinach, Peas and Carrots, Fruit, Cold Salads, Mashed Potatoes with Gravy, Garlic Bread
\$2.76 Desserts: Assorted Regular and NSA Desserts

TUESDAY, 1/9

- \$7.70 Special:** Salad Bar
\$6.44 Entrées: BBQ Chicken, Salisbury Steak
\$1.21 Sides: Caribbean Vegetable Mix, Cheesy Broccoli, Salad, Fruit, Wild Rice, Roasted Red Potatoes
\$2.76 Desserts: Assorted Regular and NSA Desserts

NOTE: Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$1.30.

GF=Gluten-Free NSA=No Sugar Added

Rumph Dining Room Midday Dining Menu

Jan. 5–12, 2024

WEDNESDAY, 1/10

\$2.53 Soup: Soup of the Day

\$6.44 Entrées: Ham Broccoli Rice Casserole, Fried Chicken

\$1.21 Sides: Cabbage, Honey Glazed Carrots, Fruit, Baked Beans, Cold Salads, Mashed Potatoes with Gravy

\$2.76 Desserts: Assorted Regular and NSA Desserts

THURSDAY, 1/11

\$2.53 Soup: Soup of the Day

\$6.44 Entrées: Chicken Parmesan, Loaded Hot Dog with Chips

\$1.21 Sides: Italian Green Beans, Zucchini Squash Mix, Fruit, Cold Salads

\$2.76 Desserts: Assorted Regular and NSA Desserts

FRIDAY, 1/12

\$2.53 Soup: Clam Chowder

\$6.44 Entrées: GF Baked Catfish, GF Boiled Shrimp, Pork Loin, Fried Catfish

\$1.21 Sides: Mixed Greens, Red Beets, Baked Beans, Fruit, Cold Salads, Cheese grits, Mashed Potatoes with Gravy

\$2.76 Desserts: Assorted Regular and NSA Desserts



RUMPH DINING RM. \$8.85 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread,
and a fountain drink.
For premium entrée, add \$2.30.



RIVER LANDING BISTRO LUNCH & DINNER SPECIALS

Tom's Chili All Week!

Friday, Jan. 5

Slow Cooked Pot Roast with Potatoes, Carrots & Biscuit

Saturday, Jan. 6

Spaghetti Bolognese with Garlic Toast



658-5259

Sun: 10:45 am–1:30 pm

Mon–Sat: 11 am–1 pm



658-5259

Sun: 7:30–10 am | 3:30–7 pm

Mon–Fri: 7:30–10 am | 2:30–7 pm

Sat: 7:30–10:00 am | 3–7 pm



658-5777

Wed–Thurs: 11 am–2 pm

Fri–Sat: 8–10:30 am | 11 am–8 pm

WATER ACTIVITIES

AQUATONE: Aquatone is a water therapy class for people suffering from the pain of arthritis. This class uses a protocol from the Arthritis Foundation. If you experience pain associated with arthritis, or you are new to aquatic exercise, this is a great class to join.

JACUZZI: Water temperature ranges from 100–110 degrees. Please limit time to 15 minutes per session. No children 5 and under. Please observe posted rules.

LAP SWIMMING: Lap swimming is excellent exercise for toning and strengthening the entire body. It is also great for the most important muscle in your body...your heart! Lap swimmers have priority during designated times. Please check the reverse side for lap swim times. **88 pool lengths = 1 mile**

WATER AEROBICS: This class is designed to increase your heart rate in order to strengthen your cardiovascular system. This class also includes stretching and muscle strengthening exercises. Water volleyball is played from 8:45-9:30 a.m. between the morning classes.

WATER VOLLEYBALL: This group plays every Tuesday and Thursday at 3:00 p.m.

Copeland membership required. You do not need to join a team; just come! **If you are 18 or older**, come join us! We need all the help we can get!

WEIGHT ROOM

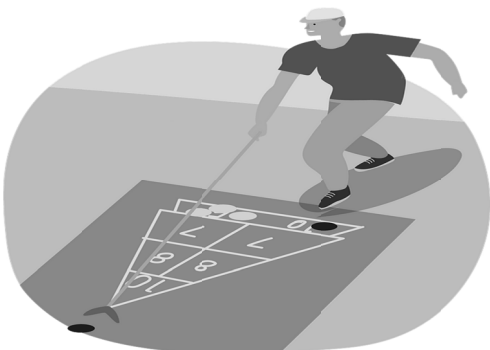
FITNESS BASICS: Copeland Center staff is available to assist members with the machines in the exercise room. If you are interested, please call the CCC at 658-5555.

WALKING

1¼ LOOP: Start at Copeland—end at Copeland. This great beginner's trail is well marked for you.

Shuffleboard

Shuffleboard is a game played by pushing disk with a long handled que over a marked court. The Copeland Community Center has a great shuffleboard court available for you to use any time we are open! Come on in to the front desk and ask us about it!



Monday & Friday

9:00–11:00 a.m. played at the Court located by the Wood Working Shop. Inclimate weather (cold, windy, or rainy) this team plays indoor at the Camp Suwannee Pavilion. **Wednesday 8:00–11:00 a.m.**

The members of the pickleball team travel into Live Oak and play at the coliseum. With any questions please contact Cindy Hett 658-2685 or the Copeland Community Center.

Pickleball is a racquet sport for all age groups and levels. It combines elements of badminton, tennis, and table tennis. Come out and watch or join in the fun!

EXERCISE

EXERCISE on TV2:

Exercises are done seated or standing by a chair for support on TV2. If you are just beginning an exercise program, this is a great class to try!

TABLE TENNIS at MPR/CCC:

Table Tennis helps you build strength, coordination, and sharpens your brain without risking serious injury. It is a fun and easy way to burn calories and enjoy social time.

Come join in the fun every Tuesday at the MPR in the CCC.

Stretching

*with Joyce Berra
on DVD*



Tuesdays & Thursdays 8:30–9:30 a.m.
in the CCC Multi-purpose room

**Stretch and strengthen your body;
release tension; ease your mind!**

*This is a gentle class that focuses on posture,
Breathing and Relaxation.*

Ping Pong

Did you know that the CCC has a ping pong table that is available to use. It is located in our multipurpose room! Bring a friend and come on over and play!



JANUARY

Copeland Community Center (386) 658-5555
 Monday-Friday 6:00 a.m.–5:00 p.m. & Saturday 9:00 a.m.–NOON

ACV Health & Fitness Activities

Days	Activity	Location	Time	Group Leader
M-F	Lap Swimming	Copeland Pool	6:00-8:00 a.m.	
MWF	Walking and Step Class with Donna	MPR/CCC	8:30-9:15 a.m.	VIDEO
MWF	Water Aerobics	Copeland Pool	9:30-10:00 a.m.	Emma Harmon
MWF	Aqua tone for Arthritis	Copeland Pool	10:05-10:55 a.m.	Emma Harmon
MF	Pickle Ball	Court on Aquila Circle	9:00-11:00 a.m.	See back for more information!
T TH	Stretching <i>with Joyce Berra</i>	MPR/CCC	8:30-9:30 a.m.	VIDEO
MWF	Open Swim	Copeland Pool	11:00 a.m.–5:00 p.m.	
T TH	Water Volleyball	Copeland Pool	3:00–5:00 p.m.	
T TH	Open Swim	Copeland Pool	8:00 a.m.–2:30 p.m.	
M-F	CCC Shuffleboard!!	Copeland Courts	Inquire at CCC front desk for equipment.	
M-F	CCC Tennis Courts	Call 658-5555 to schedule a game.		
SAT	OPEN FACILITIES	POOL, COURTS, WEIGHT ROOM 9:00 a.m.–12:00 NOON		

POOL UPDATE!

The indoor pool is **open** and officially ready to use! We will resume all aerobic classes, volleyball, and open swim according to the schedule above. Thank you so much for your continued patience during this time. **COME SWIM!** If you have any questions please call during our scheduled business hours.

