



Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064 "Where People Enjoy Living"

24/7/365 Assistance/Operator 658-3333		Housekeeping	658-5374
Cashier's Office	658-5343	Environmental Svcs.	658-5155
Copeland Medical	658-5300	Post Office	658-5270
Finance Department	658-5450	Security/Emergency	658-3333
Home Care	658-5460	Shuttle Bus	208-2584

SEPTEMBER 11, 2026

Friday	9/11	10:00 a.m. 10:30 a.m. 2:00 p.m. 6:00 p.m.	Coping with the Losses of Life—VC Room 5 Gentle Movement and Self Massage Class—OPR Crafty Crew—CH Activity Room Lukas and Rachel Miller Concert—BC
Saturday	9/12	8:30 a.m. 8:30 a.m.	Ladies' Fellowship Breakfast—SMR/DR Men's Fellowship Breakfast—RDR
Sunday	9/13	<i>9:40 a.m.</i> <i>11:00</i> 3:00 p.m. <i>6:00 p.m.</i>	<i>Morning Worship Service—VC</i> <i>Sunday School for all ages</i> VC Discovery Class—VC Room 5 <i>Evening Worship Service—BC</i>
Monday	9/14	9:30 a.m. 10:30 a.m. 1:00–3:00 p.m. 1:30 p.m. <i>1:30 p.m.</i> 2:00–4:00 p.m.	Morning Missions Meeting (WHFMS)—VC Room 5 Better Balance Class—SMR Connecting Threads Ministry—KC Coping with Low Vision—OPR <i>VCBI: Gospel of Luke—VC Room 5</i> Ceramics—PCS
Tuesday	9/15	<i>8:30 a.m.</i> 10:00 a.m. 1:00 p.m.	<i>Men's Bible Study—VC Room 5</i> Model Train Club—CB Garden Club Meeting—DR
Wednesday	9/16	8:15 & 8:30 a.m. 9:00–11:00 a.m. 10:30 a.m. 1:15 & 1:30 p.m. <i>6:00 p.m.</i> 6:30 p.m. 7:15 p.m.	Bus Trip: Walmart—CH & DH Ceramics—PCS Better Balance Class—SMR Bus Trip: Winn-Dixie, Save A Lot & Publix—CH & DH <i>Prayer Meeting—BC</i> Chancel Choir Rehearsal—VC Christmas Cantata Practice—VC
Thursday	9/17	9:30 a.m.–12:30 p.m. 10:00 a.m. 2:00 p.m.	Village Artists Guild—KC Plarn Ministry—CMH Membership Association Meeting—RDR
Friday	9/18	<i>10:00 a.m.</i> 10:30 a.m. 2:00 p.m.	<i>Bible Study—VC Room 5</i> Gentle Movement and Self Massage Class—OPR Crafty Crew—CH Activity Room Life Line Screening—Youth Lodge

BOLD: ONE-TIME AND MONTHLY EVENTS — ITALIC: PROGRAMS FOR SPIRITUAL GROWTH

BA	Butterfield Acres	CT/MT	Cardinal/Magnolia Terrace	IC	Information Center	POP	Park of the Pines
BC	Bixler Chapel	DH	Dowling House	JKPL	Jo Kennon Public Library	RDR	Rumph Dining Room
CB	Chriss Building	DM	Dacier Manor	KC	Keepers Cottage	RV	Smith Riverview Apartments
CH	Carter House	DMA	Dowling Manor	LAP	Lake Aquilla Parking Lot	RW	Riverwoods
CCC	Copeland Community Center	DR	Depot Room	MS	Member Services	SMR	Sawmill Room
CMC	Copeland Medical Center	ET	Edgewood Terrace	OPR	Old Pavilion Room	VC	Village Church
CMH	Cleo's Meeting House	GSC	GSC	PCS	Polk Ceramics Shop	VS	Village Square

IN LOVING MEMORY

Phyllis Bradfield, who was a resident of GSC, died Sept. 9. Her memorial information will be provided when available.

Bob Bunnell, who was a resident of Taylor Commons, died Sept. 9. His memorial information will be provided when available.

Robert Talent (husband of Bernice), who was a resident of GSC, died Sept. 7. His memorial information will be provided when available.

NEW MEMBERS

Mike Cosgrove of Melrose, Florida, has moved to Cardinal/Magnolia Terrace. His mailing address is P.O. Box 4399.

Billy Crouch of Live Oak has moved to Carter House. His mailing address is P.O. Box 4026.

ANNOUNCEMENTS

Klump's Komments

-VP for Independent Living David Klumpenhower

FURTHER UPDATES ON FIBER OPTIC INSTALLATION

As fiber-optic service becomes available in parts of the ACV campus, residents are hearing from internet service providers regarding available options.

ACV has learned that Kinetic by Windstream is now prepared to offer high-speed internet service in certain areas of campus. Residents who are interested in learning more about their services may contact Kinetic directly.

In addition, ACV is in the process of finalizing a partnership with RapidFiber, which is expected to become ACV's preferred fiber-optic vendor. Through this partnership, RapidFiber will serve as the primary point of contact for maintenance and troubleshooting assistance related to resident internet service.

Please remember that door-to-door solicitation is not permitted anywhere on the ACV campus. Representatives of internet service providers are not authorized to go door to door seeking customers. If you experience unsolicited sales visits, please contact the ACV Information Center at 658-3333.

To help residents make informed decisions, ACV plans to host informational meetings with representatives from both Kinetic and RapidFiber in the near future. These sessions will provide an opportunity to learn more about available services, pricing, installation procedures, customer support, and the advantages offered by each provider.

Additional details regarding these meetings will be announced as soon as they become available.

Thank you for your patience as this project continues to move forward.

Medical Moment

-VP for Health Services Keri Hilliard

COVID AND RSV VACCINES

Walgreens is scheduled to be at ACV on Sept. 25 to administer COVID-19 and RSV vaccines. If you are interested in receiving either vaccine, or for more information, please call Member Services at 658-5400.

The COVID-19 booster being offered will be the updated version approved in August. Residents who have previously received an RSV vaccine do not need to be vaccinated again, as RSV vaccination is currently a one-time immunization for most adults.

ACV EVENTS

LUKAS & RACHEL MILLER CONCERT

Friday, Sept. 11, 6:00 p.m.

Live Oak's Lukas and Rachel Miller, a brother-and-sister team who have performed at ACV several times, are returning to bless us once again with their musical talents on Friday, Sept. 11. The pair will both sing several solos, and Lukas will play a few pieces on the piano. Plan to attend this free concert.



LADIES' AND MEN'S FELLOWSHIP BREAKFASTS

Saturday, Sept. 12, 8:30 a.m.

Ladies: SMR/DR, Men: RDR

The next ladies' and Men's Fellowship breakfasts will be held on Saturday, Sept. 12, at 8:30 a.m. The men's guest speaker will be Jim Bryant, and the ladies' guest speaker will Ethel Stenzel. Come for fellowship, prayer, and breaking bread together. We especially welcome new residents as we want to meet you.

The cost of the full and delicious breakfast buffet is \$7.75. Tickets are purchased at the Lopin' Gopher. Tickets for these breakfasts will still be available for purchase on the day of the event, but we strongly encourage everyone to buy their tickets in advance. This will assist our food service staff in estimating the amount of food to prepare. Thank you for your cooperation in this matter.

BETTER BALANCE CLASS

Mondays & Wednesdays, Sept. 7-23

10:30 a.m. - SMR

Better Balance is a gentle, effective class designed to improve balance, strength, flexibility, and coordination through purposeful movement and functional exercises. Participants focus on improving posture, body awareness, stability, and confidence while practicing movements that support everyday activities such as walking, reaching, turning, and standing with ease. This six-week (11-session) class incorporates simple techniques to help the brain and body work together, promoting



JOHNSON'S BAKERY DONUT FUNDRAISER TO HELP A GSC NURSE IN NEED

Friday, Sept. 18, starting at 10:00 a.m.

Pick up from the lobby of GSC.

\$2.00 each or \$20 for a dozen. Glazed only.

Order ahead of time, please: 658-5573.

safer movement, greater independence, and improved confidence in daily life. Participants are encouraged to attend all 11 sessions, but it is not required.

**COPING WITH LOW VISION
SUPPORT AND RESOURCES GROUP**
Monday, Sept. 14, 1:30 p.m. - OPR

Our monthly support group brings people with vision loss together to share challenges and celebrate successes. The individuals who attend are in all stages of vision loss. Some still have most of their sight, while others have lost their sight completely. Together, they foster a warm, inviting place to help one another overcome barriers to living independent, vibrant lives. Join Wayne Warner from Lighthouse of the Big Bend for this monthly support group and meeting.



GARDEN CLUB MEETING
Tuesday, Sept. 15, 1:00 p.m. - DR

The Garden Club resumes its monthly meetings Tuesday, Sept. 15, at 1:00 p.m. in the Depot Room. Everyone is invited.

MEMBERSHIP ASSOCIATION MEETING
Thursday, Sept. 17, 2:00 p.m. - RDR

The next regular Membership Association meeting is scheduled for Thursday, Sept. 17, at 2:00 p.m. in the dining room. All ACV members are encouraged to attend. The guest speaker will be Suwannee County Property Appraiser Ricky Gamble. Come for the information; stay for the sweet treat.



**BUS TRIP: LUNCH DINE-OUT TO
SISTER'S CAFÉ**
Saturday, Sept. 19

10:30 a.m. - DH & 10:45 a.m. - LAP

Saturday, Sept. 19, the trip bus will be going to Sister's Café in Branford, Florida, for lunch. The Saturday lunch buffet costs \$17.50 and includes a plethora of Southern favorites including chicken, fish and shrimp. The special item on the Saturday buffet is fried pork chops. Sign up at the Information Center.

DEMENTIA SUPPORT GROUP
Thursday, Sept. 24, 1:30 p.m. - JKPL

Being a caregiver for a loved one with dementia can be a huge commitment and come with many struggles. Come meet, share and listen to others that share the same challenges.

EVENTS HERE AND THERE

Events in this section are not sponsored by ACV, even if they take place at ACV.

ALCOHOLICS ANONYMOUS MEETINGS
Mondays at 7:00 p.m.
The Lighthouse on CR 250

Drug or alcohol problems? If you or a loved one is having a problem, help is available at the Lighthouse at 23594 NW CR 250 in Dowling Park on Mondays at 7:00 p.m. Call (305) 407-0895 for more information.

CAREGIVER SUPPORT GROUP

WHO: Jackie Campbell
WHAT: Caregiver Support Group
WHEN: Tuesdays at 1:30 p.m. (time change)
WHERE: 23379 Elmwood Lane in Riverwoods
WHY: Because everyone needs to talk to someone
HOW: With your presence

If you are a caregiver of any kind, you are welcome to attend our weekly meet and greet with other caregivers. This is a discussion group where we share experiences, learn from another, give encourage-

ment, and realize that we are not alone. What is said here stays here. We are a friendly bunch and would love for you to join us.

BIBLE STUDY
Wednesdays in September and October
9:30 a.m. - OPR

Unlocking the deep history of scripture has never been more rewarding. Join teacher Mike Cuddy each Wednesday at 9:30 a.m. for The Great Bible Quest: How We Got Our English Bible in the Old Pavilion Room throughout September and October to connect with peers and trace the incredible journey of God's Word through the centuries. Seating is available.

STORYTELLING
Saturday, Sept. 12, 7:00 p.m.
Riverview Apartments Activity Room

There will be three storytellers that will meet Saturday, Sept. 12, at 7:00 p.m. in Smith Riverview Apartments. They will be there for an hour of storytelling. Bring a story and a friend and enjoy the stories.

LIFE LINE SCREENING
Friday, Sept. 18 - Youth Lodge

Have you taken control of your health today? Life Line Screening will be at ACV on Friday, Sept. 18, offering safe, painless, non-invasive preventive health screenings that are typically not a part of a routine physical. To be more proactive about your health for yourself, your family and your community, you can register for these health screenings today. There is no time like the present to take action!

Special pricing of \$129 for carotid artery disease screening, atrial fibrillation screening, abdominal aortic aneurysm screening, peripheral artery disease screening.

To book, call 1-800-324-9458 and use promo code HABC001, or visit lisa.social/habc.

FRIENDS OF MUSIC CONCERT:
SAN MARCO CHAMBER MUSIC SOCIETY
Monday, Sept. 21, 7:30 p.m.

Covenant 1st Presbyterian Church, Live Oak
The San Marco Chamber Music Society of Jacksonville, Florida, will return to Suwannee County on Monday, Sept. 21. For this engagement, the ensemble will consist of flute, clarinet, oboe, viola, and piano. San Marco has performed at ACV a few times and provided recordings to air on TV2 during the COVID-19 pandemic. They will perform at Covenant First Presbyterian Church in Live Oak at 7:30 p.m.

All Friends of Music concerts are free to attend, and a reception will follow.



JO KENNON PUBLIC LIBRARY
386-658-2670

Website: srrlib.org
Email: dpark@neflin.org
Mon., Wed. & Fri. 9:00 a.m.—5:00 p.m.
Tues. & Thurs. 9:00 a.m.—7:00 p.m.
Closed Saturday & Sunday

What's Happening Each Week:

Chair Yoga, Level 2	Mondays	9:00 a.m.
Chair Yoga, Level 1	Mondays	10:00 a.m.
Starbooks Café	Tuesdays	9:30 a.m.
Scrabble	Wednesdays	11:00 a.m.
Crochet, Knit & Stitch	Wednesdays	2:30 p.m.
Chair Yoga, Level 1	Fridays	10:00 a.m.

A Little Disney Magic at the JKPL

Step into a little bit of Disney magic at the JKPL! This month's glass display features Disney pins from the collection of Shawn, Susie and Rebekah Johnson, celebrating favorite characters, attractions, resorts, parks, and more. Come take a look and see which pins bring back a little Disney magic for you!

Starbooks Café

Come join everyone at Starbooks Café for a relaxed hour of coffee and conversation. Every Tuesday from 9:30 to 10:30 a.m. we sip coffee, chat, and share thoughts and experiences in a casual, friendly environment. As agreed upon, this week's meeting will not have a specific topic.

Ancestry.com Workshop

Curious about the stories behind your family tree? Join us for a beginner-friendly introduction to Ancestry.com on Sept. 14 at 1:00 p.m. and learn the basics of searching records, building a family tree, and uncovering clues about your ancestors. Bring your curiosity, we'll help you get started!

Painting with Liz

Enjoy light refreshments and a calming atmosphere as we make a painting step by step! The program will be held on Sept. 15 and 17, at 2:00 and 5:30 p.m. We will be painting the same piece in all four classes. You supply your canvas, we will provide everything else. Sign up for your preferred date and time today to save your seat!

Tech Talk: Detecting Online Scams

Discover more at Tech Talk on Friday, Sept. 18, at 2:30 p.m. Jeremy will be discussing detecting online scams! The World Wide Web is full of tricks to steal your information; join in on this class to learn what to watch out for! This informative program will give you the knowledge and tips and tricks you can use to keep yourself safe.

Donations

Cleaning house and not sure what to do with those books, DVDs and CDs? The JKPL takes donations! We're happy to accept your gently used items. Donations may be added to our collection, shared with another library in our system, or sold to help provide funds for the JKPL. Due to processing time, please limit donations to two to three boxes at a time. Thank you for supporting the JKPL and our community!

SongFarmers

Love music? Join the SongFarmers for an evening of live acoustic music, community, and fun! Whether you enjoy singing along, listening to familiar favorites, or simply spending time with fellow music lovers, this welcoming gathering is sure to entertain. Bring a friend and enjoy the music-making tradition on Tuesday, Sept. 15, at 6:00 p.m. in the Sawmill and Depot rooms.

Save the Date

Sept. 21 — SHINE Medicare Counseling
Sept. 21 — All About Pollinators
Sept. 25 — Team Trivia (No Team Required)



BUS TRIPS

- Bus transportation is limited to ACV members, ACV staff, and Lifestyle Club members.
- No eating or drinking on any ACV bus. (Exception: plain water)
- No open food or drink containers on any ACV bus. (Exception: plain water)
- Contact the Information Center in person or by phone at 658-3333 to sign up for bus trips.
- Limit your use of perfumes, aftershaves, and colognes when riding the bus.

WEEKLY LIVE OAK SHOPPING TRIPS

- Rider limit is restricted to eight in-seat passengers and one scooter.
- Bring your own shopping bags.
- Those who sign up for a weekly shopping trip will be put on the waiting list if they sign up for a trip the following week.
- Only one scooter or power chair per regular Wednesday shopping trip will be allowed.

Upcoming Shopping Trips:

- **Sept. 16 morning — Walmart** — Leave CH at 8:15 a.m. and DH at 8:30 a.m. Leave Walmart at approximately 11:15 a.m. and return to the Village at noon.
- **Sept. 16 afternoon — Winn-Dixie, Save A Lot & Publix** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Drop off at Winn-Dixie and Save A Lot, park at Publix. Leave Publix at approximately 3:45 p.m. and return to the Village at 4:30 p.m.
- **Sept. 23 morning — Walmart** — Leave CH at 8:15 a.m. and DH at 8:30 a.m. Leave Walmart at approximately 11:15 a.m. and return to the Village at noon.
- **Sept. 23 afternoon — Walmart** — Leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave Walmart at approximately 3:45 p.m. and return to the Village at 4:30 p.m.
- **Sept. 30 — 5th Wednesday Shopping in Live Oak** — Leave CH at 8:45 a.m. and DH at 9:00 a.m. Eat lunch in Live Oak (Dutch treat). Return to ACV in the afternoon.

DEPARTMENT NEWS

THE VILLAGE CHURCH

Rev. Sam Worley, Senior Minister
Church Office - 658-5344 - P.O. Box 4314

SERMON: "The Better Plan"

TEXT: Genesis 50:15–21; John 11:45–57 NIV '84

SPEAKER: Rev. Sam Worley

The following Village Church events are happening this week:

Friday, Sept. 11

10:00 a.m. — Bible Study: Coping with Losses of Life, Tom Spannagle (Room 5).

Saturday, Sept. 12

8:30 a.m. — Men's Fellowship Breakfast, Jim Bryant (RDR)

Sunday, Sept. 13

9:40 a.m. — Worship Service (VC)

11:00 a.m. — Sunday School for all ages

3:00 p.m. — Discovery Class (Room 5)

For those wanting to learn more about the church or become a member.

4:00 p.m. — Youth Choir (VC)

5:00 p.m. — Youth (Lighthouse)

6:00 p.m. — Evening Service, Darren Bonville (BC)

Monday, Sept. 14

9:30 a.m. — WHFMS Meeting, Laura Putnam (Room 5)

1:30 p.m. — VCBI: Gospel of Luke, Donald Wrigley (Room 5)

6:00 p.m. — Youth Handbells (VC)

7:00 p.m. — Adult Handbells (VC)

Tuesday, Sept. 15

8:30 a.m. — Men's Bible Study (Room 5)



Friday Soup: New England Chowder

Saturday Soup: Chef's Choice

Friday, Sept. 11

Lunch only: Meatball Parmesan Sub with Choice of Side, \$12.95

All day: Kickin' Bourbon Bites with Sweet Potato Fries and Cucumber Tomato Salad, \$16.95

Saturday, Sept. 12

Lunch only: Ham and Provolone Melt on a Croissant with Chips, \$12.95

All day: Teriyaki Salmon with White Rice and a Vegetable, \$17.95

Wednesday, Sept. 16
6:00 p.m. — Prayer Meeting (Chapel)
6:30 p.m. — Chancel Choir Practice (VC)
7:15 p.m. — Christmas Cantata Practice (VC)

Friday, Sept. 18
10:00 a.m. — Bible Study: Parables of Jesus, Donald Wrigley (Room 5)

CONFERENCE & RETREAT
Doug Mabey—386-658-5200

Aquilla Pool (the outdoor pool) season is winding down. It will only be open Saturday afternoons, 1:00–4:00 p.m., until the end of this month. Refer to the monthly published schedule for swimming times.

MEMBER SERVICES
James Sutter—386-658-5400

I apologize to those of you who tried to watch the 9/11 documentary scheduled on Tuesday and Wednesday that cut off after an hour. The Saturday showing at 3:00 will air the whole two hours.

Member Services Tip of the Week

In order to better assist you, please let the Information Center and/or your service coordinator know if you are admitted to the hospital. Please instruct family and friends to let us know if you are not able to do so.

Scam Tip of the Week:
Tech Support Scam

Scammers may call you directly on the phone and pretend to be representatives of a tech company. They might even spoof the caller ID so that it displays a legitimate support phone number from a trusted company. They'll probably ask you to install applications that give them remote access to your device. Using remote access, these experienced scammers can misrepresent normal system messages as signs of problems.

Scammers might also initiate contact by displaying fake error messages on websites you visit, displaying support numbers and enticing you to call. They may also put your browser in full screen mode and display pop-up messages that won't go away, apparently locking your browser. These fake error messages aim to scare you into calling their "technical support hotline".

When you engage with the scammers, they can offer fake solutions for your "problems" and ask for payment in the form of a one-time fee or subscription to a purported support service.

Microsoft's tips for staying safe:

- Microsoft does not send unsolicited email messages or make unsolicited phone calls to request personal or financial information, or to provide technical support to fix your computer. If you didn't ask us to, we won't call you to offer support.
- If a pop-up or error message appears with a phone number, don't call the number. Error and warning messages from Microsoft never include a phone number.
- Microsoft will never ask that you pay for support in the form of cryptocurrency like Bitcoin, or gift cards.
- Download software only from official Microsoft partner websites or the Microsoft Store. Be wary of downloading software from third-party sites, as some of them might have been modified without the author's knowledge to bundle malware and other threats.
- Use Microsoft Edge when browsing the internet. It blocks known support scam sites using Microsoft Defender SmartScreen. Also, Microsoft Edge can stop pop-up dialog loops used by these attackers.

Member Benefit of the Week

ACV members have access to ACV services and facilities if the campus is closed due to outside dangers. If a situation (such as a pandemic) necessitates the closing of ACV to outsiders, ACV members, including off-campus members, still have access to the Village and all of its services and amenities that are still in operation.

TV2

In next week's episode of *What the Bible Says About ...*, the following questions are answered:

- What is redemption?

- Was Hagar a good person? Was she a believer?
 - Is the Devil a symbol or a real person?
 - If we fall asleep while we are praying, is that a sin? Will Jesus answer our prayers even if we don't finish our thoughts?
- What the Bible Says About ...* airs Monday at 8:30 a.m. and 11:30 p.m., Wednesday at 2:30 and 9:30 p.m., and Saturday at 10:30 a.m. and 9:30 p.m.

ACV ACTIVITY NEWS

BRIDGE CLUB
Dottie Stone, Reporter

The Bridge Club is on hold and will not meet until further notice. The Bridge Club needs more players. If you would like to play, please call me at (352) 316-5161 by noon on Monday.

Congratulations to our Sept. 2 winners: 1st high was Dottie Stone, and 2nd high was Henry Simonds.

☞ *At the Village Square* ☛

Shop gift certificates are available in each shop. Bless someone with this special gift! Your purchases at any of these shops help support ACV.

Riverside Gifts

Fall has arrived at Riverside Gifts! Come see our selection of autumn-themed gifts and décor. Our Highland cows have decked themselves in fall finery just for you.

Books, books and more books! Shop our selection of novels, Christian living books, puzzle books, coloring books, and more. We have quality books to send to your favorite grandchild.

Are you traveling with a pet this fall? We have travel kits that hold all their supplies in one backpack-style bag. Don't have a pet? You can use it for your own travel essentials!

658-5771. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

Rustic Shop

Do you need special glasses or candle holders for a special occasion? Check out our selection before you look online. We also have stunning charcuterie boards made right here at ACV.

While you're here, the famous Nantucket Basket Necklace is a must-see.

Pick up a Sunshine Bag to share with a friend. It's a simple gift that will brighten their day.

658-5273. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

Twice Nice Shop

Shop Twice Nice for your new fall outfit, complete with accessories. Why stop at one? With prices like these, you can refresh your entire wardrobe. You never know what designer labels and one-of-a-kind treasures you may find among our racks!

While you're at it, stop in at the Book Nook for the most reasonably priced cookbooks, novels and Christian living books in the area. When was the last time you cozied up with a good book?

658-5271. Open Wednesday–Friday, 10:00 a.m.–4:00 p.m., and Saturday, 10:00 a.m.–2:00 p.m.

☞ *On CR 250* ☛

Twice Nice Furniture & More

23353 CR 250 • 658-5871
For pick-ups, call Larry at 386-678-1219

Mondays and Thursdays, 8:30 a.m.–1:00 p.m.
First Saturday of the month, 9:00 a.m.–2:00 p.m.

CONNECTING THREADS
Mondays, 1:00–3:00 p.m. - KC

The Connecting Threads Ministry meets on Mondays from 1:00 to 3:00 p.m. at Keepers Cottage. All are welcome to come sit and stitch on your own project, and enjoy the fellowship.

CRAFTY CREW
Fridays, 2:00–4:00 p.m.
Carter House Activity Room

Each week craft lovers gather to work on a variety of interesting projects. It's a relaxing time of sharing our creativity and enjoying fellowship. Come join us, and get in on the fun!

For any questions contact Sister Maria Ann at sistermariaann2002@yahoo.com or Sue Donnelly at SueWDonnelly@gmail.com.

GARDEN CLUB
Sue Riedel, Reporter

The Community Garden Hands-on Day scheduled for Sept. 11–12 has been postponed.

The next Garden Club meeting is scheduled for Sept. 15 at 1:00 p.m. in the Sawmill and Depot rooms. We have a speaker scheduled, and snacks will be provided. All are welcome.

VILLAGE LIBRARY
Monday–Friday
10:00 a.m.–12:00 noon & 1:00–3:00 p.m.
Brenda Reas, Reporter

We are pleased to announce the addition of a new book to our library, which was written by Lisa LaGeorge, the daughter of Betty and John LaGeorge. It is titled *Single Together: Stewarding Singleness in the Family of God*. In it, she tells how to be a good steward of God's gift of singleness, and how the church should relate to those who are single for whatever reason. I quote: "Recognize that although you are single, you are not intended to walk alone. Instead, rejoice that you are single together with the whole family of God."

We have an audiobook section, paperback rack, and many movies and TV series on DVD for check-out. Magazines can be borrowed without being checked out; just return them when you finish looking at them.

Please have your ACV ID badge available when you come to check out books and DVDs. We are located in the schoolhouse room between the OPR and IC. Our drop box is located around the corner across from the restrooms (beneath the bulletin board), and you may return books and DVDs there at any time.

MODEL RAILROAD CLUB
Ron Oberg, Reporter

The Model Railroad Club meets every Tuesday, 10:00–11:00 a.m., in the Chriss building. All ACV members are welcome. We have something for everyone. We are currently working on a 250 layout with a round house where the trains are worked on. With Christmas coming we can advise concerning gifts for all ages. Come visit some Tuesday.

PEN PAL PROGRAM
Cathy Oberg, Reporter

The next pickup date is Friday, Sept. 18. Please leave your letters at the Information Center before 11:30 a.m.

Please save the following dates:

Friday, Sept. 25, we have been invited to FSyr for a meet-and-greet luncheon. The bus will depart from the Carter House lobby at 10:15 a.m. and return

by 1:30 p.m. If you would like to ride the bus, please reserve your seat through the Information Center. Those who are unable to secure a seat on the bus will need to provide their own transportation.

Monday, Nov. 16, students and teachers will visit ACV for the annual luncheon. Additional details will be provided as the date approaches.

Five new students have recently joined the school program, and we are seeking ACV residents who would be willing to become pen pals. Volunteers are asked to write to a student at least once every two weeks. If you are interested, please contact me at (574) 229-8402.

STEPHEN MINISTRY:
You Don't Have To Walk Through It Alone
Darleen Hinrichs, Reporter

There are times in all our lives when we experience loss, loneliness, change or uncertainty. During those times, having someone who will listen, care and walk alongside us can make all the difference.

Accepting the support of a Stephen Minister does not mean you are weak or that you lack faith. It simply means you are willing to let someone care for you during a difficult season. At ACV, several trained Stephen Ministers are currently waiting to begin a caring relationship with someone who could use a listening ear, encouragement, and a compassionate friend.

Here are the words of one Village resident who accepted the opportunity to have a Stephen Minister:

"I want to express my gratitude to Stephen Ministries for their care at ACV. I moved here hoping that a personal friendship of over 40 years would be rekindled, along with finally having a permanent home. The friendship visits lasted only a short time because my friend became unavailable, and the time we had hoped for together ended. This left me not knowing anyone else here at the Village.

"A staff member asked if I would be interested in having a Stephen Minister. [After meeting with the Stephen Leader,] I instantly accepted the offer.

"My Stephen Minister was a lovely individual who politely listened to me and allowed me to freely express my feelings of disappointment and hurt, lessening the loneliness. I could tell that Stephen Ministry recognizes not only a Stephen Minister's natural caring qualities but also provides in-depth training. I felt comfortable sharing my heart.

"My Stephen Minister helped me feel welcomed, and it didn't take long for ACV to become the home I hoped it would be. I feel that every original hope of the individual who founded Stephen's Ministry is being carried on here at the Village. It is a valuable asset to the community, and I, for one, benefited from having such a ministry in place.

"I pray that the Lord will lay Stephen Ministry on the hearts of those who would serve and those who need comforting and encouragement in a trying time of their life."

If you're going through a difficult season, you don't have to go through it alone. A Stephen Minister is ready to listen, encourage and walk alongside you.

To learn more or to request a Stephen Minister, please contact a Stephen Leader at 658-5358. ACV has a team of Stephen Ministers who have undergone extensive training to provide care for those experiencing various crises and life challenges.

If you or someone you know is going through a difficult time, the care of a Stephen Minister can help bring Christ's healing. Please consider whether you or someone around you could benefit from this support, and remember our Stephen Ministry in your prayers.

If you have questions or would like to connect with this ministry, please speak with one of our Stephen Ministry Leaders — Robin Copeland, Michael Saunders, or Darleen Hinrichs — or call the Stephen Ministry office at 658-5358.

Weekly Game Schedule

Monday

1:00 p.m. Scrabble—CMH
6:00 p.m. Dominoes—CMH

Tuesday

1:00 p.m. Hand and Foot Card Game—CMH

Thursday

6:00 p.m. Bingo—CH Activity Room



EAT LOCAL
EAT OFTEN

NEIGHBORHOOD NEWS

BUTTERFIELD ACRES

Jack "CrackerJack" Dixon—386-658-2113

"My help comes from the Lord, who made heaven and earth" (Psalm 121:2, NLT). We should always be mindful of the Lord's love, leadership, goodness, and mercy, giving thanks for His amazing grace in our lives.

I am writing this on Monday, Sept. 7, which is Labor Day. This national holiday honors and celebrates the social and economic achievements of American workers. Labor unions organized rallies and parades beginning with a massive workers' march in New York City on Sept. 5, 1882. Following periods of labor unrest and major strikes, including the Pullman Strike, President Grover Cleveland signed legislation in 1894 making Labor Day a national holiday.

The publication date of this FNN is also a date that will forever be remembered in our nation's history. On Sept. 11, 2001, foreign terrorists carried out horrific attacks on our country when hijacked airplanes were flown into the Twin Towers in New York City. We honor the thousands of innocent Americans who lost their lives, as well as the many first responders who made the ultimate sacrifice while attempting to save others.

I can remember the exact moment I first saw the news that morning. When I entered our family room, my mother was sitting in her recliner, crying as she watched the television coverage. As I went to comfort her, I quickly realized the gravity of what was unfolding. It is a moment I will never forget, and I believe many Americans feel the same way. May God continue to bless America.

The Copelands have finally completed their move to Park of the Pines. We wish them well in their new home and will certainly miss having them in our neighborhood.

According to our birthday list, Jim Humbles celebrated his birthday on the 6th of this month. Nancy Beggs turns another year younger on the 12th, and Todd Penny will celebrate on the 17th. We wish each of you a very happy birthday and pray that God blesses you with many more happy years to come.

Now for a little humor: Did you hear about the short fortune teller who escaped from prison? He was a small medium at large! And who was the roundest knight at King Arthur's court? Sir Circumference! One more: Did you hear about the butcher who backed into his meat grinder? He got a little behind in his work!

We should all be thankful for the many behind-the-scenes individuals who make the FNN possible each week. James and Shelly do a wonderful job putting everything together. Then there are the three dedicated proofreaders who carefully review every word, along with the many reporters who contribute articles and news items. Let's also give a big thank-you to the individuals who deliver the FNN throughout their neighborhoods.

It truly takes a team to make it all happen, and I am grateful for each person who plays a part. I hope you are, too.

As always, never forget who is in charge. Isaiah 40:28-31. God bless.

CARTER HOUSE

Mary Gamble—334-790-9066

Greetings, everyone! I hope you have all had a blessed week!

We have one birthday to celebrate this week: Suzan Klein, whose birthday is on the 15th. We wish her a very happy birthday and many more to come!

We also have a new Carter House neighbor to add to our big family. Please join me in welcoming William "Billy" Crouch. Welcome, Billy! We hope you enjoy living here and receive many blessings during your time with us.

Want to know what's happening around ACV? Be sure to read the FNN each week. We hope to see you at some of the upcoming events!

I hope everyone enjoyed their Labor Day holiday. And finally, football season is here! Has anyone started decorating their apartment for fall yet?

As we remember Sept. 11, we pause to reflect on a day that forever changed our country. May God bless our first responders, medical personnel, military members, and all the silent heroes who serve others every day. May we never take their sacrifices for granted, and may we never forget this important date.

Several of us have been attending the Better Balance Class on Mondays and Wednesdays at 10:30 a.m. in the Sawmill Room with Katie Nanuseski from Copeland Community Center. If you haven't attended yet, you're missing a wonderful class that offers exercise, fellowship and encouragement.

If there is anything you would like to see included in the news or share with our Carter House family, please contact me by phone no later than 3:00 p.m. on Sunday. You may also leave your information at the Carter House front desk, and I'll pick it up.

Please remember to watch out for one another and keep each other in your prayers. We never know what challenges someone may be facing, and a kind word or thoughtful gesture can make all the difference. "If I cannot do great things, I can do small things in a great way" (Martin Luther King Jr.).

Thank you, everyone. Have a blessed week!

DOWLING HOUSE

Cora Huckaba—850-464-7113

Wow! It is that time again to share the Dowling House news. Sometimes it feels like a dog digging up bones trying to find enough news for the FNN! Come on, folks, help me out with some stories and updates. I suppose everyone is just trying to stay cool and hydrated these days. Early in the mornings, though, I can feel a little hint of fall in the air. It won't be long before we'll be shivering instead of fanning ourselves!

Today is National Swap or Barter Day. Did you know there was a time in history when bartering was a way of life? Money was either scarce or nonexistent, and people traded items such as food, cattle, tools, plows, tobacco, and clothing. Historians trace bartering back thousands of years. In some parts of the country, especially in rural mountain communities, trading and bartering are still common practices. It is simply a way of life. I think it would be fun to barter for things. Hey, I'll trade my hat for your shoes! Yep, that sounds like fun!

Mary Lou Forsythe's daughter recently ordered her a nice foldable motorized chair. It folds up and fits easily into the trunk of a car. Mary Lou shared the information with me, and I was impressed enough to order one myself for traveling to Sarasota. It weighs a little over 30 pounds and is just what I needed. The cost was only \$460, including shipping, which is very economical. Through insurance, my co-pay for a similar chair would have been even higher. Thanks, Mary Lou, for sharing the information!

I recently finished my latest 3-D puzzle. It was a miniature greenhouse complete with stairs leading to a second floor, plants everywhere, a lamp, and a rocking chair. There were also books, planters, a shovel, garden tools, and artificial vines growing throughout the display. It was quite challenging, but a lot of fun to build. Now it's on to the next one!

My daughter, Peggy, came to visit me last Sunday and brought my favorite caramel corn. We had a wonderful time visiting and enjoying the treat together. While she was here, Donna Carbaugh also stopped by for a visit. It turned into a very nice evening. Visitors truly brighten my day.

As someone once said, "A person without a sense of humor is like a wagon without springs, jolted by every pebble in the road."

Medicine for the heart: A man reached his 100th birthday and suddenly stopped attending church. The pastor noticed his absence and decided to visit him. When the pastor arrived, he was surprised to find the man in excellent health.

"We've missed you in church," the pastor said. "We were concerned that you might be sick."

"No," the man replied. "I'm not sick. I expected the Lord to take me home at 90, but He didn't. Then I thought surely it would happen at 95, but it didn't. Now I think He may have forgotten about me, and I sure don't want to remind Him!"

Senility Prayer: God, grant me the senility to forget the people I don't like, the good fortune to meet the people I do like, and the eyesight to tell the difference.

Until next week, remember to pray the prayer of faith for your neighbors who are sick or facing difficult times. There but for the grace of God go any of us. Smile often, and people will wonder what you're up to! Have a wonderful week, and God bless.

**DOWLING MANOR &
DOWLING PARK NORTH**
Gail Chapman-904-400-1333

ATTENTION: The summer potluck originally scheduled for Friday, Sept. 11, at Audrey's house has to be postponed due to circumstances beyond our control. The potluck will be rescheduled sometime in the next month. Our apologies.

EDGEWOOD TERRACE
Cathy Oberg-574-229-8402

Good morning, neighbors! What a glorious day! All the rain we've received recently has certainly brightened the landscape. The grass is greener, and the flowers are showing off their beautiful colors.

Due to a lack of volunteers, Wednesday bingo at Cleo's Meeting House has been discontinued. If this changes in the future, I will be sure to share updates in the FNN.

This is your final reminder about our neighborhood potluck on Saturday, Sept. 12. We will gather at the Camp Suwannee Youth Lodge, located behind the Village Grocer, with dinner beginning at 5:00 p.m.

The theme for this gathering is "Your Favorite Childhood Dish." We have some wonderful cooks in our neighborhood, so I'm expecting plenty of delicious food for everyone to enjoy.

For our newer residents of Edgewood Terrace, this invitation also includes residents of Lawrence House, Millsite Lane, and Taylor Commons. Everyone from these neighborhoods is welcome to join the festivities.

Our quarterly gatherings are a wonderful opportunity to relax, reconnect with friends, and welcome new neighbors into our community. Come out on Saturday, enjoy a great meal, meet your neighbors, and share in some good conversation. I hope to see you there!

As always, please stay cool, stay hydrated, and take care of one another.

**GOOD SAMARITAN CENTER
AND DACIER MANOR**
Bruce Arnold-386-658-5550

Residents from GSC and Dacier Manor joined together on Sunday for worship as we continued our study of the book of Galatians.

In Galatians 2:11-21, Paul confronts Cephas (Peter) because of the hypocrisy he displayed. Cephas had recognized that salvation comes to the Gentiles through God's grace and not through keeping the Law. However, when he found himself in the company of certain influential Jewish believers, he began to withdraw and separate himself from the Gentiles because he was afraid of those who belonged to the circumcision group (Galatians 2:12).

Paul opposed him directly, making it clear that such hypocrisy was unacceptable. Cephas' actions not only affected his own witness but also influenced others

to follow his example. It is encouraging that Scripture presents real people with real struggles, mistakes, and shortcomings. If the Bible contained only people who never failed, we might conclude that none of us could ever measure up.

Instead, we see individuals who were still learning, growing, and seeking God's guidance, much like we are today. Paul's confrontation led to Cephas' correction. He reminded him that people are justified not by outward actions or adherence to the Law, but through faith in Jesus Christ (Galatians 2:16).

Paul went on to explain that when we come to Christ, our old selves are crucified with Him, and we begin a new life dedicated to Christ. The old way of living is gone, and a new way has come, the way of Christ. As believers, we are called to live for Jesus in every situation, allowing His light to shine through us for all to see.

GSC residents enjoyed a special treat last Friday when Three on a String visited the ACV campus. The group entertained residents with a variety of songs, using vocals accompanied by guitar, bass fiddle, and trumpet. Their performance was well received and provided an enjoyable late morning of music and fellowship.

GSC also recently hosted a day of Senior Olympics. Residents gathered to participate in a variety of fun activities featuring pool noodles, bean bags, and even horse racing games. It was a day filled with laughter, friendly competition, and fellowship.

Of all the activities, Pictionary proved to be the most popular. Residents eagerly tried to guess what Christina and Kiersten were drawing on the whiteboard, and it didn't take long for many of the sketches to be recognized. The event provided plenty of smiles and memorable moments for everyone involved.

In addition to special events, many residents gather throughout the week to enjoy bingo and other games together, creating opportunities for fun, friendship, and community.

RIVERWOODS
Patty Gianceskis-386-658-2024

Hello, friends, from a porch with a pleasant meadow view.

On Friday, Sept. 11, Riverwoods will hold its annual Fall Social, a potluck dinner at the Rumph Pavilion in Camp Suwannee from 4:00 to 6:00 p.m.

This date also marks the 25th anniversary of the tragic events when hijacked airplanes crashed into the World Trade Center, the Pentagon, and a field in Pennsylvania. The date 9/11 has become synonymous with horror, devastation, and extraordinary courage. As we remember the lives lost and the bravery displayed that day, let us make it a priority to pray for our country and those who continue to be affected by those events.

Now that September has arrived, the mowing schedule will move to a biweekly schedule through October.

Since Riverwoods has changed management companies, monthly statements will be delayed. Please remember that Riverwoods no longer offers an automatic payment option. All payments must be made either through your bank's bill-pay service or by handwritten check.

If you are paying several months at a time, please write one check for the total amount rather than separate checks for each month. Also, please do not post-date checks, as Riverwoods does not have a system for holding them until a future date.

The mailing address for payments is P.O. Box 4759.

The next Riverwoods Board Meeting will be held on Sept. 24 at 1:00 p.m.

Do you enjoy dining out and discovering new places? A new restaurant in Valdosta, Wildflower Café, may be worth a visit. Founded on the principles of wholesome dining and genuine hospitality, Wildflower Café was created from a passion for natural, minimally processed ingredients and thoughtfully crafted meals.

Several of us visited recently and enjoyed their tea service. We selected the High Tea Tower, and the food was both delicious and beautifully presented. The ladies at the table next to us had preordered the

Alert Suwannee

Use the QR code to sign up for weather alerts, traffic alerts, and more from Suwannee County. You choose what you hear about through phone call, text message, and/or email message. Or visit member.everbridge.net/892807736725570/login



Gluten-Free Tea Service, which also looked wonderful. If you're interested in learning more, Wildflower Café has a website with additional information.

"And we have come to know and have believed the love which God has for us. God is love, and the one who abides in love abides in God, and God abides in him" (1 John 4:16).

FOR YOUR INFORMATION

PHOTO DISPLAY

New photos are on display! These are collages of photos of ACV after the last three hurricanes. All are from locations in ACV and Dowling Park. These will acquaint new residents of what those of us went through who were here at the time. See if you can identify where each photo was taken. (I'm not telling, though.) If you have photos, please email them to Gary Kueppers at gkuep1945@windstream.net, or call me at (386) 249-9992. Thanks to everyone who contributed photos!

FIRST FEDERAL BANK

Float further with First Federal Bank's Visa credit cards, designed to keep your goals within reach. Proudly serving Dowling Park as your trusted community bank.

Located at 11035 Dowling Park Drive in the Village Square, the Dowling Park branch is open (lobby and drive-through) Monday–Thursday, 9:00 a.m.–4:00 p.m., and Friday, 9:00 a.m.–5:00 p.m.

Our Interactive Teller Machine (ITM), where our highly-trained tellers can assist you with transactions that go beyond the standard ATM transactions, is open Monday–Friday, 7:00 a.m.–7:00 p.m.

SQUARE CUTS AND MORE SALON **Open Monday, Tuesday & Thursday**

12:15 to 7:00 p.m.

Open Friday 12:15 to 6:30 p.m.

Square Cuts and More Salon specializes in all your hair care needs. Everything from shampoo and sets to perms, color, highlights, and specialty cuts like razor clipper, precision, and regular men's and women's cuts.

Ladies, we do waxing as well!

For appointments please call or text Amy at (386) 647-6240. Kindly give a 12–24 hours notice of cancellation. For any chemical service like perms, colors and highlights please give a 48-hours notice of cancellation, or extra charges will apply.

Walk-ins are welcome, but all great hair happens by appointment. I appreciate your business.

WATTS UP WEDNESDAYS

A Suwannee Valley Electric Cooperative representative is in the Village Square professional offices the fourth Wednesday of every month from 9:00 a.m. to 12:00 noon. Residents can pay their bill or ask questions about their service. No appointment is necessary. Call (386) 330-5672 for more details.

HAIR CROPPERS

I'm excited to introduce my Signature Hand Ritual at Hair Croppers and am looking for ACV employee models to experience the treatment while I create social media content that showcases the full experience.

The Signature Hand Ritual is a mindful treatment designed to restore balance through touch and self-care. It includes hydration, improved circulation, gentle exfoliation, and therapeutic massage to soothe the nervous system while revitalizing the hands, nails, and cuticles.

To accommodate busy work schedules, I am offering a special Mini Signature Hand Ritual: 15-Minutes for \$20.

My goal is to give ACV employees the opportunity to experience one of our spa services without having to be away from work for an extended period or use most of their lunch break. At the same time, I'll be able to create quality content featuring the service.

Come relax, reset, and give your hands the care they deserve. Model spots are limited!

To book your experience, call or text Danielle at (386) 205-3791.

For Saturday appointment confirmations, please call Brenda at (386) 249-1323.

We look forward to helping you look and feel your best. Reserve your appointment today!

LEGAL SERVICES

The law firm of Robinson, Kennon & Kendron, P.A. will see clients by appointment only from 9:00 a.m. to 12:00 noon on the following dates in the Village Square professional offices: Sept. 11 and 25, Oct. 9 and 23, and Nov. 6 and 20. To make an appointment, please call Leigh Ann Cannon at (386) 755-1334, Ext. 114.

FINANCIAL ADVISOR

Wendy B. Meyer, CFP®, BFA®, financial advisor with Pivotal Wealth Planning is at the Village on the third Wednesday of every other month (February, April, June, August, October and December) from 9:00 a.m. to 2:00 p.m. in the Village Square professional offices. Call (850) 973-8888 for more information or to schedule an appointment.

THANK YOU

A celebration and charcuterie (no board) were appreciated and enjoyed so much. All arrived at my doorstep Friday as my neighbors welcomed me to my new apartment in Dowling House. My thanks with love to Scarlett, Lisa, Louise and Luba. It was a beautiful day in the neighborhood. I love these beautiful women.

Mary Jane Holler

Thank you to everyone involved in my rescue from the elevator. From the moment that I alerted the Information Center, everyone was so nice and helpful; the first responders and everyone else were so kind.

Kathy Black

MISCELLANEOUS

FOR SALE: Cat furniture — all for \$100. Contact Stephen at 386-678-5775.**

FOR SALE: New 5 Core sheet music stand. Folds up to fit in carrying bag with handle. \$15 OBO. Call or text 386-688-6610.*

FOR SALE: Big family? New Sasha Sand pattern Cambridge stainless tableware, set of 16 place settings. Cost \$140 on Amazon; asking \$60, firm. Sisco 1073 electronic safe. Open, batteries out, reset per info. on YouTube, \$20. Electrolux garbage disposal, new in box, ½ HP, asking \$60, includes hookup kit. Contact Janet at 386-658-1586.*

FOR SALE: La-Z-Boy sleeper-sofa in excellent condition, light brown, two toss pillows, mattress and mattress pad included. Dimensions: 68 in. long by 36 in. deep. Asking \$400, OBO. Contact Caroline at (904) 525-0087.*

Those who hope in the Lord will
renew their strength. They will
soar on wings like eagles; they
will run and not grow weary, they
will walk and not be faint.

Isaiah 40:31 (NIV)

Prices effective 9/11–9/17



THE VILLAGE GROCER

Monday–Saturday • 9:00 am–6:00 pm • We deliver at 2:00 p.m. every day! 658-3130

GROCERY

Chef Boyardee Skillets	5 oz.	\$ 2.50
Martha White Corn Meal Mix	32 oz.	\$ 2.50
La Preferida Green Chiles	4 oz.	\$ 2.00
Captain Crunch Berries	11 oz.	\$ 6.80
IGA Instant Grits	9 oz.	\$ 4.00
That's Smart Apple Juice Cocktail	64 oz.	\$ 2.30
IGA Yellow Mustard	9 oz.	\$ 1.00
Select Paper Towels	1 roll	\$ 1.20

DAIRY

Chobani Yogurt	5 oz.	\$ 2.20
Dutch Farms Salted Butter	16 oz.	\$ 5.80

PRODUCE

Baking Potatoes	5 oz.	\$ 2.20
Fresh Celery	each	\$ 2.00

FROZEN

Cholula Burrito Bowls	9 oz.	\$ 6.00
Chef Pierre Boston Cream Pie	33 oz.	\$12.50

MEAT

Boneless Skinless Chicken Thighs	per lb.	\$ 4.30
Boneless Chuck Roast	per lb.	\$ 9.00
Boneless Pork Tenderloin	per lb.	\$ 3.20
Gwaltney Great Bologna	16 oz.	\$ 2.00
Nettles Baby Link Sausage	14 oz.	\$ 5.50
Boar's Head Breakfast Sausage	6 oz.	\$ 3.20

CHEESE OF THE WEEK

Pepper Jack Cheese — \$5.80 per lb.

DON'T FORGET TO ORDER YOUR ROTISSERIE CHICKEN

Full chicken - \$7.00; Half chicken - \$4.00

CALL 658-3130 - Order by 11:00 am; pick up after 2:00 pm

This Week's Verse

For the reverence and fear of God are basic to all wisdom.
Knowing God results in every other kind of understanding.

Proverbs 9:10

*Delivery available to on-campus ACV members only



Midday Dining Menu

Monday–Friday 11:00 a.m.–1:00 p.m.
Saturday–Sunday 11:00 a.m.–1:30 p.m.



Sept. 11–18, 2026

FRIDAY, 9/11

- \$2.75 Soup:** Homemade Smokey Pinto Bean
- \$6.95 Entrées:** Blackened Catfish, Fried Catfish with Hushpuppies, Smothered Chicken Thighs
- \$1.40 Sides:** Baked Potato, Honey Roasted Carrots, Succotash with Bell Peppers, Autumn Harvest Salad
- \$3.00 Desserts:** Assorted Regular and NSA Desserts

SATURDAY, 9/12

- \$8.50 Whistle Stop Special:** Philly Cheesesteak Rice Bowl, Bell Pepper Salad, Chopped Salad, Assorted Desserts, Fountain Drink

SUNDAY, 9/13

Lunch Buffet

Members \$14.00 | Non-Members \$20.00 | Beverage Included

- Soup:** Homemade Roasted Tomato Basil
- Entrées:** Fried Chicken, Beef Stroganoff with Egg Noodles, Rosemary Garlic Pork
- Sides:** Roasted Mushrooms, 5-Way Root Vegetable Blend, Glazed Brussels Sprouts, Herb Roasted Potatoes, Spinach Salad, Fruit Medley
- Desserts:** Assorted Regular and NSA Desserts

MONDAY, 9/14

- \$2.75 Soup:** Homemade Egg Plant
- \$6.95 Entrées:** Tuna Casserole, Herb Baked Chicken
- \$1.40 Sides:** Sweet Potatoes, Parmesan Arugula, Peas and Pearl Onions, Roasted Beets, Caprese Salad
- \$3.00 Desserts:** Assorted Regular and NSA Desserts

TUESDAY, 9/15

- \$8.50 Special:** Salad Bar
- \$6.95 Entrées:** Roast Beef and Cheddar Sandwich on a Kaiser Bun, Creamy Chicken and Broccoli Rice Casserole
- \$1.40 Sides:** Cauliflower, Capri Vegetable Blend, Apple Cranberry Walnut Salad, Cucumber and Tomato Salad
- \$3.00 Desserts:** Assorted Regular and NSA Desserts

NOTE: Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$2.35.
GF=Gluten-Free NSA=No Sugar Added

Rumph Dining Room Midday Dining Menu

Sept. 11–18, 2026



WEDNESDAY, 9/16

- \$2.75 Soup:** Homemade Wonton Soup
- \$6.95 Entrées:** Shrimp or Chicken Lo Mein
- \$1.40 Sides:** Sesame Garlic Edamame, Egg Rolls, Stir Fry Vegetables, Bean Sprout Salad, Asian Chopped Slaw
- \$3.00 Desserts:** Assorted Regular and NSA Desserts

THURSDAY, 9/17

- \$6.95 Entrées:** Taco Bar: Taco Salad, Hard Tacos, Soft Tacos
- \$1.40 Sides:** Mexican Street Corn, Taco Slaw, Pinto Beans, Black Beans, Rice, Plantains
- \$3.00 Desserts:** Assorted Regular and NSA Desserts

FRIDAY, 9/18

- \$2.75 Soup:** Homemade Lentil
- \$6.95 Entrées:** Mediterranean Baked Cod, Fried Cod, Greek Lemon Chicken Souvlaki
- \$1.40 Sides:** Greek Salad, Orzo Salad, Greek Lemon Potatoes, Sautéed Spinach, Greek Rice Pilaf, Greek Stewed Green Beans
- \$3.00 Desserts:** Assorted Regular and NSA Desserts

**EAT LOCAL
EAT OFTEN**



RUMPH DINING RM. \$9.75 WEEKDAY VALUE PLATE

Includes 1 entrée, 2 sides, bread,
and a fountain drink.



LUNCH & DINNER SPECIALS

Friday: New England Clam Chowder
Saturday: Chef's Choice

Friday, Sept. 11

Lunch only: Meatball Parmesan Sub, Choice of Side,
\$12.95

All day: Kickin' Bourbon Bites, Sweet Potato Fries,
Cucumber Tomato Salad, \$16.95

Saturday, Sept. 12

Lunch only: Ham and Provolone Melt on a Croissant,
Chips, \$12.95

All day: Teriyaki Salmon, White Rice, Veggie, \$17.95



658-5259

Mon–Fri: 11 am–1 pm

Sat. & Sun: 11 am–1:30 pm



658-5259

Sun: 7:30–10 am | 3:30–7 pm

Mon–Fri: 7:30–10 am | 2:30–7 pm

Sat: 7:30–10:00 am | 3–7 pm



658-5777

Wed–Thurs: 11 am–2 pm

Fri–Sat: 8–10:30 am | 11 am–8 pm