

# Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064

"Where People Enjoy Living"

24/7/365 Assistance/Opera	tor 658-3333	Housekeeping	658-5374
Cashier's Office	658-5343	Environmental Svcs.	658-5155
Copeland Medical	658-5300	Post Office	658-5270
Finance Department	658-5450	Security/Emergency	658-3333
Home Care	658-5460	Shuttle Bus	208-2584

#### **JULY 11, 2025**

Friday	7/11	<i>10:00 a.m.</i> 10:30 a.m. 2:00 p.m.	Bible Study—VC Room 5 Gentle Movement and Self Massage Class—SMR Sit `N Stitch—CH
Saturday	7/12	8:30 a.m. 8:30 a.m.	Ladies' Breakfast—RDR Men's Fellowship Breakfast—RDR
Sunday	7/13	9:40 a.m. 11:00 a.m.	Morning Worship Service—VC VCBI Sunday School Class—OPR
Monday	7/14	<b>9:30 a.m.</b> 1:00–3:00 p.m. <i>1:30 p.m.</i> <b>2:00 p.m.</b> 2:00–4:00 p.m.	Morning Mission Meeting (WHFMS)—VC Room 5 Connecting Threads Sewing Ministry—KC VCBI: 1 & 2 Thessalonians—VC Room 5 Bunco Party—OPR Ceramics—PCS
Tuesday	7/15	8:30 a.m. 10:00 a.m. 10:00 a.m5:00 p.m. 4:15 & 4:30 p.m. 6:00 p.m.	Men's Bible Study—VC Room 5  Model Train Club—CB  Give Blood at the LifeSouth Bloodmobile—VS  Bus Trip: Dine-Out to Brown Lantern—DH & LAP  SongFarmers—SMR/DR
Wednesday	7/16	8:15 & 8:30 a.m. 9:00-11:00 a.m. 1:00 p.m. 1:15 & 1:30 p.m. 6:00 p.m.	Bus Trip: Walmart—CH & DH Ceramics—PCS Bridge Club—OPR Bus Trip: Winn-Dixie, Save A Lot & Publix—CH & DH Prayer Meeting—BC
Thursday	7/17	9:30 a.m12:30 p.m. 10:00 a.m. 6:00 p.m.	Village Artists Guild—KC Plarn Ministry—CMH Sign Language Class—OPR
Friday	7/18	9:00 & 9:15 a.m. 9:00 a.m2:00 p.m. 10:00 a.m. 10:30 a.m. 1:00 p.m. 2:00 p.m.	Bus Trip: Fresh Produce Shopping at Hoover Family Farms—DH & LAP Veterans' Service—MS Bible Study—VC Room 5 Gentle Movement and Self Massage Class—SMR Tallahassee Museum Presentation—DR Sit 'N Stitch—CH

**BOLD: ONE-TIME AND MONTHLY EVENTS** — ITALIC: PROGRAMS FOR SPIRITUAL GROWTH



## **JOHNSON'S BAKERY DONUT SALE**

Friday, July 11, starting at 10:00 a.m. Pick up from the lobby of GSC. \$2.00 each or \$20 for a dozen. Glazed only. Order ahead of time, please: 658-5573.

IN LOVING MEMORY
Rita Robinson, who was a resident of GSC, died July 6. Her memorial information will be provided when available.
Dora Mitchell, who was a resident of CT/MT, died July 3. Her memorial service will be Wednesday, July 16, at 11:00 a.m., in the VC

Joyce Slack, who was a resident of RW and DM, died June 15. There will be a celebration of life on Saturday, July 19, at 11:00 a.m. at Bethel Creek Baptist Church. There will be light refreshments after the service.

#### **NEW MEMBER**

Cindy Proctor of Jacksonville, Florida, has moved to CH. Her mailing address is P.O. Box 4059.

#### **TRANSFER**

Sherwood Sawyer has transferred from DM to GSC. His new mailing address is P.O. Box 4325.

#### MOVE OUT

Homer and Gail Stamper have moved from LH. Their new address is 315 SE Lindale Glen Dr., Lake City, FL 32025.

#### <u>ACV EVENTS</u>

LADIES' BREAKFAST

Saturday, July 12, 8:30 a.m. - RDR The next ladies' breakfast will be held on Saturday, July

12, at 8:30 a.m. in RDR. We will be joining the men for this meeting. Our speakers will be Jan and Mike Cuddy. A special invitation is extended to new residents; we want to meet you! Come join us for a wonderful time of table fellowship.

The cost of the full and delicious breakfast buffet is \$7.75. Tickets must be pre-purchased at the Lopin' Gopher.



MEN'S FELLOWSHIP BREAKFAST

Saturday, July 12, 8:30 a.m. - RDR

The next Men's Fellowship breakfast will be held on Saturday, July 12, at 8:30 a.m. in RDR. The ladies will be joining us for this meeting. The guest speakers will be Mike and Jan Guddy. be Mike and Jan Cuddy.

The cost of the full and delicious breakfast buffet is \$7.75. Tickets must be pre-purchased at the Lopin' Gopher. Come join us for fellowship, prayer, inspiration, and breaking bread together!



**BUNCO PARTY** 

Monday, July 14, 2:00 p.m. - OPR Have you ever played Bunco? Bunco is a social dice game where players roll dice to score points. It's a game of chance, and is often played with three tables of four players. As rounds end, players switch seats, mixing up the tables to jumble who sits with whom. Bunco parties usually last about an hour. The object is to have fun socializing.

The next Bunco party is planned for Monday, July 14, at 2:00 p.m. in the OPR. If you're interested, please come. There is no need to call ahead.

#### **BUS TRIP: DINE-OUT TO BROWN LANTERN IN LIVE OAK**

Tuesday, July 15 4:15 p.m. - DH & 4:30 - Lake Aquilla Bus: \$3.00 members, \$6.00 non-members

The ACV bus will be traveling to the Brown Lantern restaurant for supper on July 15. The Brown Lantern

offers many American classics such as salads, burgers, steaks, chicken dishes, and seafood. Prices range from under \$5.00 to almost \$30. Bus cost is \$3.00 for members and \$6.00 for non-members. Please sign up at the IC.



SIGN LANGUAGE CLASS

Thursdays, 6:00-7:00 p.m. - OPR

Jenny Dickerson-Holloman leads a beginner's sign language class in the OPR Thursday nights from 6:00 to 7:00 p.m. No supplies are needed, but you might want to invite a friend to practice with you between the scheduled classes to polish your skills. No registration is necessary.



#### **BUS TRIP: FRESH PRODUCE SHOPPING** AT HOOVER FAMILY FARMS

Friday, July 18
9:00 a.m. - DH & 9:15 a.m. - LAP
Members: \$3.00, Non-members: \$6.00
Take a ride to Hoover Family Farms, a family-owned

market in north Suwannee County offering fresh, locally grown produce and handmade goods. Browse seasonal fruits and vegetables, homemade jams, baked treats, and other farm-fresh items in a charming country setting. This is a great opportunity to stock up on healthy, delicious foods while supporting a local farm. Bus cost is \$3.00 for members and \$6.00 for nonmembers. The shopping happens under a pole barn on a concrete slab, so mobility and weather should not be an issue. They accept cash as well as all major credit and debit cards. Bring your own bag. Sign up at the IC.

#### SUWANNEE COUNTY **VETERANS' SERVICE**

Friday, July 18, 9:00 a.m.-2:00 p.m. - MS Suwannee County Veterans' Service Officer (CVSO) Kailin Hoffmeister will be in MS the third Friday of each month from 9:00 a.m. to 2:00 p.m. to discuss VA benefits. She is also available by phone at (386) 364-



BA BC CB Butterfield Acres Bixler Chapel Chriss Building

Carter House
Copeland Community Center
Copeland Medical Center
Cleo's Meeting House

CT/MT Cardinal/Magnolia Terrace DH DM Dowling House Dacier Manor

Dacier Manor Dowling Manor Depot Room Edgewood Terrace Good Samaritan Center DMA DR ET

Information Center Jo Kennon Public Library Keepers Cottage Lake Aquilla Parking Lot Member Services IC JKPL LAP MS Old Pavilion Room Polk Ceramics Shop OPR

RV RW SMR

Rumph Dining Room Smith Riverview Apartments Riverwoods Sawmill Room Village Church Village Square



#### TALLAHASSEE MUSEUM PROGRAM Friday, July 18, 1:00 p.m. - DR Members: \$5.00, Non-members: \$10

The Tallahassee Museum is bringing to ACV their night creatures mobile education program. Hunting and foraging at night is very different than during the day! Get ready for a fascinating discussion about heightened senses, as well as the advantages and disadvantages of nocturnal species. They will use one of their education animals as an example! You'll have a hooting good time!

There is limited seating, so we suggest that you register and pay ahead of time. Sign up and pay (with exact change) at MS.

# DEMENTIA SUPPORT GROUP

Thursday, July 24, 1:30 p.m. - JKPL Being a caregiver for a loved one with dementia can be a huge commitment and come with many struggles. Come meet, share and listen to others that share the same challenges.

This month, we will have a special guest speaker: Donna Lee of the Alzheimer's Association. Her topic will be Caregiver Stress.

## **NATIONAL SPRINKLES DAY**

Wednesday, July 23, Lunchtime
To celebrate National Sprinkles Day, everyone who eats lunch in RDR Wednesday, July 23, can pick up a free sprinkles dessert while supplies last. There will be a few different items to choose from. ACV hopes this will add a little fun to your summer.



# BUS TRIP: DINE-OUT TO ROBBIE'S CAFÉ Friday, July 25 4:15 p.m. - DH & 4:30 p.m. - LAP Bus: \$3.00 members, \$6.00 non-members Robbie's Café in Live Oak is home of the "Big Fish"

sandwich. They also serve other seafood sandwiches and baskets, salads, and home-cooking-style dinners. Prices range from \$9.25 to \$15.95 (the famous Big Fish sandwich is \$10.95). The bus will leave from DH at 4:15 p.m., and then from LAP at 4:30 p.m. Bus cost is \$3.00 for members and \$6.00 for non-members. Please sign up at the IC.

#### **EVENTS HERE AND THERE**

Events in this section are not sponsored by ACV, even if they take place at ACV.

#### **GENTLE MOVEMENT CLASS** Fridays Starting July 11, 10:30-11:30 a.m. Sawmill Room

A new, hour-long, Friday morning exercise class is starting July 11 at 10:30 in the SMR. Everyone is welcome at any level to a time of movement and self massage. Join us as we inspire one another to keep moving as much as we can for as long as we can feel better.

Walk in or come on your scooter or power chair. All mobility levels are welcome. Contact Bonnie Olson for more information at (386) 678-1962 or by email at bonlou2010@gmail.com.

VETERANS GATHERING
Friday, July 11, 12:00 noon - RDR
All service members are invited to gather for lunch to eat together on Friday, July 11, at 12:00 noon in RDR. Buy or bring your own lunch. Bring a military memento. Service members can be ACV residents, employees, or area residents. Invite other veterans.

#### **ALCOHOLICS ANONYMOUS MEETINGS** Mondays at 7:00 p.m. The Lighthouse on CR 250

Alcoholics Anonymous meets Mondays at 7:00 p.m. here in Dowling Park at the Lighthouse, 23594 CR 250.

There is a solution. Don't be a Homer. For information you can call (305) 407-0895.

#### **BIBLE STUDY** Tuesdays, July 15, 22 & 29 10:00 a.m. - OPR

Gaye Martin will lead a four-part Bible study three more Tuesdays in July — the 15th, 22nd and 29th — from 10:00 to 11:00 a.m. in the OPR. The title is "Why Didn't I Know That?" Everyone is invited to attend.

GIVE BLOOD
Tuesday, July 15, 10:00 a.m.-5:00 p.m. - VS
The LifeSouth Bloodmobile will be parked at the VS Tuesday, July 15, from 10:00 a.m. to 5:00 p.m. Donating blood is a selfless act by one person to help save the lives of others. Blood cannot be manufactured, and local hospitals rely on LifeSouth blood donors to make sure blood is on the shelf. LifeSouth provides 100% of the blood needed for patients at HCA Florida Lake City Hospital, all UF Health hospitals, All UF Health hospitals. Medical Center, the Malcom Randall VA Medical Center, South Georgia Medical Center, the Lake Butler Hospital, Starke ER, and Suwannee ER.

This month, all blood donors will receive a T-shirt, and platelet and double red cell donors will receive a \$40 e-gift card.



#### **JO KENNON PUBLIC LIBRARY** 386-658-2670

Website: srrlib.org Email: dpark@neflin.org Mon., Wed.-Fri. 9:00 a.m.-5:30 p.m. Tuesday 9:00 a.m.—7:00 p.m. Saturday 9:00 a.m.—1:00 p.m. Closed Sunday

#### Weekly JKPL Meetings:

Mondays 9:00 & 10:00 a.m. Yoga 9:30 a.m. 3:00 p.m. 10:00 a.m. Starbooks Café Tuesdays **Crochet Creations** Thursdays Yoga Fridays Kids Corner 11:00 a.m. Saturdays

#### **Outsmart the Scammers**

On July 14, at 2:00 p.m., come on down to the JKPL to learn about strategies you can use to help protect yourself from financial fraud. Hunter Abercrombie, financial advisor with Edward Jones, will lead the discussion as he talks about steps you can take now to defend yourself, red flags to look out for, and more!

New Arrivals!

Are you a movie fan? Skip the paid subscriptions and check out the newest releases at the JKPL! *Black Bag* is a spy thriller film about an intelligence agent whose wife is suspected to have betrayed the nation. *The Last* Supper is a biblical drama following Jesus and his disciples during the days leading to his death. Dune Prophecy: Season One dives into the origin story of the Bene Gestion to grant from the prophecy and the prophecy of the season of the prophecy of the season of the prophecy of the prophecy. or go online to get more information or to place a hold on an item.

#### **Summer Photo Contest**

We have had some incredible and creative photography entered in the "Art Is Everywhere" photo contest! Now we need your help! Come by the JKPL and place your vote to determine the winners of the contest. Voting will be available until July 26.

Community Mural

The sticker mural is progressing beautifully, but we still need your help! Each time you attend a program or turn in a reading bookmark, you'll earn stickers to add to the mural here at the JKPL. The more stickers we collect as a community, the more of the mural will be uncovered!

Summer Reading Children's & Teen Programs

Grab the kids and come enjoy our weekly children's programs here at JKPL! Elementary-aged children can join in the arts-themed story time and craft program every Wednesday at 9:00 a.m., while tweens and teens can make their own art projects every Wednesday at 1:00 p.m. Go to the movies at the JKPL on Fridays at 3:00 p.m. each week. Now showing: *Rio!* 

Tech Help

Need help navigating your cell phone? The JKPL offers basic tech help, including assistance with navigating apps, adjusting settings, and learning common features. Please note: setting up new phones, including TracFones or other prepaid devices, is beyond the scope of this service. Stop by or call to schedule a time for one-on-one assistance!

Starbooks Café

Join in the conversation on July 15 from 9:30 to 10:30 a.m. as they discuss what collections you have had (stamps, coins, figurines, etc.).

Faux Stained Glass Craft

Come flex your creative muscle at JKPL as we make stained glass themed suncatchers on July 15 at 2:00 p.m. or 5:30 p.m. There will be patterns you can trace, or you can make your own design! All materials will be provided. Seats are limited, so sign up today! **SongFarmers** 

Mark your calendars for a special evening of music and

community! The SongFarmers, a local acoustic group known for their warm, welcoming style, will be performing on July 15 at 6:00 p.m. in SMR/DR. This is more than just a concert — it's a gathering! Audience members are invited to sing along or even bring an instrument and play along. It's a casual, joyful event that's especially enjoyed by our community, but open to all.

Walking Stick Whittling

Have you been looking for a custom walking stick to

Have you been looking for a custom walking stick to accompany you? Or perhaps you are passionate about whittling? Head on down to JKPL on July 22 at 5:30 p.m. as we host a walking stick whittling workshop. Walking sticks, knives, and all other materials will be provided. Registration is required, so call or go online today to secure your spot!

Join our Team

JKPL is seeking a friendly, dependable team member for a part-time position. Duties include light programming, helping patrons, checking materials in and out, shelving, and providing basic computer help. If you are interested and would like more information, please contact Susie at 658-2670.



#### **BUS TRIPS**

No eating or drinking, and no open food or drink containers on either of ACV's buses. The only exception is plain water. Thank you for your cooperation.

If you wish to ride the ACV bus on these trips, you must contact the IC in person or by phone at 658-3333 to sign up. Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

#### **WEEKLY LIVE OAK SHOPPING TRIPS**

There is no charge for Village members to participate in the regular weekly Live Oak shopping trips. If you have questions, call MS at 658-5400.

Please remember to bring your own bags on the weekly shopping trips to assist in keeping everyone's purchases separate.

Those who sign up for a weekly shopping trip will be put on the waiting list if they sign up for the same trip the following week. If seats remain available, those on the waiting list will be moved to the regular

Only one scooter or power chair per regular Wednesday shopping trip will be allowed.

- July 16 morning Walmart Leave CH at 8:15 a.m. and DH at 8:30 a.m. Leave Walmart at approximately at 11:15 a.m. and return to the Village at noon.
- July 16 afternoon Winn-Dixie, Save A Lot & **Publix** — Leave CH at 1:15 p.m. and DH at 1:30 p.m.
- Drop off at Winn-Dixie and Save A Lot, park at Publix Leave Publix at approximately at 3:45 p.m. and return to the Village at 4:30 p.m.
- July 23 morning Walmart Leave CH at 8:15 a.m. and DH at 8:30 a.m. Leave Walmart at approximately at 11:15 a.m. and return to the Village at
- July 23 afternoon Walmart Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave Walmart at approximately at 3:45 p.m. and return to the Village at 4:30
- **July 30** 5th Wednesday Shopping in Live Oak

#### **UPCOMING BUS TRIPS**

July 15 — Dine-Out to Brown Lantern
July 18 — Produce Shopping at Hoover Family Farms
July 25 — Dine-Out to Robbie's Café
July 30 — 5th Wednesday Shopping in Live Oak

# **BUS TRIP:** 5TH WEDNESDAY LIVE OAK SHOPPING Wednesday, July 30 8:45 a.m. - DH & 9:00 a.m. - LAP

Bus: members free, \$9.00 non-members
On July 30, the fifth Wednesday of July, we will visit various stores around Live Oak such as Dollar Store, Sheriffs Ranches Thrift Store, Melody Thrift Store, South Oaks Square (Bealls Outlet, Farmers Furniture, and more), and the Save A Lot shopping center (Roses Express, Harbor Freight, and more). Lunch will be at Live Oak Sub Shop for a salad or sandwich. The bus will Live Oak Sub Shop for a salad or sandwich. The bus will leave from DH at 8:45 a.m. and from Lake Aquilla at 9:00 a.m. Bus fee is free for ACV members and \$9.00 for non-members. Please sign up at the IC. NOTE: This is not a regular grocery shopping trip; all purchases need to be able to be held in your lap or at your feet when on the bus.

#### **DEPARTMENT NEWS**

THE VILLAGE CHURCH Rev. Sam Worley, Senior Minister Church Office - 658-5344 - P.O. Box 4314

**SERMON:** "Are You Battle-Ready"

TEXT: Isaiah 59:14–17 NLT; Ephesians 6:10–14 ESV

SPEAKER: Rev. Sam Worley

The following VC events are happening this week:

**Friday, July 11** 10:00 a.m. — Bible Study, Donald Wrigley (Room 5)

Saturday, July 12

8:30 a.m. — Men's Fellowship Breakfast, Mike and Jan Cuddy — Women invited to join in (RDR)



Friday, July 11 Nonna's Minestrone Soup

Lunch only: Grande Beef and Cheese Burrito with Black Beans and Rice, \$12.95 All day: 7 oz. Grilled Chicken Caprese with Penne a la Vodka, \$17.95

Saturday, July 12
All day: Braised Short Ribs with the Vegetable of the Day and Mashed Potatoes with Gravy, \$19.95

Sunday, July 13

9:40 a.m. — Sunday Morning Worship Service (VC) 11:00 p.m. — Tom Spannagle's Sunday School Class (OPR)

Monday, July 14

9:30 a.m — Vesta Clothey WHFMS Meeting (Room 5) 1:30 p.m. — VCBI: 1 & 2 Thessalonians, Mike Cuddy (Room 5)

**Tuesday, July 15** 8:30 a.m. — Men's Bible Study (Room 5)

**Wednesday, July 16** 6:00 p.m. — Prayer Meeting (BC)

Friday, July 17

10:00 a.m. — Bible Study, Tom Spannagle (Room 5)

**Upcoming Events** 

**The Vesta Clothey WHFMS group** will meet Monday, July 14, at 9:30 a.m. in Room 5 of the church. Margi Nichols will present the program. All women are invited to attend.

During the month of July, the choir will consist of only women to help lead the music on Sunday mornings. All women (including those who don't **normally sing in the choir) are invited to participate.** If you would like to help, please come at 9:00 Sunday morning to practice before the 9:40 service. You can participate in as many June services as you like.

CONFERENCE AND RETREAT Doug Mabey-386-658-5200

We kindly ask that, if you are accustomed to walking on Camp Suwannee property, you would please alter your route until Aug. 1 as we have camps scheduled there 24/7 until that time. Thank you.

There will be no noon-to-3:00 open swim time the week of July 7–11 due to both lifeguards being on

vacation. We are sorry for any inconvenience.

## INFORMATION CENTER

Charlen Noble—386-658-3333
UPS pick-up from the IC has been suspended until further notice. No packages should be left at the IC to

be picked up by UPS.

You can request UPS to pick up packages at your home. If you live in an apartment building, use your 911 address (the building's street address and your apartment number). Use their website (ups.com) or call 1-800-PICK-UPS (1-800-742-5877) to schedule a pick-up.

MEMBER SERVICES James Sutter-386-658-5400

An extraordinary exhibit is now open at the Village Archives. The exhibit is all about the sawmill that was located in Dowling Park in the early 1900s. The exhibit took years to complete and was a labor of love by a team of historians and crafts people — many of whom live here at ACV. I encourage you to visit the exhibit. I

guarantee you will be impressed.

Lynn Rogers, the lead historian and team captain instrumental in the exhibit's creation, put together three videos about the sawmill, how he became involved in the creation of the exhibit, and about sawmills in general. I have compiled these three videos into a single video, which will be shown on TV2 Monday at 4:00 p.m., Thursday at 8:00 p.m., and next Friday at 9:00 a.m. After next week, the video will be part of the regular rotation, so if you miss it, watch the TV2 Guide for the next time it is shown.

Did you know that if you are 60+, or if you meet their income or medical requirements, you can fill out an application with Suwannee Valley Transit Authority (SVTA)? They only charge \$2.00 each way to shop, get your hair cut, take you to medical appointments, and more. They do limit shoppers to three store bags per trip. You can apply online at ridesvta.com. If you need belo with the application, please schedule an appoint help with the application, please schedule an appointment with your service coordinator.

The recent Lunch & Learns on the topic of Avoiding Falls were very informative. We again thank

Sara Laws for speaking on the topic.

At the end of the talk, Sara shared a video explaining three exercises designed to help improve balance and to help reduce slips, trips and falls. If you would like to watch the video, visit https://rb.gy/j7iqse. The exercises, while extremely beneficial, are not difficult.

Member Services Tip of the Week

If you are planning to be a way for an extended time, please call or stop by the IC to fill out a leaving-the-campus form. It will be most appreciated, and a way to reach you should the need arise.

In next week's episode of What the Bible Says About ..., the following questions are answered:

- What is the Talmud?
- How should Christians respond to someone who leaves the church?
- 1 Peter 2:7, "Yes, you who trust him recognize the honor God has given him. But for those who reject him, 'The stone that the builders rejected has now become the cornerstone' (Psalm 118:22)." What is the stone? Isn't a cornerstone a good thing? Why was it rejected?
- What should I do if I don't feel like I am saved? What the Bible Says About ... airs Monday at 8:30 a.m. and 11:30 p.m., Wednesday at 2:30 and 9:30 p.m., and Saturday at 10:30 a.m. and 9:30 p.m.

## Scam Tip of the Week: You Have to Protect Yourself

If something alarming happens with your computer and a phone number appears, do not call it. If you think whoever is supplying the phone number (perhaps an antivirus software or other manufacturer) is really trying to help you, look up that company's number and call them directly; never use a phone number that magically

appears on your computer screen.

If a company calls you offering to help because "you've been scammed" or "your phone (or account) has been hacked", **don't believe it.** If you think the call might be legitimate, tell the person you are going to end the call and call the company back using a phone number you know is safe. Ask them how to get back to them once you call the number you know is safe. If they try to keep you from doing that, you know it's a scam. If it's legitimate, they will give you their extension or tell you you can talk to any representative. Only believe them if you can talk to them after calling a phone number you know is safe (not one supplied by the caller).

If you are asked by a company to pay them with gift cards, **they are scamming you.** Gift cards are never used for payment at a reputable company. Gift cards are for you to give as a gift or to buy for yourself to use for convenience. No company is going to want

payment using a gift card.

If you are asked to pay a fee in order to receive a free gift, it is a scam. While you might have to buy one to get one free or attend a timeshare seminar to stay for free at a hotel, if someone reaches out to say you've won a prize, and all you have to do is send them money to receive the prize, **they're just trying to get** your money.

If any business or person asks you to send them cash through the mail, **be suspicious.** For what reason is cash the only option? Ask your service coordinator about it before sending any cash through the mail.

Are there still good people in this world? Abso-

lutely. But there are also many, many, many people trying to steal from good people like you — particularly you because you are at an age where it is easier to

steal from you.

ACV is here to help you. If you have questions, are worried about something, or are feeling over-whelmed, talk to a staff member. Scammers want to

## Village Cashier's Office 658-5343

Monday–Friday • 10:30 a.m.–12:30 p.m.

make you think you have to ACT NOW, but that's when you act before thinking. Please stop and think. We want you to be safe.

#### **ACV ACTIVITY NEWS**

**ACV BOOK CLUB** 

Gail Haberland, Reporter
Our next book discussion meeting will be at 2:00 p.m. on Tuesday, July 22, in the OPR. We will be talking about Anne Tyler's book *Digging to America*. Raelynn Moye and I continue to be available to help people find copies of the book.

**BRIDGE CLUB** 

**Dottie Stone, Reporter**The Bridge Club meets on Wednesdays at 1:00 p.m. in the OPR. If you would like to play, please call me at (352) 316-5161 by noon on Monday.

Congratulations to our July 2 winners: 1st high,

Sue Todd, and 2nd high, Jim Varnell.

**CONNECTING THREADS SEWING MINISTRY** Esther Bruckel, Reporter

The sewing center at KC will be open on Monday, July 14, from 1:00 to 3:00 p.m.

VILLAGE LIBRARY Monday-Friday 10:00 a.m.-12:00 noon & 1:00-3:00 p.m.

Brenda Reas, Reporter

There are many music CDs in a carousel on the library desk that may be borrowed by signing them out on the movie sign-out sheet. At least half of them are newer ones that were donated last week.

We have an audiobook section, paperback rack, and many movies and TV series on DVD for check-out. Magazines can be borrowed without being checked out; just return them when you finish looking at them.

Please have your ACV ID badge available when you come to check out books and DVDs. We are located in the Schoolhouse Room between the OPR and IC. Our drop box is located around the corner across from the restrooms (beneath the bulletin board), and you may return books and DVDs there at any time.

PEN PAL PROGRAM A Committee of the Membership Association

Monica Serlick, Reporter
There will be a meeting for all ACV pen pals in August.
More details to follow in coming articles.

There has been an increase in youth residents for the upcoming year at the FSYR. I am looking for approximately two more adults willing to participate in this program. Gentlemen, if you think your writing is messy – no worries – you can type your letters on your computer.

For a pen pal application form, please contact me at (386) 330-4865 and leave a message. I will call you back. If you haven't done this before, it can be very rewarding to know you have an impact on a child's future.

Thank you everyone for encouraging and inspiring the youth of our future generations.

STEPHEN MINISTRIES **Darleen Hinrichs, Reporter** 

Are you looking for a greater sense of purpose or a way to serve others? Consider Stephen Ministry.

Stephen Ministry is a caring ministry of listening offered to someone going through a particularly difficult season of life. Being a Stephen Minister is a wonderful way to serve your fellow Villagers and to help increase

the feeling of community here at ACV.

What about the Stephen Ministers? Do they get anything out of this investment of their time and

energy?

Yes! While personal benefit is never the goal of Stephen Ministry, there are blessings. The training itself often helps them grow stronger in their walk with the

Lord. Then there is the bond that is built with fellow Stephen Ministers as they practice empathetic listening with one another during training. Their personal relationships often improve too as they learn better ways of listening. And of course, there is a sense of fulfillment that comes from allowing God to use you in ministry.

The downside? I can't really think of one.

Applications are at MS and the VC office. Ques-

tions? Call 658-5378.

#### **NEIGHBORHOOD NEWS**

**BUTTERFIELD ACRES Bob Copeland, Reporter** 

Come out for a time of food and fellowship with your BA neighbors on Friday, July 25, at 5:30 p.m. at the Harmony Center. Bring covered dishes and desserts. Paper products will be provided.

**CARTER HOUSE** 

**Monica Serlick, Reporter**We have one birthday to celebrate this week — happy birthday to Kathy Sherrill on July 18! Another trip around the sun and into another year. May you be blessed with many more birthday seasons. According to wishesquotes.com, "It's the journey that counts, not the destination" and "You can accomplish everything, so be strong and believe in yourself." strong and believe in yourself."

Let's continue to pray for those who are sick or recovering from surgeries or treatments. Prayer works! We wish each one healing, strength and peace during

this time of recovery.

As we reach the midpoint of summer, the temperatures are climbing. Please take extra care when out and about — watch your pets' paws on hot pavement, stay hydrated, wear a hat or find shade when possible, and avoid the heat of the day by staying indoors in air conditioning.

If you're spending time in close quarters with others, be mindful that strong perfumes or colognes can trigger allergies for some. A refreshing shower (or even two!) each day can go a long way in keeping you cool and comfortable. Your best friend this time of year

is soap and water!

We also have some exciting news to share about Linda Cywin's brother, Mark. Many of us have met Mark during his visits here, and Linda is thrilled to share that he is competing in the Special Olympics this year in two events — bowling and swimming. He recently took first place in bowling for Columbia County, which qualifies him to compete at the area level in Ocala next month. If he wins there, he'll move on to the state competition in Orlando this September. He hasn't yet competed in swimming, so we'll be cheering him on for that as well. Congratulations, Mark!

As always, remember to be respectful of other residents and visitors. If you notice something that seems inappropriate or concerning, please do not confront anyone directly. Contact the IC at 658-3333, not and they will send someone to check things out. This is your home — if you see something, say something!

**DOWLING HOUSE** 

Cora Huckaba, Reporter
Hello, friends and neighbors. This week started off with a bang — literally! The 4th of July is always a special day for me, not only because of what it means as a national holiday, but also because 71 years ago, my oldest daughter was born. We had a great time playing games and visiting. We always enjoy ourselves when we're together, though it seems the time flies by so quickly. We shared a delicious lunch, followed by ice cream and birthday cake.

The grand finale of the day was a fireworks display — the most beautiful I've ever seen — put on by

Nate, my grandson-in-love. Thank you, Nate! It was the perfect ending to a perfect day.

Jim Powell reminds us that each floor has a nice

solarium for gatherings, Bible studies, and games. Please don't place unwanted furniture or other items in these spaces, and kindly refrain from adjusting the thermostats. They're set to a temperature that works best for everyone.

Wednesday morning brought a sweet surprise someone offered me a slice of strawberry cake while I was out walking Skoots. After tasting it, I wished I had the whole cake! It was delicious. Thank you to whoever baked that treat.

Mary Jane Holler recently took a scenic drive on Hwy. 90 and enjoyed the beautiful crepe myrtles lining the way from Monticello to Tallahassee. She then traveled along Canopy Drive on Miccosukee Road, where the trees arch across the road to form a breathtaking canopy. The red clay along the banks glowed in the sun. If you haven't made this drive, it's well worth your time. The views are truly stunning.

The purple gift has not yet been found. Here's your clue: It's close to where the music is played, and where an owl guards a house of clay. Keep looking!

Good news — the Village pool is now open! And now for a laugh: Why couldn't the elephant take a long vacation? Because he only had one small trunk!

As 1 John 3:16 says, "By this we know love: because He laid down His life for us. And we ought to lay down our lives for the brethren."

Last Sunday, some of my family came out to the Village to join me for lunch. Peggy, Earl, Lorrie, Nate, and two great-grandkids — Owen and Riley — were with me. They always love eating dere.

May God go with you, and may His Word be a light for your pathway. So long until next time — and please remember to pray for those who are facing health challenges.

**EDGEWOOD TERRACE** 

Cathy Oberg, Reporter
Good morning, neighbors. What a glorious morning it is! The sun is shining, birds are singing, and the squirrels

are playing. It's a great day to be alive!

Our annual ice cream social was held last Saturday, and everyone seemed to have a grand time. The ice cream and all the trimmings were thoroughly enjoyed — even by those who had to wait for the whipped cream after I finally remembered to get it out of the fridge! It was a relaxed time filled with good conversation and fellowship. If you weren't able to attend, don't worry — we're planning another gettogether at the end of September.

A big thank you goes out to the VC and First Baptist Church Dowling Park for hosting the patriotic potluck on Sunday evening. Pastors Shawn Johnson and Traci Nissley put together a fabulous program filled with narration, community singing, and special music by a quartet. I'm still hearing praises about the program, and the sandwich and salad menu for the potluck was a

great success.

For our new residents who may not know, ET includes Lawrence House, Taylor Commons, and Millsite Lane. When I mention ET activities, I'm referring to all three areas. We are an inclusive neighborhood made up of these communities. Our board consists of Cathy Oberg, president; Marilyn Yale, vice president; Charlotte Evans, secretary; and Gary Kueppers, treasurer. We typically host quarterly events such as potlucks or parties. If you ever have questions, don't hesitate to ask one of the officers — we'll do our best to get you an answer quickly.

As the summer heat settles in, please be attentive to your neighbors. A quick call or knock on the door to check in can go a long way in showing we care. Many people stay indoors to avoid the heat, but isolation during the summer isn't always healthy. Sometimes, people don't realize they need help until it's too late. Even a short, two-minute chat can make a difference. A shared coffee break and a sweet treat might be just what the doctor ordered. So let's spread the

hydration and the neighborly love.

Until next week, friends, stay happy, healthy and hydrated.

**RIVERWOODS** 

Doug Nichols, Reporter
Sunday, the Lord's Day, was a time of great blessing.
Pastor Sam preached an excellent message from

#### ₻ At the Village Square 🗷

#### **Riverside Gifts**

This shop features Bibles and devotionals, gifts, greeting cards, and games for all ages. *Maximizing Your Small Space* and *The Clutter Fix* are filled with practical ideas for downsizing.

Help! The shelves in the children's section are overflowing! There are books that encourage children to trust in the Lord and how to love others, activity books about exploring God's Word, and puppets for

The jewelry department has crosses, sparkly earrings, bracelets, and holders and straps for your ID cards.

Small dog kits include an expandable leash, collapsible water bowl, waste bags, and a treat holder. There is a large pet item travel bag to store important necessities.

The grandfather clock with its gentle tones is waiting patiently to find a forever home.

Watch and clock repair and new battery instal-

lation are available at very reasonable prices.
658-5771. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

#### Rustic Shop

This shop features handmade items by our ACV artisans as well as antiques and collectibles. Right now, when you make any purchase, you get a bar of hand-

made soap as a free gift!

The window display features pottery from Italy, Sango pieces, and a Phoenix teapot with a creamer and sugar bowl and a Gone with the Wind lamp.

ACV Connecting Threads volunteers make pillows, potholders, soup bowl cozies, and kitchen towels that hang on a hook. There are also light-

weight shawls in a variety of colors.

The 25¢ Table is back! You'll find so many bargains on this table. Beside it is the children's section, which features vintage dolls and toys, and cro-

cheted sweaters.

Clothing repairs and alterations can be dropped off here. Please wash the items before bringing them in for repairs. Attach your name and phone number to the bag.

Watch and clock repair and new battery instal-

lation are available at very reasonable prices.
658-5273. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m. 10:00

#### Twice Nice Shop

This shop features bargain-priced clothing for men, women and children. The Book Nook includes collecti-ble and rare books, fiction/nonfiction books, and Bibles/Bible studies. There are also scrubs for our medical folks. The children's section is growing.

The women's department includes casual and dressy blouses, sweaters, lightweight jackets, dress slacks, jeans, swimsuits and cover-ups, sleepwear, and undergarments. The shoe department has sandals, sneakers, flats and heels.

The men's department has dress and casual

clothing as well as shoes, ties, belts and hats.

The sale continues in the Book Department! Buy any Book Nook item and get another item **of equal or lesser price free,** including the Collectible Books. Not included is the Calendar Collectible Annual Set.

658-5271. Open Wednesday-Friday, a.m.-4:00 p.m., and Saturday, 10:00 a.m.-2:00 p.m.

#### ⊗ On CR 250 ଔ

#### Twice Nice Furniture & More

23353 CR 250 • 658-5871 For pick-ups, call Larry at 386-678-1219

Mondays and Thursdays, 8:30 a.m.-1:00 p.m. First Saturday of the month, 9:00 a.m.-2:00 p.m. Ephesians 6 on the "Armor of God," with a strong emphasis on the weapon of the Truth of God. With his permission, I will be sharing his message with several thousand pastors in the Philippines. The worship service was further enriched by the women's choir, who will be singing throughout the month of July.

Sunday evening's church and community potluck was well attended, with a beautifully planned patriotic program and stirring music. Margaret and I had the joy of sitting with a new resident who had only been at ACV

1. RW HOA News: The next RW HOA board meeting is scheduled for Monday, July 21, at 1:00 p.m. in CCC. One item on the agenda will be discussion and

voting on the propane tank rule.

Please continue to pray for the HOA board as they work faithfully to care for our neighborhood. Feel free to offer positive suggestions or raise concerns, keeping in mind that board members are volunteers with their own schedules and responsibilities. Not every need can be addressed immediately, but your voice

matters.

2. Guess Who in RW: This week's "Guess Who in his bigh school 50th reunion, his RW" is a fun one: At his high school 50th reunion, his coach told him he had been the best basketball rebounder he'd ever coached — but his future wife told

him she had married the quarterback! Who is he?

3. Last week's Guess Who in RW: It was Stan Storey who sang "That's Amore" (not "O Solo Mio") to his wife Elizabeth while in a gondola in Venice, Italy—unaware he had an audience all along the canal!

4. If You See Something, Say Something: What did you do on the July 4? Eight of us gathered for a special meal and time of fellowship. We enjoyed three wonderful hours together with hot dogs and all the trimmings, salads, homemade strawberry pie, lemon cake, and encouraging conversation centered on the Lord.

One of the great blessings of shared meals is not just good food but the opportunity to serve and to hear one another's stories — how Christ has worked in each of our lives. Even if you are single, you can still host a small group, and let guests help by bringing a dish to share.

If you don't often visit the dining hall, consider stopping by from time to time. The meals are delicious, and the conversations are rich and meaningful. However, a gentle reminder — when serving or attending events, it's disheartening to see food wasted. Let's all be mindful and only take what we will eat.

We were encouraged recently to meet several new residents eager to volunteer here at the Village. What a wonderful spirit to have. May more of us follow

their example.

Please also join in prayer for those suffering from the devastating flash floods in Texas. I called our CTEN mission office in Kerrville and learned that the son and daughter-in-law of a staff member had returned home to find their house completely gone, and their neighbors on both sides tragically drowned. May God bring comfort and help to all affected.

5. Birthdays This Week in RW: RW birthdays this week include Lynda Fisher (July 2), Barbara Leone (July 8), Ron Capallia (July 10), and both John La George and Martha Durrell on July 12. May each of you be blessed with the words of Psalm 119:67–68: "Before I was afflicted I went astray, but now I keep Your word. You are good and do good; teach me Your statutes."

6. RW and Village News: Finally, the Village grounds are looking especially beautiful lately. Let's thank the staff for their bard work and faithful service.

thank the staff for their hard work and faithful service

they care for us so well.



If you have news you'd like to share about RW, please send it to me no later than each Monday, so  ${\rm I}$ can submit it to MS on Tuesday. You can reach me at (425) 329-5769 or via email at nichols.doug@ gmail.com.

7. Quote: As we close, remember the powerful words of John Newton, the former slave trader turned pastor, who said near the end of his life: "My memory is almost gone, but I remember two things: that I'm a great sinner, but Christ is a great Savior!"

#### **MEMBER BENEFITS**

ACV offers a variety of programs and services to its members under the membership program. Members pay a monthly fee to provide supplemental support for this array of services and programs, meeting many of the varied needs of its members, as well as providing the opportunity to live his or her life to its fullest potential and highest level of independence. Some services you may not need today, you may well find important or essential in the future, and your financial participation makes it possible for your neighbor to have access to the services they need now.

This week's member benefit of note: The ACV Conference & Retreat Center has canoes and kayaks that are available to be borrowed for free by members. Fees apply for any necessary off-campus transportation. Call the Lodge office at 658-5200 for

more information.

#### **FOR YOUR INFORMATION**

ACE ELECTRIC INC. Submitted by Dick McClaine

Recently I engaged a local electrician, Harold Sapp, owner of Ace Electrical of North Florida (of Live Oak), to install a new power panel in my mobilè home in POP. Harold and his team responded promptly to my need, installed a new GE panel, and cleared a hazardous discrepancy noted on a recent four-point inspection as required before homeowners insurance could be written on my home. I am very satisfied with this installation, the price charged, and the clean-up done prior to leavings. Should I ever need any further electrical work, Ace Electric will by the first call I make.

Incidentally, Harold told me his mom once worked at the original ACV nursing home where his grandmother was then a resident. He also related to me the story of his running barefoot through the woods that then covered much of today's Village grounds. My

how times have changed!

**VETERANS AND** THE NATIONAL ANTHEM

**Submitted by George Brisbin**It has been noted that here at ACV, veterans do not render a hand salute during the playing of the National Anthem. It is not a requirement to do so; however, many of us might not know that on Oct. 14, 2009, then-President Bush signed a change in the National Defense Act that allows (encourages) veterans to render the hand salute during the playing of the National Anthem. The following is the press release that followed the

signing:

WASHINGTON — Veterans and active-duty

render the military-style military not in uniform can now render the military-style hand salute during the playing of the national anthem, thanks to changes in federal law that took effect this

month.

"The military salute is a unique gesture of respect that marks those who have served in our nation's armed forces," said Secretary of Veterans Affairs Dr. James B. Peake. "This provision allows the application of that honor in all events involving our nation's flag.

The new provision improves upon a little-known change in federal law last year that authorized veterans to render the military-style hand salute during the raising, lowering, or passing of the flag, but it did not address salutes during the national anthem. Last year's provision also applied to members of the armed forces while not in uniform.

Traditionally, members of the nation's veterans service organizations have rendered the hand-salute during the national anthem and at events involving the national flag while wearing their organization's official headgear.

The most recent change, authorizing hand-salutes during the national anthem by veterans and outof-uniform military personnel, was sponsored by Sen. Jim Inhofe of Oklahoma, an Army veteran. It was included in the Defense Authorization Act of 2009, which President Bush signed on Oct. 14.

The earlier provision authorizing hand-salutes for veterans and out-of-uniform military personnel during the raising, lowering, or passing of the flag was contained in the National Defense Authorization Act of 2008, which took effect Jan. 28, 2008.

#### LEGAL SERVICES

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the VS professional offices: July 11 and 25, Aug. 8 and 22 and Sept. 5 and 19. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 117.

FINANCIAL ADVISOR

Wendy B. Meyer, CFP®, BFA®, financial advisor with Pivotal Wealth Planning is at the Village on the third Wednesday of every other month (February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the VS professional offices. Call (850) 973-8888 for more information or to schedule an appointment.

#### **SQUARE CUTS AND MORE SALON** Open Monday, Tuesday, Thursday and most Fridays 12:00 noon to 7:00 p.m.

Square Cuts and More Salon specializes in all your hair care needs. Call (386) 647-6240 for appointments. Kindly give 12–24 hours notice for cancellations or extra charges will apply. Walk-ins are welcome, but all great hair happens by appointment. I appreciate your business. Thank you, Amy Hancock.

#### **WATTS UP WEDNESDAYS**

A Suwannee Valley Electric Cooperative representative is in the VS professional offices the fourth Wednesday of every month from 9:00 a.m. to 2:00 p.m. Residents can pay their bill or ask questions about their service. No appointment is necessary. Call (386) 330-5672 for more details.

#### HAIR CROPPERS

We offer 30-minute and 60-minute facials every first Tuesday and Saturday of the month. Would you like to schedule a facial for August? Add-ons are available,

including spa manicures and spa pedicures.

Text or call (386) 205-3791 to schedule your

appointment.

#### **RIDE-ABOUT**

If you're interested in utilizing the Ride-About (ACV's red, 10-passenger golf cart) for a tour of some kind, call MS at 658-5400.

# The Village Post Office



Monday-Friday

11:00 a.m.-12:30 p.m. 1:00-3:00 p.m.

Saturday 11:00 a.m.-1:00 p.m.

658-5270

**ACV QUESTIONS AND ANSWERS**Do you have a question about the Village you think others would also like to ask? Did you see something curious or hear something you'd like confirmed? Submit your question to MS, and we will do our best to find out the answer for you and publish it here. You must include your name with the question because follow-up information may be necessary.

Q: Do you have any statistics concerning falls at

ACV?

A: According to our Safety and Security Department, out of 2017 calls for the year, 120 were fall related. That's almost 17%.

#### **MISCELLANEOUS**

**FOR SALE:** 2005 two-seater E-Z-GO golf cart. New batteries, well maintained, \$3,300. Text or leave message at 850-270-9173.\*\*

**SWEETS:** Sugartime Sweets offers home baked gourmet cookies. Call 386-281-1285 to place your order.\*\*

FOR SALE: Blue Pride Victory three-wheel mobility scooter with charger, basket, and cup holder, \$350. Call Pam 386-344-4566.\*

FREE: Dora's dog needs a new home. Tinkerbell is 8 or 9 years old and has all supplies. Is seen at Companion Animal Hospital in town and is up to date on all shots. She does have a history of aggression. If you know of anyone who is familiar with chihuahuas and is up for the task, please reach out to Hank Googe at 903-707-1003.\*

FREE: Queen size head-only adjustable bed frame. Call 386-209-4937.\*

#### **HOMEMADE AVOCADO OIL MAYO** Submitted by Patricia-Adele Lyons

Ingredients:

- 1 egg
- 1 cup avocado oil
- 2 tsp lemon juice
- 1/2 tsp salt (or to taste)
- 1/2 tsp mustard

Put all ingredients in a quart mason jar. Using an immersion blender, carefully blend from the bottom up until the mixture looks like — and is smooth like — mayonnaise. Use a tight fitting lid and store the jar in the refrigerator for up to three months.



#### Alert Suwannee

Use the QR code to sign up for weather alerts, traffic alerts, and more from Suwannee County. You choose what you hear about through phone call, text message, and/or email message. Or visit



member.everbridge.net/892807736725570/login

Prices effective 7/11–7/17

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# THE VILLAGE GROCER



Monday-Saturday • 9:00 am-6:00 pm • We deliver at 2:00 pm every day!\* 658-3130

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GROCERY						
Mueller's Angel Hair	16 oz.	\$ 2.29				
Jim Dandy Quick Grits	32 oz.	\$ 2.49				
Starkist Chunk White Albacore	5 oz.	\$ 1.99				
Ocean Spray Cranberry Juice	46 oz.	\$ 3.99				
Del Monte Fruit Cups	16 oz.	\$ 3.99				
Shake 'N Bake	4.5 oz.	\$ 5.99				
Dolly Parton's Chocolate Chip Cookie Mix	15 oz.	\$ 4.79				
Saran Cling Wrap	200 sq. ft.	\$ 2.99				
DAIRY						
Chobani Yogurt	5.3 oz.	\$ 1.79				
Blue Bonnet Margarine	16 oz.	\$ 2.29				
PRODUCE						
Navel Oranges	each	\$ .69				
Sweet Onions	per lb.	\$ 1.09				
FROZEN						
Pictsweet Farms Mixed Vegetables	12 oz.	\$ 2.49				
Totino's Party Pizza	9.8 oz.	\$ 2.99				
MEAT						
Fresh Whole Chicken	per lb.	\$ 1.79				
Fresh Lean Ground Beef	per lb.	\$ 4.99				
Lean St. Louis Pork Ribs	per lb.	\$ 4.99				
Gwaltney Thick Sliced Bologna	16 oz.	\$ 1.79				
Holton Smashed Sliders	24 oz.	\$ 9.49				
Seabest Swai Fillets	16 oz.	\$ 4.99				

#### **CHEESE OF THE WEEK**

Muenster Cheese — \$6.39 per lb.

#### DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN

Full chicken \$9.99, Half chicken \$5.99
\*\* Call 658-3130. Order by 11:00 a.m. for 2:00 p.m. pick-up! \*\*

#### THIS WEEK'S VERSE

We Christians have no veil over our faces; we can be mirrors that brightly reflect the glory of the Lord. And as the Spirit of the Lord works within us, we become more and more like him. II Corinthians 3:18

\*\*\*\*\*\*\*\*\*

\*Delivery available to on-campus ACV members only



## **Midday Dining Menu**

Monday—Friday 11:00 a.m.—1:00 p.m. Saturday—Sunday 11:00 a.m.—1:30 p.m.



#### July 11-18, 2025

#### **FRIDAY, 7/11**

**\$2.75 Cup of Soup:** Lobster Bisque

\$5.50 Bowl of Soup

**\$6.95 Entrées:** GF Baked Fish, GF Garlic Butter Shrimp, Hawaiian Sweet and Sour

Meatballs, Fried Catfish

**\$1.40** Sides: Mixed Greens, Baked Beans, Cold Salads, Fruit, Cheesy Grits, Rice

**\$3.00 Desserts:** Assorted Regular and NSA Desserts

## SATURDAY, 7/12

**\$2.75** Soup: Italian Wedding

**\$8.50** Whistle Stop Special: Spaghetti, Succotash (Corn and Lima Beans), Garlic

Bread, Assorted Desserts, Fountain Drink

## **SUNDAY**, 7/13

#### **Lunch Buffet**

Members \$14.00 | Non-Members \$20.00 | Beverage Included

**Entrées:** Ham, Stuffed Cabbage, Fried Chicken

Sides: Okra and Tomatoes, New Vegetable Blend, Side Salad, Peaches, Rice,

Fried Apples, Macaroni and Cheese, Mashed Potatoes with Gravy

**Desserts:** Assorted Regular and NSA Desserts

#### **MONDAY, 7/14**

**\$2.75 Soup:** Chicken Poblano

**\$6.95 Entrées:** Chicken Rice Casserole, Chicken Livers

**\$1.40** Sides: Prince Edward Blend (Green and Waxed Beans, Carrots, and

Peppers), Cold Salads, Fruit, Rice Pilaf with Gravy

**\$3.00 Desserts:** Assorted Regular and NSA Desserts

#### TUESDAY, 7/15

**\$8.50 Special:** Salad Bar

**\$6.95 Entrées:** Country Fried Steak, Crispy Chicken Sandwich on Brioche Bun

**\$1.40** Sides: Peas and Carrots, Sweet Corn, Cold Salads, Fruit, Mashed Potatoes

with Gravy

**\$3.00 Desserts:** Assorted Regular and NSA Desserts

**NOTE:** Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$2.35.

## **Rumph Dining Room Midday Dining Menu**

#### **July 11–18, 2025**

#### WEDNESDAY, 7/16

\$2.75 **Soup:** Turkey Vegetable

\$6.95 **Entrées:** Pot Roast, Fried Chicken

Five-Way Vegetables (Corn, Carrots, Lima and Green Beans, and \$1.40 **Sides:** 

Peas), Cabbage, Cold Salads, Fruit, Mashed Potatoes with Gravy

**\$3.00 Desserts:** Assorted Regular and NSA Desserts

## THURSDAY, 7/17

**Entrées:** Thai Curry Chicken, Meat Loaf \$6.95

\$1.40 **Sides:** Green Beans, Cheesy and Plain Cauliflower, Cold Salads, Fruit, Rice,

Scalloped Potatoes

Assorted Regular and NSA Desserts \$3.00 Desserts:

#### **FRIDAY, 7/18**

\$2.75 **Soup:** Clam Chowder

**Entrées:** GF Baked Fish, GF Garlic Butter Shrimp, Pepper Steak, Fried Catfish \$6.95

Mixed Greens, Asian Mixed Vegetables, Cold Salads, Fruit, Cheesy **Sides:** \$1.40

and Plain Grits, Rice with Gravy

\$3.00 Desserts: Assorted Regular and NSA Desserts



#### RUMPH DINING RM. \$9.75 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread, and a fountain drink.



#### **LUNCH & DINNER SPECIALS**

Friday and Saturday: Nonna's Minestrone

Friday, July 11

<u>Lunch only:</u> Grande Beef and Cheese Burrito with Black Beans and Rice, \$12.95

All day: 7 oz. Grilled Chicken Caprese (Mozzarella, Basil and Tomato) with Penne a la Vodka, \$17.95

Saturday, July 12

All day: Braised Short Ribs with the Vegetable of the Day and Mashed Potatoes with Gravy, \$19.95



658-5259

Mon-Fri: 11 am-1 pm

658-5259

**Sun:** 7:30–10 am | 3:30–7 pm

**Mon-Fri:** 7:30–10 am | 2:30–7 pm **Sat. & Sun:** 11 am–1:30 pm **Sat:** 7:30–10:00 am | 3–7 pm



658-5777

Wed-Thurs: 11 am-2 pm **Fri–Sat:** 8–10:30 am | 11 am–8 pm