





# Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064

"Where People Enjoy Living"

24/7/365 Assistance/Operator 65 Cashier's Office 658-53 Copeland Medical 658-53 Finance Department 658-54 Home Care 658-54	Housekeeping Environmental Svcs. Post Office Security/Emergency Shuttle Bus	658-5374 658-5155 658-5270 658-3333 208-2584
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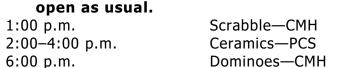
#### **AUGUST 29, 2025**

Friday 8/2		<i>10:00 a.m.</i> 10:30 a.m. <b>12:00 noon</b>	Bible Study—VC Room 5 Gentle Movement and Self Massage Class—OPR Employee Service Award Celebration—RDF		
Sunday 8/31		9:40 a.m. 11:00 a.m. 4:00 p.m. 6:00 p.m.	Morning Worship Service—VC VCBI Sunday School Class—OPR WHFMS Council Meeting—VC Room 5 End of Summer Potluck—RDR		

Monday 9/1 HAPPY LABOR DAY

All ACV offices, CMC, CCC, both libraries, VS retail shops, Village Grocer, post office, First Federal, and Village Cashier are closed today, and there is no shuttle bus service.

Twice Nice Furniture & More on CR 250 will be



Tuesday	9/2	8:30 a.m.	Men's Bible Study—VC Room 5
-		10:00 a.m.	Model Train Club—CB
		12:00 noon	Lunch & Learn: Dacier Manor—DR
		1:00 p.m.	Hand and Foot Card Game—CMH

Wednesday	9/3	8:15 & 8:30 a.m.	Bus Trip: Walmart—CH & DH
		9:00-11:00 a.m.	Ceramics—PCS
		1:00 p.m.	Bridge Club—OPR
		1:15 & 1:30 p.m.	Bus Trip: Walmart—CH & DH
		2:00 p.m.	Bingo—CMH

2:00 p.m. Bingo—CMH
6:00 p.m. Prayer Meeting—BC
6:30–7:15 p.m. Chancel Choir Rehearsal—VC

7:15–8:00 p.m. Christmas Cantata Choir Rehearsal—VC

Thursday 9/4 9:00 a.m.-3:00 p.m. Suwanee County Tax Collector—VS

9:30 a.m.-12:30 p.m. Village Artists Guild—KC

10:00 a.m.-2:00 p.m. Florida Licensing on Wheels—VS

10:00 a.m. Plarn Ministry—CMH

Friday 9/5 10:00 a.m. Bible Study—VC Room 5

10:30 a.m. Healthy Nutrition Talk—DR

10:30 a.m. Gentle Movement and Self Massage Class—SMR

**BOLD: ONE-TIME AND MONTHLY EVENTS** — *ITALIC: PROGRAMS FOR SPIRITUAL GROWTH* 

#### IN LOVING MEMORY

Normand Benoit, who was a resident of Cardinal/Magnolia Terrace, died Aug. 24. His memorial information will be provided when available.

Larry Williams (husband of Judy), who was a resident of GSC, died Aug. 22. His memorial information will be provided when available.

Dorothy Pendleton, who was a resident of GSC, died Aug. 21. She will be remembered at the GSC memorial service on Wednesday, Sept. 10, at 10:00 a.m. in the Magnolia Dining Room.

Jessica Whitmore-First (wife of Garry Prowe), who was a resident of Edgewood Terrace, died Aug. 21. Her memorial information will be provided when available.

Jean Goddard, who was a resident of Carter House, Dacier Manor and GSC, died Aug. 15. She will be remembered at the GSC memorial service on Wednesday, Sept. 10, at 10:00 a.m. in the Magnolia Dining Room.

Judy Senykoff (wife of Ron), who was a resident of Riverwoods, died Aug. 15. She will be remembered at the

GSC memorial service on Wednesday, Sept. 10, at 10:00 a.m. in the Magnolia Dining Room.

Susan Teijeiro (wife of Ray), who was a resident of GSC, died Aug. 8. She will be remembered at the GSC memorial service on Wednesday, Sept. 10, at 10:00 a.m. in the Magnolia Dining Room.

#### **TRANSFERS**

Deb Scruggs has transferred from Dowling House to GSC. Her new mailing address is P.O. Box 4325. David Vignali has transferred from Dowling House to GSC. His new mailing address is P.O. box 4325.

#### **MOVE OUTS**

Jim and Kay Schmook have moved from Riverwoods. Their new address is 3375 S Derry Dr., Sebastian, FL 32958.

Helen Whitfill has moved from Dowling House. Her new address is 2200 James Miller Rd., Leitchfield, KY 42754.

#### **ACV EVENTS**



#### **EMPLOYEE SERVICE AWARD** CELEBRATION

Friday, Aug. 29, 12:00 noon - RDR

ACV Management requests your help in showing appreciation for your friends and coworkers for their dedication and attainment of significant career milestones. Staff who reached five, 10, 15, 20, 25, etc. years of service at ACV recently will be honored with a luncheon and precentation. luncheon and presentation.

Everyone wishing to attend is welcome. Buffet lunch is available for purchase, or feel free to bring your own lunch and share this important time with us. Help us make this a memorable event.

> **END OF SUMMER POTLUCK** Sunday, Aug. 31, 6:00 p.m. - RDR

We will be having an end of summer/welcome fall potluck in the dining room on Sunday, Aug. 31, at 6:00 p.m. Bring a favorite dish to share, and enjoy a time of food and fellowship. Everyone is welcome.



# **LUNCH & LEARN: DACIER MANOR**

Tuesday, Sept. 2, 12:00 noon - DR

At the next Lunch & Learn, the speaker will be Crystal Delcastillo, the director of ACV's assisted living facility, Dacier Manor. Crystal will speak about what life at Dacier Manor is like, and how admissions are handled.

Come, have lunch, and learn. There is no need to sign up and no ticket to pick up. Simply go through the line and buy a lunch, or bring a lunch from home, and join us in the Depot Room at 12:00 noon on Tuesday, Sept. 2.

# SUWANNEE COUNTY TAX COLLECTOR Thursday, Sept. 4, 9:00 a.m.-3:00 p.m. - VS Closed 12:00-1:00 for lunch Staff from the Suwannee County Tax Collector's office including Suwannee County Tax Collector Sharon

Jordan are normally in the Village Square professional offices on the first Thursday of each month from 9:00 a.m. to 3:00 p.m. (closed from 12:00 to 1:00 for lunch). This service will enable you to purchase automobile tags and pay your property taxes. For more information, please contact the Tax Collector's office at 362-2816, or you may visit their website at suwtax.com.



#### STATE OF FLORIDA: FLORIDA LICENSING ON WHEELS Thursday, Sept. 4, 10:00 a.m.-2:00 p.m. - VS

The Florida Department of Motor Vehicles FLOW vehicle is coming to Dowling Park. FLOW stands for Florida Licensing on Wheels. FLOW brings the following services directly to the customer:

- Change from out-of-state driver license to Florida license
- Renewals
- Duplicates for lost or stolen license
- Address/name changes ID cards
- Reinstatements
- **Emergency Contact Information registration**

For driver licenses and ID cards, you will need the following items (there are a few other options, which are not listed — visit flhsmv.gov/whattobring for the entire list).

# Primary Identification

Bring one (original or certified):

- U.S. birth certificate, or
- Valid U.S. passport.

#### **Social Security Number**

Bring one (must display all nine digits):

- Social Security card,
- W-2 form (not handwritten),
- Paycheck/stub, or
- Any 1099 (not handwritten).

#### Residential Áddress

Bring two (must include your Florida residential address):

- Deed, mortgage agreement, recent monthly mortgage statement, or rental or lease agreement;
- Florida vehicle registration or title; and/or
- Recent utility or medical bill or financial statement. Residency letters issued by ACV are no longer accepted.

For your convenience, the department accepts the following payment methods: cash, check, and credit **HEALTH NUTRITION TALK** 

Friday, Sept. 5, 10:30 a.m. - DR

Susan Haynes-Carabello, a retired clinical psychologist who is now on a mission to help everyone age with grace, will speak on "Healthy Nutrition to Manage Diabetes and Improve Health in General" on Friday, Sopt. 5, at 10:30 a m. in the Denet Boom. Sept. 5, at 10:30 a.m. in the Depot Room. Even if you don't suffer from diabetes, you will learn something valuable.

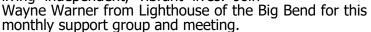
This is not a lunch and learn. Please do not bring food to this event.

**COPING WITH LOW VISION** SUPPORT AND RESOURCES GROUP

Monday, Sept. 8, 1:30 p.m. - OPR
Our monthly support group brings people with vision loss together to share challenges and celebrate success-

HVC

es. The individuals who attend are in all stages of vision loss. Some still have most of their sight, while others have lost their sight completely. Together, they foster a warm, inviting place to help one another overcome barriers to living independent, vibrant lives. Join Wayne Warner from Lighthouse of the Big Bend for this



Please note that, due to the first Monday of September being a holiday, the group will meet the second Monday instead.



MEMBER BIRTHDAY PARTY

Thursday, Sept. 11, 3:00 p.m. - SMR/DR
Join us for the September member birthday party. The theme will be "Back to School", and the entertainment will hopefully help you recall fond memories of your childhood. Everyone is invited, and ACV members with September, birthdays, will receive special recognition. September birthdays will receive special recognition. Come and bring a friend. See you there!

#### "WHAT DOES THE BIBLE SAY ABOUT ..." **LIVE EVENT**

Friday, Sept. 12, 1:00 p.m. - DR
On Sept. 12, at 1:00 p.m. in the Depot Room you are invited to listen and participate in a discussion of the following questions:

- 1. Please explain Psalm 69:33, "For the LORD listens to the needy and does not despise his own who are prisoners.
- What is the difference between the baptism of John and the baptism of the Holy Spirit?
- 3. How can you know if you have received the Holy Spirit?
- Which is the best Bible translation?

Fran Evans will be your host, along with Phil and Gaye Martin. They will share their thoughts and listen to yours.

Bring your questions and comments!

LIVE! AT DOWLING PARK: **PIANO & CELLO CONCERT** 

Friday, Sept. 12, 7:00 p.m. - VC Join celebrated artists Paul Warner (cello) and You Ju Lee (piano) for an unforgettable evening of Romantic chamber music. This powerful duo explores the expressive depth and lyrical beauty of 19th-century Europe

through two masterful sonatas that showcase both intimacy and virtuosmelodies, With stirring itv. harmonies, and dynamic interplay between cello and piano, this concert promises a moving journey through the passion, nuance, and innovation of the Romantic era.

purchased from the ACV cashier's office and at the event for the state of the state office and at the event for \$18 (ACV member) and \$26 (non-member), or AT DOWLING PARK season passes can be purchased at the cashier's office for \$140 (ACV member) and \$210



(non-member). Those with season passes may also attend the Community Concerts of Lake City free of charge. Call 658-5400 for more information.

LADIES' BREAKFAST Saturday, Sept. 13, 8:30 a.m. - SMR/DR

The next ladies' breakfast will be held on Saturday, Sept. 13, at 8:30 a.m. in SMR/DR. A special invitation is extended to new residents; we want to meet you! Come join us for a wonderful time of table fellowship.

The cost of the full and delicious breakfast buffet is \$7.75. Tickets must be pre-purchased at the Lopin' Gopher.



MEN'S FELLOWSHIP BREAKFAST

Saturday, Sept. 13, 8:30 a.m. - RDR
The next Men's Fellowship breakfast will be held on Saturday, Sept. 13, at 8:30 a.m. in the dining room.

The cost of the full and delicious breakfast buffet is \$7.75. Tickets must be pre-purchased at the Lopin' Gopher. Come join us for fellowship, prayer, inspiration, and breaking bread together!

### **EVENTS HERE AND THERE**

Events in this section are not sponsored by ACV, even if they take place at ACV.

> GENTLE MOVEMENT CLASS Fridays, 10:30-11:30 a.m. - SMR

An hour-long exercise class is held Fridays at 10:30 a.m. in the Sawmill Room. Everyone is welcome at any level to a time of movement and self massage. Join us as we inspire one another to keep moving as much as we can for as long as we can — and feel better.

Walk in or come on your scooter or power chair. All mobility levels are welcome. Contact Bonnie Olson for more information at (386) 678-1962 or by email at bonlou2010@gmail.com.

Please note that while the class regularly meets in the Sawmill Room, it will meet in the Old Pavilion Room on Aug. 29.

# **ALCOHOLICS ANONYMOUS MEETINGS** Mondays at 7:00 p.m. The Lighthouse on CR 250

Alcoholics Anonymous meets Mondays at 7:00 p.m.

here in Dowling Park at the Lighthouse, 23594 CR 250.

There is a solution. Don't be a Homer. For information you can call (305) 407-0895.

**PRAYERS FOR ISRAEL** 

Wednesday, Sept. 3, 5:30 p.m. - VC Room 5
The monthly meeting to pray for Israel will be on
Wednesday, Sept. 3, at 5:30 p.m. in VC Room 5. All those interested in praying for the salvation of Jewish souls, for those missionaries who are laboring for the purpose of Jewish souls coming to Jesus the Messiah as Savior, for Biblical mission organizations, and for the peace of Jerusalem are welcome to attend.

VETERANS GATHERING
Friday, Sept. 5, 12:00 noon - RDR
All service members are invited to gather for lunch to eat together on Friday, Sept. 5, at 12:00 noon in the dining room. Buy or bring your own lunch. Bring a military memento. Service members can be ACV residents. dents, employees, or area residents. Invite other veterans.

CHAMBER MUSIC CONCERT
Sunday, Sept. 7, 7:00 p.m.
St. Mark's Lutheran Church, Jacksonville
www.youtube.com/live/wJkWL29RSdE
On Sunday, Sept. 7, at 7:00 p.m., San Marco Chamber
Music Society will kick off their 19th season with their

Annual Diabétes Benefit Concert! It will feature winds

and strings with music by Gustav Holst, Michael Haydn, Jean Francaix, Margaret Fay, and Ernst von Dohnányi. The Sept. 7 performance will be at St. Mark's Lutheran Church, 3976 Hendricks Ave., Jacksonville, FL 32207. It is free to the public, and the venue is wheelchair accessible.

The concert will also be live streamed at the YouTube address above.

# LIFE LINE SCREENING Wednesday, Sept. 10, 9:00 a.m.-5:00 p.m. Camp Suwannee Youth Lodge

Life Line Screening will be performing a day of preventive health screenings at ACV on Wednesday, Sept. 10. This collaboration helps bring important health screenings to our community at an affordable price. The tests look to identify risk factors that can lead to cardiovascular disease, stroke and other serious illnesses.

Life Line Screening uses the following non-invasive methods to get you lab-accurate results and recommendations you can review with your doctor:

- Carotid Artery Disease Screening
- Atrial Fibrillation Screening
- Abdominal Aortic Aneurysm Screening
- Peripheral Artery Disease Screening

You can have all four tests performed for a special price of \$129. You must pre-register. Appointments are limited, so please sign up now by calling 800-324-9458 and use promo code HABC001, or visit Life Line Screening's website at LLSA.SOCIAL/HABC, or text the word circle to (216) 279-1607.



# JO KENNON PUBLIC LIBRARY 386-658-2670

Website: srrlib.org Email: dpark@neflin.org n., Wed.—Fri. 9:00 a.m.—5:30 p.m. Tuesday 9:00 a.m.—7:00 p.m. Saturday 9:00 a.m.—1:00 p.m. Closed Sunday

Weekly JKPL Meetings:

Mondays 9:00 & 10:00 a.m. Starbooks Café **Tuesdays** 9:30 a.m. 3:00 p.m. 10:00 a.m. **Crochet Creations** Thursdays Yoga Fridays Kids Corner Saturdays 11:00 a.m.

**Library Closure** 

The JKPL will be closed Monday, Sept. 1, in observance of Labor Day.

Scrabble and Small Talk

come play

Looking for Scrabble players ... come play on Wednesdays at 10:00 a.m. Meet new friends and put your vocabulary to the test!

Starbooks Café

Join in the conversation on Sept. 2 from 9:30 to 10:30 a.m. as we answer the question: What is your go-to karaoke song?

Fair Door Craft

Add some whimsical charm to your home with this fun craft program! Sign up for this two-day event on Sept. 2 and 9 at 2:00 p.m. or 5:30 p.m. We will start the craft on the 2nd and finish it on the 9th. All the materials will be provided; all you have to do is claim your seat today! For more information call 658-2670.

History of Suwannee County
Eric Musgrove will visit the JKPL on Thursday, Sept. 4, at 10:00 a.m. to captivate us with local history! This month's theme is non-railroad transportation. If you enjoy his presentations, grab one of Eric's books while you are here: Reflections of Suwannee County or Lost Suwannee County.

Birdwatching Club

Are you a fan of watching our feathered friends in the sky? Whether you are new to the hobby or you are a veteran birdwatcher, all are welcome to join the birdwatching club here at JKPL! The first club meeting will

be on Sept. 11 from 10:30 to 11:30 a.m.

Methods and Myths of Canning

Join us on Sept. 16 at 3:00 p.m. or 5:30 p.m. as
Katherine Allen from UF/IFAS tells us all about canning!

Learn a new skill or update your knowledge with some tips and tricks!

As the Page Turns Book Club: Date Change Save the date! Beginning in September, the book club will meet on the third Thursday of every month at 2:00 p.m. Come by the JKPL to snag a copy of *The Women* by Kristin Hannah, and then join us on Sept. 18 for an in-depth discussion about the novel. The book for October will be announced on the 18th as well.

**Property Records Information Session** 

The presentation has been rescheduled for Tuesday, Sept. 30, at 6:00 p.m. This presentation is about the new system that Suwannee County citizens can use to view their property records.



# **BUS TRIPS**

No eating or drinking, and no open food or drink containers on either of ACV's buses. The only exception is plain water. Thank you for your cooperation.

If you wish to ride the ACV bus on these trips, you must contact the Information Center in person or by phone at 658-3333 to sign up. Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

#### **WEEKLY LIVE OAK SHOPPING TRIPS**

There is no charge for Village members to participate in the regular weekly Live Oak shopping trips. If you have questions, call Member Services at 658-5400.

Please remember to bring your own bags on the weekly shopping trips to assist in keeping everyone's purchases separate.

Those who sign up for a weekly shopping trip will be put on the waiting list if they sign up for the same trip the following week. If seats remain available, those on the waiting list will be moved to the regular

Only one scooter or power chair per regular Wednesday shopping trip will be allowed.

- Sept. 3 morning Walmart Leave CH at 8:15 a.m. and DH at 8:30 a.m. Leave Walmart at approximately at 11:15 a.m. and return to the Village at
- Sept. 3 afternoon Walmart Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave Walmart at approximately at 3:45 p.m. and return to the Village at 4:30 p.m.



Friday, Aug. 29

Lunch only: Prime Rib Philly Cheesesteak Sub with Homemade Chips, \$13.95 All day: 7 oz. Smothered Chicken Breast over Mashed Potatoes with a Fresh Baked Biscuit, \$17.95

#### Saturday, Aug. 30

All day: Penne a la Vodka with Fresh Parsley, Sweet Italian Sausage and Shredded Parmesan Cheese, served with Garlic Toast, \$16.95

- Sept. 10 morning Winn-Dixie, Save A Lot & **Publix** — Leave CH at 8:15 a.m. and DH at 8:30 a.m. Drop off at Winn-Dixie and Save A Lot, park at Publix. Leave Publix at approximately at 11:15 a.m. and return to the Village at noon.
- Sept. 10 afternoon Walmart Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave Walmart at approximately at 3:45 p.m. and return to the Village at 4:30 p.m.
- Sept. 17 morning Walmart Leave CH at 8:15 a.m. and DH at 8:30 a.m. Leave Walmart at approximately at 11:15 a.m. and return to the Village at
- Sept. 17 afternoon Winn-Dixie, Save A Lot & Publix Leave CH at 1:15 p.m. and DH at 1:30 p.m. Drop off at Winn-Dixie and Save A Lot, park at Publix. Leave Publix at approximately at 3:45 p.m. and return to the Village at 4:30 p.m.

### **DEPARTMENT NEWS**

THE VILLAGE CHURCH Rev. Sam Worley, Senior Minister Church Office - 658-5344 - P.O. Box 4314

**SERMON:** "The Supreme Climb"

TEXT: Genesis 22:1-19 and John 3:1-18 NIV

**SPEAKER:** Rev. Bob Copeland

We will be having an **end of summer potluck** in the dining room on Sunday, Aug. 31, at 6:00 p.m. Bring a favorite dish to share and enjoy a time of food and fellowship. Everyone is welcome.

**Sunday School** for all ages will resume on Sept. 7 following the morning worship service. There will be four adult class options - in addition to the children and youth classes. All are welcome. Sunday School class information is available in the church foyers.

#### The following Village Church events are happening this week:

**Friday, Aug. 29** 10:00 a.m. — Bible Study, Tom Spannagle (Room 5)

Sunday, Aug. 31

9:40 a.m. — Sunday Morning Worship Service (Village Church)

11:00 p.m. — Tom Spannagle's Sunday School Class (Old Pavilion Room)

4:00 p.m. — WHFMS Council Meeting (Room 5) 5:00 p.m. — Youth Meeting (Lighthouse) 6:00 p.m. — End of Summer Potluck (Dining Room)

Monday, Sept. 1 Church closed for Labor Day

Tuesday, Sept. 2

8:30 a.m. — Men's Bible Study (Room 5)

Wednesday, Sept. 3
5:30 p.m. — Prayer for Israel (Room 5)
6:00 p.m. — Prayer Meeting (Chapel)
6:30 p.m. — Choir Practice (Village Church)
7:15 p.m. — Christmas Cantata Practice (Village Church)

Friday, Sept. 5

10:00 a.m. — Bible Study, Donald Wrigley (Room 5)

#### **MEMBER SERVICES** James Sutter-386-658-5400

At this week's Hurricane Preparedness Lunch & Learn, a couple of points were brought up that I'd like to make sure you're aware of:

- It's best to know ahead of time whether you will hunker down or evacuate in the event of a storm event. Once you decide, please let your family and your service coordinator know.
- To receive up-to-the-minute Suwannee County emergency information, subscribe to Alert Suwannee by visiting member.everbridge.net/892807736725570/login.
- If you have a license or ID, you can register two emergency contacts with the DMV by visiting a

DMV agent or online at mydmyportal.flhsmv.gov (click on Register your Emergency Contact Information here).

**Member Services Tip of the Week** 

Please check your kitchen. Do you have any dinner plates, coffee cups, glasses or silverware that belong to ACV? If you do, please return them as soon as possible. It costs money to replace missing/borrowed items. By returning to the dining room any you might have at home, you are assisting in our efforts to manage costs and fees.

**TV2** In next week's episode of *What the Bible Says About ...*, the following questions are answered:

- Did God commit genocide in the Old Testament?
- What does the Bible say about a Christian tithing?
- What is the importance of baptism? Is it necessary for salvation?

What the Bible Says About ... airs Monday at 8:30 a.m. and 11:30 p.m., Wednesday at 2:30 and 9:30 p.m., and Saturday at 10:30 a.m. and 9:30 p.m.

# Scam Tip of the Week: Arrest Warrant Scam

Similar to the jury duty scam, imposters pose as law enforcement officers and call or email a potential victim claiming that they have a warrant out for their arrest or are otherwise being pursued by law enforcement. The imposters will claim the victim must pay them immediately or they will be arrested. Know that a law enforcement or court official will never ask for you to wire money or ask for your confidential information over the phone or via email.

If you believe you are the victim of a scam, file a complaint with the Attorney General's Office online at www.myfloridalegal.com or by phone at 1-866-9-NO-SCAM. You may also file a complaint with the Florida Department of Agriculture and Consumer Services, which acts as the State's consumer complaint clearinghouse, at www.floridaconsumerhelp.com. (Source: The Florida Attorney General's Office)

**SAFETY AND SECURITY** 

Cindy Beaver—386-658-3333

Many residents at Advent Christian Village may not be fully aware of the security, fire, and medical pull cord systems available in their homes. While new residents receive an orientation explaining how these systems work, we've discovered that some long-time residents

may not have had the opportunity to learn about them.

If you would like a personal tutorial to better understand how these safety systems operate, we'd be happy to walk you through the process. Please reach out to schedule an appointment by calling 658-5158 or omailing charge and appointment by calling 658-5158 or one of the charge and appointment by calling 658-5158 or one of the charge and appointment by calling 658-5158 or one of the charge and appointment by calling 658-5158 or one of the charge and appointment by calling 658-5158 or one of the charge and appointment by calling 658-5158 or one of the charge and appointment by calling 658-5158 or one of the charge and c emailing cbeaver@acvillage.net.

Your safety and peace of mind are important to

us — don't hesitate to get in touch!

# <u>ACV ACTIVITY NEWS</u>

**ASTRONOMY CLUB** Steve Reas, Reporter

For all who are curious and want to know what is happening in the night sky in the month of September, come and join us in Room 5 at the Village Church (chapel entrance) at 6:30 p.m. on Monday, Sept. 1.

We will have an up-to-date video of astronomi-

cal events for September, and will present the latest events in astronomy. This is a basic, entry-level overview of what the Lord has placed in the heavens for us

to enjoy and to display His majesty.

As the weather turns cooler and clearer, we will set up telescopes and large binoculars in the field near the Harmony Center for a personal view of the stars, galaxies, comets, star clusters, and whatever is in view. We meet the first Monday night of each month. Join us.

**BRIDGE CLUB** 

Dottie Stone, Reporter
The Bridge Club meets on Wednesdays at 1:00 p.m. in the Old Pavilion Room. If you would like to play, please call me at (352) 316-5161 by noon on Monday.

MARION POLK CERAMICS SHOP Sue Riedel, Reporter

**Discover the Art of Bisque** at the Marion Polk Ceramics Shop at 10845 Aquilla Circle. We are open to all — no membership is required, and no appointment is necessary. The studio is open Mondays, 2:00-4:00 p.m., and Wednesdays, 9:00-11:00 a.m. Come as you - whether you're curious, creative, or looking for a new adventure, we've got a spot for you at the table!

What's happening: We have autumn projects ready for you — Christmas trees and other holiday items — in a welcoming atmosphere for all skill levels.

Come join our creative community.

**CONNECTING THREADS** SEWING MINISTRY

Esther Bruckel, Reporter
The sewing center at Keepers Cottage will be closed Labor Day, Sept. 1.

**GARDEN CLUB** 

Cindy Hett, Reporter

A huge shout out to all those who came out in the heat to help with repairing the raised beds — Kristie Skiff, Elaine Brennan, Jim Kaufman, Sue Riedel, Steve Reach, Debbie Snead, Paul Cook, Steve Hett, Carole Kueppers, and Marie Brown — THANK YOU!

It only took three and a half hours to complete four beds. We still have more to go and look forward to the help of others in this endeavor. We were also able to clean up fences and other garden areas. Thank you all so much!

VILLAGE LIBRARY Monday-Friday 10:00 a.m.-12:00 noon & 1:00-3:00 p.m. Brenda Reas, Reporter

We have an audiobook section, paperback rack, and many movies and TV series on DVD for check-out. Magazines can be borrowed without being checked out; just return them when you finish looking at them.

Please have your ACV ID badge available when you come to check out books and DVDs. We are located in the Schoolhouse Room between the Old Pavilion Room and Information Center. Our drop box is located around the corner across from the restrooms (beneath the bulletin board), and you may return books and DVDs there at any time.

> PEN PAL PROGRAM Monica Serlick, Reporter

Please make sure you write to your youth; the **next pick-up date is Friday, Aug. 29.** Remember to get your letters to the Information Center before 11:30 a.m. Carter House residents can leave theirs at the front dock and I'll get them on my your permember. front desk, and I'll get them on my way out. Remember

to keep the letters you receive.

MARK YOUR CALENDARS! A meet and greet luncheon for all the pen pals has been scheduled for Friday, Sept. 12. The bus will leave from Carter House at 10:45 a.m. *sharp* and should return by 1:15 p.m. There is a \$5.00 bus fee that must be paid at the Information Center by Monday, Sept. 8.

There are only 18 seats available on the bus,

and we have 23 pen pals, so it will be first-come, first-served. If you will be using your own vehicle, please let me know so I will have a total count of people going. I must give the count on Monday, Sept. 8, so they know how many extra lunches to prepare.

There is a supply of envelopes at the IC for anyone who needs them to send their letters; just pick up a few. Please put both your pen pal's name and your

name on the envelope.

If you would like to be a pen pal, please contact me at (386) 330-4865 and leave a message. I will call

you back

Every child deserves a champion — an adult who understands the power of connection and insists that they become the best they can possibly be" (Rita Pierson).



STEPHEN MINISTRIES **Darleen Hinrichs, Reporter** 

Five Stephen Minister applicants have been interviewed and notified of their acceptance into the next training cohort. We are excited to begin training, and we invite

you to begin praying for them now.

The new trainees met for dinner with the current Stephen Ministers, Stephen Leaders, and their spouses last week. We also were joined by the Klumpenhowers and Bonvilles. We enjoyed a time of fellowship, praise, and a devotion during the evening. It was a great opportunity to get to know one another better and begin to form the bonds that come from working

toward a common goal.

Stephen Ministry is a 50-year-old Christian ministry of trained lay people who provide one-to-one emotional and spiritual support to care receivers who are going through some of the most difficult days of their lives. At ACV, Stephen Ministries began in late 2023 with the goal that no one at ACV will hurt alone. One cohort of Stephen Ministers has been trained and commissioned and are actively working with their care receivers. The second class starts Sept. 8 and will complete training in February 2026. We ask for your prayers for ACV's Stephen Ministry and all who are involved. If you have questions, please call the Stephen Ministry office at 658-5358.

**WATKINS HOBBY SHOP** 

Gary Kueppers, Reporter
There will be a meeting of the Watkins Hobby Shop (woodworking shop) on Friday, Sept. 12, at 3:00 p.m. in the Depot Room. This is open to all current club members, and to all ACV members and Lifestyle Club members interested in woodworking. Please come and

help us plan for the upcoming year.

Please contact Gary Kueppers at 658-6442 or gkuep1945@windstream.net with any questions about

the club or meeting.

#### NEIGHBORHOOD NEWS

BUTTERFIELD ACRES
Jack "CrackerJack" Dixon—386-658-2113

"The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever" (Psalm 23:1-6 KJV).

Today I come to you with a heavy heart and the difficult task of saying goodbye to one of our own. Alex Mabey went to be with the Lord on Wednesday, Aug. 20. It was a tragic situation that leaves many of us

asking, *Why?*But the promise above from our Father in Heaven is our hope and assurance: if we know Him as our personal Savior, receive His Son Jesus into our hearts, and ask for His forgiveness of our sins, we will be saved by His amazing grace. With this assurance, let us go forth spreading His Word as He commanded us in Matthew 28:19-20. Please keep the Mabey family, and our Village, in your prayers.
Willie Nelson once said, "Once you replace

negative thoughts with positive ones, you'll start having

positive results.

On a lighter note, I don't know how many folks from Butterfield Acres took part in the pizza party last week, but I do know that if they missed it, they missed a wonderful time of food, fellowship and fun! Rumor has it another party is planned for early November, and I'll keep you posted. We have another of our own potlucks coming in November — details will be announced later.

From the veranda of our humble abode, overlooking the oh-so-smooth and dust-free 102nd Trail in Butterfield Acres: Be kind to everyone you encounter, and never forget who is in charge. Isaiah 40:28-31. God bless!

# CARTER HOUSE Monica Serlick-386-330-4865

We have no birthdays or anniversaries this upcoming week.

Please keep Jodi Kirk in your prayers as she grieves the passing of her father, Normand Benoit, who lived in Cardinal/Magnolia Terrace. This has been an especially difficult year for Jodi, as she has also lost her mother and a sister. We pray that God's comfort and presence will surround her and her family during this hard time.

Let us also remember to continue praying for those who are sick or recovering from surgeries or treatments. Psalm 41:3 reminds us, "The Lord sustains them on their sickbed and restores them from their bed of illness." And in 3 John 1:2 we read, "Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well."

I hope everyone enjoys a safe and refreshing Labor Day weekend. In looking up the history of the holiday, I was surprised to learn from the Department of Labor (via CNN) that it was first celebrated unofficially by labor activists and individual states in the late 1800s. New York was the first state to introduce a bill recognizing Labor Day, but Oregon was the first to officially make it law in 1887. On June 28, 1894, Congress passed an act designating the first Monday in September as Labor Day. At the beginning of the 20th century, more employers began giving their workers the day off, and the holiday slowly shifted away from its roots in union organizing. By the 1960s and '70s, Labor Day had become less about labor movements and more Day had become less about labor movements and more about enjoying a long weekend. Today, many view it as the unofficial end of summer, often marked with barbecues, family gatherings, sports, shopping, or simply relaying. simply relaxing.

Finally, please continue to be respectful of fellow residents and visitors. If you notice anything unusual or concerning, do not confront others directly. Instead, contact the Information Center at 658-3333 so that someone can check into the matter. This is your home

if you see something, say something!

# **DOWLING HOUSE**

Cora Huckaba-850-464-7113
Hello, friends and neighbors. Greetings in the name of Jesus our Lord. I pray this finds you well and happy.

Fall is just around the corner. In just a few more days August will be gone for this year. It seems this year has wings! I need to get my fall decorations out for the tables. Can you believe it's only four months until Christmas?

I need your help with the weekly newsletter. What is going on with you? What projects are you working on? What games are you playing? Have you had a run of good luck, or maybe some bad luck? Have you been under the weather or feeling on top of the world? Are you reading a good book that you can recommend? Remember, this newsletter is supposed to be news about Dowling House, so please share with us.

Have you found the prize yet, or have you been looking for it? It's hiding where you can see it, peeking the form of the prize yet.

out from where it sits. The colors are red, yellow, blue, and white. Look closely — it's there within your sight, near where people talk and along the path where

people walk.

The whistling ducks are gathered at the lake, just as happy as if they had never hatched a bunch of chicks and lost them. I suppose that goes along with a

bird's life.

You may have noticed the garden spot is being cleaned out. I was told it had to go, so it's going. I guess the squirrels and birds will need to find another place to eat. I know some of you enjoyed it, so take in the blooms while they last. The Trumpet Lily is beginning to bloom, and my daughter plans to take it soon.

I still don't have a date for moving back into my apartment. I'm still waiting. They say the only holdup is the cabinets, and there's no idea when those will arrive.

# ∞ At the Village Square ∽

#### **Riverside Gifts**

This shop features gifts for all ages: Bibles and devotionals, cards, household items, toys, and games. Comfy sofa and lounge chair pillows in natural

colors have zippered covers to make washing them easy. Relax as you listen to one of the many music boxes playing its beautiful hymn. There is also a wonderful selection of Bible studies, autobiographies, and fiction to enjoy.

There is a good supply of ACV umbrellas and wide brimmed hats near the Sales Corner. You'll also find reflective vests, mosquito netting to wear over your hat, and handsome long walking sticks.

Sales Corner items include soup bowl, mugs

cozies, watches, Bible covers, and jewelry.

Watch and clock repair and new battery instal-

lation are available at very reasonable prices.
658-5771. Open Wednesday—Friday, 10:00 a.m.—4:00 p.m., and Saturday, 10:00 a.m.—2:00 p.m.

#### **Rustic Shop**

This shop features beautiful antiques and useful items made by our own ACV artisans. You'll find collectibles, jewelry, and vintage watches for men and women. Cards for all occasions are \$1.00 each.

Items recently arrived include a collection of Disney Mickey Mouse items and limited-edition pins from years past with the Disney logo. There is a sweet peekaboo Mickey to delight a child.

Antiques include a lovely collection of 1950s hand painted swans in two sizes. Handmade items include drawer sachets with crocheted edges, soft short shawls, many sizes of quilts, and soft pillows.

Clothing repairs and alterations can be dropped off here. Please wash your items before bringing them in for repairs. Attach your name and phone number to your bag.

Watch and clock repair and new battery instal-

lation are available at very reasonable prices.
658-5273. Open Wednesday—Friday, 10:00 a.m.—4:00 p.m., and Saturday, 10:00 a.m.—2:00 p.m. 10:00

#### Twice Nice Shop

This shop features bargain-priced clothing for children, men and women. There are medical scrubs in a variety of sizes. The Book Nook includes collectible, first edition and rare, children's and fiction/nonfiction books, and Bibles/Bible studies.

The women's department has a collection of blouses in many colors, patterns, and sleeve lengths. Pair them with a new skirt or slacks. There are swim-

suits, cover-ups, nighties, and robes.

The men's department is increasing! Don't forget that you can have alterations made (see the Rus-

tic Shop description for this).

The Christmas in August sale continues a week longer in the Book Department! **All CDs and** paperback books are five for \$1.00. Cookbooks, health and nutrition, and fitness books are BO-**GO.** Check the shelves and their signs carefully to get

spectacular buys! 658-5271. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

# ∞ On CR 250 ଔ

#### **Twice Nice Furniture & More**

23353 CR 250 • 658-5871 For pick-ups, call Larry at 386-678-1219

Mondays and Thursdays, 8:30 a.m.—1:00 p.m. Saturday, Sept. 6, 9:00 a.m.-2:00 p.m.

Check out this store. We literally have everything from A to Z. We have: Appliances, bedding, clothing (and caring volunteers), dolls, electronics, furniture and fun, games, hammers, irons, jackets, knives, lamps (and listening ears), mirrors ... to be continued next week.

On a brighter note, I just finished a 3D puzzle of a music box Ferris wheel. It was a real brain teaser, but it turned out beautifully. I also went shopping at Ollie's in Valdosta with my daughter, Peggy. I found a joke book with jokes John Wayne told on his movie sets. Here's one of them:

A cowboy went to a horse farm to buy a horse. rner said, "You've come at a bad time. I'm low on The owner said, "You've come at a bad time. I'm low on good horses. I only have an old nag. He's strong and fit, but stubborn. The only way to make him go is to say, 'Thank God.' To make him stop, you have to say, 'Hey, hey." The cowboy was desperate, so he bought the horse. He rounded up his cattle and was pleased with him. Later as he rode around he saw a deep gully with him. Later, as he rode around, he saw a deep gully horse. Just before reaching the drop-off, it came to him — he shouted, "Hey, hey!" The horse stopped just in time. Relieved, the cowboy sighed and said, "Thank God."

"The heart of man is much like the sea: it has its storms, its tides, and in its depths it has its pearls too" (Vincent Van Gogh).

Until next week, may God walk with you and lead you in the path of righteousness.

# EDGEWOOD TERRACE

Cathy Oberg-386-658-3237 Good morning, neighbors. Happy birthday to Jen White on the 30th! May you be blessed with good health and happiness throughout this continuing journey of life.

This week I had the pleasure of visiting with the newest resident of Edgewood Terrace, Ruthann Conway. She is actually an ACV alumnus, having lived here previously, and has now returned to Millsite Lane from Lake City, Florida. Ruthann enjoys Scrabble, and I quickly gathered she hasn't met a yarn she doesn't like
— something we have in common! While awaiting the
final delivery of her furnishings, she is settling in slowly
and getting reacquainted with her survival here. looks forward to renewing old friendships as well as meeting new ones. Let's extend a warm welcome and help Ruthann feel right at home.

Be sure to mark your calendars for our next Edgewood Terrace potluck gathering on Saturday, Sept. 27, at 5:00 p.m. The location is the Youth Lodge behind the Village Grocer. The theme will be "Around the World Chicing." This is a wonderful approximate to place with the solution of the world by the world by the solution of the world by the world b Cuisine". This is a wonderful opportunity to share a dish from your heritage — maybe a family recipe from your grandmother that always brings back fond memories or to try out something new you've been curious to make. Start planning your contribution, and watch future FNNs for more details.

It's hard to believe Labor Day is here! In June 1894, President Grover Cleveland signed the bill into law making the first Monday in September a national holiday to honor the American labor force. Today, the holiday also marks the end of the summer season and vacation time. However you celebrate, I hope you enjoy it to the fullest as we turn the corner into autumn.

### **GOOD SAMARITAN CENTER** AND DACIER MANOR

Bruce Arnold—386-658-5550

Toward the latter part of Hebrews 12, beginning at Verse 18, we see a striking contrast between the days before the new covenant, which Jesus mediated, and the days after. Verses 18-22 reveal the holiness of God in a sobering way — so much so that even Moses trembled with fear. Anyone who dared step onto that mountain, even an animal, was to be put to death! By contrast, Verses 22–24 give us a brighter picture angels in joyful assembly, righteousness, and perfection.

At first, it might seem as though the God of the new covenant has "lightened up," and that sin no longer matters. But that is not so. What never changes in this contrast is the holiness of God. He has always in the holiness of the holines been holy, and it is a fearful thing to realize how unworthy we are to stand in His presence. Those who looked upon Mount Sinai ablaze with fire were terrified, and rightly so. Today, when we come before God, we are still approaching a holy and righteous Lord. If not for Jesus, we would remain unworthy to enter His presence.

But because Jesus mediated a new covenant, we can now come boldly before God, knowing that our sins are covered by His blood. Verse 25 warns, "See to it that you do not refuse him who speaks." So we must ask: are we standing before God trying to be "good enough," or are we trusting that Jesus has made us worthy? God has not changed — He is still holy. Yet through Christ, we can enter His presence without fear or trembling, and there we find His great mercy

A memorial service will be held on Wednesday, Sept. 10, at 10:00 a.m. in the Magnolia Dining Room. All are invited as we give thanks for the lives of Susan Teijeiro, Judith Senykoff, Jean Goddard and Dorothy Pendleton

Pendleton.

We are also grateful for the several new volunteers at GSC recently. Their service brings joy to our residents, and we thank them for their dedication! If you would like to volunteer, please stop by an assessment Kathleen Johnson, who will provide the necessary forms.

Finally, please continue to keep GSC and Dacier Manor in your prayers as we do our best to keep everyone safe from the "C" word. God is faithful, and we are thankful for His protection.

#### **RIVERWOODS** Doug Nichols-425-329-5769

Sunday, the Lord's Day at Good Samaritan: Chaplain Bruce Arnold preached an uplifting message on Hebrews 12:18–29. About 35 were present, including several visitors. Feel free to join us for worship at GSC and Sunday at 0:45 a.m. on Sundays at 9:45 a.m.

1. Last Week's Guess Who?: She sold her husband's golf clubs while he was away on a business trip — and is still alive to tell about it! Answer: Sharon

Germaine.

2. Riverwoods HOA: The Riverwoods Board members are President Donna Plant, Vice President Bud Royal, Secretary Mary Ann Wilson, and Members-at-Large Lorraine Bowen and Lee McGauley. Feel free to

send the board your suggestions for discussion.
3. What's Up?: Reading the Laughing in the Wind is a humorous, serious, encouraging, convicting, and very interesting new book by Ed Landry. By God's grace, we were able to order 30 copies at the author's price. If you would like a personal free copy to read and share, please contact me or Margaret at (425) 329-5769. This gift is in honor of a great man!

Pink envelope: We are very blessed to live in such a beautiful place, with wonderful ministries that help and encourage all residents. As the Lord enables, please prayerfully consider giving extra funds to assist with the Benevolence Fund, Dining Services, Camp Suwannee, the general fund, the Good Samaritan Center, and more.

To repeat: Be careful of scammers! The best

advice: if you receive a questionable call — hang up the

phone!

4. Birthdays in Riverwoods: Enrique Borrell (Aug.

4. Birthdays in Riverwoods: Enrique Borreii (Aug. 24), Steven McLeskey (Aug. 24), Dottie Frassetto (Aug. 24), Patty Gianeskis (Aug. 25), Kathryn Jones (Aug. 25), Nancy Hallberg (Aug. 29), and Shirley Tegro (Aug. 30)

5. Closing Thoughts and Observations: The Bible speaks of the "Sacrifice of Thanksgiving", which honors God (Psalm 50:14–15). When we thank others, we also honor Him. Let this be a week of thanksgiving — to the leaders. Lord Jesus for salvation, to our friends, to the leaders and staff here at the Village, and to the pastoral team. Don't just think about it — say it, write a note, or send an email. Let's live out thanksgiving this week!

# MEMBER BENEFITS

ACV offers a variety of programs and services to its members under the membership program. Members pay a monthly fee to provide supplemental support for this array of services and programs, meeting many of the varied needs of its members, as well as providing the opportunity to live his or her life to its fullest potential and highest level of independence. Some services you may not need today, you may well find

important or essential in the future, and your financial participation makes it possible for your neighbor to have

access to the services they need now.

This week's member benefit of note: Each ACV member has membership privileges at Copeland Community Center at no additional charge. The facility boasts both indoor amenities — heated lap pool that is handicap accessible, a Jacuzzi, weight machines, stationary bicycles, treadmills, billiard room, game room, and reading room — and outdoor amenities — lighted tennis court, shuffelboard courts, horseshoe pits, screened pavilion, and a bocce court.

# FOR YOUR INFORMATION

#### VILLAGE CHURCH BIBLE INSTITUTE **New Course Schedule**

Sept. 7-Oct. 10

Understanding the New Testament, Sunday

Tom Spannagle — 11:00 a.m., Old

Pavilion Room

**The Gospel of Luke,** Donald Wrigley and Mike Cuddy — 1:30 p.m., Village Monday

Church Room 5

Revival History: A Journey Through Tuesday

**Time,** Bob Copeland — 1:30 p.m.,

Village Church Room 5

Jesus in Every Book of the Bible, Wednesday

Michael Saunders — 11:00 a.m., Village

Church Room 5

Friday Every other Friday — 10:00 a.m., Village

Church Room 5:

The Parables of Jesus, Donald

Wrigley

**Isaiah 58,** Tom Spannagle

Come and join us for spiritual growth, increased scriptural knowledge, and good fellowship! Sign up in the Village Church office or call 658-5344.

#### HAIR CROPPERS

Sept. 2 and 6 are our Facial Days for the month of September! Call or text to schedule your appointment at (386) 205-3791!

#### LEGAL SERVICES

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the Village Square professional offices: Sept. 5 and 19, and Oct. 10 and 24. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 117.

FINANCIAL ADVISOR

Wendy B. Meyer, CFP®, BFA®, financial advisor with Pivotal Wealth Planning is at the Village on the third Wednesday of every other month (February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the Village Square professional offices. Call (850) 973-8888 for more information or to schedule an appointment.

# SQUARE CUTS AND MORE SALON Open Monday, Tuesday, Thursday and most Fridays

12:00 noon to 7:00 p.m.

Square Cuts and More Salon specializes in all your hair care needs. Call (386) 647-6240 for appointments. Kindly give 12–24 hours notice for cancellations or extra charges will apply. Walk-ins are welcome, but all great hair happens by appointment. I appreciate your business. Thank you, Amy Hancock.

#### WATTS UP WEDNESDAYS

A Suwannee Valley Electric Cooperative representative is in the Village Square professional offices the fourth Wednesday of every month from 9:00 a.m. to 12:00 noon. Residents can pay their bill or ask questions about their service. No appointment is necessary. Call (386) 330-5672 for more details.

ACV QUESTIONS AND ANSWERS

Do you have a question about the Village you think others would also like to ask? Did you see something curious or hear something you'd like confirmed? Submit your question to Member Services, and we will do our best to find out the answer for you and publish it here. You must include your name with the question because follow-up information may be necessary.

Q: If I see a stray animal on campus such as a

dog or snake, who do I call?

A: If it is within normal operating hours (usually Monday–Friday, 8:00 a.m.–4:30 p.m.), call Environmental Services at 658-5155. If it is outside of normal operating hours, call the Information Center at 658-3333.

# **THANK YOU**

Many thanks to all who helped make Myrtle Casey's 100th birthday so very special. It was lovely to have family and friends with us on Wednesday, Aug. 20 her actual birthday! We are grateful for the ways that God continues to use this very special place and people here at Dowling Park to shower His love and grace on others. With much love and gratefulness,

Myrtle's family: Laura Putnam, Marion Stolte, Leslie Sier, Christine Boatright, Erin Sheehan and Ashley Penney.

To my second floor Dowling House neighbor/angel whoever you are: My sincere gratitude for watching over and returning the mesh bag of laundry I mistakenly left in our laundry room. Would love to know such a kind person, so please text or email me, or leave a note so you can collect a thank you hug. Many thanks and prayers,

Mary Jane Holler

#### **MISCELLANEOUS**

**FOR SALE:** Garbage disposal. New in box, ½ HP Electrolux Smart Choice. \$110.99 at Best Buy. Asking \$75. Origo stainless steel alcohol, single burner boat stove. Like new, \$50. Chapman's Piloting, Seamanship & Small Boat Handing, 61st Ed., \$50. 658-1586.\*\*

**FOR SALE:** Queen size mattress and box spring, good condition, \$100 Contact Debbie at 386-292-6510 \*\* condition, \$100. Contact Debbie at 386-292-6510.

**FOR SALE:** Oxygen Concentrater — Inogen G-4 Model 10-400. Newly refurbished and good for another 3000 hours. Pulse dose, portable with two batteries (good for 1 hour each) plus carrying case. Also runs on normal electric current. Includes several extra tubing with nose inserts. Top of the line engineering and dependability. Check it out on internet — original cost approx. \$3000, asking \$500. Contact Joel at 386-658-1313.\*

**IN SEARCH OF:** Standard size used clothes dryer. Contact Ellie at 386-658-1080.\*

FOR SALE: Women's bicycle: 26" tires, 21 speeds. Serviced 2 years ago by the Valdosta Bike Center, \$75 OBO. Frigidaire 50 pint dehumidifier, Model #FAD504DWD. \$90 OBO. Call Crosby at 386-658-2833.\*

#### Alert Suwannee

Use the QR code to sign up for weather alerts, traffic alerts, and more from Suwannee County. You choose what you hear about through phone call, text message, and/or email message. Or visit



member.everbridge.net/892807736725570/login

Prices effective 8/29-9/4

\*

# THE VILLAGE GROCER



Monday-Saturday • 9:00 am-6:00 pm • We deliver at 2:00 pm every day!\* 658-3130 \*\* CLOSED Labor Day, Monday, Sept. 1 \*\*

GRO		ГD	V
LTKL	N.	ľλK	. Y

GRUCERI		
Dinty Moore Beef Stew	15 oz.	\$ 3.29
IGA Vegetable Oil	24 oz.	\$ 2.59
Mahatma Long Grain Rice	16 oz.	\$ 1.29
Kikkoman Sweet and Sour Sauce	11 oz.	\$ 2.49
Food Club Lemon Juice	32 oz.	\$ 2.49
Quaker Variety Instant Grits	9.8 oz.	\$ 4.99
Bush's Black Beans	15 oz.	\$ 1.49
IGA Hamburger Dills	16 oz.	\$ 1.99
DAIRY		
Baker's Harvest Chocolate Chip Cookie Dough	16 oz.	\$ 5.99
Silk Oat Milk	64 oz.	\$ 5.49
PRODUCE		
Fresh Green Bell Peppers	per lb.	\$ 1.99
Red Salad Onions	per lb.	\$ 1.79
FROZEN		
Banquet Fried Chicken	29 oz.	\$12.59
Pictsweet Farms Brussels Sprouts	12 oz.	\$ 2.99
MEAT		
Fresh Chicken Leg Quarters	per lb.	\$ 1.19
Boneless Bottom Round Roast	per lb.	\$ 5.99
Lean Boston Butt Roast	per lb.	\$ 2.99
Gwaltney Thick Sliced Bacon	12 oz.	\$ 4.49
Sunnyland Meat Franks	16 oz.	\$ 2.99
41/50 Count Shrimp	16 oz.	\$ 6.99

# **CHEESE OF THE WEEK**

American Cheese — \$5.99 per lb.

#### DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN

Full chicken \$9.99, Half chicken \$5.99

\*\* Call 658-3130. Order by 11:00 a.m. for 2:00 p.m. pick-up! \*\*

# THIS WEEK'S VERSE

Be imitators of God ... as dearly loved children, and live a life of love ... as a fragrant offering and sacrifice to God. Ephesians 5:1, 2

\*\*\*\*\*\*\*\*\*\*\*\*

\*Delivery available to on-campus ACV members only

# September 2025

PLEASE KEEP THIS PAGE FOR THE MONTH OF SEPTEMBER; IT WILL APPEAR THIS WEEK ONLY.

# NELDA HATCHER, REALTOR® POOLE REALTY, INC.

neldamhatcher@hotmail.com • 688-8067

**Lot 11 Wildwood Cir.:** \$15,000; .214 acres 85' (frontage) by 110', wooded. MLS #120450.

**23329 Live Oak Ln.:** \$265,000; 1,238 sq. ft.; nice 2-bedroom/2-bath on .19 acre; beautiful backyard with screened back porch, and 1-car garage. MLS #126218.

**10425 River Wood Dr.:** \$279,000; 1,270 sq. ft., built in 2018; 2 bedrooms, 2 baths, 1-car garage. Granite countertop, security system, generator. MLS #128029.

**23350 Meadow View Dr.:** \$299,000; 2,200 sq. ft.; built in 1994. Large brick home on large lot; 3 bedrooms, 3 full baths, and attached 2-car garage. MLS #123514.

**10438 Wildwood Dr.:** \$315,000; 1,829 sq. ft. 3 bedrooms, 2 full baths on 27 acre lot. Florida room and 2-car garage. Move-in ready. MLS #127164.

**10497 Wildwood Dr.:** 2,412 sq. ft. - brick, 3 bedrooms, 2 full baths on .25 acres, 2-sided fireplace, all appliances, and 2-car garage. MLS #124132.

SHARON WILSON, REALTOR®
POOLE REALTY, INC.
sharonhomes@yahoo.com • 688-3770

**Lot 16 Wildwood Cir.:** \$22,500; extra-large .66 acre, pie shaped, wooded lot. MLS #123899.

**23380 Elmwood Ln.:** \$269,000; 1,333 sq. ft.; nice with 3 bedrooms and 2 full baths; huge 2+ car garage on large .27 acre lot. MLS #125790.

**10267 Wildwood Cir.:** \$325,000; 2,419 sq. ft.; beautiful 3 bedroom, 2.5 baths on .21 acres, master bath with double vanity and sunken Roman tub. MLS #127562.

**10491 Wildwood Dr.:** \$349,900; 2,011 sq. ft.; nice 3-bedroom/2-bath on .24 acres; appliances included. Many upgrades including new roof. MLS #127137.

**23321 Live Oak Ln.:** \$265,000; 1,254 sq. ft.; lots of upgrades in this 2-bedroom/2-bath home, including newer roof, A/C, hot water tank, cabinets and appliances. MLS #127730.

# Birthdays

JR Howell;
 Janice MacNeil, Sara Heatherly;
 Chuck McCollum, Elwood Sapp\*,
 Joy Evans-Russ;
 Eunice Smith;
 Ann Lawrence, Paul Minor, Scott Appell;
 Gaye Martin;

**11.** Gretchen Tanner, Janet Noga, Lorraine Brown; **12.** Kathy Kessel, Lew Gessler, Marjorie Reach, Mary Helen Brannan\*; **15.** Henry Simonds, Jim Kile, Sally Sauls; **16.** Melanie Fields; **17.** Todd Penney;

**18.** Rick Dionne; **19.** Carolyn Story; **20.** Jack Sisk, Virginia Dees\*; **21.** Karen Hall; **22.** Audry Benoit, Bill Jones\*; **23.** Bonnie Olson, Candy Hall; **24.** Alice Harrell\*, Dot DeVane, Ninan Swords Rogers;

25. Margi Nichols, Pat Phelps; 26. James Mosier\*, Joann Torrans\*; 27. Jerry Aulis, Lee Dembinski; 28. Louise Childs; 29. Jean Snyder, Lavonne Mont\*, Susann Weiler;

**30.** Don Sinclair, Marie Drinko, Stephen McGill.

# Anniversaries

Judy & Rob Crankshaw;
 Genie & Mack Wadsworth;
 Ellen & Jim Livingston;
 David & Debbie Anewalt;
 George & Mary Ann Wilson;
 Joseph & Patricia Humphries.

\*Denotes GSC resident. Send cards to P.O. Box 4325.

**FNN purpose:** The *Friendly Neighbor News* (FNN) is published and distributed weekly by the Member Services office with the aid of volunteers. As an official publication of the membership of Advent Christian Village at Dowling Park, Florida (ACV, www.acvillage.net), its purpose is to inform the ACV community (members, staff and friends) of events, news, and services. The FNN, funded by membership fees, is delivered (without charge) to on-campus residences and facilities and to residences in the satellite communities of Dowling Manor, Dowling Park North, and Butterfield Acres. Additional copies are distributed to several Village Square locations and to the Information Center for visitors. **FNN ad policy:** ACV members and employees (only) may advertise in the FNN. For ad information, call Member Services at (386) 658-5400. All member and staff ads will be strictly limited to a maximum of eight lines and will be run for two weeks. The ad submission must include the person listing the ad (but does not need to be published). Deadline for submissions is Tuesday by noon of the week for publication unless otherwise publicized and may be sent by email to fnn@acvillage.net, dropped off in the FNN box near the IC, or delivered to Member Services. **Volunteer editorial staff:** Paul Cook, Verna Piper, and Liz Reynolds. **Electronic distribution:** If you would like to receive the FNN electronically through email, contact Member Services at (386) 658-5400 or fnn@acvillage.net.

Advent Christian Village presents its

# 2025-26 **Artist Series**

The 38th Season of Live! at Dowling Park



You Ju Lee & Paul Warner

Piano & Cello
Friday, Sept. 12, 2025 ● 7:00 p.m.
Join celebrated artists Paul Warner (cello) and You Ju Lee (piano) for an unforgettable evening of Romantic chamber music. This powerful duo explores the expressive depth and lyrical beauty of 19th-century Europe through two masterful sonatas that showcase both intimacy and virtuosity. With stirring melodies, rich harmonies, and dynamic interplay between cello and piano, this concert promises a moving journey through the passion, nuance, and innovation of the Romantic era.

Location: The Village Church
ACV members: \$18 | Adults: \$26 | Students: \$9

Con Brio String Quartet
Friday, Sept. 26, 2025 ● 7:00 p.m.
Con Brio Quartet is thrilled to return to beautiful Advent
Christian Village! A favorite with our audiences, Con Brio brings fresh energy and artistry to a vibrant program featuring beloved classical composers alongside the bold, contemporary voice of acclaimed American composer Jessie Montgomery.

Location: Bixler Chapel ACV members: \$18 | Adults: \$26 | Students: \$9

Gainesville Brass Quintet Friday, Oct. 24, 2025 • 7:00 p.m.

Hailing from central Florida, the Gainesville Brass Quintet delivers dynamic performances packed with energy, precision and heart. This ensemble explores a wide-ranging repertoire — from baroque and fanfares, to classical masterworks and contemporary gems — always bringing a fresh perspective and inviting audience connection.

Location: The Village Church

ACV members: \$18 | Adults: \$26 | Students: \$9

Gainesville Harmony Show Chorus
Saturday, Nov. 15, 2025 ● 4:00 p.m.
Gainesville Harmony Show Chorus has entertained northcentral Florida since 1974, earning numerous awards in
the small chorus division of Sweet Adelines International. The group performs a cappella music in styles ranging from barbershop to pop and gospel. Members rehearse weekly and regularly sing at community events like the Thomas Center Tree Lighting, Ronald McDonald House, and U.S. naturalization ceremonies.

Location: The Village Church ACV members: \$18 | Adults: \$26 | Students: \$9

American Tune: Simon, Croce & Taylor Tribute Saturday, Jan. 10, 2026 ● 7:00 p.m.

Tom Glynn's American Tune: Simon, Croce & Taylor will take you on a magical trip back to the 1970s to experience the timeless music of these three prolific singersongwriters. Relive the intimate storytelling, intricate chord changes and breathtaking melodies of these gifted artists — their work building on and transcending the more traditional folk-influenced acoustic music of the previous dectional folk-influenced acoustic music of the previous decade.

Location: The Village Church ACV members: \$18 | Adults: \$26 | Students: \$9

Storysmith Susan Marie Frontczak is Clara Barton: Between the Bullet

and the Hospital
Friday, Jan. 23, 2026 ● 7:00 p.m.
Follow American hero Clara Barton to the battlefield as she tends to wounded soldiers, and find out why they thought of her as their "Angel." Along the way, learn how a child-hood experience with family tragedy, early lessons in arithmetic and composition, and a love of adventure led her to volunteer her nursing services during the Civil War. This program consists of a monologue in-character, followed by Q&As with "Clara Barton" and then with the scholar/presenter scholar/presenter.

Location: Bixler Chapel ACV members: \$18 | Adults: \$26 | Students: \$9

Amber Lee Abbott, Southern Gospel Soloist Friday, Feb. 13, 2026 ● 7:00 p.m.

Amber Abbott, a gospel singer-songwriter from Madison, Florida, is deeply rooted in the traditions of Southern music. Raised in Hamilton County, she began her musical journey singing with her grandfather's bluegrass band and later studied music at the Baptist College of Florida. Over later studied music at the Baptist College of Florida. Over the years, Abbott has released multiple albums, including a gospel collection featuring original songs co-written with her husband, Trent, and her mother, Angie Lee. She leads the praise team at Suwannee Station Baptist Church in Live Oak and is committed to using her music to share her faith and connect with her community. Location: Bixler Chapel

ACV members: \$18 | Adults: \$26 | Students: \$9

Willing Heart, Southern Gospel Trio

Monday, March 9, 2026 ● 7:00 p.m.
Willing Heart has been singing for more than 25 years. This Wilmington, N.C., group has sung from New York to Florida and many places in between. Tight Southern Gospel harmonies are part of the heritage and style of this trio. The current group consists of Laurie Kelly, soprano; Gail Heath, alto; and Joey Gore, baritone. You will be blessed and encouraged in your walk with the Lord from this inspiring night of Gospel music.

Location: The Village Church

ACV members: \$18 | Adults: \$26 | Students: \$9

Joel Raney, Piano
Saturday, March 28, 2026 ● 7:00 p.m.
Joel Raney is a renowned composer, pianist, and music editor whose distinctive blend of gospel roots and classical training has made a lasting impact on church music. With degrees in choral conducting and piano performance from the University of North Alabama and The Juilliard School, Joel brings both passion and precision to his work. He has published over 250 compositions — ranging from choral anthems to piano solos — and serves as editor for Hope anthems to piano solos — and serves as editor for Hope Publishing. A dynamic performer and clinician, Joel tours extensively across North America, sharing concerts and leading workshops. He currently serves as minister of music at First Baptist Church of Oak Park, Illinois.

Location: The Village Church

ACV members: \$18 | Adults: \$26 | Students: \$9

#### **Season Pass Information**

ACV Members & Staff: \$140 Non-member Adults: \$210 Students: \$70

Live! at Dowling Park artist series season passes may be purchased at the ACV Cashier's office (Monday–Friday, 10:30 a.m.–12:30 p.m., 386-658-5343 — cash, checks and debit/credit cards). When you purchast a vision and a standard of the control of pass, not only do you receive an overall savings on all nine 2025-26 ACV events, you also have the opportunity to attend all six 2025-26 Community Concerts of Lake City (www.communityconcerts.info) performances at no extra charge.

Oct. 24 - Atlantic City Boys Quartet
Dec. 5 - Gainesville Pops Christmas Concert
Jan. 17, 2026 - Duo Beaux Arts - 4 Hands, 1 Piano
March 27, 2026 - Ring Sarasota Handbell Choir
April 18, 2026 - Moanin' Frogs - Sax & Vocal Sextet
May 15, 2026 - Project Trio - Modern Chamber Music

#### **Event Tickets**

Performance prices are listed with each performance's information above. Event tickets may be purchased from the ACV cashier (cash, checks and debit/credit cards) and at

each event (cash and check).

Cashier's office: (386) 658-5343

Monday–Friday, 10:30 a.m.–12:30 p.m.

We Need Your Support

ACV strives to provide opportunities to experience the performing arts in rural north Florida. In order to accomplish this, however, financial support from community members like you is needed. Ticket sales alone are not enough to fund the annual Live! at Dowling Park artist series. If you wish to support the arts in Dowling Park, please contact:

Darleen Hinrichs, Senior Director of Donor Engagement (386) 658-5110 • dhinrichs@acvillage.net

Brochures are available at Member Services.



# **Midday Dining Menu**

Monday—Friday 11:00 a.m.—1:00 p.m. Saturday—Sunday 11:00 a.m.—1:30 p.m.



### Aug. 29-Sept. 5, 2025

# FRIDAY, 8/29

**\$2.75 Soup:** Clam Chowder

**\$6.95** Entrées: GF Baked Fish, Buttery Garlic Shrimp, Lasagna, Fried Catfish

**\$1.40** Sides: Mixed Greens, Sweet Corn, Cold Salads, Fruit, Baked Beans,

**Cheesy Grits** 

**\$3.00 Desserts:** Assorted Regular and NSA Desserts

# SATURDAY, 8/30

**\$2.75** Soup: Chicken Enchilada

**\$8.50 Whistle Stop Special:** Southwest Chicken Wrap (Chicken, Corn, Black Beans,

Tomatoes, Cheese, and Southwest Dressing), Macaroni Salad, Mandarin Oranges with Cottage Cheese, Raspberry Sherbet, Fountain Drink

Cheese, Raspberry Sherbet, Fountain Drini

# **SUNDAY, 8/31**

#### **Lunch Buffet**

Members \$14.00 | Non-Members \$20.00 | Beverage Included

**Entrées:** BBQ Pork Loin Ribs, Fried Chicken

**Sides:** California Vegetable Blend (Cauliflower, Broccoli and Carrots), Green

Beans, Fruit, Cole Slaw, Baked Beans, Potato Salad, Macaroni and Cheese

**Desserts:** Assorted Regular and NSA Desserts

# MONDAY, 9/1

**\$2.75 Soup:** Chicken Noodle

**\$6.95** Entrées: BBQ Chicken, Loaded Hot Dog (Onions, Cheese and Chili)

**\$1.40** Sides: Peas and Carrots, Cauliflower, Cold Salads, Fruit, Macaroni and

Cheese, Sweet Potato Waffle Fries

**\$3.00 Desserts:** Assorted Regular and NSA Desserts

# TUESDAY, 9/2

**\$8.50 Special:** Salad Bar

**\$6.95** Entrées: Turkey Bacon Croissant Sandwich, Country Fried Chicken Breast

with Country Gravy

**\$1.40 Sides:** Sweet Corn, Cold Salads, Fruit, Fried Okra, Mashed Potatoes with

Gravy

**\$3.00 Desserts:** Assorted Regular and NSA Desserts

**NOTE:** Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$2.35.

GF=Gluten-Free NSA=No Sugar Added

# **Rumph Dining Room Midday Dining Menu**

Aug. 29-Sept. 5, 2025

# WEDNESDAY, 9/3

\$2.75 **Soup:** Minestrone

\$6.95 **Entrées:** Stuffed Italian Peppers, Fried Chicken

\$1.40 **Sides:** Cabbage, Broccoli, Cold Salads, Fruit, Scalloped Potatoes

Assorted Regular and NSA Desserts \$3.00 Desserts:

# THURSDAY, 9/4

**Entrées:** \$6.95 Roast Beef, Turkey with Corn Bread Dressing

**Sides:** Three Bean Mix, Cold Salads, Fruit, Cranberry Sauce, Sweet Potato \$1.40

Casserole, Oven Roasted Potatoes

Assorted Regular and NSA Desserts \$3.00 Desserts:

# FRIDAY, 9/5

**\$2.75 Soup:** Lobster Bisque

\$6.95 **Entrées:** GF Baked Fish, Buttery Garlic Shrimp, Beef or Vegetable Lasagna,

Fried Catfish

**Sides:** Bermuda Vegetable Blend (Green Beans, Carrots, Broccoli, and Red \$1.40

Peppers), Mixed Greens, Cold Salads, Fruit, Baked Beans,

**Cheesy Grits** 

**\$3.00 Desserts:** Assorted Regular and NSA Desserts



### RUMPH DINING RM. \$9.75 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread, and a fountain drink.



#### **LUNCH & DINNER SPECIALS**

Friday, Aug. 29

Lunch only: Prime Rib Philly Cheesesteak Sub with Homemade Chips, \$13.95 All day: 7 oz. Smothered Chicken Breast over Mashed Potatoes with a Biscuit, \$17.95

Saturday, Aug. 30

All day: Penne a la Vodka with Fresh Parsley, Sweet Italian Sausage, and Shredded Parmesan Cheese, served with Garlic Toast, \$14.95



658-5259

Mon-Fri: 11 am-1 pm

658-5259

**Sun:** 7:30–10 am | 3:30–7 pm

**Mon-Fri:** 7:30–10 am | 2:30–7 pm **Sat. & Sun:** 11 am-1:30 pm **Sat:** 7:30–10:00 am | 3–7 pm



658-5777

Wed-Thurs: 11 am-2 pm **Fri–Sat:** 8–10:30 am | 11 am–8 pm

# **Copeland Community Center**

#### **WATER ACTIVITIES**

**AQUATONE:** Aquatone is a water therapy class for people suffering from the pain of arthritis. This class uses a protocol from the Arthritis Foundation. If you experience pain associated with arthritis, or you are new to aquatic exercise, this is a great class to join.

**JACUZZI:** Water temperature ranges from 100–110 degrees. Please limit time to 15 minutes per session. No children 5 and under. Please observe posted rules.

**LAP SWIMMING:** Lap swimming is excellent exercise for toning and strengthening the entire body. It is also great for the most important muscle in your body — your heart! Lap swimmers have priority during designated times. Please check the reverse side for lap swim times. 88 pool lengths = 1 mile.

**WATER AEROBICS:** This class is designed to increase your heart rate in order to strengthen your cardiovascular system. This class also includes stretching and muscle strengthening exercises. Water volleyball is played from 8:45 to 9:30 between the morning classes.

**WATER VOLLEYBALL:** This group plays every Tuesday and Thursday at 3:00 p.m. You do not need to join a team; just come! If you are 18 or older, come join us! We need all the help we can get! Copeland membership is required.

#### **WEIGHT ROOM**

**FITNESS BASICS:** Copeland Community Center staff is available to assist members with the machines in the exercise room. If you are interested, please call the CCC at 658-5555.

#### **WALKING**

**11/4 LOOP:** Start at Copeland — end at Copeland. This great beginner's trail is well marked for you.

#### **SHUFFLEBOARD**

Shuffleboard is a game played by pushing a disk with a long-handled que over a marked court. The Copeland Community Center has a great shuffleboard court available for you to use any time we are open! Come on in to the front desk and ask us about it!

#### **TABLE TENNIS (PING PONG)**

Table Tennis helps you build strength and coordination, and it sharpens your brain without risking serious injury. It is a fun and easy way to burn calories and enjoy social time.



#### Monday & Friday, 8:00-11:00 a.m.

Played on the court located near Keepers Cottage, Polk Ceramics Shop and Watkins Hobby Shop. In inclement weather (cold, windy or rainy) this team plays in the Camp Suwannee Pavilion.

#### Wednesday, 8:00-11:00 a.m.

The pickleball team travels into Live Oak and plays at the Suwannee County Coliseum.

#### Contact

Cindy Hett (658-2683) or CCC (658-5555)

Pickleball is a racquet sport for all age groups and levels. It combines elements of badminton, tennis, and table tennis. Come out and watch, or join in the fun!

#### **EXERCISE by VIDEO**

**EXERCISE WITH SHIRLEY on TV2:** Exercises are done seated or standing by a chair for support. If you are just beginning an exercise program, or if you are recovering, this is a great class to try! Airs Monday—Friday at 2:00 p.m.

SIT AND BE FIT on TV2: An exercise program designed by registered nurse Mary Ann Wilson for older adults and physically limited individuals, focusing on strengthening, stretching, and improving functional fitness from a seated position. Airs Monday—Saturday at 8:00 a.m. and 7:30 p.m.

# **STRETCHING WITH JOYCE BERRA on DVD:** Stretch and strengthen your body, release tension, and ease your mind! This is a gentle class that

focuses on posture, breathing and relaxation. Meets Tuesday and Thursday, 8:30–9:30 a.m., in the Multipurpose Room at CCC.

#### **TENNIS**

Tennis strengthens the body, sharpens the mind, and relieves stress. It improves endurance, coordination, and focus while offering a fun, social way to stay active at any age. Call the Copeland Community Center at 658-5555 to schedule a game.

#### **BOCCE**

Bocce is an Italian lawn-bowl-like game where players, often in teams, throw large bocce balls to get closer to a smaller target ball called a pallino or pino. See the CCC front desk for more information.

# September

# Copeland Community Center – (386) 658-5555

Monday-Friday, 6:00 a.m.-5:00 p.m. & Saturday, 9:00 a.m.-12:00 noon

# **Indoor Poor Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-8:00	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	Lap Swimming	
8:00-9:00						
9:00–9:30						
9:30-10:00	Water Aerobics		Water Aerobics		Water Aerobics	Facilities
10:05–10:55	Aquatone for Arthritis		Aquatone for Arthritis		Aquatone for Arthritis	Open 9:00– 12:00
11:00-12:00		Open Swim		Open Swim		12.00
12:00-2:30	Open Swim		Open Swim		Open Swim	
2:30-3:00						
3:00-5:00		Water Volleyball		Water Volleyball		

# **Mulipurpose Room Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00-8:30	Open	Open	Open	Open	Open	
8:30-9:00	Walking and		Walking and		Walking and	
9:00–9:15	Step Class	Stretching with Joyce Berra	Step Class	Stretching with Joyce Berra	Step Class	Facilities
9:15–9:30		,		•		Open
9:30–5:00	Open	Open	Open	Open	Open	9:00– 12:00

<sup>\*</sup>Call 658-5555 to inquire about using the Multipurpose Room during unscheduled times.